



Patchwork

Working alongside Parents and their Children



Patchwork

HORMONES AND HARMONY

**Seven sessions for parents on Tuesday afternoons
from 1.45pm to 3.15pm at Notre Dame School, Plymouth**

This is a chance to discuss with other parents the joys and difficulties of being a parent of a teenager and how we can enjoy a close relationship with our children as they grow up. Hope you can join us.

Please return this slip by 20th January either to the school office or to Patchwork, CCS, St Boniface House, Ashburton, Newton Abbot TQ13 7JL., or bring the slip to the introductory session .

- 24 Jan Introductory session
- 31 Jan It's tough being a teenager
- 7 Feb What's your parenting styles?
- 21 Feb Better communication
- 28 Feb Managing disagreements
- 7 Mar Sex, drugs and rock and roll
- 14 Mar Finding solutions



There is no charge
but a voluntary donation is welcomed.

Patchwork 01364 645420
patchwork@ccsplymouth.org.uk

I will be attending the
'Hormones and Harmony'
workshops at Notre Dame
School, Plymouth
starting on 24th January 2017

Name:

Email:

Address:

Phone: