CATHOLIC CHARITIES OF THE DIOCESE OF ST. CLOUD

Directory of Services
2018-2019

ADMINISTRATIVE OFFICES

911 18th St N
P.O. Box 2390
St. Cloud, MN 56302-2390
cstcloud.org

Toll Free: (800) 830-8254
General: (320) 650-1550
Fax: (320) 650-1528
Development: (320) 650-1640
Employment: (320) 650-1539
Volunteering: (320) 229-4590
Communications: (320) 650-1641

EMERGENCY SERVICES

Catholic Charities Emergency Services
Ph. (320) 229-4560
Fx. (320) 229-4562
157 Roosevelt Rd Suite 100
St. Cloud, MN 56301

Food Shelf
Monday 9 a.m. - 6 p.m.
Wednesday 9 a.m. - 7 p.m.
Friday 9 a.m. - Noon
Senior Food Shelf (age 60+)
Second and Fourth Tuesdays 1 - 3 p.m.

Clothing and Household Items
Monday and Wednesday 9 a.m. - 6 p.m.
Thursday 1 p.m. - 4 p.m.
Friday 9 a.m. - Noon
**To ensure proper service, please arrive 30 min. prior to closing.

Financial Assistance
Small amounts of immediate, short term assistance
Monday 10 a.m. - Noon and 1 p.m. - 6 p.m.
Wednesday 10 a.m. - Noon and 1 p.m. - 6 p.m.
Thursday 1 p.m. - 4 p.m.
Friday 9 a.m. - Noon
**Financial registration begins 15 min. before program-time.

Mobile Food Shelf
Clients with transportation challenges that prevent them from using the food shelf may access the Mobile Food Shelf. For the most up-to-date locations, dates and times, see www.ccstcloud.org.

Germain Towers Apartments  Second Thursday
Empire Apartments  Second Thursday
Wilson Apartments  Third Tuesday
Al Loehr Apartments  Third Tuesday
Grace McDowall Apartments  Third Thursday
Riverside Apartments  Third Thursday
Russell Arms Apartments  Fourth Thursday
Hope on 9th Apartments  Fourth Thursday

Donations Accepted
Donations of funds, food, clothing and household items are accepted. Please visit: www.ccstcloud.org for details.
Monday-Friday 8 a.m. - 4 p.m.
Wednesday 8 a.m. - 6:30 p.m.

Emergency Services not open weekends or holidays.

SERVICES FOR HOMELESS YOUTH

Catholic Charities Supported Housing for Youth (SHY)
Ph. (320) 229-6035 1730 7th Ave S
Fx. (320) 240-3358 St. Cloud, MN 56301

Housing, counseling and financial assistance for up to two years. Help with rent, household items and independent living needs for youth ages 16-24 who are homeless or at risk of homelessness.

Catholic Charities Youth House
Ph. (320) 229-6035 Ph. (320) 229-6051 (Supervisor)
Fx. (320) 774-1741 Ph. (320) 229-6052 (Staff Office)

Providing on-site transitional housing programming to youth ages 16-21 who are homeless or at risk of homelessness.

Catholic Charities Support and Advocacy for Independent Living (SAIL)
Ph. (320) 229-6035 1730 7th Ave S
Fx. (320) 240-3358 St. Cloud, MN 56301

Teaches independent living skills to youth ages 16-24 in a community setting. County referral required.
HOUSING MANAGEMENT SERVICES
Ph. (320) 229-4576 157 Roosevelt Rd Suite 200
Fx. (320) 253-7464 St. Cloud, MN 56301

Catholic Charities manages housing with affordable rents in numerous communities throughout Central Minnesota. These developments were built to meet the needs of low- and middle-income people, especially families, senior citizens and persons with disabilities.

