

The Retreat Beauty Salon



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BT32 3EF

Telephone: (028) 406 62552
24 hour answer phone

www.retreatbeauty.co.uk



Opening Hours:

Monday - Wednesday	9.30 am - 6.00 pm
Thursday & Friday	9.30 am - 8.00 pm
Saturday	9.00 am - 5.30 pm

*Offering a wide range of treatments & products.
All beauty treatments carried out by our highly
qualified team of Beauty Therapists.*

Guinot Facials



HYDRADERMIE - Suitable for all skin types

One and a quarter hours sheer relaxation suitable for all ages and all skin types. A monthly Hydradermie deep cleanses, rehydrates and regenerates the complexion. The treatment supported by recommended home care will give noticeable, long term benefits.

Time: 1 hour 15 mins (including consultation)

Price: £43.00

HYDRA PLUS

The Ultimate Facial. This 3 in 1 treatment will help diminish specific ageing problems associated with the delicate eye and neck areas. One and three quarter of hours of heavenly relaxation resulting in a youthful and healthy glowing skin. Total pampering with three massages.

Time: 1 hour 45 mins

Price: £53.00

LIFTSOME

Smooths the surface of the skin and redefines facial features. For women looking to give their face a rejuvenating boost, restore radiance and vitality, and to reduce the signs of tiredness.

A course of 3 treatments over three consecutive weeks is recommended.

Time: 1 hour

Price: £42.00

Course of 3

Price: £120.00

BEUTE NEUVE

The Beaute Neuve is a medically researched facial based on the fruit acids and fruit enzymes. Within 45 minutes this spectacular treatment creates a 'peeling' effect by eliminating the dead cells that dull the complexion and bear the skins imperfections, wrinkles, fine lines, brown spots and pimples.

Time: 1 hour

Price: £42.00

Course of 3

Price: 120.00

EYE HYDRADERMIE

A treatment which helps to reduce the shadows, fine lines and puffiness which can affect the delicate tissues around the eyes.

Time: 45 mins

Price: £30.00

BACK HYDRADERMIE

This excellent treatment improves the texture and condition of the skin whilst gently easing away the strain from tense muscles

Excellent for both men and women.

Time: 45 mins

Price: £43.00



Clarins Facials

THE CLARINS TOUCH

This is a relaxing aromatic facial individually tailored to suit the client's skin requirements. It is a sensory experience that leaves the client with super-soft, glowing skin. Chose from one of the following:

CLARINS PURIFYING FACIAL

Purifies and balances oily congested skin.

Time: 1 hour

Price: £38.00

CLARINS HYDRATING FACIAL

Hydrates and nourishes dry skin.

Time: 1 hour

Price: £38.00

CLARINS REVITALISING FACIAL

Revitalises dull, dried skin.

Time: 1 hour

Price: £38.00

CLARINS SOOTHING FACIAL

Soothes and revives dehydrated and sensitive complexions.

Time: 1 hour

Price: £38.00

Specialised Facials

STEAM FACIAL - Beneficial for oily skin

Using either Clarins or Guinot products, this facial consists of a peel to remove dead cells, a steam to clear blocked pores, face, neck and shoulder massage to ease tension and a nourishing mask

Time: 1 hour

Price: £35.00

TEENAGE FACIAL / MINI FACIAL

Perfect for teenagers or problem skin. Includes cleanse, steam, blackhead removal and mask.

Time: 45 mins

Price: £23.00

FOR THE LADY WHO IS ALWAYS IN A HURRY

Why not have a quick facial to keep your skin in tip-top condition. Includes cleanse, tone, peel, mask and moisturise.

Time: 30 mins

Price: £20.00

BACK STEAM

For blemishes on the back, full cleanse and exfoliation, extraction and mask.

Time: 45 mins

Price: £30.00

Nimue Facials



Nimue has a new generation approach to skin care. Introducing AHA's to the skin in the right concentration, combinations and strengths, as well as vitamin A and antioxidants.

What you can expect from Nimue:

- > Increased restoration of the skin's natural radiance and vitality
- > Increased elasticity
- > A balanced skin colouring
- > A reduction of excessive dryness or oiliness
- > Improvement of hyperpigmentation
- > Improvement of problematic skin

Nimue has specially designed treatment programmes for all skin classifications:

- > Environmentally damaged skin
- > Problematic skin
- > Hyperpigmented skin

These unique programmes are divided into phases through which the Nimue trained professional will guide the user.

