

PSALM 121

HEBREW

שִׁיר לַמַּעֲלוֹת: אֲשָׁא עֵינַי אֶל־הַהָרִים, מֵאֵין יָבֹא עֲזָרִי. עֲזָרִי
מֵעַם יְיָ, עֲשֵׂה שָׁמַיִם וָאָרֶץ. אֶל־יִתְּן לְמוֹט רַגְלִי, אֶל־יָנוּם
שֹׁמְרִי. הִנֵּה לֹא־יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל. יְיָ שֹׁמְרִי, יְיָ
צִלִּי עַל־יַד יְמִינִי. יוֹמָם הַשֶּׁמֶשׁ לֹא־יַכְכָּה, וַיָּרָח בַּלַּיְלָה.
יְיָ יִשְׁמְרֶךָ מִכָּל־רָע, יִשְׁמַר אֶת־נַפְשֶׁךָ. יְיָ יִשְׁמַר־צִאֲתְךָ וּבֹאֲךָ
מֵעַתָּה וְעַד־עוֹלָם.

TRANSLATION

I will lift my eyes to the mountains. What is the source of my help? The source of my help is the Lord, Creator of heaven and earth. He will not let you falter; your Guardian does not slumber. Surely the Guardian of Israel neither slumbers nor sleeps. He is at your right hand to protect you; the Lord, your Keeper, gives shelter. The sun will not smite you by day, nor the moon by night. The Lord will guard you from all harm. The Lord will preserve your soul; He will guard your going and coming from this time forth and forever.



We build our reputation every day®

847.478.1600