**CURRICULUM OUTLINE**

**NAME OF COURSE: Cosmetology**

**DESCRIPTION OF COURSE:** 1500 clock hours. All phases of Basic Cosmetology

**COURSE GOALS:**

1. Our goals are to educate, communicate, and perpetuate beauty in this world by teaching a high level curriculum in cosmetology.
2. Pass the Montana State Cosmetology Written Exam and the Crevier’s Academy of Cosmetology Arts final practical exam.

**CONTENT OF COURSE:**

**TOPIC: HAIR CUTTING -** (including the proper uses of implements, e.g., shears, razors, clippers, thinning shears) **- 155 HOURS**

*Objectives*:

1. Know how to hold hair-cutting tools properly.
2. Know when and how to use various hair cutting tools.

(Shears, razors, clippers, tapering shears and blenders)

1. Know men’s clipper cutting techniques and how to outline men’s cuts with an edger razor.
2. Learn various methods of planning and sectioning haircuts.
3. Know how to establish length and design lines
4. Know how to elevate the haircut for high, medium, low, under and reverse elevation.
5. Know how to taper hair. (Shallow, medium and deep).
6. Be able to read client’s hair growth direction.
7. Know how to cut a straight line in the hair with shears, clipper and edger.
8. Know how to slither hair with shears
9. Know how to use blending shears.
10. Learn how to visualize a picture and duplicate it.
11. Learn how to communicate with patron and determine the desired style and their needs.
12. Know that hair cutting and shaping is the foundation for the hairstyle.
13. Know safety precautions for shaping and cutting.

**TOPIC: CHEMICAL SERVICES - waving, relaxing** (ammonium thioglycolate, sodium hydroxide methods**)**

**hair coloring, and hair lightening - 395 HOURS**

*Objectives:*

1. Know how to wrap a perm rod perfectly.
2. Know how to section hair for various permanent waves.
3. Know how to prepare the strand for no-stem, half-stem, and full stem perm wraps.

4.) Able to recognize different hair textures, hair density and hair porosity.

5.) Know how to read a permanent wave rod.

1. Know how to do a split wrap.
2. Know how to do a spiral wrap.

8.) Know how to do a rod transfer perm.

1. Know the difference between acid and alkaline perm and how to do both perms.
2. Know how to handle special perm problems.
3. Know chemistry pertaining to permanent waving.
4. Know how to protect client during permanent waving service.
5. Know record keeping for permanent waving.
6. Know safety rules for permanent waving. Know various reasons for tinting, bleaches and dyes.
7. Know various products used for tinting, bleaches and dyes. How they are applied and used.
8. Know color levels from dark to light colors.
9. Know how to select proper color for client.
10. Know how to give a patch test.
11. Know hair color definitions.
12. Learn frosting, tipping and streaking methods.
13. Know record keeping for tints, bleaches and dyes.
14. Know safety precautions for tints, bleaches and dyes.
15. Sodium Hydroxide.

**TOPIC: HAIRSTYLING - shampoo** (including scalp treatment), **hair styling** (pin curls, finger waving, thermal curling, blow dry styling, braiding, back combing, and wet setting) **- 195 HOURS**

*Objectives:*

1. Successfully complete and master Hairdressing for Freshman Training Program.
2. Complete and master Hairdressers Skills and Designs (Milady).
3. Learn wet setting techniques.
4. Learn dry setting techniques (Iron and air waving).
5. Know various products used in hair styling, how they are applied and the effect they have on hair.
6. Know safety rules for hair styling.
7. Know how to drape a patron.
8. Know how to give a shampoo manipulation

10.) Know proper rinsing techniques.

11.) Product knowledge - know various shampoos, rinse and conditioning products, how they are applied and their effect on the hair and scalp.

12.) Be able to recognize various scalp disorders.

13.) Know how to apply professional scalp manipulations.

14.) Know safety precautions for shampooing, rinsing and scalp treatments

**TOPIC: manicures** (including hand and arm massage and polish);

**pedicures** (including foot, ankle, and lower leg massage, and polish); **application of monomer liquid and polymer powder nail enhancements, nail tips, nail wraps, UV gels, and nail art; and**

**the use of manicuring implements including the electric nail file**. **- 95 HOURS**

*Objectives:*

1. Know implements and cosmetics used in manicuring.
2. Know how to prepare a manicure table.
3. Know basic procedure for manicuring.
4. Know basic procedure for pedicures.
5. Know how to apply and prepare nail tips.
6. Know how to apply acrylic, gel and silk wraps.
7. Know how to give arm, hand and foot massage.

8.) Know safety and sanitary procedures for manicuring.

**TOPIC: Esthetics- skin care** (including facials, cosmetics, makeup, massage, essential oils, the application and maintenance of artificial eyelashes and extensions, tinting of the eyelashes and eyebrows, and the chemical curling of the eye lashes), **skin exfoliation** (including manual, chemical, and mechanical exfoliation) **waxing and tweezing; and electricity and light therapy – 110 HOURS**

*Objectives:*

1. learn skin care pertaining to cosmetology
2. knowledge of waxing and tweezing
3. understand proper maintenance of artificial lashes, tinting and perming
4. learn proper application of cosmetics in a safe and sanitary manner

**Topic: chemistry, bacteriology, sanitation, sterilization, safety, anatomy, physiology, blood spill procedure, and diseases and disorders of hair, scalp, skin, and nails - 60 hours.**

*Objectives:*

1. *Learn chemistry and anatomy as it pertains to cosmetology*
2. *Know bacteriology, sanitation, sterilization safety procedures*
3. *Know blood spill procedure*
4. *Understand disorders of the hair skin and nails as it pertains to cosmetology*

**TOPIC:**  **salon management, business methods, customer service, appointment book, professional ethics, and current state board laws and rules - 115 HOURS**

*Objectives:*

1. Know cosmetology code of ethical conduct/State Laws.
2. Learn how to maintain a professional attitude.
3. Learn well, sound, selling techniques and methods.
4. Know and practice good personal grooming habits.

**INSTRUCTORS DISCRESION - 375 HOURS**

**REFERENCES:**

**Books:**

1. Milady Standard Textbook of Cosmetology
2. Milady Standard Theory Workbook
3. Milady standard Practical Workbook
4. Montana Cosmetology Law Book

**Periodicals:**

1. Modern Salon

**Visual Aids:**

1.) TV and VCR

2.) Overhead Projector

3) Charts

**METHODS:** Lecture, Demonstration, Product Educator Presentations, Audio Visual Aides, Clinic/Lab Work.

**GRADING:** Each enrolled student will be required to maintain a grade point average of 75% to stay in satisfactory progress.

Each student will be graded in three areas The following scale is used

THEORY 92-100 A

PRACTICAL 82-91 B

LAB WORK 75-81 C

Below 75 Failing