Time: 1 hour

Price: £42.00

Non-Surgical Face Lifts

The Face and Body Perfector, a microcurrent machine, which works in conjunction with your own bio-electrical system to re-educate the muscle by lengthening or tightening them accordingly while enhancing the skin tone and texture. This is what is called a "Non-Surgical Face Lift".

Here are some of the features:

- >Lifts the sagging muscles of the face, neck and jaw.
- >Tightens and reduces open skin pores.
- >Improves general skin colour and texture via improved circulation
- >Reduces and smooths lines and wrinkles caused by the effects of time, gravity and lifestyle.
- >Reduces swelling and dark circles under and around the eye area via lymphatic drainage
- >Tones flabby and sunken areas
- >Diminishes the appearance of scar tissue and acne
- >Relaxes and improves clients of all ages and gender
- >Generally gives a more youthful vital appearance to the face

Please ask for more information and book for a client consultation

Time: 1 hour

Price: £42.00

Course of 12

Price: £420.00

Installments accepted when booking course of 12

Body Treatments

REFLEXOLOGY

Reflexology can be used to restore and maintain the body's natural balance and encourage healing. The body has the ability to heal itself. Following illness, stress, injury or disease, it is in a state of 'imbalance' and vital energy pathways are blocked preventing the body from functioning effectively. Reflexology treats the whole person, not the symptoms of disease. Most people benefit from treatment, it is a natural way of relaxing, balancing and harmonising the body.

Time: 45 mins

Price: £30.00

MASSAGE

Using plant oils, we can massage different areas of the body relieving tension and stress. A great way to relax.

Full Body Massage (1 hour)

Price: £38.00

Back, Neck, Shoulders & Face Massage

Price: £23.00

Back, Neck & Shoulder (30 mins)

Price: £21.00

Back Massage (20 mins)

Price: £18.00

STONE THERAPY

A hot stone massage, using smooth Basalt (volcanic) stones to deliver a wonderfully warm, deeply relaxing massage. One stroke with a warm stone is equivalent to between 5-10 by hand. This makes this therapy 5-10 times more effective. All stone massage treatments include body brushing.

Full Body Massage (1 hour 15 mins)

Price: £45.00

Back, Neck & Shoulder (35 mins)

Price: £28.00

INDIAN HEAD MASSAGE - TENSION RELIEVER

Incorporates an extremely deep, upper back, shoulder, neck, head, scalp and face massage, whilst seated. Shoulders and neck are relaxed, helping ease headaches and tight scalps. As headaches and fatigue are relieved the feeling of total relaxation is felt throughout the whole body.

Time: 45 mins

Price: £30.00

THE STRESS BUSTER

Just over an hour of total relaxation, an Indian head massage followed by a back, neck and shoulder massage

Time: 1 hour 15 mins

Price: £50.00

THE UNIVERSAL CONTOUR BODY WRAP

The All Natural Sea Clay wrapping process with a guaranteed inch loss which stays off. Totally natural, effective and safe way to achieve lasting inch loss, detoxify the body, cleanse the skin and leave you feeling totally rejuvenated, with wonderfully smooth, silky skin. If you are thinking of starting a diet, this is a marvellous incentive.

Clients are advised to bring a towel and a change of underwear.

Time: 2 hours

Price: £52.00

Course of 3

Price: £150.00

HOPi EAR CANDLES

The ear candles have a purely physical function. A light suction action (chimney effect) and the movement of the flame create a vibration of air in the ear candle, generating a massage-like effect on the eardrum. This includes a pleasant feeling of warmth and balances the pressure in the ears, forehead and sinuses. It is soothing and helpful for earache, headache, ear noise, stress and nervousness.

Time: 45 mins

Price: £30.00

Men's Treatments

MEN'S FACIAL

A Facial suitable for all skin types using Clarins Men's range.

Includes: cleanse, exfoliation, steam, blackhead removal, face, neck and shoulder massage and mask.

Time 1 Hour

Price: £38.00

MASSAGE

Men's back, neck and shoulder massage to relieve deep tension and stress areas

Time 30 mins

Price: £21.00

WAXING

Back Waxing

Price: £17.00

£20.00

Chest Wax

Price: £17.00

£20.00

Back and Chest Wax

Price: £32.00

£35.00

With shoulders

A patch test **MUST** be carried out at least 24 hours before all tinting & perms.

