

THE HARTLAND POST

First published in 2015, in the footsteps of Thomas Cory Burrow's "Hartland Chronicle" (1896-1940)
and Tony Manley's "Hartland Times" (1981-2014)





'A Prevailing Wind' by Merlyn Chesterman



THE HARTLAND POST

A quarterly news magazine for Hartland and surrounding area

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ANNOUNCEMENTS

I would like to thank everyone for their kind wishes and get well cards after my stay in hospital. Am getting better and hopefully should be back to my usual self soon.

Thank you again.

Peggy

Amy Sands and Sam Lythgoe-Jones were married on the 1st April at St Nectan's Church. They would to thank everybody who made their day very special. They honeymooned in St Agnes and then reopened The Point @ Hartland.

Right: Amy Sands & Sam Lythgoe-Jones arriving at St Nectan's, Stoke, accompanied by their dogs, Lilly and Buster.

New arrival at Hartland Quay

Donal and Sarah Stafford welcomed their new baby, Grace Catherine, to the world on 5 April. A little sister for their son, Daniel. Congratulations!



Previous issues of the Hartland Post are available online at thehartlandpost.com. This issue will be available online when the next issue is on the news stands.

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FAREWELL TO

Sheila Margaret Meaker December 25th
Kathleen Prouse December 27th
Margaret Patricia Voce December 29th
David Paul February 3rd
Julia Hilda Bottomer February 18th
Olive Irene Olsen March 10th
Steven Lott April 3rd

Alan Whittle, Torrridge District Councillor, passed away peacefully at home on 7 April aged 70 years. He was Ward member for Hartland & Bradworthy.

Susan Ann Airlie Needham of Gawlish Cottages, 29 April
 Always known as Airlie, particularly to this magazine and the former Hartland Times, she was born in Pakistan, the daughter of a British Army Officer. At the age of 5 her father's unit was overrun by the Japanese in Burma and he was killed. At the age of 14 her mother died and she was brought up by a loving aunt and uncle. Airlie married and had two daughters. Her husband left her with two babies and she remarried a wonderful Royal Navy Officer, Dick Needham.

Airlie moved to Hartland, with her husband Dick, from Bristol in 1978. Dick had been working on the Concorde project and was looking for a life change, involving peace and quiet. This they found at Gawlish Cottages where, apart from Dick's job with the Coastguards, they kept meteorological records for the Met Office. When Dick died in 2009, Airlie continued to record Hartland's rainfall and to provide a weather report for the Hartland Times and then the Post. She posted her last report in Autumn 2016 and felt that she could no longer continue with her weather watching.

Airlie passed away shortly before her 80th birthday. She is survived by two daughters, Caroline who lives in France (five children and seven grandchildren), Tracey lives in the USA (two sons) and stepson James in Hampshire (two sons).

The Hartland Post is very honoured to have been bequeathed Airlie's rain gauge by Tracey, so that we can continue to record Hartland's considerable rainfall in her memory.



Hartland Weather - The Post is struggling to get organised with weather reporting. So far we can only report that the total rainfall for April was 41mm, making it a very dry month! Would anyone like to take over the weather reports for Hartland? We will look after rainfall with Airlie's rain gauge but we need additional reporting. Any volunteers?



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Keep sending us content!

If you have anything to submit for reader's messages, obituaries or general interest articles, please submit to The Hartland Post by the next deadline of 22nd of August 2017.

thehartlandpost@gmail.com



STAYING SAFE AT HARTLAND QUAY

My name is Richard Heard and I grew up swimming and surfing down at Hartland Quay. I am an RNLI lifeguard and crewman, and I'd like to share a few safety tips with our beach users. Here are a few points to remember when visiting the Quay.

- Know your limits! There is no lifeguard cover at Hartland Quay so it's important to stay alert and be aware of your environment.
- Tidal cut offs are a big problem at Hartland quay. Buy your tide book from the shop opposite the bar or consult the tide table in this magazine. Know what the tide is doing. The northern side of the beach will become cut-off 2-3 hours before high tide. Play it safe and leave the cut-off area at mid tide pushing.
- The safest time to swim is at high tide. Avoid low tide due to strong currents that are present on the southern side of the beach, next to Life Rock. Unless you are a strong swimmer, it's always best to use a flotation device, like a body board or swim float. Wetsuits are advised.
- Parents, please supervise your children at all times. The water, loose cliffs and tidal cut-offs are all major hazards for small children.
- During times of big surf, stay off the rocks near the water. Be aware of big waves surging over the breakwater on spring high tides. 70% of people who drown, did not intend to get into the water!

- Surfing at Hartland quay is not advisable due to very strong currents and dangerous rocks.
- Do not sit under, or climb the cliffs, and take care when walking the coast path. The cliffs are very unstable, with rock slides occurring throughout the year!
- If you are launching any kind of craft... canoes, fishing boats, RIBs etc please ask permission at the Bar first. Tell someone where you are going and when you will be back. Whilst afloat always wear a lifejacket and wetsuit, and have a phone or VHF radio attached to your person. The waters north of the Quay towards Hartland Point are INCREDIBLY DANGEROUS! Stay SOUTH.
- If you get into difficulties yourself, stay calm, stay with any flotation device that you may have, raise one hand and call for help.
- If you see someone in trouble, raise the alarm and use the life ring positioned on the slipway (if you are confident to do so).
- Never go into the water and try to carry out the rescue yourself. In an emergency call 999 from the bar at the top of the slipway and ask for the coastguard.
- In a medical emergency you can find a first aid kit and a defibrillator in the Bar at the top of the slipway.

Make sure you grab an ice cream in the shop on your way home! I wish you all a safe and happy Summer.

5th HARTLAND HEARTBREAKER

In the true tradition of the Hartland Heartbreaker, just under 300 participants lined up in front of Hartland Abbey in torrential rain on 30 April for the gruelling 18 mile race on the Hartland Peninsular. No doubt the irony that the race was preceded by weeks of dry, and often sunny, weather will not have escaped the runners as they battled their way through the mud and rain. The 18 mile race was won by Calvin Leach in 2:27:42, just 0.11th of a second faster than Hartland's Steven Heard's winning time in 2016! This year, Steve came in fourth. Jack Coleman turned in a fantastic time to come in 69th in spite of a knee injury, Laura Frank finished 91st, Ben Trevor 126th, Liam Reynolds 127th. Lucy Cunrowe and Ross Walker also completed the run and there was success for Hartland in the shorter 8 mile race. Samantha Cooper came in 12th, Fergal Nesbitt 18th, Kim Thorne 29th and Mark Nesbitt 39th. By all accounts, the volunteer marshalls were fantastic; the runners greatly appreciating their support and "refreshments", particularly in the dire weather conditions. So well done to all those intrepid and bold runners, and to Sir Hugh and Lady Stucley for their generous support for this, the most extreme of races.

For further information on the Heartbreaker and full results go to:

