



Health

6.2 Managing Children, who are Sick, Infectious or with Allergies (Including reporting notifiable diseases)

Safeguarding and Welfare Requirement: Health

Abbots Langley Pre-School must promote the good health of the children attending the Pre-School. We must have a procedure discussed with parents and/or carers, for responding to children who are ill or infectious, take necessary steps to prevent the spread of infection, and take appropriate action if children are ill.

Policy Statement

We aim to provide care for healthy children through preventing cross infection of viruses and bacterial infections and promote health through identifying allergies and preventing contact with the allergenic trigger.

Procedures for Children who are Sick or Infectious

- If children appear unwell during the day – for example, have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach – the Pre-School leader or Pre-School owner calls the parents and asks them to collect the child, or send a known carer to collect on their behalf.
- If a child has a temperature, they are kept cool, by removing top clothing, sponging their heads with cool water, but kept away from draughts.
- Temperature is taken using a forehead thermometer kept near to the first aid box.
- In extreme cases of emergency, an ambulance is called, and the parent informed.

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- Parents are asked to take their child to the doctor before returning them to the Pre-School; the Pre-School can refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics, parents are asked to keep them at home for 48 hours before returning to the Pre-School.
- After diarrhoea, parents are asked to keep children home for 48 hours following the last episode.
- Some activities, such as sand and water play, and self-serve snacks where there is a risk of cross-contamination may be suspended for the duration of the outbreak.
- The Pre-School has a list of excludable diseases and current exclusion times. The full list is obtainable from:
<https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities> and includes common childhood illnesses such as measles.

Reporting of ‘notifiable diseases’

- If a child or adult is diagnosed suffering from a notifiable disease under the Health Protection (Notification) Regulations 2010, the GP will report this to the Public Health England.
- When the Pre-School becomes aware, or is formally informed of the notifiable disease, the Pre-School owner informs Ofsted and contacts Public Health England, and acts on any advice given.

HIV/AIDS/Hepatitis procedure

HIV virus, like other viruses such as Hepatitis, (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.

- Wear single use vinyl gloves and aprons when changing children’s nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- Bag soiled clothing for parents to take home for cleaning
- Clear spills of blood, urine, faeces or vomit using mild disinfectant solution and mops; any cloths used are disposed of with the clinical waste
- Clean any tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit using a disinfectant

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Nits and head lice

- Nits and head lice are not an excludable condition, although in exceptional cases a parent may be asked to keep the child away until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all the family if they are found to have head lice.

Procedures for children with allergies

- When parents start their children at Abbots Langley Pre-School they are asked if their child suffers from any known allergies. This is recorded on the registration form.
- If a child has an allergy, a risk assessment form is completed to detail the following:
 - The allergen (i.e. the substance, material or living creature the child is allergic to such as nuts, eggs, bee stings, cats etc.).
 - The nature of the allergic reactions e.g. anaphylactic shock reaction, including rash, reddening of skin, swelling, breathing problems etc.
 - What to do in case of allergic reactions, any medication used and how it is to be used (e.g. Epi pen).
 - Control measures – such as how the child can be prevented from contact with the allergen.
 - Review measures.
- This form is kept in the child's personal file and a copy is displayed where staff can see it.
- Generally, no nuts or nut products are used within the Pre-School.
- A health care plan will also be completed.
- Parents are made aware so that no nut or nut products are accidentally brought in, for example to a party or in a lunch box.

Insurance requirements for children with allergies and disabilities

- If necessary, our insurance will include children with any disability or allergy, but certain procedures must be strictly adhered to as set out below. For children suffering life threatening conditions or requiring invasive treatments; written confirmation from our insurance provider must be obtained to extend the insurance.

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- At all times we ensure that the administration of medication is compliant with the Safeguarding and Welfare Requirements of the Early Years Foundation Stage

Oral medication

- Asthma inhalers are now regarded as "oral medication" by insurers and so documents do not need to be forwarded to your insurance provider. Oral medications must be prescribed by a GP or have manufacturer's instructions clearly written on them
- The Pre-School must be provided with clear written instructions on how to administer such medication.
- All risk assessment procedures need to be adhered to for the correct storage and administration of the medication.
- The Pre-School must have the parent's or guardian's prior written consent. This consent must be kept on file. It is not necessary to forward copy documents to your insurance provider.

Lifesaving medication & invasive treatments

These include adrenaline injections (Epi pens) for anaphylactic shock reactions (caused by allergies to nuts, eggs etc.) or invasive treatments such as rectal administration of Diazepam (for epilepsy).

- The Pre-School must have:
 - a letter from the child's GP/consultant stating the child's condition and what medication if any is to be administered;
 - written consent from the parent or guardian allowing staff to administer medication; and
 - proof of training in the administration of such medication by the child's GP, a district nurse, children's' nurse specialist or a community paediatric nurse.
- Written confirmation that we hold this information will first be sent to the Pre-School Learning Alliance Insurance Department for appraisal. Confirmation will then be issued in writing confirming that the insurance has been extended.
- Treatments, such as inhalers or Epi pens are immediately accessible in an emergency.

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- Key person for special needs children - children requiring help with tubes to help them with everyday living e.g. breathing apparatus, to take nourishment, colostomy bags etc.
- Prior written consent from the child's parent or guardian to give treatment and/or medication prescribed by the child's GP.
- Key person to have the relevant medical training/experience, which may include those who have received appropriate instructions from parents or guardians, or who have qualifications.
- Copies of all letters relating to these children must first be sent to the Pre-School Learning Alliance Insurance Department for appraisal. Written confirmation that the insurance has been extended will be issued by return.
- If we are unsure about any aspect, we contact the Pre-School Learning Alliance Insurance Department on 020 7697 2585 or email membership@pre-school.org.uk

Other useful Pre-School Learning Alliance publications

- Good Practice in Early Years Infection Control (2009)
- Medication Administration Record (2013)

This Policy was adopted at a meeting of Abbots Langley Pre-School held on	MARCH 2020
Date to be reviewed	MARCH 2022 OR SOONER IF CHANGES NEED TO BE MADE
Provider	Pre-School Owner