Nouveau Semi-Permanent Lash Extensions

NEW

NOUVEAU LASHES®
open your eyes

- > Longer, thicker, darker lashes
- > Virtually weightless
- > Quick simple application
- > Wide range of sizes and colours

30 mins without tint:	£25.00
45 mins with tint:	£30.00
<i>Recommended with eyelash tint</i>	
Coating Sealant	£15.00

Eye Lash Perm

The lash perm completely transforms the eyes without the use of mascara or lash curlers. Even short, straight, sparse lashes can benefit from this revolutionary treatment making lashes look longer and thicker even when wet, for up to two months. Includes eye lash tint.

No eye make-up or eye products should be used before the perm.

Time: 1 hour

Price: £32.00

Tinting

EYE LASH TINT

A **MUST** for going on holidays or swimming, as the tint is water proof and lasts up to 4 weeks. Recommended to accentuate the eyes, particularly in the case of sparse lashes or for contact lens users.

Colours : Black, Brown and Navy

Time: 15 mins

Price: £7.00

EYE BROW TINT

An excellent substitute to eye brow pencil and for giving the brows more definition.

Time: 5 mins

Price: £5.00

EYE LASH TINT, EYE BROW TINT & WAX

Price: £15.00

Waxing

FOR REMOVAL OF UNWANTED HAIR

For this treatment we use only the best for our clients. We use cream wax, which is much more moisturising to the skin, Tea Tree Oil a natural antiseptic, is present in the wax to help calm the skin for those who may have a tendency to irritation. Also present is peppermint for cooling the skin while waxing is in progress.

HALF LEG WAX	£12.00
HALF LEGS AND BACK OF THIGHS	£16.00
FULL LEG WAX	£19.00
FULL LEG & BIKINI	£25.00
BIKINI	£8.00
ARM WAX	£8.00
UNDERARM	£7.50
LIP WAX	£4.00
EYEBROW WAX	£5.00
LIP & CHIN	£6.00
LIP, CHIN & EYEBROWS	£11.00
FACIAL WAX NECK & CHEEK	£10.00
ABDOMEN WAX FROM	£5.00
INGROW GO	£11.95

(For ingrown hair problems)

ADVANCED WAXING (disposable underwear provided)

CALIFORNIAN WAX (high bikini line)	£10.00
HOLLYWOOD WAX (landing strip)	£17.00
BRAZILIAN WAX (all gone)	£25.00
BRAZILIAN WITHIN 5 WEEKS	£20.00

Make - Up

For that special occasion, make-up applied to last day or night. Lie back, relax and enjoy the professional touch.

CLEANSE AND MAKE-UP	£15.00
BRIDAL MAKE-UP (INCLUDING TRIAL)	£28.00
CLEANSE & MAKEUP (including application of own strip Lashes)	£17.00

MAKE-UP LESSON

Personal advice and all your questions answered. Consultation includes advice on your skin care and make-up, followed by practical guidance on colour selection and application techniques.

(£10 discount with purchase of any Clarins make-up used)

Time: 45 mins

Price: £30.00

Electrolysis

Apilus Hair Removal Treatment, much more efficient and comfortable method.

MINIMUM CHARGE	£5.00
UNDER 20 MINUTES	£1.00 PER MIN
OVER 20 MINUTES	£0.75 PER MIN

BROKEN CAPILLARY TREATMENT

Based on a similar method as an electrolysis, this treatment is very successful in removing fine capillaries and red spots on the face.

Includes consultation, needle and aftercare lotion

Time: up to 15 mins From Price: £25.00

SKIN TAG REMOVAL

The removal of small stalk shaped tags of loose fibrous tissue, most commonly found on neck and underarms.

Time: 10 - 15 mins From Price: £25.00

WHITE HEAD REMOVAL - MILIA

small hard lumps, usually found on the upper cheeks and around eye area.

Including consultation, needle and aftercare.

Time: 10 - 15 mins From Price: £25.00

With Broken Capillaries, Skin Tags and Whiteheads, price may vary depending on the amount to be removed. A consultation is necessary to assess area.

Laser

Laser Hair Removal is a safe, effective and permanent solution for unwanted hair. Within a course of 4-6 treatments you can have smooth hair free skin you have always wanted.