Apartments Managed by Catholic Charities

<table>
<thead>
<tr>
<th>Location</th>
<th>Units</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holdingford (Fairview)</td>
<td>16</td>
<td>(320) 229-4576</td>
<td></td>
</tr>
<tr>
<td>Melrose (Rosemill)</td>
<td>16</td>
<td>(320) 229-4576</td>
<td></td>
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<tr>
<td>Richmond (Maple)</td>
<td>16</td>
<td>(320) 229-4576</td>
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<td>Sauk Centre**</td>
<td>12</td>
<td>(320) 229-4576</td>
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<td>St. Cloud (La Cruz)</td>
<td>104</td>
<td>(320) 229-4576</td>
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<tr>
<td>St. Cloud* (La Paz)</td>
<td>36</td>
<td>(320) 229-4576</td>
<td></td>
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<tr>
<td>St. Joseph**</td>
<td>16</td>
<td>(320) 229-4576</td>
<td></td>
</tr>
<tr>
<td>St. Joseph (Hollow Park)</td>
<td>12</td>
<td>(320) 229-4576</td>
<td></td>
</tr>
</tbody>
</table>

*Designed for individuals with disabilities
**Designed for persons 62 and older or disabled

Catholic Charities Domus Transitional Housing (St. Cloud)
Ph. (320) 259-9270  Fx. (320) 259-4967
Temporary housing and support services for homeless women and their children (12 years and younger) making the transition to self-sufficiency.

Catholic Charities Emily’s Place (St. Cloud)
Ph. (320) 259-9270  Fx. (320) 259-4967
Temporary housing and support services for homeless single women making the transition to self-sufficiency.

SERVICES FOR ADULTS WITH PHYSICAL DISABILITIES
Ph. (320) 243-3750  Paynesville, MN
Fx. (320) 243-3718

Community Alternative Home for Handicapped Individuals (CAHI)
Community-based home serves four adults who have physical challenges.

SERVICES FOR ADULTS WITH MENTAL ILLNESS

Catholic Charities Hope Community Support Program
Ph. (320) 240-3324 157 Roosevelt Rd, Suite 300
Fx. (320) 240-3339 St. Cloud MN 56301
Adult Mental Health Rehabilitation. Adult mental health services to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, along with living skill and community skills. A wide variety of educational classes and support groups are also offered.

Residential Mental Illness Services
Catholic Charities St. Elizabeth’s Board and Lodging with special services (St. Cloud)
Ph. (320) 252-8350  Fx. (320) 252-8350
A board and lodging residence for 18 adults who have a serious and persistent mental illness.

Catholic Charities St. Margaret’s Adult Foster Home (St. Cloud)
Catholic Charities St. Michael’s Adult Foster Home (St. Cloud)
Ph. (320) 230-3915  Fx. (320) 230-3915
Both homes provide supervised living for four adults who have a serious and persistent mental illness.

SERVICES FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES
Ph. (320) 240-3337 1730 7th Ave South
Fx. (320) 240-3358 St. Cloud, MN 56301

Catholic Charities In-Home Programs: Services for Persons with Developmental Disabilities
Staff work closely with people who have disabilities in their own homes or apartments. Waivered Services: Developmental Disabilities (DD), Traumatic Brain Injury (TBI), Community Alternatives for Disabled Individuals (CADI). Support and independent living services for people with disabilities living in a family or foster home setting referred by a social service agency.

Catholic Charities Supervised Living Services
Community-based residential services for adults with developmental disabilities.
Catholic Charities Bethany Home (Cold Spring)
Ph. (320) 685-7899
Catholic Charities Mother Teresa Home (Cold Spring)
Ph. (320) 685-8626
Catholic Charities St. Anne’s Home (Cold Spring)
Ph. (320) 685-7898
Catholic Charities St. Francis Home (St Cloud)
Ph. (320) 251-7630
Catholic Charities St. Luke’s Home (Cold Spring)
Ph. (320) 685-7750
PARISH MINISTRY/SOCIAL CONCERNS
Ph. (320) 229-6020 or 911 18th St N
(800) 830-8234 ex. 2020 P.O. Box 2390
Fx. (320) 650-1528 St. Cloud MN 56302-2390

The focus of this office is:
- Parish Social Ministry
- Rural Life/Farm Life Issues
- Immigrant and Refugee Issues
- Catholic Campaign for Human Development.