www.northdevonroadrunners.com

www.hartlandheartbreaker.com



*Jack Coleman, Ben Trevor and son Joseph,
Liam Reynolds and Laura Frank*

TIDAL PREDICTIONS for HARTLAND PENINSULA

JULY			AUGUST			SEPTEMBER			
Time	m	Time	m	Time	m	Time	m	Time	m
1 0504 2.2 1113 6.9 SA 1723 2.4 D 2339 7.0		16 0408 2.0 1015 7.2 SU 1627 2.2 C 2245 7.3		1 0602 2.7 1225 6.3 TU 1835 2.8		16 0533 2.2 1155 6.7 W 1812 2.4		1 0130 6.1 0755 2.9 F 1415 6.3 2034 2.7	16 0153 6.7 0818 2.3 SA 1431 7.1 2104 2.0
2 0601 2.4 1216 6.6 SU 1824 2.6		17 0500 2.1 1113 7.0 M 1724 2.3 2349 7.2		2 0058 6.3 0721 2.7 W 1342 6.3 1958 2.7		17 0037 6.9 0658 2.3 TH 1318 6.7 1946 2.3		2 0247 6.4 0906 2.6 SA 1516 6.9 2135 2.3	17 0309 7.2 0929 1.9 SU 1537 7.6 2207 1.5
3 0045 6.7 0708 2.5 M 1323 6.6 1937 2.6		18 0603 2.2 1224 7.0 TU 1838 2.3		3 0213 6.4 0838 2.6 TH 1449 6.6 2108 2.5		18 0200 7.0 0826 2.1 F 1437 7.1 2108 1.9		3 0341 6.9 0957 2.2 SU 1602 7.3 2221 1.9	18 0407 7.7 1026 1.4 M 1630 8.2 2259 1.1
4 0151 6.7 0817 2.5 TU 1426 6.7 2044 2.5		19 0101 7.2 0721 2.2 W 1338 7.1 2001 2.2		4 0316 6.6 0936 2.3 F 1543 7.0 2202 2.2		19 0314 7.3 0937 1.7 SA 1545 7.6 2214 1.5		4 0423 7.3 1040 1.8 M 1642 7.7 2304 1.5	19 0455 8.2 1115 1.1 TU 1714 8.5 2344 0.9
5 0251 6.9 0915 2.3 W 1521 7.1 2139 2.3		20 0214 7.3 0839 1.9 TH 1448 7.4 2116 1.8		5 0406 7.0 1025 2.0 SA 1628 7.4 2248 1.8		20 0416 7.7 1037 1.3 SU 1641 8.1 2311 1.1		5 0501 7.7 1121 1.4 TU 1718 8.1 2343 1.2	20 0536 8.4 1159 0.9 W 1754 8.6 ●
6 0344 7.1 1006 2.1 TH 1609 7.3 2227 2.0		21 0321 7.6 0947 1.6 F 1551 7.9 2221 1.4		6 0448 7.3 1106 1.7 SU 1707 7.6 2330 1.6		21 0508 8.2 1131 1.0 M 1730 8.5 ●		6 0536 8.1 1159 1.2 W 1754 8.4 O	21 0025 0.8 0614 8.5 TH 1238 0.9 1831 8.6
7 0429 7.3 1049 1.9 F 1650 7.6 2310 1.8		22 0422 8.1 1047 1.3 SA 1649 8.3 2320 1.1		7 0525 7.6 1145 1.5 M 1743 8.0 O		22 0002 0.8 0554 8.4 TU 1219 0.8 1814 8.7		7 0021 1.0 0612 8.3 TH 1237 1.0 1830 8.5	22 0100 0.9 0650 8.4 F 1311 1.0 1906 8.5
8 0509 7.5 1130 1.8 SA 1727 7.9 2350 1.7		23 0518 8.4 1142 1.0 SU 1741 8.6 ●		8 0007 1.4 0600 7.7 TU 1223 1.3 1818 8.1		23 0048 0.7 0637 8.5 W 1300 0.8 1855 8.7		8 0058 0.9 0648 8.4 F 1312 0.9 1907 8.6	23 0132 1.0 0723 8.3 SA 1343 1.2 1938 8.2
9 0545 7.6 1207 1.6 SU 1802 8.0 O		24 0015 0.9 0608 8.5 M 1234 0.9 1829 8.7		9 0045 1.2 0635 8.0 W 1258 1.2 1853 8.2		24 0126 0.7 0716 8.4 TH 1337 0.9 1933 8.5		9 0133 0.9 0724 8.4 SA 1347 1.0 1945 8.5	24 0201 1.3 0755 8.0 SU 1412 1.5 2010 7.9
10 0028 1.6 0620 7.7 M 1243 1.6 1837 8.1		25 0104 0.8 0655 8.6 TU 1318 0.9 1914 8.7		10 0119 1.1 0710 8.0 TH 1332 1.2 1929 8.2		25 0200 0.9 0753 8.2 F 1412 1.1 2010 8.2		10 0208 1.0 0802 8.2 SU 1423 1.2 2024 8.3	25 0228 1.7 0827 7.6 M 1441 1.8 2042 7.4
11 0103 1.5 0654 7.9 TU 1315 1.5 1912 8.1		26 0146 0.8 0739 8.5 W 1359 1.0 1958 8.6		11 0153 1.1 0746 8.0 F 1406 1.2 2006 8.2		26 0233 1.2 0829 7.9 SA 1443 1.4 2045 7.9		11 0244 1.2 0842 8.0 M 1501 1.5 2107 7.9	26 0256 2.0 0900 7.2 TU 1512 2.2 2116 7.0
12 0136 1.5 0729 7.9 W 1349 1.6 1947 8.0		27 0226 1.0 0821 8.2 TH 1438 1.2 2039 8.3		12 0227 1.2 0823 7.9 SA 1442 1.4 2045 8.0		27 0303 1.6 0903 7.5 SU 1516 1.8 2120 7.4		12 0324 1.6 0927 7.5 TU 1545 1.9 2157 7.4	27 0327 2.4 0938 6.7 W 1549 2.6 2158 6.5
13 0211 1.5 0805 7.7 TH 1423 1.7 2025 7.9		28 0303 1.4 0901 7.9 F 1516 1.6 2120 7.9		13 0304 1.4 0903 7.6 SU 1520 1.6 2127 7.7		28 0335 2.0 0940 7.1 M 1549 2.2 2158 6.9		13 0411 2.0 1022 7.1 W 1640 2.3 C 2301 7.0	28 0408 2.8 1029 6.4 TH 1644 3.0 D 2257 6.1
14 0246 1.6 0843 7.6 F 1500 1.8 2105 7.7		29 0341 1.7 0942 7.4 SA 1554 2.0 2201 7.4		14 0344 1.7 0949 7.3 M 1603 1.9 2218 7.3		29 0411 2.4 1023 6.6 TU 1632 2.6 D 2246 6.4		14 0515 2.4 1136 6.7 TH 1802 2.5	29 0516 3.2 1145 6.1 F 1815 3.1
15 0325 1.8 0925 7.4 SA 1539 2.0 2151 7.5		30 0420 2.2 1026 7.0 SU 1635 2.4 D 2248 7.0		15 0432 2.0 1044 7.0 TU 1658 2.2 C 2320 7.0		30 0500 2.8 1121 6.2 W 1736 2.9 2354 6.1		15 0024 6.6 0646 2.5 F 1307 6.7 1942 2.4	30 0032 6.0 0703 3.2 SA 1330 6.2 1952 2.9
		31 0504 2.5 1118 6.6 M 1727 2.7 2345 6.5				31 0617 3.0 1249 6.1 TH 1908 3.0			

All tide times are in GMT so during the summer months, when we switch to BST, we have to add one hour to the tide times shown on the above chart.

NEWS from HARTLAND MEDICAL CENTRE



Life rarely stands still for any of us – and that is certainly true of life at the surgery.

You may have noticed that something is missing from our chimney – grateful thanks to our kind neighbours, local Friends of Hartland and our building professionals for their help in relocating our thriving plant!

There have been one or two other improvements made, inside: a replacement door for our Dispensary area and a lovely new

work surface in our HCA room, to make the very best use of a small and vital room for patient care. Thank you to our local builder for making that happen.

You may have noticed that prescription dispensing times have increased recently, from two working days to three: our team will always do their very best to ensure your medicines are ready as soon as possible but the increasing pressure on our doctors' time in checking and signing each script issued for you has made this increase necessary, unfortunately. A decade ago, we were dispensing an average of 3000 items each month; now we dispense almost 5000 items each month, so it takes a little bit longer. Thank you very much for your patience and understanding.

We love to receive happy feedback from our patients but recognise that we do not always manage to get things rights all of the time. If you have any questions or concerns you would like to raise about any aspect of your surgery then please do not tell everyone else, without also telling us; we take every issue seriously but cannot help if we do not know about it.

Please direct any issues to Emma, our Practice Manager, or any member of the team - we shall be happy to help.

HARTLAND SURGERY – Opening Hours

All surgeries, nurses and Health Care Assistants (HCA) by appointment only. Surgery closed 1pm – 2pm every day

Surgery doors open: Monday 9am – 6pm, Tuesday 9am – 1pm, Wednesday 9am – 6pm, Thursday 9am – 6pm, Friday 9am – 6pm

Monday: Dr. Claire Lynch: 9am – 12 noon and 3 – 5pm, Dr. Austin Connor: 9am – 12 noon and 3 – 5pm,

Nurse and HCA: 9am – 1pm and 2 – 6pm. **Tuesday:** Dr. Ruth Tapsell: 9am – 12 noon, Dr. Austin Connor: 9am – 12 noon, HCA (only): 9am – 12.30pm, Surgery after 12 noon please ring Bradworthy in emergency 01409 241215 until 6pm

Wednesday: Dr. Ruth Tapsell: 9am – 12 noon and 4 – 7pm, Dr. Austin Connor: 9am – 12 noon and 4 – 7pm,

Nurse and HCA: 9am to 1pm, Nurse: 2 – 7pm HCA: 2 – 5pm. **Thursday:** Dr. Ruth Tapsell: 9 – 10.50am and 2.30 – 5pm, Dr. Austin Connor: 9 – 10.50am and 3.30 – 5pm, HCA (only): 9am – 12.30pm and 2 – 5.10pm

Friday: Dr. Ruth Tapsell: 9am – 12 noon and 3.30 – 5.30pm, Nurse and HCA: 9am – 12.40pm, Nurse (only): 2 – 6pm

For online appointments etc. contact the surgery for your log-on details: www.hartlandsurgery.co.uk

66 The Square, Hartland EX39 6BL

Tel. 01237 441200

PLEASE HELP TO SAVE THE EXMOOR

Free-living Exmoor ponies, a rare breed, are an important part of Exmoor's heritage and one of the National Park's special qualities.

An appeal has been launched as the Exmoor Pony Centre is under the imminent threat of closure due to the rising costs and decreasing income. There are serious concerns for the welfare of the Exmoor Ponies.

The Exmoor Pony Centre, which is run by the Charity Moorland Mousie Trust, is dedicated to the ponies' promotion and protection. Last week the Charity's Trustees announced that unless the Charity can find a minimum of £20,000 this summer, it will not be able to continue. Last winter costs amounted to £5,000 for feed, vets, farrier and castration and helping to care for unwanted Exmoor-bred pony foals that would otherwise face slaughter each autumn.

More than 50,000 visitors have discovered the roaming, native Exmoor pony breed and more than 300 moor-bred foals have found a future either as riding ponies or within conservation



CHERISTOW

Along with wife Annie and extended family, I've been living in Hartland for a year and a half now, and I love the wildness. I've developed an obsession (not my invention, of course) of balancing rocks. My rules include that they must be stacked long-way-up: the most awkward way to balance them, as if life isn't difficult enough! But it's a wonderful way of becoming centred in the moment ...

Stone towers

There in the stratified chaos where rocks meet sand and waves
Cliff falls have made gifts for me

I can be lost with them for hours:

Ephemeral stones shaped by the the eternal sea

Provide the building blocks for towers

Each a journey from its base, embraced by silence.

Each achieves a crude spinal balance,

Focussing a tiny ray of the geo-animate force

Which permeates our earth.

A friend said when I voiced this vague idea:

"You daft old hippy, you", with obvious mirth

These rocks are borrowed, and breeze or tide will soon erase

Their brief testaments to the present phase, the moment

And make insignificant, their passing nod to impermanence.

They sometimes have names which are later re-used.

Like Totterdown, Building 7, or Barad Dur

Before they revert to the random,

Timeless beach once more.

Quentin Craven, February 2017



PONY CENTRE AND THE EXMOOR PONIES

grazing herds. These ponies are still classified as endangered by the Rare Breeds Survival trust. If the Exmoor Pony Centre closed, not only would the foals have nowhere else to go but also public access to the breed would end – a devastating loss.

Fossil remains found around Exmoor are claimed to date back to about 50,000 BC. Although there is no DNA research to prove the claim that the Exmoor pony has been purebred since then, there is a close resemblance to the primitive wild horse, Przewalki's horse, now extinct in the wild and last found in the harsh climate of Mongolia. These wild Mongolian horses, so similar in appearance to the Exmoor ponies, were depicted in ancient cave paintings in the Lascaux caves of France which date back over 20 000 years. The Exmoor pony is strong for its height and its stocky build makes it ideal for endurance and hardiness. It is perfectly adapted to its natural environment and, in common with other cold-weather horse breeds, it grows a very effective winter coat. A highly insulated woolly underlayer is covered by a topcoat of longer, oily hair that prevents the undercoat from becoming sodden. This topcoat

diverts water down the sides of the animal, channelling it into a few "drip areas". Also typical of cold-weather ponies are the Exmoors' manes and tails. The dock of the tail has thick, coarse hairs, known as "frost cap", "snow chute" or "ice tail" which deflects rainwater away from the groin and underbelly to fall from the long hairs on the back of the hind legs.

The Moorland Mousie Trust and their work through the centre is an integral part of the Exmoor ponies' future in finding homes, education, opportunities to ride, community outreach activities and the rescue of ponies in difficulty.

