

PLAYING IT

SAFE

Be safe and healthy on the job with these helpful tips provided by Peabody Insurance Agency.

Watch Out For Eye Hazards

Protect your eyes at work

There are countless eye hazards on the manufacturing floor, including flying particles that are ejected by machines, chemical splash hazards, and swinging objects or other moving parts. However, most eye injuries are preventable if you follow simple safety precautions, and always wear your safety goggles!

Use Protective Eyewear

It's a proven fact that the best thing you can do to protect your vision on the job is to wear safety glasses or goggles. Even if you do have your safety glasses on, keep in mind that there are a variety of ways you can get debris in your eyes. Some accidents happen by simply taking off your safety glasses or goggles and wiping your face; particles can easily fall out of eyebrows or hair and into your eyes.

Safety glasses should rest firmly on top of the nose and close to – but not against – the face. If they are uncomfortable, foggy or sight-restrictive, then find a different pair. Don't let excuses get in the way of protecting your eyes. They may not always be convenient to wear, but the right eyewear will ensure your eyes and vision are safe while doing your job.

Find a Good Fit

You can find many ways to make safety glasses or goggles work for you, such as:

- If you find safety glasses uncomfortable, experiment with different sizes or styles.
- Wear glasses or goggles that are properly ventilated for the work you are performing. Unless you are working near splash hazards, use goggles that have plenty of side ventilation.
- If you wear prescription glasses, wear goggles designed to fit over your glasses or safety glasses made with your prescription.
- If your goggles fog up, try a model with more ventilation or coat them with an anti-fog liquid.
- Wear a sweatband or handkerchief around your head to keep sweat off your goggles.
- Always keep your safety glasses clean. Scratched and dirty glasses or goggles can reduce vision, cause glare and may contribute to accidents.

Safety First

It takes only one accident to cause partial or complete blindness. Even tasks that you don't consider dangerous may present a risk for eye injury. Take a moment to think about possible eye hazards in your workplace, and then take the necessary precautions to help prevent potential accidents and injuries.



Stay Alert for Hazards Around You

Our workplace can get chaotic, with many people and moving parts interacting. Even when you're not at a machine, eye hazards are all around – stay alert and maintain your safety precautions whenever you're around operating equipment.