Staff are available for presentations, resource materials and support to all faith communities as together we work to live out Catholic Social Teaching.

SERVICES FOR SENIORS
Fx. (320) 253-7464 157 Roosevelt Rd, Suite 200
St. Cloud, MN 56301

Catholic Charities Central Minnesota Foster Grandparent Program
Ph. (320) 229-4587
Persons 55 years of age and older are assigned to work with children who have special needs. Foster Grandparents volunteer 15-40 hours per week and receive a small stipend and other benefits. This service is offered to non-profit community agencies (schools, Head Starts, shelters, etc.) serving children throughout the St. Cloud Diocese.

- Douglas, Grant, Pope, Western Stearns, Otter Tail, Stevens, Southern Todd & Traverse Counties: (320) 293-0682
- Eastern Benton, Isanti, Kanabec, Mille Lacs & Sherburne Counties: (612) 390-0617
- Northeast Otter Tail, Northern Todd, Morrison, Wadena & Wilkin Counties: (612) 229-4593 or (866) 895-7992
- Western Benton & Eastern Stearns Counties: (320) 229-4589 or (866) 895-7992

Catholic Charities Senior Health Education
Ph. (320) 229-4591 or 157 Roosevelt Rd, Suite 200
Ph. (320) 229.4594 St. Cloud, MN 56301
Fx. (320) 253-7464 Ph. (320) 229-4584

Catholic Charities offers a number of evidence-based training programs designed to help seniors live fuller, healthier lives. Classes are offered at various locations throughout the Diocese of St. Cloud. Call for locations, dates and times.

Current Classes include:
- Chronic Pain Self-Management Program
- Diabetes Self-Management Program
- Healthy Eating for Successful Living
- I Can Prevent Diabetes
- Living Well with Chronic Conditions
- A Matter of Balance
- Tai Ji Quan: Moving for Better Balance

Catholic Charities Senior Dining
Ph. (320) 229-4584
Providing a well-balanced meal and an opportunity to socialize to persons 60 and older. Meal cost on a contribution basis.
Other services include Meals on Wheels to home-bound persons, wellness information, referral and volunteer information.

Senior Dining Locations
*Provides Meals on Wheels (MOW) in addition to on-site dining.
Albany* (320) 845-4070
Annandale* (320) 274-3891
Askov* (320) 838-3616
Avon - MOW only (320) 845-4070
Becker - MOW only (763) 389-4602
Belgrade - MOW only (320) 243-4575
Big Lake* (763) 263-0558
Braham* (320) 396-4614
Brooten* (320) 243-4575
Bruno* (888) 496-5556
Buffalo* (763) 682-6036
Cambridge - MOW only (651) 674-1956
Cokato (612) 834-5081
Cold Spring - MOW only (320) 685-3693
Delano* (763) 972-0574
Elk River* (763) 441-6288
Elrosa* (320) 697-5616
Finlayson* (888) 496-5556
Foley* (320) 333-6343
Freeport - MOW only (320) 845-4070
Grass ton (651) 674-1956
Greenwald - MOW only (320) 845-4070
Hinkley* (320) 384-6557
Holdingford - MOW only (320) 845-4070
Isanti* (763) 444-7539
Isle* (320) 676-8547
Isle - MOW only (320) 679-4029
Kimball* (320) 398-2211
Maple Lake* (320) 963-5771
Meire Grove - MOW only (320) 845-4070
Melrose - MOW only (320) 845-4070
Milaca* (320) 983-6158
Mora* (320) 679-4029
New Munich - MOW only (320) 845-4070
North Branch* (651) 674-1956
Ogilvie* (320) 272-4248
Onamia* (320) 532-3885
Paynesville* (320) 243-4575
Pine City* (320) 629-3024
Princeton* (763) 389-4602
Rice - MOW only (320) 650-3065
Rush City* (320) 358-3611
St. Cloud (320) 650-3065
St. Joseph - MOW only (320) 845-4070
Sandstone* (320) 245-2179
Sartell (320) 257-0744
Sauk Centre* (320) 352-2786
Wahkon - MOW only (320) 532-3885
Willow River - MOW only (888) 496-5556
Zimmerman* (763) 856-4082
COUNSELING SERVICES