ABDOMEN	£30.00	FULL FACE	£60.00 - £80.00
BKINI LINE	£120.00	BACK	£100.00*
UNDER ARM	£50.00	CHEST	£60.00**
FULL LEG	£280.00	LIP	£30.00
HALF LEG	£180.00	CHIN	£30.00 - £40.00

LOOK YOUNGER. REJUVENATE YOUR SKIN

Remove red veins, sun spots & acne with photo rejuvenation treatments.

Photo rejuvenation Price: £30.00 - £60.00

No fake or real tan before laser treatments. No plucking or waxing before treatment but you can shave as often as required. Discounts are available if having multiple courses or multiple areas treated. *From £100 **£60 - £100

Feet

Clients are advised to wear or bring open toed sandals/flip flops to allow polish to dry without smudges. Flip flops are available at a charge.

NAILTIQUES PEDICURE

The ultimate treat for feet. A full pedicure with the added benefits of electrically heated boots.

- > Helps aching stiff joints
- > Improvement of skin texture and general appearance
- > Relaxation of muscles
- > Release of dead skin and bacteria build up
- > Stimulation of circulation
- > Revitalise dehydrated/mature skin

Time: 1 hour 15 mins

Price: £22.00

With french paint:

Price: £24.00

PEDICURE

Feet need looking after too. Have your nails trimmed, cuticles removed, hard skin removed, feet massaged and polish applied.

Time: 1 Hour

Price: £20.00

With French paint

Price: £22.00

MINI PEDICURE

A quick file, buff & paint

Time: 20 mins

Price: £10.00

With French paint

Price: £12.00

GEL TOES

Your own nails supported and strengthened with a Bio Sculpture gel coating. Finished in French, or colour.

Pedicure With Gel Toes (2 Hours)

French: £48.00

Colour: £45.00

Gel Toes

French: £25.00

Colour: £20.00

Infills

French: £25.00

Colour: £20.00

Swarovski Crystal

Bling Bling Toes

Time 2hrs

£50.00



Hands

NAILTIQUES MANICURE

The Naitiques Manicure uses products from the range which have been formulated to treat specific nail conditions. The cuticles are treated with formulas to soften and nourish. Electrically heated mittens are also used as the warmth encourages essential vitamins and minerals to be absorbed more easily. Excellent for stiff joints and dry chapped hands.

Time: 50 mins

Price: £18.00

With French:

Price: £20.00

MANICURE

Have your nails groomed. This treatment includes cuticle treatment, hand massage and nail paint (colour of your choice), or French manicured.

Time: 40 mins

Price: 14.00

With French Paint

Price: £16.00

MINI MANICURE

A quick file, buff & paint.

Time: 20 mins

Price: £9.00

With French Paint

Price: £11.00

NAIL PAINT

A quick file and paint.

Time: 5 mins

Price: £7.00

FRENCH MANICURE

Nails filed and French polish applied.

Price: £8.00

NAIL REPAIR

For cracked, split or torn nails.

Price: £4.00

NAIL ART

Can be applied to your own or false nails. Decide which or all fingers and toes, unlimited colours and designs, coloured jewels and paints, the choice is endless. Price varies from 50p for one nail.



False Nails

EXPRESS NAILS

For that special occasion, filed and painted they will last from 1 to 3 weeks, coloured or french polish.

Time: 30 mins

Price: £20.00

With French paint

Price: £20.00

REMOVAL OF FALSE NAILS (Including Mini-manicure)

Time: 45 mins

Price: £10.00

REMOVAL OF GELS / ACRYLICS (Including Mini-manicure)

Time: 1 Hour

Price: £15.00

With re-application

Price: £10.00

Bio Sculpture Gel Polish



FRENCH OVERLAY (45 min)

Price: £25.00

Infills

Price: £20.00

CLEAR / COLOUR GEL OVERLAY (45 mins)

Price: £20.00

Infills

Price: £20.00

NAIL REPAIR (Each nail)

Price: £3.50

Back Scratchers Acrylic Nails



ACRYLIC NAIL EXTENSION (1 Hour)

Price: £35.00

Infills

Price: £20.00

Nail repair (Each Nail)

Price: £3.50

FRENCH TIP OR CLEAR (1 Hour)

Price: £35.00

With Paint

Price: £38.00

Infill

Price: £20.00

With Paint

Price: £23.00

PARTY NAILS

Time: 45 mins

Price: £20.00

French with colour

Price: £23.00

Sun FX - Spray Tan

Natural looking spray on tan, applied by therapists. Contains 3 parts of air and 1 part of tan, which dries instantly and is totally odourless. The bronzer gives an instant tan, and the developer works over the next 12 hours with your natural pigmentation to reveal a beautiful, non-streaky tan that stays on for up to 5 days. Moisturising your skin regularly will extend the life of your tan.

