ACHIEVE A HEALTHY BALANCE
Nourish and strengthen your body’s five major systems with Quinary®, Sunrider’s complex blend of 50 herbs, specially formulated to help you maintain good health. Quinary® addresses the immune, circulatory, digestive, endocrine, and respiratory systems without using synthetic chemicals or preservatives.

PHILOSOPHY OF REGENERATION®
The formula for Quinary® is based on the Philosophy of Regeneration®—the belief that we should nourish and cleanse our bodies with the best nutrition to reach balance, and thus optimal health. Quinary® is specially formulated and highly concentrated for maximum absorption and efficacy in the body.

INGREDIENT HIGHLIGHTS

ALPHA 20C®
Alpha 20C® addresses the immune system, nourishes T-cells with wood element herbs, and contains antioxidants and calcium.

CONCO®
Conco® addresses the respiratory system. It contains metal element herbs to help create balance with a combination of warming herbs that cleanse with yang energy, and cooling herbs that nourish with yin energy.

ASSIMILAD®
Assimilad® addresses the digestive system with earth element herbs that can help the body process food quickly and efficiently.

LIFESTREAM®
Lifestream® addresses the circulatory system with water element herbs that promote balance and fluidity.

PRIME AGAIN®
Prime Again® addresses the endocrine system, working in harmony with hormone-producing glands and the organs they support.

FAQS
Q: I feel fine. Why should I take Quinary®?
A: In keeping with Chinese tradition and the Philosophy of Regeneration®, daily maintenance of the body with proper nutrition is key to preventing physical malfunction. Dr. Chen created Quinary® as a convenient way to keep the body’s five major systems in balance.

Quinary® supplement helps maintain health rather than waiting for the body to malfunction. It addresses the body’s systems collectively as well as individually. Although it is very difficult to achieve with a formula as complex as this one, our blended herbs are maintained without preservatives or synthetic chemicals.

RECOMMENDATION
Dissolve one Quinary® package into 8 ounces of water and drink as tea at mealtimes. Or consume 1 capsule at mealtimes.