

# London Borough of Enfield

## Individual Volunteering Protocol

### for social distancing in parks & green spaces during Covid-19 restrictions 2020

At the current time, we cannot encourage, support or lead any group activities in parks or green spaces. However, you might be able to volunteer as an individual\* if you are not in a high-risk group, to undertake a limited set of activities, approved by **LBE**. Please read the guidance below carefully to ensure you can volunteer:

1. You can only volunteer if:
  - you're well
  - nobody in your household has coronavirus symptoms, i.e. a cough or high temperature
  - you do not have any [long-term health conditions that make you vulnerable to coronavirus](#)
2. You can only undertake certain activities, that **LBE** can provide insurance cover for:
  - Litter picking
  - Watering plants or trees
  - Shrub bed maintenance
  - Painting of buildings
3. Please let us know if you wish to volunteer and what type of activity you would like to undertake, contact details are given below; please note you will be asked to complete a risk assessment form before you can volunteer.

If you volunteer please follow this guidance, whilst undertaking your activity:

4. Ideally do not volunteer for a site where you have to use public transport.
5. \*Volunteer alone or with a member the same household, you must maintain a safe distance of 2 metres from others.
6. \*Volunteer with no more than one other person outside your household, you must always maintain a distance of 2 metres; it is advisable to work side by side to reduce the risk of infection.
7. Do not volunteer if your park or green space is too busy for you to maintain a safe 2 metre distance from others.
8. Please do not promote the time and place you intend to undertake any activities. This may cause gatherings of people which goes against the social distancing guidelines.
9. Wash your hands before and after undertaking any activity with soap and warm water [or hand sanitiser if not available].
10. You should have hand sanitiser with you and wash your hands frequently, ideally take a flask of hot water, soap and paper towels with you.
11. Avoid touching your face while working.
12. Do not wash your hands (or tools) in water tanks/butts.
13. Wear gloves, to prevent infection, in case of cuts on hands and avoid touching your face.
14. Remember that gates, locks, benches etc. are used by everyone, use hand sanitiser after touching surfaces.

15. Do not share tools or other items with anyone else and disinfect them after you finish using them, especially handles / main contact areas.

16. Wash your hands when you get home.

Thank you for supporting your local park or green space.

**Recommended PPE and equipment List**

- Fully charged mobile phone in case of emergencies.
- One set of gardening gloves per person
- Hand sanitiser
- High viz jacket
- First Aid Kit