



NORTHSHORE CENTER  
ORAL & FACIAL SURGERY  
AND IMPLANTOLOGY

### **MEDICATION INSTRUCTIONS**

#### **DAY OF SURGERY, Medication Instructions:**

Take 4 Amoxicillin (500mg/tablet) or Clindamycin (150mg/tablet) tablets 1 hour before surgery. You may take the pills with a glass of water.

#### **POST – SURGERY Instructions:**

1. Amoxicillin (500mg/tablet) or Clindamycin (150mg/tablet) tablets as prescribed three times a day until gone.
2. You may take Tylenol #3 (Tramadol), 1-2 tablet every 4-6 hours and alternate with Motrin 400mg every 4-6 hours as needed for pain. Do not take pain medications if no pain is experienced.
3. Another alternative for pain management that is recommended is to take Two X-strength Tylenols/ 1000mg (over the counter) with one 400 mg Motrin. Tylenol #3 and Tramadol can be taken for breakthrough pain in between Motrin/Tylenol combo. Please, make sure you are not exceeding 4000mg of Tylenol and 2400mg of Motrin in 24 hours.
4. Continue to take the StellaLife/Vega Products (rinse, gel and spray) as directed before surgery (see below).

### **StellaLife/VEGA ORAL CARE PRODUCTS: AVAILABLE FOR PURCHASE AT NORTHSHORE CENTER FOR ORAL AND FACIAL SURGERY**

**It is offered as a natural alternative to pain management, also accelerates healing and provides antimicrobial properties.**

StellaLife/VEGA Recovery Kit consists of: VEGA **Rinse, Spray, Gel.**

When using StellaLife/VEGA Oral Care products please follow these instructions beginning 3 days before your surgery and continuing for 7 days after your surgery. Refrain from drinking or eating for at least 20 minutes after application.

1. Swish with StellaLife/VEGA Rinse 7-10 ml for 1-2 min three times daily and then spit out. Do not swallow.
2. Follow with Four sprays under the tongue with VEGA Spray.
3. Using a Q-tip applicator follow with VEGA Gel application. The gel is to be applied over the surgical site and in the vestibule in the area adjacent to the surgical site.
4. Repeat steps 1-3 at least four times per day.