PLEASE HELP to ensure the long-term future and survival of this wonderful and ancient rare breed. All donations however small are gratefully received. On behalf of the Exmoor Pony Centre and the Moorland Mousie ponies and all the hard-working staff and volunteers – THANK YOU.

There is a collection tin in the Hartland post office or contact Diana MacKarel on 01237 441379.

Richie Heard talks to the Hartland Post about his work in Lesbos

33 year old Richie Heard of Galsham Farm, Hartland, took a lunch break from his job as RNLI Senior Lifeguard at Blackrock beach, Widemouth Bay, to talk about the past two years volunteering in Lesbos, Greece. Night after night he has been rescuing desperate refugees from Syria, Iraq, Afghanistan and elsewhere from drowning in the Aegean Sea.

Richie has just returned from a second trip to Lesbos where he worked from October-March as Crew Coordinator and Head of Operations for Refugee Rescue. This British charity was set up in 2016 as an urgent response to the desperate situation in Lesbos where refugees making the perilous voyage from Turkey often end up. That is, if their un-seaworthy vessels even make the crossing safely. Through friends of the charity, Richie heard that they needed to get a boat in the water and put a crew together. His work with the RNLI leaves him free six months of the year and there was no time to lose. An ex-RNLI Atlantic 75 was sailed over to Lesbos and within weeks of the charity's creation, Richie and crew were out on the water rescuing refugees and saving lives. There are multiple incidents every night. On a quiet night it can be just one incident and on a busy night, between three and five. A typical boat that they rescue is made up of families with infants, young children, the elderly and disabled. One woman went into labour on the rescue vessel and gave birth shortly after arriving in Lesbos. They are all wet, cold (often with hypothermia), exhausted and terrified. Although many of the Syrian refugees speak good English, most others don't which make communications and giving reassurance difficult. According to the UNHCR (United Nations High Commission for Refugees) 4,000 refugees landed each week in Lesbos during the busy periods in 2015-2016; this figure has now come down to 150-400 a week for the 2017 winter season.

The crew assesses the condition of the boat and the people on board and then either escort them to a safe landing or take them on board the rescue vessel. Upon coming ashore they are met by a landing team, organised by another recently formed NGO (Non-governmental organisation), Lighthouse Relief. Apart from NGOs created to deal with this crisis, the UNHCR, WFP

(World Food Programme) and MSF (Doctors without Borders) are all present in the camp and liaise with the Greek authorities. Even after the refugees are registered and settled in the camp, their plight for freedom and safety is far from being over. With more than 5,500 in the camp, tribal tensions between the different nationalities can run high. Two fires have broken out and there are numerous deaths from the cold each winter. The vulnerable are given care elsewhere and many stay for months or years while they wait for the asylum process to be completed. Most are trying to join other family members living in Europe, and if asylum is not granted they are returned to their country of origin. The Syrians are guaranteed asylum and are not sent back.

Richie has had troubling experiences. He has witnessed those who feel they have no options left but to put their infant, unaccompanied, in an unsafe and overcrowded boat of strangers in the hope of a better and safer life. He has swum in babies from the rocks, he has helped people in wheelchairs, he has saved young children found clinging to sinking boats; he has seen sheer desperation for survival up close.

Without his qualifications and hands-on expertise gained through the RNLI training, Richie feels he would not have been able to take on such a challenge. He is proud to be from Devon, being one of many from the southwest in Lesbos, and grateful for all the support he has received from family and friends.

"But it was growing up in Hartland, on the beaches and in the water of the Quay and Spekes that has given me the confidence and experience to do this".

One Syrian family of five people will shortly be arriving in Bude, funded by Bude Community, an independent and private organisation. If you would like to help the refugee crisis and express your compassion and understanding for their plight, Richie recommends contacting the following organisations:

www.refugeerescue.co.uk

www.lighthouse.org.co.uk

You can also contact Richie directly on 07810006618

or at crew@refugeerescue.co.uk



A Syrian child refugee being pulled from the water to safety aboard the Mo Chara rescue vessel.

The squadron continues to grow and achieve new heights in recent months, enjoying a weeks adventure training at Pier Cellars (Cawsands), which involved many activities including kayaking, D of E expedition, rock climbing, swimming, night exercises, and raft building.



Five cadets from 326 squadron completed their practice Bronze D of E expedition in the local Mount Edgcombe area. The expedition is over a two day period sleeping one night and carrying equipment to support them over that period. The kit includes the tent, cooking equipment, food, clothing and a first aid kit. As well as walking, the cadets have to investigate a topic from the local area. This is called an aim and the cadets have to present their aim to the staff and other cadets on the return from the walk.

The two day period started off at Pier cellars ½ mile south of Cawsands on the edge of Plymouth Sound. The expedition took them to Kingsands and the lovely villages of Millbrook and St John. Weather is always a very important part of any expedition and a great surprise to us all was that the forecast over the period was just FAB; light winds and lots of sunshine. After walking a total of 11k on the first day the cadets camped at Scraesdon Fort, one of the many forts that surround Plymouth.

The second day took them over the unspoilt coast line of the peninsular where the views get better around every corner and great for those who have an interest in naval activities with regular sightings of naval vessels. The cadets walked the national coast line to Rame Head before returning to Pier Cellars at the end of their expedition. Well done to Alfie Isherwood, Victoria Pengilly, Lilian Threlkeld, Tom Souch and Sam Gale.

Kayaking has always been an activity that the cadets have enjoyed and fortunately this year at Pier Cellars we were blessed with a fully qualified instructor that could provide sea kayaking for cadets. The activity was a first for many and was greatly received, and so much fun. The cadets set out from Kingsands and ventured around the Plymouth Sound area.



*Alfie Isherwood, Victoria Pengilly,
Lilian Threlkeld, Tom Souch, Sam Gale*

D OF E GOLD

We have recently been informed that Max Heard and Dominic Allin will be going to the Palace to receive their Gold Duke of Edinburgh Awards. Well done to both of you in what is a great achievement and something to be proud of.

DONATIONS

Recent donations from Councillors Robin Julian, Alan Whittle, and Anna Dart has helped the squadron purchase equipment supporting their activities in the D of E Awards. New tents and ruck sacks being a great asset to cadets. We were sad to hear Cllr Whittle has recently passed away. We really enjoyed his visit to the squadron earlier this year and he was very interested in all the activities our cadets are involved in.



RECRUITMENT

If you would like to join as a cadet and are aged 12 years or over, or if you have something to offer and would like to join our volunteers, please contact us.

We are very pleased to announce that we will definitely have two new recruits in a few years times with the birth of CI Grace Olde's baby boy Ollie late last year, and CI Tara Stowell's baby girl Niah in March. It was lovely to see them all at the Squadron recently.

Email hartlandatc@btinternet.com
or 01237 440233 on Mon/Thurs evenings. *CI Angela Carey*

OUT & ABOUT IN HARTLAND

ST. NECTAN'S ARTS AND MUSIC FESTIVAL.

At the time copy is due for The Hartland Post, not all dates or concerts have been confirmed and there may be a change to some of the dates listed, so please check the posters and flyers which will be circulated in June.

Hartland Primary School will start proceedings with a concert at 6pm on Tuesday July 4th.

After playing for the Sea Sunday service at the Quay on Sunday July 9th, Hartland Town Band joins the Torrridge Male Voice Choir for their concert on Thursday 13th July at 7.30pm.

In what I think is a 'first', the Folk Orchestra of North Devon will be coming on Wednesday July 19th at 7.30pm. This group was formed in the previous decade as part of Wren Music, a charity which specialises in community music.

Malcolm Woodcock takes up his baton again in St. Nectan's with Hartland Chamber Orchestra on Saturday July 22nd at 7.30pm.

On the Sunday morning, July 23rd at 11am, some members of the Orchestra will be back to enhance our sung service of Holy Communion.

On Monday July 24th at 7.30pm we have another group new to the Festival, the Torrridge Shanty Group, who are based in Bideford and are part of the local support group of Parkinson's UK.

We will be welcoming renowned local organist David Robinson on Sunday July 30th at 3pm for a recital 'with a friend', probably a vocal soloist.

All concerts will take place at St. Nectan's church, Stoke.

The next Big Book Shop Coffee Morning will be held on Saturday 2nd September in the Methodist Hall from 10.00 - 11.30am and will include the usual cake and savoury stall and draw. We look forward to seeing you there, plenty of new books now in! Any enquiries telephone Ralph James on 01237 441 587.

148th SUMMER GARDEN SHOW ON SATURDAY, 29TH JULY 2017

IN THE PLAYING FIELDS AT 2PM

This year Reverend Brenda Jacobs will be opening the Show at 2.15pm.

We have The Hartland Town Band playing and there will be refreshments available from The Pavillions, plant stall, raffle, face painting and the Hockings Ice Cream Van.

The sports programme will commence around 3.00pm.

Please remember that your exhibits need to be in the marquee for judging before 9.45am.

We look forward to seeing you on the day.

HARTLAND TOWN BAND

3rd June	Ploughmans And Pudding (See Posters)	
11th June	Hartland Quay	7.00pm
24th June	Chapel Fete	
9th July	Sea Sunday	7.00pm
13th July	Concert Stoke With MVC	7.30pm
29th July	Garden Show	
30th July	Hartland Quay	7.00pm
6th August	Carnival Concert	7.30pm
12th August	Carnival	

HARTLAND POTTERY ON SHOW

Jugs decorated by Bryan Sentance, made and fired by Philip Leach, Springfield Pottery. Two of the 7 Jugs on show at Pastoral Art and Craft Show, Winchcombe Archive Collection



ARTLAND IS BACK!

The Hartland biannual midsummer open studios event will be taking place on the 23rd 24th and 25th of June.

18 + local artists and craftspeople will be showing their work in sheds, studios and homes in and around Hartland village.

There will be more details about the event and information about the artists on a big map in the Post Office window nearer the time showing who is doing what and where.

Look out for the red and green ARTland flags that mark each venue.

Friday 23rd June 6-9pm Private View.
All readers welcome.

Saturday/Sunday 24th & 25th June 12-6.
Open to the public.



FARFORD FAMILY FUN DAY - Saturday 1st July

Family Fun 2-5pm (*free entry*)
Party for Marty 7.30pm-Late
£10 Ticket or £12 on Door (*includes food*)



ROYAL BRITISH LEGION Hartland Branch

DATES FOR YOUR DIARY

You may want to confirm before attending
Call Gytha on 01237 441548

June 10th Quiz - June 24th Sons of Gods

July 15th Super 8 - July 29th Stone Faced Wellers

Aug 12th Carnival Disco with DJDK - Sept 2nd Almost Alice

SELF-DEFENCE AGAINST ZOMBIES!

