

Non-Surgical, Beauty & Well-being

www.esteemcosmeticclinic.co.uk

Welcome to Esteem

At Esteem Cosmetic Clinic we offer a warm, friendly and professional clinical environment where each individual client will be made to feel comfortable, welcome and relaxed and able to feel confident in our service. We pride ourselves on being able to offer a wide selection of advanced non-surgical procedures in a safe medical clinic. At Esteem we like to build a relationship with our patients and work with them to achieve natural results, increasing their confidence and making them look and feel their absolute best. Our aim is to make people look the best they can for their age and to give them a glowing youthful radiant look.

It is no secret that the Aesthetic industry is now being regulated and people are encouraged to visit a reputable clinic rather than hairdressers or beauty salons.

At Esteem we offer a clinic 'with a difference.

We offer a bespoke Non-Surgical Aesthetic service where all injectable and non-surgical treatments are performed by highly qualified Doctors and Nurse Prescribers. Our Doctors and Nurse Prescribers are all registered with the General Medical Council. They have all taken advanced courses in medical aesthetics and can perform highly advanced non-surgical procedures. They can also advise you on problematic skin and laser treatments.

Apart from non-surgical procedures we offer cosmetic surgery. We work alongside highly skilled and experienced surgeons that are eminent in their field of expertise to bring to you the best information and wealth of knowledge concerning cosmetic surgical procedures. We offer consultations in all aspects of cosmetic surgery. Our fully comprehensive beauty clinic offers treatments being administered by London Trained Beauticians. Our highly skilled beauticians can offer you luxurious beauty treatments to enhance the body and soul and give you the ultimate experience of total relaxation and therapy. We also offer the latest innovative technology in laser treatments and skin rejuvenation. This includes Laser Hair Removal, treatment for acne scarring, Rosacea, and thread veins to the legs and face.

Alongside all of these treatments we offer counselling services and alternative therapies such as healing, and medical massage. So you will see that we offer treatments to cater for the mind, body and soul. We aim to make you look good, feel good and raise your self esteem.

ESTEEM NON-SURGICAL CLINIC

Relaxing Lines and Wrinkles

A widely recognised treatment being Botulinum Toxin type A that is used for relaxing prominent lines and wrinkles that occur as we age. It is used for softening and smoothing of expression lines such as the forehead, frown lines (lines that can give us an angry appearance) and crows feet around the eye area the tell tale sign of ageing and tiredness. Botulinum Toxin contains a chemical that eliminates the reaction from the nerve to the muscle. which normally contracts and hense stops the habit of frowning and looking angry therefore making the appearance smoother, refreshed and more youthful. This procedure is very safe and quick and begins to work between 4 to 10 days, the desired results being at 14 days.

Hyperhidrosis

BotulinumToxin can also be used for the treatment of excessive sweating to the armpits, palms of the hands and feet. Hyperhidrosis is a very embarrassing condition that can leave affected areas feeling damp and unsightly through clothes. It effects peoples everyday lives and can be very uncomfortable and problematic. It also causes lack of confidence and effects people in every area of their life.

The procedure itself includes a course of small injections into the affected area. E.g. armpits to stop the chemical from the nerve to the muscle that causes the glands to produce sweat. It is a very quick, safe and effective treatment that normally lasts 6 months but some patients can get up to 9 months. There is also no down time with this procedure meaning that normal life can be resumed straight away. After the treatment starts to work you have the benefit of no sweating meaning that life can carry on without enduring such an embarrassing problem. Some people have described the treatment as lifechanging.



Sclerotherapy

A revolutionary treatment to treat those unsightly thread veins to the legs. Thread veins and spider veins can be very easily treated by injecting a sclerosant into the vein which will turn the blood vessel white and eventually eliminate it. It is a simple and relatively painless injection but very effective. Alternatively you can opt for laser treatment to thread veins which will also achieve excellent results. Your practitioner will recommend the best solution for you. Normally with the bigger veins Sclerotherapy is more appropriate.

Dermal Fillers

At Esteem Cosmetic Clinic we only use the highest quality dermal fillers to achieve the best results possible. All dermal fillers consist of a product called hyaluronic acid, a product that is naturally carried in the human body. The products are semi-permanent and all products will biodegrade naturally after a period of time. Dermal Fillers can produce amazing results without having to resort to surgical procedures. The beauty of dermal fillers is that you can add to them at any time to freshen the appearance of the face.

The areas that can be treated with dermal fillers are as follows:-

Nasolabial Folds

Treatment for nose to mouth lines. As we age we can loose elasticity and collagen in the skin therefore folds and lines in the skin become more prominent. We can inject into the nose to mouth lines to plump them out from underneath to create a smoother more balanced look hense reducing the signs of ageing.

Marionette Lines

Lines to the corners of the mouth that can sometimes appear to give a sad appearance. We can inject into the corners of the mouth to upturn them slightly and take away what we call (sad mouth syndrome).





Cheek Augmentation (Liquid Face-Lifting)

Replacing volume loss to the cheeks and underneath the eye area. As we grow older our fat pads in the cheek area tend to split and decrease therefore showing signs of ageing and tiredness. We can achieve lift and volume in this area by injecting dermal fillers thus creating beautiful contour to the cheeks and mid-face. This will give an overall fresher more youthful appearance to the face whilst reducing the signs of ageing and tiredness. It will boost your confidence and give a sense of well-being.

