

## Calvert Hose Bio

Hello Everyone, I am Coach Cal.

I am excited to start coaching for my second season with the club.

Coaching for Alabama Performance this year will reflect a lot of hard work as we build the strongest competitive team we can build in this short season, and exhibit that strength in our competitions. Here's a little bit about myself...

Started playing organized volleyball in intermediate school in Hawaii and continued through Varsity in High School.

Went to Whittier College in California from 1990-93 where I continued to play volleyball in a club team, and also started playing competitively on grass.

Took a break from playing organized volleyball after College as I started coaching at a multi-discipline sports camp for children for a handful of years.

Moved to Boston and ended up playing competitively again on hard court, grass, sand, and 9-man for a handful of years as well as positions of coach and referee before moving to Las Vegas for work.

Moved to the South for work, where I am currently employed by BBVA to support my sports habits. Recently, started coaching volleyball again as a volunteer for the YMCA for the last 6 seasons and the Hoover Recreational League for 1 season.

I am a member of Green Valley Baptist Church, married with two boys 19 and 17, and three girls 12 and 6yr old twins.

When it comes to sports, I am intensely fun; high stamina, focus, and energy; competitive against perfection and driven to constant improvement.

Why do I coach, because I love it and I can; I find joy and satisfaction in building players to their potential, challenging them to go as far as they are willing to go with this great sport with guidance from my experiences learned in areas where I could have really used a coach.

What do I feel is my job as coach. I am just one (of hopefully many) tools that a player, interested in growth, will use to bridge gaps and/or accelerate their development to their potential.

What don't I do as coach. I don't decide a players level of interest, attitude, or commitment. I expect players to make the decision and communicate their commitment level so I can meet them where they are and encourage them to be all they can be.

