



# Catholic Charities Emergency Services

## WISH LIST

### NON-PERISHABLE FOOD ITEMS

#### PROTEINS

- Peanut Butter
- Canned Meat
- Packaged Dinner



#### FRUIT/VEGETABLES

- Canned Fruit/Vegetables
- Dried Fruit
- Juice

#### COOKING ITEMS

- Oil
- Flour
- Sugar
- Spices/Seasonings
- Dressing

#### GRAINS

- Rice
- Pasta
- Whole Grain Cereal



### PERSONAL CARE ITEMS

- Toothpaste
- Tooth Brushes
- Razors
- Shampoo
- Feminine Hygiene Products
- Deodorant
- Bar Soap
- Combs & Brushes
- Toilet Paper
- Dish Detergent
- Laundry Detergent



### INFANT AND CHILDREN'S ITEMS

- Diapers – larger sizes!
- Baby Wipes
- Formula
- Baby Food
- Cereal

### DONATE TODAY!

Monday, Wednesday & Friday between 12:30 and 1:30 pm

157 Roosevelt Rd, Suite 100 (Door "D"), St. Cloud, MN 56301

If this option does not work please email [info@ccstcloud.org](mailto:info@ccstcloud.org) or call 320.229.4560 to coordinate a different time.