Referral Guide

To be used when considering a referral for Catholic Charities Intensive Outpatient (IOP) Day Treatment

A client may not be appropriate for the IOP Day Treatment if one or more of the following apply:

- If the client requires one to one adult supervision to maintain safety in a group or classroom setting.
- If the client’s family is unwilling to participate in the service, biweekly family therapy, and planning meetings.
- Chemical Dependence: If a client is known to be using chemicals they will need to complete a Chemical Health Assessment and follow through with recommendations prior to being considered for the program.
- If the client is known to have an eating disorder they will not be accepted into the program.
- The client cannot be accepted if they only have behavioral diagnoses (ADHD, ODD, etc.) for insurance reasons
- Clients with Conduct Disorder will not be accepted into the program, because Evidence Based Practice shows individuals with Conduct Disorder don’t benefit from the group milieu. Some of the traits to consider are: aggression to people and/or animals, destruction of property, deceitfulness or theft, and serious violations of rules.
- The client’s CASII score may not support placement in the program. The score will be determined during the Diagnostic Assessment, as this is a subjective score we are willing to dialogue about our findings.
- Clients with an IQ below 80 will not be accepted into the program.

Things to consider when making an IOP Day Treatment Referral:

- If the client has been receiving their academics in a homebound setting for a long period of time (more than 3 weeks). The transition back into a classroom/group setting is difficult, especially for elementary age clients. This is something we would like to discuss prior to referral being made for the client.
- The client’s insurance coverage can determine placement and/or the length of stay.
- Consistent attendance is important, if the school has concerns with truancy for the client or the client refused to attend/participate in alternative programming previously, this is something we would like to be aware of prior to the referral.
- Occasionally there are clinical only days mandated by the third party payers. Parents are responsible for having a transportation plan for these days as the school district is not responsible for transportation on non-academic days.