



## Sol Levinson & Bros. Funeral Home Newsletter

October 2018

Stay informed about our upcoming events by regularly checking [the Aftercare section](#) of our website.

### Understanding Addiction and Recovery - Free Two-Part Series

#### Part 2: Addiction Treatment Options

Tuesday, October 23, 2018

7 - 9pm

Rosenbloom Owings Mills, JCC,  
Performa



Learn about treatment options including medication-assisted treatment, behavioral therapies, and self-help programs, and why no one single option is right for everyone.

For more information and registration details, please [see our blog post](#).



### Life Happens: Jewish Perspectives on Aging and Planning for the Future

Tuesday, Oct. 30

6:30-8:30 pm

The Gordon Center for the Performing Arts  
3506 Gwynnbrook Avenue  
Owings Mills, MD, 21117

#### SPEAKERS:

- Rabbi Dana Saroken, Beth El Congregation
- Deborah Hamburger, Esq., Volunteer Coordinator, Jewish Community Services

#### THE DISCUSSION WILL COVER:

- Jewish perspectives on aging and end of life.
- Planning for financial, medical and end-of-life matters with loved ones.
- Learn how to create a comprehensive binder for your family members that will provide them with all the useful information they will need in the event of your death or other emergency.

Please [see our blog](#) for more information and registration details.

# Ask the Expert Luncheons

## Healthy Living for the Brain & Body *Columbia*

Thursday, November 8  
12pm  
Victoria Gastro Pub, Columbia

Physical health & exercise, diet & nutrition, cognitive activity, and social engagement - join us to hear from a representative of the Alzheimer's Association who will provide the latest research on how to live a full, vibrant, healthy life.



Eliza Feller, Levinson's Director of Advance Planning, will briefly discuss the benefits of the Levinson's Pre-Planning Guide.

Lunch is free but registration is required by October 23 to [AskTheExpert@sollevinson.com](mailto:AskTheExpert@sollevinson.com) or 410-653-8900. [See the blog](#) for more details.



## Caregiver Challenges & Resources *Lutherville-Timonium*

Tuesday, December 11  
12pm  
Tark's Grill, Lutherville-Timonium

Join us for this informative presentation by Jewish Community Services, to cover the challenges facing family caregivers and learn about helpful resources to ease this burden.

Eliza Feller, Levinson's Director of Advance Planning, will briefly discuss the benefits of the Levinson's Pre-Planning Guide.

Lunch is free but registration is required by November 23 to [AskTheExpert@sollevinson.com](mailto:AskTheExpert@sollevinson.com) or 410-653-8900. [See the blog](#) for more details.



## Twilight in the Woods *Columbia*

Sunday, November 4  
5pm  
The Chrysalis,  
Merriweather Park at Symphony Woods

Join us as we light up the night in honor of those we have loved and lost. This outdoor event will provide a time for reflection and remembrance. For more details

and registration information, please see [our Aftercare page](#).

## Coping with the Grief of an Addiction Death A Support Group for Loved Ones

8 Week Grief Support Group at Jewish Community Services begins in December

If your loved one died because of an addiction, this group offers help, compassion and understanding as you cope with the unique issues and emotions that accompany your loss.

- Give and get support from those who have had a similar experience
- Talk with grief specialists
- Find ways to cope and care for yourself

Free \* Pre-registration required. For more information and to register call JCS at 410-466-9200

This program is co-sponsored by Sol Levinson & Bros., Inc. Support for this program is also provided by the Mitchell David Endowment Fund.

*If you are requesting ADA accommodations, please contact us at least 3 weeks before the scheduled program. Please note that not all requests may be able to be fulfilled.*

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## Aftercare

Levinson's bereavement library, support groups, and educational events in Pikesville and Columbia ensure that the families we care for have support long after the funeral service ends.

You can find more details by going to our [Aftercare Resources](#) page.

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## Daily Funeral Schedule

If you would like to receive Levinson's Daily Funeral Schedule every morning by email, [click here to sign up](#).

### Pikesville Office & Chapels

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### Columbia Arrangement Center

Sol Levinson & Bros.  
Funeral Services, P.A.  
5560 Sterrett Place, Suite 204  
Columbia, MD 21044  
*Restricted - Operating out of Sol Levinson & Bros., Inc.,  
Pikesville, MD*

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