

M HOUSING DIVERSITY



EACH ADDITIONAL KILOMETRE WALKED PER DAY IN MIXED USE **ENVIRONMENTS WAS ASSOCIATED** WITH A 4.8% REDUCTION IN THE LIKELYHOOD OF OBESITY. AN **INCREASE IN LAND USE MIX** IS ASSOCIATED WITH A 12.2% **REDUCTION IN THE LIKELYHOOD OF OBESITY.**

> Source: Frank L, et al. Obesity Relationships with Community Design, Physical Activity and Time Spent in Cars. American Journal of Preventive Medicine. 2004;27(2):87-96.



INCREASED DENSITY, WHEN CAREFULLY PLANNED, CAN PRODUCE NUMEROUS BENEFITS TO THE ENVIRONMENT AND HEALTH OF THE COMMUNITY.

Source: Giles-Corti B, et al. Increasing density in Australia: maximising the health benefits and minimising harm. Perth, Western Australia: National Heart Foundation of Australia, 2012.

STREETS WITH DWELLINGS **DESIGNED TO HAVE INCREASED OPPORTUNITIES** FOR PASSIVE SURVEILLANCE. **ARE 60% LESS LIKELY TO HAVE** INCIDENTS OF GRAFFITI, LITTER. VANDALISM AND **BROKEN WINDOWS.**

Source: Foster, S., et al. (2011). "Creating safe walkable streetscapes: Does house design and upkeep discourage incivilities in suburban neighbourhoods?" Journal of Environmental Psychology 31(1): 79-88.