This is something everyone needs to know, says local Aikido instructor, Huw Collingbourne

When I turned up to interview The Stranglers I noticed that a door of their manager's office had a hole through it. "Oh, that was Jean-Jacques Burnel, the bass guitarist," I was told, "He's a karate expert. He punches things."



This was back in the 1980s. I had just started my career as a music journalist. A safe, risk-free job, you might have thought. But I was starting to have my doubts. I'd heard that some writers had met with 'unfortunate accidents' after being mildly uncomplimentary about certain groups. I remember a particularly scary encounter with a punk group, which shall remain nameless but, for the sake of argument I'll call The Anti-Nowhere League. They didn't seem to like my line of questioning and as they clustered around me, a solid wall of creaking black leather and ominously rattling chains, glaring at me through eyes filled with hatred, I was starting to feel distinctly nervous...

A week later I took up aikido.

"Aikido?" you say, "So, er, what exactly is aikido?"

Well, for one thing, aikido is a first class defence against zombies (at any rate, it's what they use in series 6 of the 'The Walking Dead' TV series). It also comes in handy if you need to defend yourself in a futuristic, totalitarian state (as you'll have seen if you've watched Amazon's 'The Man In The High Castle'). And, of course, it is the ultimate form of self-defence in action films (action hero, Steven Seagal, is a 7th dan in aikido).

So why does it seem that hardly anyone has even heard of it? Mention a martial art to most people and they'll think of karate or kung fu. Maybe they might even mention taekwondo or jujutsu. But aikido? The response I usually get when I say that I teach aikido is "Aikido? So, er, what exactly is aikido?"

It's not an easy question to answer. The simple description would be: it's a Japanese martial art. But that doesn't tell you much. So here's a slightly longer description. Aikido is a martial art that was developed from a Samurai method of unarmed combat called aikijujutsu. It uses throws and wrist locks to defend against attacks. It is non-competitive and non-violent. Indeed, the founder of aikido, Morihei Ueshiba, described it as "the art of peace".

This is where it all starts to get complicated. How can a martial art be peaceful? There is, I admit, an obvious contradiction. What you need to understand is that aikido is not a system of fighting. It is a system of self-defence. There's a big difference. Aikido is entirely aimed at dealing with attacks. It is not aimed at teaching you to attack other people. At the heart of aikido is calmness. In fact, I would say that developing calmness – the calmness to deal with

problems you may encounter in daily life – is probably a bigger benefit to most aikido students than the self-defence techniques which (with luck!) they may never need to use. But don't be deceived into thinking that aikido is ineffective. It is, after all, the martial art that is taught to the Tokyo Riot Police.

At any rate, why not give it a try? The Hartland Aikido club meets twice weekly in Bucks Cross Village Hall – every Monday (except the first week of most months) and Thursday at 7:30. All adults (18+) welcome. More information can be found on our web site: <http://www.hartlandaikido.co.uk/>

And remember: you never know when you may need to defend yourself against zombies!

£5 for a 2 hour session. Unwaged people (students, unemployed, retired etc) £3. The first lesson is free.

ST. NECTAN'S CHURCH DIARY

June 4th	11am	United Service; St Nectan's
	4pm	Team service; Hole Farm Woolsery
June 8th	3.30pm	Messy Church; church rooms
June 11th	11am	Sung Eucharist
June 18th	11am	Hart Service; All Age Worship for St Nectan's Day
June 25th	11am	Sung Eucharist
July 2nd	11am	United service; Methodist Chapel
July 6th	3.30pm	Messy Church; church rooms
July 9th	11am	Sung Eucharist
	7.00pm	Sea Sunday Service; Hartland Quay
July 16th	11am	Hart Service; All Age Worship
July 23rd	11am	Festival Eucharist
July 30th	11am	Morning worship
August 6th	11am	United Service; St Nectan's
w/c August 7th	10am	Messy Carnival; church rooms - dates to be confirmed
August 12th	7pm	Messy Church in Carnival Parade
August 13th	11am	Hart Service; Holiday Club Feedback
August 20th	11am	Sung Eucharist
August 27th	11am	Sung Eucharist
September 2nd	2pm	Church Fete; Vicarage Garden
September 3rd	11am	United Service; St Nectan's
September 10th	11am	Sung Eucharist
September 17th	11am	Harvest Thanksgiving
	7pm	Harvest Supper; Parish Hall (7 for 7.30pm)

Wednesdays

10am	Holy Communion	June 7th, 14th 21st, 28th, July 5th, 12th, 19th, 26th, August 2nd, 9th, 16th, 23rd, 30th, September 6th, 13th, 20th
11am	Study Group	June 7th, 14th 21st, 28th, July 5th, 12th, 19th, September 6th
12.15pm	Community Lunch	June 7th, 14th 21st, 28th, July 5th, 12th, 19th, September 6th

To order lunch, please phone Kay on 441091 by the preceding Monday evening

HARTLAND CHAMBER ORCHESTRA

This summer it is 25 years since Colin Hodgetts gathered a motley group of instrumentalists together in April 1992 to put on a concert as part of the Music Festival "One Week in Summer" in St Nectan's Church, and created the Hartland Chamber Orchestra. Many more players have joined over the years; some have left as their lives and careers have moved on. We are in the process of trying to remember everyone who has ever played with us – if you know one of those players, or indeed are one of them, and you think we may have forgotten you please get in touch!

Playing in St Nectan's is a marvellous experience and we are very lucky to have a church body that works so hard to bring music to its now extended summer festival, and a building that (seating excepted!) does so much to enhance the performances that all musicians bring to it. As promised, this summer's concert is a special one highlighting a guest cellist with a very local connection who will play Cello Concerto no 9 in Bb major by Luigi Boccherini with the orchestra; and hopefully a performance of three of Colin Hodgetts' Season Songs, originally sung by soprano Evelyn Tubb.

The orchestra owes a huge debt of gratitude to Colin Hodgetts whose talents as arranger, composer, conductor and facilitator kept us playing together, constantly challenged and always enjoying the experience of making music. We were extremely happy to welcome Malcolm Woodcock as conductor when Colin and wife Julia spent time working in Ethiopia a few years ago and continue under his baton to this day.

Another big "thankyou" goes to St John's Music and Arts Centre where we rehearse each week on a Monday, sharing the space with the Town Band and latterly Merlyn's print-making activities. Her large prints of Hartland's sea-scape are truly inspirational and we are so lucky to have an Art Gallery as rehearsal room.

Finally, many thanks to you our audience over the last 25 years! We have been able to support many local fund-raisers through our concerts, in particular over the last two and a half years we were able to donate £500 each to the RNLI and North Devon Hospice and £700 to Marie Curie Nurses. This year we are supporting the Alzheimer Society in its research into a cure for this devastating disease, and The Long House, Holsworthy, a hospice supporting local patients and their families through life-limiting disease which opened just a year ago.

Here are the dates of our summer season concerts:

Sunday June 11th, 7:30pm: playing in St Swithun's Church, Littleham. Wednesday June 21st, 7:30pm: A Midsummer Concert in Buckland House, Buckland Filleigh, with supper. Saturday July 22nd, 7:30pm: Anniversary concert in St Nectan's, Stoke. Friday August 11th, 7:30pm: A programme of popular music in the Parish Hall as part of Hartland Carnival Week. Saturday September 30th, 7:30pm: concert as part of Bratton Clovelly Festival

If you play an instrument and are interested in playing with us, or would like to be put on our emailing list for further concert information, please contact Jill Johns at ajjex39@hotmail.com Posters for local concerts are displayed on the notice-board on St John's Chapel.

Jill Johns



NEWS from HARTLAND PRIMARY SCHOOL

This term there has been a historical slant to our learning with our youngest children finding out about dinosaurs, our infants have learnt about famous explorers of the past, our lower juniors learning all about the ancient Greeks and our upper juniors have been finding out about the Victorians, in particular Victorian Schooling.

The children in year 6 have recently taken their SATs tests, we await their results.

We have been involved in many sporting activities; a large number of our junior children took part in the Moreton Park cross country. Our rugby team have taken part in a tournament held in Bideford and are now waiting to hear if we have qualified for the county tag rugby finals. Thank you to Mr Teuchmann and John Lee Everton for their hard work running the after school rugby club. We have many other events planned for the summer term; including sports day.

Once again the junior children have taken part in the Petroc STEM spaghetti challenge, Lisa Hutchings spent the afternoon with the children challenging them to create structures with spaghetti and marshmallows. Children were challenged to make a structure to hold as many eggs as they could. Whilst we were not able to retain our winning streak in the competition; we have been able to take part in an enterprise workshop and are just about to start running our own STEM after school club.

In March, our choir took part in the Bideford Schools Music festival. Their commitment and hard work enabled them to excel in the performances. Thank you to all parents/ family who came to support the children.

As part of our work in the Atlantic Coast Cooperative Trust we have continued sending children on Socrates Able and Talented pupil workshops, these sessions have been fully funded by the Atlantic Coast Cooperative Trust and provide children with a great opportunity to work with children of other local schools. Following some really positive feedback we will be booking this again next year.

Our school council have been busy deciding how to update an area of the playground; they have been gathering fundraising ideas and will soon be having a stall at the summer fayre.

The 26th May is our Summer Fayre 3pm- 4:30pm, please do come and support us.

We currently have vacancies within the Pre –School, please contact the school office 01237 441258 or the Pre-School 01237 440080 if you are interested in sending your child to Pre-School or increasing their current hours.

Don't forget our Community Kitchen is open throughout term time. Menu is available from the school office or can be viewed on the school notice board.

Naomi Tottle, Headteacher

WORK CONTINUES ON THE NEW SCHOOL BUILDING

Since the ground breaking the building work has been racing ahead of schedule with foundations dug and filled with concrete and the visitor carpark tarmacked except for the final coat which will go on at the end.

Governors and staff have been meeting at the site to hammer out all the final details such as finalising the positions for all the plug sockets and data points, the position of the autoclave in the laboratory technician's area in the Science Superlab, the position of water fountains, and the provision of stage lighting, and interactive teaching screens.

For more information about the school build, please visit the site page on our website.

LEARNING WITH OUR STOMACHS!

Staff at the academy carefully plan a range of student projects throughout the year, which combine different subjects to make learning engaging and relevant. 'The Truth Behind the Kitchen' is a project that links a number of maths concepts including fractions, ratio, proportion and percentages with cooking. This sort of precision food-making is rarely seen outside of Michelin-rated restaurants. At the end of the project students will prepare two dishes and a drink, based on their learning, and a video explaining how the chemical changes take place.

