



Cinque Ports Sailing

Training Centre

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Calendar of Yacht Sailing Courses/Training

Throughout May we are offering short sailing tasters and half day beginner sessions, so do contact us to reserve a place. Weekends and some weekdays will be available for this. This will continue throughout the season for those interested in trying out yacht sailing for the first time.

Those who would then like to go on to learn more sailing skills are invited to book a 1, 2, 3, or 5 day course from the end of May / beginning of June onwards with our RYA Chief Instructor for Sail Cruising. Courses will be running most weeks throughout the summer and into the autumn.

In addition to the training outlined below, we can also offer Yachtmaster Prep Courses and arrange the Yachtmaster exam.

If there are several who would like to book during April or May, we can also consider running courses then also.

Please contact us to discuss your requirements.

Scroll down to see our Course Information



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Course Information

Come Try Yachting! 1 day

This is a taster course for those interested in trying out some yachting. By the end of the day, you will have experienced steering a yacht, sail handling, rope work and be aware of safety on board. Participants can go on to do the RYA Start Yachting Course or RYA Competent Crew course with more confidence. This day can count towards the RYA Start Yachting Course.

RYA Start Yachting: 2 days

The RYA Start Yachting course is a short introduction to sailing for complete beginners over two days. By the end of the course, you will have experienced steering a yacht, sail handling, rope work and be aware of safety on board. Holders of the RYA Start Yachting certificate can go on to complete the Competent Crew course in a reduced time of three or four days.

RYA Competent Crew: 5 days

The RYA Competent Crew Practical course is a five day course that aims to introduce the complete beginner to sailing and to teach personal safety, seamanship, and helmsmanship to the level required to be a useful member of a crew of a cruising yacht. The five days can be taken over 2 weekends.

RYA Day Skipper: 5 days

The RYA Day Skipper Practical course is a five day course for aspiring skippers with some yachting experience and basic navigation and sailing skills. Learn to skipper a short passage with the instructor on hand to give advice and encouragement. Experience being in charge, taking credit when it all goes well and being responsible when it doesn't. The five days can be taken over 2 weekends. RYA Day Skipper Theory or equivalent is required to take the RYA Day Skipper Practical.

RYA Coastal Skipper: 5 days

The RYA Coastal Skipper course offers advanced skippering techniques for yachtsmen and -women with considerable knowledge of sailing and navigation, wanting to undertake coastal passages by day and night. Five days are needed for this course.

Mileage Builder

Mileage Builders take place under the supervision of an RYA Instructor and will help develop your seamanship and helmsmanship, while building sea mileage.

RYA Navigation Courses

Navigation courses are essential for yachtsmen and –women. The following courses are offered via the Sailing School: 2-day introductory RYA Essential Navigation and Seamanship Course; 5-day RYA Day Skipper Theory (competency required for the RYA Day Skipper Practical); 6-day RYA Yachtmaster Theory (competency required for the RYA Coastal Skipper or RYA Yachtmaster Practical). It may be possible to offer a theory course before your practical in a bespoke package for you. Please contact us for details.

To discuss your requirements, and for more information, please contact our Sailing School Office on email cinqueportssailing@gmail.com