

# safety matters

Trucking

From your safety partners at Peabody Insurance Agency

## Concrete Truck Safety

Delivering concrete comes with a variety of additional safety concerns not faced by the average delivery driver. From filling to unloading, there are a number of operational concerns you need to keep in mind in order to ensure continued safety.

### Cement Dust

Exposure to cement dust can cause irritation to your eyes, skin and upper respiratory system. Over a long period of time, repeated exposure can lead to chronic lung conditions, including lung cancer. Take precautions, including:

- Rinse eyes with water if they come into contact with cement dust and consult a physician.
- Use soap and water to wash off dust to avoid skin damage.
- Wear a P-, N- or R-95 respirator to minimize inhalation of cement dust.
- Eat and drink only in dust-free areas to avoid ingesting cement dust.

### Wet Concrete

Like cement dust, mixed concrete can also act as an irritant. When working with wet concrete:

- Avoid direct contact.
- Wear protective gloves, changing them if they become wet.
- Wear eye protection when there is a chance for concrete to splash.
- Like cement dust, wash areas that come into contact with wet concrete as soon as possible.

### During Delivery

When making a delivery at a customer location, remember:

- Establish in advance the area of entrance, route through the site and the final placement of the truck for unloading.
- Make sure the area that you will travel over is stable and can support the weight of the vehicle.
- Check for any possible obstruction such as trees,

**Following proper operating procedures ensures a safe working environment for yourself and those around you.**



overhead structures or power lines.

- Designate a traffic controller if necessary.
- Do not use additional chutes beyond those supplied on the truck.
- Use a spotter when moving the truck with an extended chute. Make sure the chutes are locked in place before moving.
- Only employees are allowed on or in the vehicle.

### **Concrete Pump Use**

When operating a vehicle with a concrete pump, review the following before any work is started:

- Are the pump specifications adequate to handle the size of the load?
- Have all hoses and connectors been inspected by a qualified inspector?
- Are controls clearly marked, along with a designated emergency shutoff switch?
- Has a communication method (two-way radios, hand signals) been established between you, the vehicle operator and your spotters?
- Are all those working around the pump outfitted with the correct PPE?