To help get them in the right frame of mind eleven lucky students took a trip to Michelin starred restaurant The Masons Arms at Knowstone for a workshop. They had a demonstration from the chefs and then got hands on making a Chocolate Cheesecake to Michelin standards! As not everyone could go others got busy flipping pancakes and burgers back at the school, with some enterprising students using the opportunity to raise some funds towards their Skate Park building project.

IN OTHER NEWS

In the meantime, our 'Everest' project was recently launched by Ed Buckingham, the first Cornishman to climb Everest. Students will now embark on some of the training used by mountain-climbers, such as circuit training, and will walk from Clovelly harbour to the school wearing headsets simulating the Everest climb, with clothes pegs on their noses and sucking through straws! By the end of the project, a pedometer shared between students, will have tracked progress of the whole school to have walked the height of the famous mountain.



ATHLETICS MEET

We take sport seriously at Route 39 and students take part in twice the recommended minimum hours for schools. As well as the more traditional choices of competitive team and individual sports, we offer all of our students the chance to have ago at other fitness classes such as Badminton, Yoga, Aerobics and Gaga-regardless of their gender. We want each and every one of them to leave our school with the desire to maintain a healthy and active lifestyle and have a genuine love of sport.

On the 26th of April year 8 and 9 girls and boys went to an Athletics competition at Braunton.

Impressively we had 3 boys that came in the top 3 of their events, Jensen came 3rd in the 300m run, Alfie came 1st in the 100m run and Jake came 3rd in Javelin.

As we get established at our new site we will be able to put more teams together and we're looking forward to competing more often against other local and county schools, so they had better watch out!

Just to prove it's not all eating and exercise Plymouth University played host to some aspiring television journalists in February

as some of our newshound students had a go at filming and recording a news piece in a Journalism Workshop. They had a great time trying out the roles of newscaster, camera operator and floor manager.

Tabatha wrote about the experience and had this to say:

"We got the chance to film a news report and it was a lot of fun. We had a studio team, of which I was a part of, whose job it was practise linking the news reports until we went live. There were 3 other groups that had to make up a story, choose a suitable location for filming and then act as a news team reporting about the story.

When we went live it was my job as floor manager to ensure that everyone was quiet and let the reporters and news team fulfill their role. It was very strange to listen to the man that was sat in a separate room sorting out all the clips. The video turned out to be really good and we all enjoyed it."

For up to date news on student learning visit the news section on our website.

<http://www.route39.org.uk/>

01237 431969

NEWS from the AONB

COMBE MARTIN BIOBLITZ – 4 SCHOOLS AND 300 SCHOOLCHILDREN



A survey of coastal wildlife at Combe Martin attracted over 300 children from four Devon schools to celebrate British Science Week. The children moved round three different activities on their Bioblitz day to survey and find out more about coastal wildlife. They started with wildlife surveys in the rock pools and on the beach. Then they studied creatures and seaweeds under the digital microscopes in Combe Martin Museum. Finally they visited four stands with different science activities on the school field. The event was hosted by Combe Martin Primary School, one of the major partners in the Coastal Creatures project led by North Devon Coast Areas of Outstanding Natural Beauty.



"The children lived and breathed science for a day," said AONB officer Cat Oliver. "Their knowledge and enthusiasm was infectious, whether delving into rockpools, magnifying shells and seaweed or drawing the coastline with a long piece of rope. We would like to thank our major funder the Heritage Lottery Fund and our sponsors of the day, North Devon Council through their councillor grants. Without their support, this fantastic event would not have been possible."

"Seeing the children from different schools working collaboratively and fully engaged with discovering our coastal wildlife was truly inspirational," said Combe Martin Primary's Sea School teacher Graham Hockley. "Such a large number of children working as mini inter-tidal ecologists, each one helping to find and identify coastal species will hopefully inspire them to go on and study STEM subjects, becoming the next generation to understand and protect our stunning coastline."



The day was attended by Combe Martin Primary School and Tiddlers Nursery, Bampton CE Primary School, Woolacombe School and Caen Community Primary School from Braunton. The activities provided on the school field included matching animals with their habitats on the AONB stand, making wildlife badges with the National Trust, identifying what bats eat with the Devon Greater Horseshoe Bat project and drawing the coastline with Exmoor National Park's rangers.

All the wildlife survey forms completed by the children, Coastwise members and Museum volunteers from the day were checked by the Marine Biological Association. These will contribute to science nationally by being uploaded as records on the National Biodiversity Network.



This project has been supported by the North Devon AONB Sustainable Development Fund

NATURE COUNTS

LIFE ON THE VERGE IN HARTLAND



A few readers will remember that a while ago a small group of us undertook to survey some chosen road verges in the Parish; to look at and record each species of wild plant along a designated stretch of verge.

In total, we surveyed 22 verges in different locations; a drop in the ocean in terms of the true number of

verges, but our results were interesting and showed that we had some really good biodiverse verges (with more than 50 species of plant) as well as some really poor verges.

Since this project finished I am sad to say that road verges in the parish have deteriorated considerably and we have lost some of the plant diversity that we had even five years ago. The loss is largely down to poor management (cut at the wrong time with cuttings left on the verge, or not cut at all) and carelessness (fertiliser overspill and driven over by tractors).

Road verges play a crucial role in conservation which all too often goes unnoticed. Nationally we have almost 251,000 acres of rural road verges, home to 703 species of wild plants, 87 of which are facing extinction. Looking after our verges is not just about protecting rare plants, it is about protecting wildlife. Just one type of wild plant can support a whole ecosystem and may provide food for over 100 different species. Verges are key habitats for pollinators such as bees, butterflies and moths and key corridors for small mammals like hedgehogs whose numbers have seen huge declines in recent years.

I have been banging my drum about verges for years and so I am delighted that at last it is being taken seriously. The charity Plantlife has an active campaign to lobby local councils to get onside and manage their verges sympathetically (interestingly Devon has still not signed up to this so please sign the petition on their website if you get the chance; <http://plantlife.love-wildflowers.org.uk/roadvergecampaign2016>). In addition, the North Devon Biosphere is launching a new project called Life on the Verge which aims to coordinate a network of volunteers to identify, 'adopt' and manage verges across the North Devon Biosphere.

The project hopes to provide an opportunity for people to learn new skills, to be physically active, to socialise and meet new people and to invest and take pride in their local area. It has two key elements; verge survey, and subsequent practical management.

Survey results will help identify verges already in wildlife rich and in good condition, and inform where more significant practical management is needed to restore or create wildlife interest. Verge management activities will take place in autumn/winter and often utilise very simple methods and equipment.

Training, expertise, equipment and support are all available for FREE to help communities manage their adopted verges and promote their achievements; this will include safety training and plant identification sessions. The free plant identification

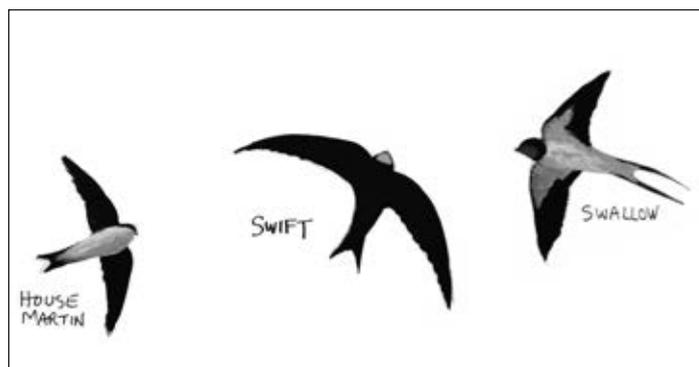
training date that is most suitable for Hartland is on July 1st at Marsland Nature Reserve 2pm-5pm. I am working closely with the Project Coordinator, Clare Manning (verges@tarkacountrytrust.org.uk) and I hope to lead the initiative in Hartland, although unfortunately will not be able to make the identification event.

Please put July 1st your diary if you would like to be involved in this important initiative and let me know that you would like to help. My plan is to start small and take on one or two verges in Hartland over the next twelve months, and to slowly build up interest and awareness and spread the work gently to those most vulnerable and important verges in the Parish.

My dream is that Hartland will become known for its wild flower diversity and that locals and tourists alike will benefit from the huge impact that road verge management can have; both aesthetically and mentally. Imagine driving from Stoke to Hartland Quay amid a cloud of butterflies, with beautiful grasses and meadow flowers lining the road.

Clare Gurton

Our swifts arrived back in Hartland on 5 May. The couple, captured by Web Cam in their nesting box on St. John's, hadn't seen each other since the end of last summer when they migrated south to the winter sun.



Do you know the difference between swifts, swallows and martins?

NHS BLOOD DONATIONS

Unfortunately the bus, where you could donate blood in Hartland, no longer comes to the village. We now have to go to them, and this is surely a problem for many people who otherwise would like to donate blood. If you are interested in joining a small group of regular blood donors, please contact the Hartland Post (01237 441617) or put your name down on a sign-up sheet in the Springfield Pottery and we will sort out transport.

The next blood donation session is at the Park House Centre, Bude, on 4 August from 12h50-18h45. For any further information and details visit them online at www.blood.co.uk or call on 0300 123 23 23.

Do something amazing and join the Hartland blood donation group! Giving blood is quick, easy and it saves lives.

HUNGRY HARTLAND : Where to eat this summer



A group of walkers who pre-ordered their packed lunch, which we delivered. They enjoyed their fruity flapjack, it's great walking fuel.

News from The Point@Hartland

No one visiting Hartland or hiking the SW Coast path should miss this excellent outdoor café perched on the edge of the cliffs at Hartland Point near the lighthouse. Clearly from Amy's information, below, anything could happen!

Walking groups are booking their lunches to have at The Point on their way from Clovelly and taking advantage of the delivered packed lunches for the next day. We are now offering an afternoon tea package, perfect for a special occasion. We had two wedding proposals at The Point last year. We can also deliver party buffets in and around Hartland.

Contact us via our website or social media.

www.thepointhartland.co.uk

We are branching out and now serve up hearty breakfasts and homemade cakes at Hartland Farmers Market.

Pattard Kitchen

Bjorn Moen at Pattard Kitchen is going from strength to strength. He has just had one of his flagship dessert recipes, peanut butter mousse, printed in Crumbs magazine. In April he won a national competition for a cured and blowtorched mackerel dish which was then published in Take Stock magazine.

This contemporary farm to fork restaurant in a peaceful, rural setting is open for dinner Tuesday to Saturday 6-11. Closed Sunday and Monday. Reservations strongly recommended.

