Catholic Charities Support and Advocacy for Independent Living Program (SAIL) helps youth, ages 16 to 21 learn and practice essential life skills. This unique program helps teens transition from adolescence to adulthood through groups and 1:1 case management.

**Group Topics Include:**
- Money Management/Credit
- Apartment Hunting/Upkeep
- Employment
- Nutrition/Cooking
- Insurance
- Buying a car/Drivers License
- Healthy Relationships
- Career Planning
- Housing/renting
- Continuing Education
- Taxes

**2019 ST. CLOUD WINTER SAIL GROUP**

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**LOCATION**

Pathways 4 Youth  
203 Cooper Avenue North  
St. Cloud, Minnesota 56303

**TIME**

4:00pm - 6:00pm

**DATES**

- September 30
- October 7, 14, 21, 28
- November 11, 18, 25
- December 2, 9, 16