Catholic Charities Caritas Mental Health Clinic
911 18th St N Monday 8 a.m. - 8 p.m.
P.O. Box 2390 Tuesday 8 a.m. - 6 p.m.
St. Cloud, MN 56303 Wednesday 8 a.m. - 8 p.m.
Ph. (320) 650-1660 Thursday 8 a.m. - 6 p.m.
Fx. (320) 650-1672 Friday 8 a.m. - Noon

The clinic offers family-friendly, culturally responsive services in a safe environment. A comprehensive array of mental health services is offered, including:

- Individual therapy for children, adolescents and adults as well as family therapy. Diagnosis of mental health issues.
- Psychiatric services including diagnosis and medication management.
- Psychological testing.
- Group Therapy: DAIP (Domestic Abuse Intervention Program), Women’s Anger & Self Esteem Group, Turning Points Women’s Group.

School Counseling Sites
Individual and group counseling offered, along with mental health education.
- Holdingford, Elementary, Middle and High Schools
- St. Cloud, St. Katherine Drexel School
- St. Cloud, St. Elizabeth Ann Seton School
- St. Cloud, Apollo High School
- Sartell, St. Francis Xavier School

Parents Forever™ Co-Parenting Your Children Class
Ph. (320) 650-1660
Co-parenting evening and weekend classes are designed for people who are separated, divorcing or divorced, or not married, but sharing parenting responsibilities. The purpose of this class is to ensure that sharing in the parenting of a child or children happens as smoothly as possible to minimize the stress felt by all involved.

Parenting Assessment
Ph. (320) 650-1660
Provides a functional assessment of a parent(s) capacity to successfully care for their child/children. Assessments completed by the doctoral-level Licensed Psychologists.

Mental Health Services for Youth

Catholic Charities Day Treatment - St. Cloud
Ph. (320) 650-1590
Fx. (320) 650-1599
1712 7th Ave S
St. Cloud, MN 56301
Intensive mental health services for children and adolescents age 7-18 serving St. Cloud and the surrounding area. Day Treatment benefits those in need of intensive support to reduce the impact of mental health symptoms which influence their ability to function successfully at home, in school and in the community. Full-day programming including Special Education services in partnership with District #742.

Catholic Charities Day Treatment - Elk River
Ph. (763) 441-1578
Fx. (763) 441-1740
508 Freeport Avenue NW
Elk River, MN 55330
Serves children grades K-12 who primarily reside in the counties of Sherburne, Wright, Anoka, and Hennepin. Day Treatment benefits those in need of more intensive support to reduce the impact of mental health symptoms which may be affecting their ability to function successfully at home, in school, and within the community.

Catholic Charities Young Learners Program
Ph. (320) 229-6060
Fx. (320) 650-1599
1726 7th Ave S
St. Cloud, MN 56301
An early intervention day treatment program for children ages 3-7 years of age who are expressing difficulty in the home, school and community. This therapeutic program assists in developing social, emotional and behavioral skills.

Together, we can make a different tomorrow.

Catholic Charities is a non-profit organization that advances the charitable and social mission of the Diocese of St. Cloud. We build communities, promote family life and enhance human dignity by providing quality human services meeting the physical, social, emotional and spiritual needs of individuals and families of all faiths and beliefs.

Catholic Charities Financial and Housing Counseling
Ph. (320) 650-1664
157 Roosevelt Rd. Suite 200
St. Cloud, MN 56301

Helps individuals and families to handle finances, pay bills, and plan for their financial future.
- Financial counseling
- Budget counseling
- Housing counseling
- Mortgage/Foreclosure Counseling
- Debt management counseling
- Bankruptcy counseling
- Reverse mortgage counseling
- Financial education

MENTAL HEALTH SERVICES FOR YOUTH

Catholic Charities Day Treatment - St. Cloud
Ph. (320) 650-1590
Fx. (320) 650-1599
1712 7th Ave S
St. Cloud, MN 56301

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