

Sol Levinson & Bros. Funeral Home Newsletter

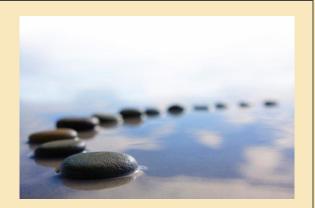
October 2018

Stay informed about our upcoming events by regularly checking the Aftercare section of our website.

Understanding Addiction and Recovery - Free Two-Part Series

Part 2: Addiction Treatment Options

Tuesday, October 23, 2018 7 - 9pm Rosenbloom Owings Mills, JCC, Performa



Learn about treatment options including medication-assisted treatment, behavioral therapies, and self-help programs, and why no one single option is right for everyone.

For more information and registration details, please see our blog post.



Life Happens: Jewish Perspectives on Aging and Planning for the Future

Tuesday, Oct. 30 6:30-8:30 pm The Gordon Center for the Performing Arts 3506 Gwynnbrook Avenue Owings Mills, MD, 21117

SPEAKERS:

- Rabbi Dana Saroken, Beth El Congregation
- Deborah Hamburger, Esq., Volunteer Coordinator, Jewish Community Services

THE DISCUSSION WILL COVER:

- Jewish perspectives on aging and end of life.
- Planning for financial, medical and end-of-life matters with loved ones.
- Learn how to create a comprehensive binder for your family members that will provide them with all the useful information they will need in the event of your death or other emergency.

Please see our blog for more information and registration details.

Ask the Expert Luncheons

Healthy Living for the Brain & Body Columbia

Thursday, November 8 12pm Victoria Gastro Pub, Columbia

Physical health & exercise, diet & nutrition, cognitive activity, and social engagement - join us to hear from a representative of the Alzheimer's Association who will provide the latest research on how to live a full, vibrant, healthy life.

Eliza Feller, Levinson's Director of Advance Planning, will briefly discuss the benefits of the Levinson's Pre-Planning Guide.

Lunch is free but registration is required by October 23 to <u>AskTheExpert@sollevinson.com</u> or 410-653-8900. <u>See the blog</u> for more details.



Caregiver Challenges & Resources Lutherville-Timonium

Tuesday, December 11 12pm Tark's Grill, Lutherville-Timonium

Join us for this informative presentation by Jewish Community Services, to cover the challenges facing family caregivers and learn about helpful resources to ease this burden.

Eliza Feller, Levinson's Director of Advance Planning, will briefly discuss the benefits of the Levinson's Pre-Planning Guide.

Lunch is free but registration is required by November 23 to <u>AskTheExpert@sollevinson.com</u> or 410-653-8900. See the blog for more details.



Twilight in the Woods Columbia

Sunday, November 4 5pm The Chrysalis, Merriweather Park at Symphony Woods

Join us as we light up the night in honor of those we have loved and lost. This outdoor event will provide a time for reflection and remembrance. For more details

and registration information, please see our Aftercare page.

Coping with the Grief of an Addiction Death A Support Group for Loved Ones

8 Week Grief Support Group at Jewish Community Services begins in December

If your loved one died because of an addiction, this group offers help, compassion and understanding as you cope with the unique issues and emotions that accompany your loss.

- Give and get support from those who have had a similar experience
- · Talk with grief specialists
- Find ways to cope and care for yourself

Free * Pre-registration required. For more information and to register call JCS at 410-466-9200

This program is co-sponsored by Sol Levinson & Bros., Inc. Support for this program is also provided by the Mitchell David Endowment Fund.

If you are requesting ADA accommodations, please contact us at least 3 weeks before the scheduled program. Please note that not all requests may be able to be fulfilled.

Aftercare

Levinson's bereavement library, support groups, and educational events in Pikesville and Columbia ensure that the families we care for have support long after the funeral service ends.

You can find more details by going to our Aftercare Resources page.

Daily Funeral Schedule

If you would like to receive Levinson's Daily Funeral Schedule every morning by email, click here to sign up.

Pikesville Office & Chapels

Sol Levinson & Bros., Inc. 8900 Reisterstown Road Pikesville, MD 21208

Voice: (410) 653-8900 Fax: (410) 653-1613 Toll Free: (800) 338-1701 Email: info@sollevinson.com Web: www.sollevinson.com

Columbia Arrangement Center

Sol Levinson & Bros.
Funeral Services, P.A.
5560 Sterrett Place, Suite 204
Columbia, MD 21044
Restricted - Operating out of Sol Levinson & Bros., Inc., Pikesville, MD

Voice: (410) 730-7230 Fax: (410) 730-7353 Toll Free: (800) 338-1701

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