



Fairbanks Counseling & Adoption

"We Take Families to Heart"



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Fairbanks Counseling & Adoption

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all you need is

LOVE

is all you need

- Save the Date -

27th Annual 'A Taste of Art'

Saturday, February 14, 2015

Westmark Fairbanks Gold Room

Doors Open 6pm - Dinner served 7pm

Auction begins 8pm

\$65 per person in advance / \$85 at the door

Corporate tables available for \$800

Chair: Bill Bailey, Alyeska Pipeline Service Company

M.C.: Jim Matherly, Matherly D.J. Services

Featured Artist: Rebecca Johnson, Captured in Glass Custom Designs

Auctioneer: Joseph Campbell, Fairbanks Auction Company

Sponsorship Opportunities Available!

Don't miss a chance to promote your
company
through this great community event!

CALLING ALL VOLUNTEERS!

There are many volunteer jobs available.
Come join the fun!

Auction Items Needed!

FCA welcomes your tax
deductible donations for

'A Taste of Art'
no later than

February 6th 2015

Please contact us at 456-4729, Monday
through Friday 9:00-12:00 & 1:00-5:00

Or you can email us at fca@fcaalaska.org
to arrange pickup of your donation

Donation\$ to Fairbanks Counseling & Adoption
can be made online at www.fcaalaska.org/donate

To receive emails of FCA Newsletters and Special Events Notices, please send your name
and email address to sabrina@fcaalaska.org - type "newsletter" in the subject line.

Family Services Program

Greetings and salutations from the Family Services Department. Funded by the State of Alaska Office of Children's Services to support struggling families, we have just finished our first quarter and are working through our second quarter. Fourteen new families have joined our program since July along with our nine continuing families. The families who are participating in our program come to us as self-referrals, referrals from the community and OCS referrals.



This is a very important time for us as it coincides with the holidays and we have families who struggle financially during this time of year. Our department wants to send out a great big thank you for all the donations we have received from the community and hope your generosity will continue throughout the holiday season. Our families greatly appreciate the show of support they receive from our caring community. As always, we are in need of diapers, children's clothing sizes infant to 14 and household items. Your donations of gift certificates, movie passes, swim passes, restaurant gift certificates and other gift donations will surely brighten up Christmas for families who otherwise might have to go without.

The Family Services Department has programs that high-light strengthening families and the prevention and reduction of child maltreatment in our community. Our goal is to help families increase their knowledge of healthy parenting skills and self-sufficiency. Our overall objective is to assist families who are dealing with barriers in their lives which may decrease their ability to improve their home environment and family relationships. We help these families by offering individual goal plans designed to meet the specific needs of the family. This includes in-home visits, parent coaching, service coordination, and both a Nurturing Parent Group and Nurturing Fathers Group. We use a strengths-based approach which promotes healthy parenting, independence, safety and self-sufficiency. Both of the parenting groups finished the Fall session at the end of October. We will start a new set of classes the first week of January 2015. We also conduct a monthly Parent Support Group activity which encourages parent and child interaction and the opportunity for social connections among the parents

We want to welcome both Ruth Thorum and Christina Evans (pictured above) to our department. Ruth is our new Intake Coordinator and Christina is our new Family Services Specialist. We are delighted to have both of these women on our team and expect great things from them.

If you have any questions for or about our department, we can be reached at 907 456-4729. Please ask for Wanda Wingfield or Henry Tang.

A SAD GOODBYE

It is with deep regret that I have submitted my resignation. I am deeply committed to the mission and the services of Fairbanks Counseling and Adoption, and feel privileged to have had the opportunity these last ten years, and previously for three years, to serve this organization and work with a dedicated Board and our fantastic staff. I feel blessed to have been a part of serving the needs of the many children, youth, adults and families who have had the courage to walk through our doors and ask for our help.

I am sad to leave, but have great joy in what I believe the future will bring to you. I believe that, despite all of our trials, God is watching over this agency and wants it to continue to serve the needs of our community and clients, especially children and youth. The proof is in the donations we have received. These are blessings and gifts that come when we need them the most.

I am thankful for the honor and privilege of working with such dedicated and loving staff at FCA for thirteen years and for the many blessings that I have witnessed and experienced. I wish all of you, our Board and our staff and FCA many blessings and much success in the future.

With much love and respect,

Camille
Executive Director

Licensed Counseling Services

Professional counseling for:

- Individual and Family
- Domestic Violence
- Child Abuse and Neglect
- Depression & Anxiety
- Child/Teen Behavior Issues
- Grief and Loss

Adoption Program

Providing assistance for:

- Home Studies
- Local, In-State, Interstate & International Adoptions
- Post-Adoption Services
- Counseling for Birth and Adoptive Parents

Pregnancy Program

- Free and Confidential Pregnancy Counseling
- Client Advocacy and Support
- Post-Abortion Counseling

Family Support Program

Self-referred grant funded program to support safe and stable families and promote healthy parenting skills; serving families with children birth-12 years old.

- Educational & Supportive Home Visits
- Individualized Service Plans
- Parenting Skills & Fathering Skills Groups
- Parent Advocacy & Support
- Professional Counseling Services

Street Outreach and Advocacy Program

Reaches out to 10-21 year old youth who are homeless or runaways or who are at-risk of becoming homeless, to provide support, crisis intervention, food and to help prevent exploitation and abuse.

