

EX PRESS IVE

arts

Come out and express yourself! Participants will have the opportunity to create artwork that will encourage self expression, promote self discovery and find their creative voice.

No art experience is required and all art materials will be provided. Learn to express feelings, emotions and thoughts through various forms of art. This group is facilitated by an experienced art therapist.

DATE .

TIME .

LOCATION .

To apply to participate in this program please visit www.hopeseds.org