

## Letter-writing Tips

Research shows that writing a letter is a powerful way to make a difference in the life of a child. To make writing Absolutely Incredible Kid Day® letters easier, follow these tips:

1. Getting started can be the toughest part. Form a mental picture of the child and the things that you enjoy or appreciate about the child.
2. Make a list of adjectives that describe the child: funny, smart, skillful, helpful, caring.
3. Remember fun times or special moments you and the child have shared. Refer to these events and tell the child what you enjoyed about that time.
4. Be specific and be descriptive. Use humor. Try "Do you know what I like about you? I like it when you..."
5. If the child is unknown to you, write a letter of encouragement telling the child how special he/she is and use a positive message or quote.
6. Don't worry about the length. A note can be cherished as much as an epistle.
7. Write it by hand. Feel free to make edits as you go.
8. Get creative! Send an encouraging e-mail, postcard, or greeting card, or put a note in a lunch box or on a bed stand.
9. To gather more ideas, view quotes and positive messages on our Pinterest page.

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Find time to write another letter. Make it a habit. **Write a letter right now!**