- Community Outreach
- Drop-In Center
- Meals/Food
- Warm Clothes
- Crisis Services & Support
- Counseling/Mediation
- Education Access
- Job Readiness
- Shelter Referrals

Adoption Program



The *Angels in Adoption Program* provides an opportunity to honor the good work of individuals, couples, and organizations who have enriched the lives of foster children and orphans, and have advocated for adoption and foster care. These

heroes hail from all 50 states, the District of Columbia, and Puerto Rico and represent a wide spectrum of individuals involved in the adoption and foster care process. This year, one of our adoption and pregnancy counselors, Lisa Carr, was selected as an *Angels in Adoption* award recipient from Alaska.

Lisa has been employed at Fairbanks Counseling and Adoption since 1991. During the past twenty-three years, she has worked as a Pregnancy Counselor and Adoption Counselor/Home Study Writer. In her Pregnancy Counseling role she has assisted many individuals and couples in exploring their options. Once they have chosen to make an adoption plan, Lisa has supported them through the entire process. She organized and facilitated a support group for birth parents, and that group resulted in peer support connections, which have lasted for many years.

In the role of Adoption Counselor/Home Study Writer, Lisa has worked with families pursuing a variety of routes to adoption. She has written home studies for several child permanency grants, which provide services to children who are in the custody of the State of Alaska and the families who are interested in adopting them. In these programs she has worked with many foster/guardian families, who are often relatives of the children in need of forever homes. In the process of doing this work, Lisa has traveled to rural Alaska towns and villages, which are accessible only by air taxi flights. At times she has traveled over 1,500 miles round trip to accomplish a home study. Many of the home studies that Lisa has done in the rural/bush areas involve working cross-culturally with families, and she excels in this area.

Lisa is also a certified mediator and in that role she often works with foster and adoptive families, who are seeking mediation to assist them in creating a positive life plan for the children in their care.

Lisa's warm and caring nature is apparent to her adoption clients, many of whom send pictures of their children and update her on their progress for years after the adoption is finalized. Her dedication and caring in providing services in the adoption field is exceptional.

Congratulations Lisa!

<http://www.ccainstitute.org/>



SOAP

First, I would like to thank all of our wonderful individuals who have donated to SOAP throughout the summer. We were able to plant a wonderful garden from the donations that were provided. The rain did not hamper us; the clients worked diligently all summer in the garden and had amazing results. Also, summer donations of food and clothing were at an all-time high for SOAP. We are blessed to have such amazing people help us with our struggling youth in preparing for a brighter tomorrow.

This summer SOAP had a lot of first time mothers. The babies are beautiful and are doing well with the mothers. In the past six months SOAP gave out almost 200 packages of diapers and wipes to help new and more experienced moms with their babies. Thank you to the Dynamic Divas for the donations of baby clothing, summer clothing and all the diapers and food that were given in the past six months. Without your support this would have been a difficult time for our new moms and the growing number of clients at SOAP. My staff and I appreciate all the support you give us and special thanks to Katherine Hood from All State Insurance Agency for the large check she secured for SOAP.

A n o t h e r special thanks goes out to The Other Paw Assistance Dogs. They have been coming to SOAP so our clients can help train the new puppies and the older dogs help our clients with



their struggles of feeling alone and needing someone to not judge them and to give them love and support. Eric and Yukon were amazing with our clients in making them feel special and just laying their heads on a stressed out client to give them comfort. This warms my heart to know how much others care about SOAP as I do.

I cannot forget Emely Golombek as she works alongside me each day with our clients. The time and hours she puts in with our clients shows how much she supports SOAP and our desire to support homeless and at risk youth. Anna Dale from Fairbanks Counseling and Adoption helps with our women's group weekly. Without her I would not be able to have our groups, and the encouragement she gives our moms and clients is amazing. Thank you for the extra time you willingly give to our clients.

There are so many more I would like to thank from our volunteers to all the others that donate time, money and items to SOAP. I appreciate everyone. We are always in need of volunteers, gift cards, diapers, wipes and pasta with sauces, as well as cash donations. Thank you to all who support our wonderful organization.

Rebecca Buckles, Program Manager

SOAP Drop-In Center is located at 530, 7th Avenue



Fairbanks Counseling & Adoption
 912 Barnette Street
 Fairbanks, AK 99701-4510
 Return Service Requested

A TASTE OF ART 2015 DONATION FORM

All You Need is Love

Fed Tax ID #92-0064069

FCA
 PO Box 71544
 Fairbanks, AK 99707

Walk-In
 Or Pick-up
 Donor Form

Donor #	Donor Name to be Listed	Business Name (if different)
Mailing Address: City: E-Mail Address: Zip:		
Contact Person: Phone: Person to be Thanked (if different)		

Log # Items Donated & Description VALUE of Donation \$\$

1	
2	
3	
4	
5	
6	

CASH GIFT IN KIND GIFT CERTIFICATE: Donor FCA

Volunteer responsible for donation: _____
 Pick-up status Information: _____
 Procureur will pick up & deliver _____
 Needs to be picked up by: _____
 Donor will drop off by: _____