



## **The following subjects are covered in Emergency First Aid at Work**

Introduction to first aid at work  
Aims of first aid  
Legislation  
Responsibilities  
Action at an emergency  
Primary survey  
Secondary assessment  
Recovery Position  
Respiratory system  
Resuscitation - CPR  
Disorders of Respiration – choking  
Defibrillation  
Disorders of Circulation - Shock  
Wounds and Bleeding  
Epilepsy - Seizures  
Minor Burns and Scalds  
Course Evaluation

**Course Duration 7 Hrs Excluding breaks**

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