BEFORE TANNING

1. Exfoliate your body before you tan. Pay attention to rough areas like knees, elbows, ankles and tops of your feet.

2. Do not apply moisturiser to your skin before you come for tan, as this will reduce your tanning result. Make-up has a similar effect should you want your face tanned.

3. Wear attire appropriate for tanning. We suggest old, dark, loose clothing. Do not wear jewellery, no watches if possible. Bring hair clip if hair is long. We still recommend the use of sun block creams for protection against sunburn.

FULL BODY	£20.00	HALF BODY	£10.00
TOP UP WITHIN 3 DAYS	£10.00	TOP UP WITHIN 3 DAYS	£5.00



Semi-Permanent Make-Up

Wake up with make-up

LASTING ENHANCEMENTS?

Semi-permanent make-up. Imagine the possibilities! Wake up looking beautiful. Step out of the shower, emerge from the pool or the gym with your eyebrows, eyeliner and lip colour perfectly in place. Well it is now possible, you can look wonderful 24 hours a day with this medically approved procedure.

Semi-permanent make-up eliminates the chore of having to apply, re-apply and remove your make-up every day, and it will always look professionally applied.

WHAT IS SEMI-PERMANENT MAKE-UP?

It is an exciting new procedure, in which carefully applied permanent pigment is placed into the dermal layer of the skin. The pigment is made of natural iron oxide. It is hypoallergic, and there are no fragrances, emollients or other ingredients added.

Your preferred colour is implanted into a lower layer of the skin, where it remains for up to 5 years. The pigments we use are non-reactive and virtually limitless in the choice of colour available. This make-up is perfectly safe and has been approved by doctors and have been written favourably about by many respected beauty writers.

EYEBROWS
LIPS

£150.00
£130.00

EYELINE (TOP OR BOTTOM) £80.00
EYELINE (TOP & BOTTOM) £120.00



Monthly Clinics

refresh with confidence

non surgical
facial treatments
using dermal filler & btx



FACIAL LINE SOFTENING

Hyperactivity of the facial expression muscles often results in the development of deep frown lines, forehead lines and/or crows feet. Injecting treatments into the affected area temporarily relaxes the underlying muscles responsible for wrinkling, giving the face a more relaxed and pleasant appearance. The overall result is very natural.

DERMAL FILLER

Dermal filler is a clear gel, which binds with water, creating volume within the skin, smoothing lines, wrinkles and folds. Dermal filler is typically used for naso-labial lines (folds running from the nose to the corner of the mouth), sad lines (from the corner of the mouth), mouth angle depressions and smoker lines. Dermal filler is also used to sculpt beautiful lips. The lip border alone can be contoured to give more definition, or more pouting and fullness can be created in the body of the lip.

OTHER TREATMENTS (EXCESS UNDER ARM SWEATING)

If you suffer from severe under arm sweating, this can be successfully treated. Ask your doctor for advice.

ANTI WRINKLE INJECTIONS

1 AREA

Price: £200.00

2 AREAS

Price: £290.00

HYPERHYDROSIS (EXCESSIVE SWEATING)

From £400.00

Treatment lasts 3 - 6 months

LIP ENHANCEMENT

Lasts 2 years

Price: £200 - 300

FILLING LINES & FOLDS

Lasts 2 years

Price: £200 - 300

All treatments £40.00 deposit upon booking



GIFT VOUCHERS

We are pleased to offer Gift Vouchers to a value of your choice or for a specific treatment. A suitable gift for every occasion...

Birthdays

Christmas

Anniversaries

Thank You's

Valentines Day

Mother's Day

Get Well Soon

Available direct from Salon or by Phone 028 406 62552 or using Credit Card.

Lost or expired Gift Voucher will not be honoured.

Stockists Of:



LOYALTY CARDS AVAILABLE FOR EVERY £10 SPENT ON PRODUCTS

Cancellation Policy:

We reserved our time exclusively for you. Therefore a 24 hour cancellation notice is required, or a 50% of the full charge will be made.

All our treatments are Confidential and include Client Consultation and Advice given by qualified Beauty Therapists