Pattard Kitchen, Pattard Farm, Hartland EX39 6BY

Telephone 01237 441444

The Church Rooms

In the car park, off the main square, this is the place to go for a cup of tea, cake, free WiFi or a chat. Toast and cheese scones are also available.

Open Tuesday and Friday morning from 10-12.

The Kings Arms, Hartland

Village pub serving homemade pizzas and burgers, butcher's sausages, fish & chips, kids meals.

Open for food: Sunday-Thursday 6-8.

Friday 12-3 and 6-9. Saturday 6-9

Hartland Quay

Lunch served from 12-2.30pm. Snacks 3-5.30pm and Dinner 6-9pm (last orders)

All the usual favourites, fish & chips, scampi & chips, steak & ale pie etc. as well as summer specials including crab salad and sandwiches. Dietary requirements catered for and children's menus available. Check out the "Specials" board which changes every few days!

Booking recommended for big groups. Tel. 01237 441218

The Old Bakery Coffee Shop

Jacqui and her sister, Carol, have been delighting their regular customers all through the winter months with their frequently changing and innovative cakes, soups and lunch dishes. Summer now brings a change in the menu which will feature various quiches, light summer soups, paté with toast and salad (vegetarian or meat), smoked mackerel paté, local crab sandwiches and salads, plate pasties (tidy, cheese & onion etc.) All ingredients will be seasonal.

Vegetarian options available as well as gluten free cakes. The excellent Red Dog bread (sour dough and other) can be ordered on Monday for delivery on Friday. Ask to see the list of their breads.

If there is anything you would particularly like to see on the menu, just pop in and let Jacqui and Carol know what you have in mind! They are very proud to have just received their 5/5 food hygiene rating which is very well deserved.

Opening hours: Monday-Saturday 9-5. Sunday 11-5.

Cheristow Lavender Tea Rooms

Open Wednesday to Saturday from 12-5 serving cream teas, cakes, savoury scones and pasties. Homemade on the premises, using organic ingredients. Tel. 01237 440101

Hartland Abbey

Cream teas and excellent light lunches served in the old kitchens of the Abbey or the sunny courtyard.

Open Sunday-Thursday until 1 October 11.30-5.

Subject to entry to the grounds.

For further details visit www.hartlandabbey.com

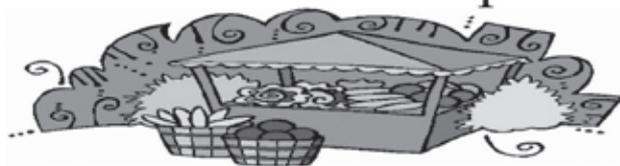
Hartland Farmer's Market

On the first Sunday of the month in the Parish Hall. The summer markets will be held on 4 June, 2 July and 6 August. Come and enjoy breakfast prepared from local produce and stock up on everything you need for picnics and barbeques. Home reared meat, local fish, organic veg, locally roasted and blended coffees, cheeses, honey and jams, homemade cakes, bread, pasties etc.

And finally don't forget to visit and support the local shops. You will be surprised at the range of products that they stock!



Hartland Parish Hall
From 10 am to 1pm



Thai Food Van

Outside The British Legion, Thursday evenings 6-9pm

Fish & Chips



Available locally from:

The Kings Arms

Friday evenings at The Kings Arms, The Square, Hartland

The Whiddon Wagon

Wednesday 5pm - 7pm from the van outside the Fire Station

Woolsery Fish & Chips

Wednesday & Thursday 4.30pm - 8.30pm

Friday & Saturday 12noon - 2pm & 4.30pm - 8.30pm

Specials menu changes weekly, bringing a selection of favourites as well as some creative new dishes.

Coming Soon...

Once again, fish and chips will soon be available from The Shamrock premises on Fore Street. We will publish more details in the next issue of The Hartland Post.

COOK'S CORNER

Berry, sweet wine and mascarpone trifle



Although many varieties of berry are available at the moment, any fruit in season can be substituted for the berries. Any sweet wine can be used: sauternes or other dessert wines, sherry etc. This is also wonderful with just whipped cream, natural vanilla extract and icing sugar instead of mascarpone.

Ingredients

- 185g fresh raspberries
- 375g strawberries, hulled and quartered
- 375g sponge fingers
- 525ml sweet wine
- 75g dark chocolate

Mascarpone cream

- 3 free-range egg yolks plus 4 free-range egg whites
- 120g caster sugar
- 275g mascarpone cheese
- 150ml pouring cream

Instructions

To make the mascarpone cream, use an electric mixer with a whisk attachment to whisk the egg yolks and half the sugar together until light and pale.

Add the mascarpone and mix on low speed until just combined. Whip the cream until soft peaks form, then fold through the mascarpone mixture.

Put the egg whites in a clean bowl and beat until foamy. Add the remaining sugar and beat until soft peaks form, then gently fold into the mascarpone mixture. Spoon half the mascarpone cream into a 3 litre (105 fl oz) trifle bowl.

Mix the berries together and scatter over the mascarpone cream. Dip the sponge fingers into the sweet wine, then arrange on top of the berries. Spoon the remaining mascarpone cream over the top, cover and refrigerate for several hours.

Finely grate the chocolate over the trifle to serve.

NEWS from THE HARTLAND WI

In March our member Jane Leaper gave a talk on 'Making Macarons the Denman Way'. The previous autumn, Jane had been given a bursary by Hartland WI to attend a weekend school on French Patisserie at Denman, the W.I. college. Jane explained that she had planned to make brightly coloured macarons, like the ones sold by the French patisserie chain Ladurée, but found that most of the vivid colours are made from petroleum. Although she is not an organic food fanatic, she draws the line at ingredients made from fossil fuels. So, she had searched for natural colours and produced some pastel coloured macarons.

Hartland WI is one of the regional Atlantic Group of Women's Institutes. In April we had our annual Atlantic Group meeting, hosted this year by Woolsery W.I. Woolsery gave us a splendid tea and a nautically themed entertainment. The group meeting always includes an arts and crafts competition. This year it too had a nautical theme. Hartland won two years ago and this year we won again. Most of our exhibits, including a cushion, five pieces of fudge in a 'nautical' container, a box full of 'nautical' items and a poem, were contributed by our ex-president and current vice-president Ann Littlejohns, while our current president Margaret Wood contributed a postcard painted with a sea-scene. They are both very talented.

At our April meeting Alison Marsden from Torrage was our guest speaker on 'Ageing Well'. She explained about the various projects and services her organisation offers, including a befriending service, exercise classes and social and craft activities. Several of our members expressed interest in IT classes for the elderly and we agreed that Torrage and Hartland WI will liaise to facilitate this later in the year.

In May we had our Annual and Resolutions Meeting. We unanimously passed the two resolutions that the W.I. nationally and locally, campaigns on in the next year:

- Alleviating loneliness – to work alongside health and social care providers and the local community to raise awareness of the causes and impacts of loneliness, thus ensuring better identification of lonely people in order to be able to offer them appropriate assistance and support.
- Plastic Soup: keep microplastic fibres out of our oceans. Microplastic fibres are shed from synthetic clothing with every wash and are the main contributors to microplastic contamination of the oceans. The NFWI calls on government and industry to research and develop innovative solutions to this problem in order to stop the accumulation of microplastic fibres in our oceans.

On May 10th a dozen of our members attended the regional lunch of the Association of Country Women of the World (ACWW) in Barnstaple. And a good time was had by all our Ladies who Lunch.

On July 6th we have our annual summer outing, which this year is to Cothelstone Manor near Taunton. The cost is £22, which includes transport, a tour of the house, and a tea. For more details, or to book, contact Margaret Wood on 01237 441415.

After our summer break our first autumn meeting is on September 7th (2.30 p.m., St Nectan's Church Rooms). The Clovelly Soap Company will show us how to make bath bombs.

We've increased our membership in the last year and we welcome new members. Any woman thinking of joining us can attend up to three of our meetings for the 'taster' fee of £1.50.

theWI
INSPIRING WOMEN

CLOVELLY WI

We had a great March meeting with a talk entitled "Life on Tobago". We were treated by our very own Jane Maynard who transported us all to the Caribbean with some colourful and lively photos and some thumping SOCA music. True to the WI we learned about the history, geography, wildlife, flora and fauna of the island.

Earlier in the month four of our members attended a Bollywood Day where they learned about the various spices used in Indian cookery, how to dance Bollywood style and after a curry lunch, how to dress in a traditional Indian Sari. They had a wonderful time!

Our Annual Meeting falls in April where we "Choose The Team" to take us into the following year. With a growing membership we welcomed new and enthusiastic members to our Committee and re-elected our President Rosemary Parker for a final year while her successor learns the ropes.

We have knitted Twiddlemuffs for those with Dementia, actively supported the Save Our

Hospital Services campaign, and are organising fortnightly drop in coffee mornings to offer friendship and companionship to those in our community.

We were very busy in May, organising June events. A Supper & Song evening and the opening of our Drop in coffee mornings to name just 2 of many events we are planning for the coming months. Tony Piper gave a fascinating talk about Life on Exmoor. The work he carried out and the wonderful birds and flowers he saw whilst a ranger on the moor.

We meet on 2nd Thursday of the month at 7.30pm in Clovelly Parish Hall. Why not come and join in the fun. Whether alone or with a friend - You can be assured of a warm welcome! For more info: call Rosemary on 01237 429388

COASTWISE
NORTH DEVON

FREE PUBLIC ROCK POOL RAMBLES

25 JUNE CROYDE	11.30 Meet main beach slipway
27 JULY HELE BAY	13.30 Meet Hele Bay car park
10 AUGUST CROYDE	13.00 Meet main beach slipway
21 AUGUST LEE BAY	10.30 Meet top of beach

Bad weather? Check FACEBOOK - Coastwise North Devon, Twitter - @CoastwiseR or contact Jim Monroe 07889 134466 or Marjorie Heath 07921564517.

Participants responsible for own safety. Dress for the weather with suitable footwear for rocks & sea. Under 16's to be accompanied. www.coastwisenorthdevon.org.uk



HARTLAND PARISH COUNCIL

www.hartlandpc.org.uk hartlandpc@googlemail.com

Hartland Parish Open Day

Thanks to everyone who came along to this event and made it such a success. Pictures of the day and more details of the event will be posted on the new Parish Council website www.hartlandpc@googlemail.com and the HPC Facebook page.



Cllr Fred Poole presents HPC certificate of appreciation to Ivan Jeffrey for outstanding performance and lasting contribution to beach cleaning. 20 May at HPC Community day.