Lip Enhancement

As we age it is evident that our lips start to decrease and dehydrate. Having fuller lips creates a more youthful appearance. We can replace the volume in lips with subtle enhancement and also address prominent perioral lines (smokers lines) around the mouth to create a smooth, hydrated and fuller looking lip, thus create balance and structure to the face.







After 1 Month



After 1 Month





Chemical Skin Peels

Chemical skin peels are a very effective treatment to address problematic skin such as acne scarring, blocked pores, oily, dry and patchy skin, sun damage and pigmentation. However they can also be used as a good maintenance for the skin to encourage skin renewal. They work by targeting the surface





layer of the skin and getting rid of dead skin tissue. Our highly skilled clinicians will recommend the best medical peel for your skin type to cater for your requirements. We give full skin assessments on consultation and full skin care advice. After having a course of skin peels your skin will be glowing and radiant and more youthful in appearance.

Dermaroller

Dermaroller is now becoming one of the leading techniques for skin renewal and addressing problematic skin. It is a very safe procedure that encourages healthy, youthful glowing skin by working from underneath. A Titanium roller with tiny micro needles on it is rolled over the skin to create the skin to wound on a minute basis. The body's natural response to wounding is to heal by creating new collagen and elastin and therefore improving the surface layer of the skin. There is very little downtime with this procedure meaning that you can resume to everyday day life after having it. It is very effective in the treatment of acne scarring, treating small areas of what we describe as mottled skin and generally rebalancing and resurfacing. After treatment your skin will be glowing, fresh and rejuvenated.

Semi-Permanent Make-up

Semi-permanent make-up is a form of tattooing but is only administered superficially to the skin. Micro pigments are fused to the surface layer of the skin using special equipment that is less invasive than normal tattooing equipment. With Semi-permanent make-up we can tattoo your eyebrows to give them more shape and definition and to give asymmetry to the face. We can also offer permanent eye-liner which will save you from re-applying regularly and smudging effects. Also we offer lash enhancement giving lashes a more thicker and fuller appearance. We can also administer liner to the lips and blending of colour, giving the lips a more fuller appearance and enhancing the vermilion border. Say goodbye to lipstick bleed lines and asymmetrical lips and replace them with beautifully shaped and enhanced ones. Semi-permanent make-up normally lasts 12-18 months however, a re-touch procedure will normally occur after 3 months.

ESTEEM LASER CLINIC

Laser Treatment (Thread Veins-Legs)

A fantastic treatment for treating prominent thread veins to the legs. The process is called photothermolysis. Our skilled laser specialist will use laser to target the effected area in short bursts to avoid harming the skin. The laser will target the vein, heat the blood vessel and disperse it. The laser can treat a mass of veins or singular ones. All patients will require a test patch prior to treatment just to monitor the patients reaction to the laser. Normally if there is no reaction within 48 hours the patient can go ahead with treatment. A course is recommended normally unless there is just one vein to treat.

Laser Treatment (Thread Veins-Face)

Laser treatment is a very safe and effective way for treating thread veins to the face that can be unsightly and embarrassing. Using the most innovative technology in laser our highly skilled technicians will be able to treat the veins to the face only targeting the specific veins without harming the rest of the face. Our lasers will eliminate unwanted veins enabling the face to be vein-free and smooth and radiant again.





Laser Skin Rejuvenation

The ageing process can sometimes make the surface layer of the skin look dull and sallow. Laser skin rejuvenation works by breaking down the surface layer of the skin to target our natural collagen and to stimulate it thus encouraging new healthy skin. It is also very effective for acne scarring, pigmentation, pitted skin and fine lines and wrinkles. We





normally recommend a course of 3 to start with which will guarantee that you will achieve glowing, fresher skin making its appearance more healthy, balanced and youthful.

Laser Hair Removal

By using Laser we can target and eliminate unwanted dark hair to the face, and body. Excessive body hair can cause confidence issues especially when it is facial. Laser hair removal is a very safe procedure and achieves fantastic results meaning that you will never have to shave or wax again. We can target all areas of the body and it is a popular procedure for men and women. It works by pointing the laser beam towards the base of the hair follicle and eliminating its growth. A course is normally recommended as the follicles grow at different stages meaning that one treatment is not sufficient. A test patch is required prior to treatment.



Price List

Relaxing Lines and Wrinkles

One X Area Botox	£135
Two X Areas Botox	£235
Three x Areas Botox	£299
Bunny Lines	£50
Treatment for Excessive Sweating (Hyperhidrosis)	£450

Dermal Fillers

Nose to Mouth Lines	From £240
Cheek Augmentation	From £300
Lip Enhancement	From £220
Smokers Lines	From £220

Skin Rejuvenation

Chemical Skin Peels	From £50 (Courses Available)
Derma Roller	£175 (Course of 3 - £450)

Laser Treatments (Price on Consultation)

Semi-Permanent Makeup (Price on Consultation)

Lash Enhancement

£75

Do you suffer with sparse, short, non-existent eyelashes. Are you fed up with applying false lashes. Would you like your lashes to be thicker darker and longer. If so then ask one of our dedicated practitioners for more information on lash enhancement treatments.

Cosmetic Surgery Consultations

(some surgeons may charge a fee for consultations)



Esteem Cosmetic Clinic

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