



LABORATORY MEDICINE SERVICES

Head: Dr. Anna Maria Cantù

ARRIVE AT VIA PIOLTI DE' BIANCHI, 3

METHOD FOR URINE COLLECTION 24 HRS.

- The laboratory withdraws only samples collected in a suitable plastic container, wide-mouth, with a capacity of at least 2 liters, which can be purchased at any Pharmacy.
- **The day before you deliver the sample:** when you wake up, discard the first urine expelled that morning (start of collection)
- From that moment on, collect all the urine passed during the day, night, and in the morning the next day right after you wake up (end collection). Urinating directly in the container.
- During the day keep the urine collection container in a cool place.

Note: for a proper execution of the analysis one must collect **all the urine in the 24 hours.**

*At Casa di Cura Igea you can make Laboratory Exams
Monday to Saturday from 07.30 to 10.00, without an appointment.*

➔ **Bring health card, social security number and identity card.**

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(Dr. Anna Maria Cantù)