A second HPC Certificate of Appreciation was awarded to Colin Jeffery for outstanding performance and lasting contribution to street cleaning in Hartland. Thank you Colin for always keeping Hartland looking spick and span!

Hartland Community Landing Site

The landing lights have now been installed at the recreation ground and we are waiting to hear further news from Devon Air Ambulance Trust.

The Parish Council would like to thank again all those who gave so generously to the project; a list of donations is displayed in the Car Park notice-board and at the Post Office.

The Parish Council meets on the last Thursday of the month in the Parish Hall at 7.45pm. All are welcome to attend and there is a public comment session at the start of each meeting if anyone wishes to bring an issue to the attention of the Council

Parish Council contact details, dates of meetings, agendas and minutes are on the website: www.hartlandpc.org.uk ; agendas and contact details are also posted on the notice boards in Hartland, Meddon and Stoke.

Your Parish Council:

Chair: Fred Poole 01237 441703; Vice-Chair James Morley, 01237 441890

Councillors: Joy Cooper, 01237 441500; Viv Gale, 01237 441272; John George, 01237 441320; Victor Goaman, 01237 431265; Grahame Mather, 01237 431027; Kevin Rowe; Sarah Stafford, 01237 441987; Terry Winchcombe, 01237 441959

Anna Dart, Torridge and Hartland, 01237 441011, councillor.dart@torridge.gov.uk Robin Julian, 01237 441052; councillor.julian@torridge.gov.uk

Clerk: Mrs Chris Hannington, hartlandpc@googlemail.com



HARTLAND CARNIVAL 2017

Sunday 6th August to Saturday 12th August 2016

From The Committee – *it is not too late to join us!*

Remember, you do not need to belong to any organisation to be a committee member. If you do not want to join the committee there are always jobs for volunteers.

Remaining Meetings in the Royal British Legion
(all Mondays) 8.00 pm

3rd July - 17th July - 4th Sept

Dates for the Diary

Carnival Week Events in August

Sunday 6th	Crowning of the Carnival Queen & Hartland Town Band Concert
Monday 7th	Quiz
Tuesday 8th	Bingo
Wednesday 9th	Fun Night
Thursday 10th	Skittles
Friday 11th	Tea Dance featuring our local Chamber Orchestra
Saturday 12th	Grand Procession and afterwards in the Square/ Car Park
Sunday 13th	Coin counting in the Pavilion – volunteers needed a.m.

We also hope to run Military Whist the following Friday.

All the usual competitions will be taking place such as Spot the Mistake and Best Dressed Business Premises.

More more information about these events will be available on posters nearer the time.

Fun Figures Competition

This year's theme will be MR.MEN or LITTLE MISS characters. Visitors in the past two years have really enjoyed our fun figures. It would be fantastic if many more could be seen this year.

Entry forms will be available from the Post Office and Pop In nearer the time.



See website www.hartlandcarnival.com
and Facebook group "Hartland Carnival"

If you have any questions please contact Julia 01237-441347.

A MASSIVE WHALE WASHES UP AT HARTLAND QUAY

A dead finback whale measuring 13.6 meters washed up on the rocks below the slipway at Hartland Quay on the afternoon of March 8. BBC Spotlight for the West Country broadcast a segment on the whale the next day (visit thehartlandpost.com for a link to the video). This was the third whale to wash up along this coast in 27 years according to the Torridge District Council. The Cetacean Strandings Investigation Programme (CSIP) decided against performing an autopsy as their team who visited the site on the evening of the stranding, estimated the whale had been dead for two weeks and was already in an advanced state of decomposition. They cautioned the public against approaching the whale, a bio-hazard, or taking any "souvenirs" which would be illegal. Over the following days, the action of the wind, waves and tide moved the carcass past the slipway to the beach just beneath the high cliffs to the north of the Quay. The Hartland Post measured and examined the carcass on March 9. We believe it was a male. We did not see any signs of cuts or external injuries such as might result from collision with a ship's propellers, a harpoon or attacks by orcas and sharks. Nor were there was any sign of entanglement in nets or ropes that could have caused the whale to drown. We did see abrasion of the animal's hide from contact with the rocks post-mortem.

The Finback whale is also known the Fin whale, Razorback or Common Rorqual is the second largest mammal in the world after the Blue whale. Like the Blue whale it is a baleen whale that has sieve-like baleen plates along its upper jaw that serve to strain out the seawater and retain the krill, copepods and small fish that whales take into their mouths when feeding. Toothed whales such as the Sperm whale have teeth and can only eat larger prey: fish and squid for example.

TDC was hoping that spring tides would carry the whale out to sea. This did not happen and towing the whale out into open water was not an option because it was classified as waste. When the whale started to break up and decaying matter and runoff were deemed a risk to public health, TDC took the decision on March 13 to have the whale removed and transport its remains weighing in at six tonnes, for incineration in Liskeard at a facility that deals mainly with medical waste and had also incinerated cattle during the mad-cow crisis in the 1980's and 1990's.

Finback whales are a critically endangered species threatened with extinction and are protected by the Convention on International Trade in Endangered Species (CITES). Because of its protected status, various government agencies participated in the removal organized by the Torridge District Council. The Environment Agency gave permission for removal of the whale. Natural England was on hand to verify that the rocks were not damaged by the digger and front-loader used to break up the carcass and load it into trailers. The London Zoo, the Marine Management Organisation and the Receiver of Wreck were also involved.



Throat grooves help with identification of whale species

The Hartland Post filed a Freedom of Information Request with TDC to find out the cost of disposing of the whale and answer other questions. TDC answered most of the questions but refused to divulge the cost of the removal operation stating that this was commercially sensitive information.

HARTLAND ABBEY OPEN AIR THEATRE SEASON WITH THE PLOUGH ARTS CENTRE

Box Office 01805 624624 or online

www.theploughartscentre.org.uk Tickets: £9 - £15

Sun 25th June 5pm: Hotbuckle Theatre - 'FAR FROM THE MADDING CROWD' by Thomas Hardy

Sat 8th July 7pm: Illyria Theatre - 'A COMEDY OF ERRORS' by William Shakespeare

Wed 26th July 2-4.30pm: Plough Artists - FAMILY ARTS AND FUN AFTERNOON followed by:

Wed 26th July 5pm: Illyria Theatre - 'THE LOST WORLD' by Sir Arthur Conan Doyle

Thurs 27th July 7pm: The Pantaloons - 'A MIDSUMMER NIGHT'S DREAM' by William Shakespeare

Wed 2nd August 2-4.30pm: Plough Artists - FAMILY ARTS AND FUN AFTERNOON followed by:

Wed 2nd August 5pm: Heartbreak Theatre - 'BILLIONAIRE BOY' by David Walliams

Fri 11th August 5pm: Illyria Theatre - 'THE EMPEROR'S NEW CLOTHES' by Hans Christian Andersen (5+) plus Drama Workshop (3-4.30pm - £5)

Wed 23rd August 7pm: Illyria Theatre - 'THE MIKADO' by Gilbert and Sullivan

Mon 28th August 5pm: Illyria Theatre - 'THE MERRY WIVES OF WINDSOR' by William Shakespeare

Grounds open free to those attending performances 1 hour before start. Bring rugs/low backed seating/picnics. Bar, barbecue and refreshments.

HARTLAND RAISES ITS GAME

After a remarkably efficient fund raising effort in just a few months, Hartland has now erected the helicopter landing lights to allow the air ambulance to land in the playing field after dark and until midnight.



John George supervising the operation

THE CANN FAMILY 'HARTLAND QUILTS'

and their continuing legacy of inspiration!

Tony Manley, Editor of the former 'Hartland Times,' recalls how ten years ago, in November 2007, he had the pleasure to include an item regarding a 19th Century Hartland Quilt from the Cann Quilt Collection that had been donated to the National Quilt Museum had inspired the creation of an unusual piece of artwork. In following years, the collection provided further inspiration and the 'Hartland Times' included items several times on what proved to be a fascinating story. Now, in 2017, there is another chapter to add, but before doing so, lets recall a little of the earlier reports.



One of the five pieces of quilting, a 'Silk Triangles Coverlet,' the handiwork of Mary Cann (nee Dennis) (*above left*) in the mid-1800s years ago, was the inspiration for an impressive international glass quilt project. The coverlet of silk triangles worked by Mary Cann, (now in the collection of the National Quilting Museum) inspired the coming together of two traditional craft techniques - quilting and glass design. 'The Glass Quilt Project' was the idea of British textile designer Charlotte Ellis and Swedish glass artist Tina Lindstrom (*far right*). The two met at a sand casting workshop at the Glass Furnace School in Istanbul, Turkey in 2005, and decided to collaborate on creating a piece of glass art inspired by the tradition of quilt making. This was first brought to my attention by Pat Collinson of Hartland, herself a keen and gifted quilter, who came across the unusual project in a book, 'The Quilters' Guild Collection – Contemporary Quilts, Heritage Inspiration.'

Then, by sheer coincidence, I learnt more about the Hartland Quilt whilst preparing a presentation for the Hartland Society on the Cann Family Archive with Stephen Hobbs. Roger and Janet Cann of Keynsham, near Bristol, had very kindly allowed Stephen Hobbs to copy the documents and photographs in the large collection of Cann family memorabilia so that they could be included in the Hartland Digital Archive. In this archive, we came across Mary Cann (Dennis) and after an email to Roger and Janet Cann we learnt a great deal more, Roger being Mary Cann's great-great-great nephew. They had been left the collection on the death of Flora Cann (1908-2000), the granddaughter of Mary's only son, John, and it was Flora who had told them that in 1994 she had deposited several items with the Quilters Guild because their condition was deteriorating.

The five quilts in the 'Cann Collection of Quilts' now in the National Quilt Museum, York (*above right*), were made in Hartland in the 19th Century by members of the Cann family who lived at Fairfield House from 1842 until 1919 (later Huggins Garage and now three houses). The mother, Mary (Dennis) Cann, a widow, kept a drapery and grocers shop there for nearly fifty years before

her death at the age of 92 in 1891, assisted by her four unmarried daughters, Annie, Lizzie, Fanny and Maggie. It is believed that another daughter Mary, who married an excise officer, Joseph Moran Tottenham in Hartland in 1868, made the two cot quilts in the collection.

Mary Dennis, a farmer's daughter, had married Richard Cann in 1828 and they had six daughters — Annie, Jane, Elizabeth, Fanny, Mary and Margaret — and one son, John. Tragically, Richard died of typhoid fever in 1842, leaving Mary and her children no choice but to leave their farm (Brownsham) and move to Hartland village.

Now, more recently, the Hartland Quilts have been again in the news, featuring first in the 'British Patchwork and Quilting' magazine (June 2015) when the 'Diamond Mosaic Coverlet' (1840-1860) was illustrated, along with a photo of Mary Cann, as part of a feature 'Past, present and future – The Quilters' Guild Collection.'

This was followed in the Autumn 2016 issue of The Quilters' Guild of the British Isles journal 'The Quilter,' with the fascinating news of how another of the Hartland Quilts had led to the inspiration for a new range of fabrics.



'Elizabeth's Dowry' is a collaborative project that the Quilters' Guild is sure will go down in history as a milestone event. It is an exclusive new fabric line from Marcus Fabrics, inspired by one of the treasures in The Quilters' Guild Collection, the Cann 'Mariner's Compass Coverlet.' The quilt was chosen from the 800 in the Guild's collection and the new line, which includes twenty-three stunning fabrics and a complete Mariner's Compass panel, was unveiled at the Festival of Quilts 2016 at the NEC, Birmingham in August and then made available in quilt shops worldwide at the beginning of October 2016. (*above left*)

The project evolved over 15 months and the end result produced a beautiful collection of fabrics that captures the spirit of the original Coverlet but harnesses all that modern manufacturing has to offer. Aside from its historical origins and international scope, it is the blending of traditional inspiration with today's digital printing and production technologies that allows greater colour capabilities.

An international project, the fabric is manufactured by New York based Marcus Fabrics, working closely with quilt and fabric designer Karen Styles, who owns Somerset Patchwork & Quilting in Melbourne, Australia.

Any reader who would like to learn more about the Hartland 'Mariner's Compass' range of fabrics can access the Quilters' Guild online Qshop (www.quiltersguildshop.org.uk) and if really interested you can purchase the fabrics online.

CLOVELLY VILLAGE NEWS

CLOVELLY GIG REGATTA

Sat. 8th July 2017

Gig racing is exciting and strenuous, with crews reaching speeds of nine knots in North Devon's powerful tidal waters. You're assured and exhilarating day's racing. So come along and cheer on the brave crews! Normal admission charges apply, please consult www.clovelly.co.uk for details.

CLOVELLY MARITIME FESTIVAL

in aid of the Bideford Sea Cadets

16th July 2017

The day will be full of fun and packed with a programme of all sorts of activities and entertainment for all ages.

This year there will be a second Clovelly Cup Race with the North Devon Yacht Club! They will be racing outside the harbour across the bay (if any yachtsmen and women are interested in taking part or being involved, please contact rachel@Clovelly.co.uk). It will be an amazing sight to see, with the boats surrounding the harbour and setting off around the race course. They will also be joining us in the harbour with information on their club and how to become a sea cadet.

Throughout the day there will be music, street entertainment, activities and games for the whole family, including building your own miniature boats with The Plough, Arts & Crafts and The National Trust, Mermaid storytelling 'Tales from the sea', Shipwreck Survival, Punch & Judy, Beach Spa, plus face painting & henna tattoos and a variety of stalls selling food and event-themed arts & crafts. It is definitely a day to remember!

Free entry for under 16's who come in maritime-themed fancy dress costumes! Standard admission charges include all entertainment.

WOOLSERY AGRICULTURAL SHOW

July 31st, 2017

Summer in North Devon would not be complete without a visit to this ever popular show.

Classes include crafts, cattle and sheep, together with horse and pony competitions. There will be a Dairy Marquee with displays such as yoghurt and ice cream making and the chance for children to "milk a cow" along with competitions. You'll find bustling trade stalls offering locally made crafts and food with fairground rides and a bouncy castle for the children. There'll also be a family dog show, a display of hounds, the Young Farmers' "It's a knockout" and to finish the day, a parade of vintage farm machinery.

It's a great summer day out for all the family!

A separate admission charge applies

LIFEBOAT WEEKEND in aid of the R.N.L.I.

August 05, 2017 to August 06, 2017

Held in aid of the RNLI, this popular event is a celebration of the Clovelly lifeboat and its volunteer crew. The Lifeboat House will be open to visitors and there'll be operational displays by the Clovelly lifeboat. It's a fun-packed weekend with games, competitions, entertainments, food and drink, music and other family fun in and around the harbour.

Normal admission charges apply

LOBSTER AND CRAB FEAST 10th Anniversary!

September 03, 2017

Clovelly celebrates its famous lobsters and crabs sustainably caught by its fishermen with a great day out for all the family.

Choose from a variety of crab and lobster dishes cooked on the quay or book a table at the Red Lion Harbour Restaurant and dine on delicious lobster and seafood platters.

There'll be live folk music, chef cookery demonstrations, a prize draw for a magnum of champagne, local food and craft stalls, including plenty of freshly cooked lobsters and crabs, and beer tasting. Children will be kept entertained by street theatre, walkabout magic, balloon modelling and event-themed craft activities provided by The National Trust.

It's in aid of the National Lobster Hatchery, Padstow, who will be exhibiting some of their baby lobsters prior to their release into Clovelly Bay at the end of the day. At the heart of the NLH's work is their lobster restocking project whereby local fishermen bring 'pregnant' female lobsters to the hatchery so that their delicate offspring are given a better chance in life by being raised in captivity without predators. These young lobsters are raised to a size where they can be released back into the sea and look after themselves.

<http://www.nationallobsterhatchery.co.uk/>

(As seen on BBC2 TV 'Country Show Cook Off').

Standard admission charges include all entertainment.

CLOVELLY GIG CLUB

Clovelly Pilot gig Club recently received £2,000 from Tesco towards the cost of a new boat that will enable them to offer more opportunities for people to take part in what is the fastest-growing watersport in the country.

As part of Tesco's Bags of Help scheme, shoppers in their Bideford, Barnstaple, Braunton, Ilfracombe and Westward Ho! branches were invited to nominate which of three charities they wanted to support during December. Clovelly were looking for funds towards the cost of a new fibreglass gig, which would enable them to offer more rowing sessions for more people. They were delighted to receive £2,000 towards the gig, and were presented with the cheque by Tesco's Barnstaple store manager Dan Fowler in February (see photo).

Paul Smale, chairman of the club, said what a difference the funding could make. "A fibreglass boat will be a great addition to the club" he said. "Our two wooden boats have to be taken out of the water after every row, which takes a lot of effort. A fibreglass gig could stay in the harbour, making it much easier to launch and recover so that we could provide more rowing sessions for more people, especially younger people."

The funding from Tesco is a big step forward, but the club still needs to raise more funds. "It's brilliant that Tesco's customers have supported us like this" said Paul. "We need to raise £15,000 in total to purchase the fibre glass training gig, oars, trailer and life jackets. We've already funded a set of oars, so that's £3,000 out of the way, and from our other fundraising through local

WELCOMBE VILLAGE NEWS

WHAT'S BEEN ON IN WELCOMBE!

Activities in Welcombe this spring have been slightly limited. The village Hall sewing group had a walk and lunch in early March to raise money for the children's playground, an excellent lunch with plentiful cakes, but a few more people to eat them would have been good! Sarah Mills from Watergap arranged a very successful Ceilidh on Easter Saturday which also raised money for the children's playground. Of regular events in the village Hall, the men's skittles group on Mondays remains active, with the ladies playing at the West Country inn on Tuesdays, the Bridge club continues weekly on a Wednesday evening and although numbers have been diminished recently with holidays etc, it should be back to full strength with four tables playing this month. New players are always welcome, please contact Stephen Barrett if interested. The lunch club on alternate Mondays, organised by Sheila Wade and Helen Bence remains very popular and has been oversubscribed times in the winter. The sewing group has unfortunately lost a couple of numbers recently due to members moving away, and the Thursday evening yoga continues to be very popular.

The film club has continued approximately monthly, with recent showings of Bridge of Spies, Swallows and Amazons, the Third Man, and Girl on a Train. All very well received and all showings start with a short film from the British transport film archive, some of which have been fascinating. The next showing on May 23rd is "Lion", and the June showing will be on Tuesday 27th. Film yet to be decided. There will not be a showing in July, but there will be one in August. If anyone wishes to go on the mailing list, please email

SECURE FUNDING TOWARDS NEW BOAT

councillors, barbecues and quiz nights, we have got around another £3,000. And we're putting together a bid to submit to Sport England, hoping to hear a decision in the summer."



The club are also surveying local people to identify the best way and the best times to provide extra sessions. "It's really important to us to understand when people would like to be able to come rowing" said Paul "People have busy lives, and we need to fit around them."

You can support them in their fundraising efforts and take part in their survey by visiting their website, www.clovellypilotgigclub.org

Or if you'd just like to see some pilot gigs racing, Clovelly's regatta is on Saturday 8th July with crews coming from far and near – a spectacle not to be missed!

rickwillows@gmail.com. Films are shown in widescreen with a good sound system and of course filmgoers can bring their own refreshments, alcoholic or otherwise! With free entry it is remarkable value!!

WHAT'S ON IN WELCOMBE THIS SUMMER:

There are three main events welcome the summer. On June 24 is "All That Jazz", a summer party with a jazz band the village Hall, with refreshments, raising money for the children's playgroup and the horticultural society, and jointly hosted by those two. Tickets available from Bobby Macer at this summer well. For full details see circulated posters. Saturday, August 5th is the annual horticultural show, a great opportunity to see what has managed to defy the elements and grow in Welcombe! Teas, cakes etc, usually a nice afternoon out. Thursday, August 17th is the annual church fete in the Bell Park behind the church, with the usual stalls etc, pony rides, but possibly this year including a dog show. The theme this year will be scarecrows, with prizes for best in show.

WELCOMBE GARDEN SHOW

The Fifty Ninth Welcombe Garden Show will take place on August 5th 2017 in Welcombe Village Hall at 2.30 pm.

Everyone is welcome to enter any of the many classes for vegetables, flowers, cookery, produce, crafts, art and fun with special classes, prizes and cups for children up to the age of twelve. Schedules will be available from Welcombe Community Shop or from Mike Macer, tel 01237441304. If you don't wish to enter then just come along at 2.30 pm, enjoy a cream tea and be amazed by the talent on display, we would love to see you.

WELCOMBE CHURCH FETE

Thursday 17th August

Planning is well under way for the Fete which will be a little different this year. It will start at 2.00 pm (not the usual 2.30 pm), with a FUN dog show starting at 2.15 pm (entries on the day). There will be a new competition to make scarecrows or mannequins and display them in the church or church grounds by 12 noon on the day of the Fete. These will be judged in 3 classes: 12 years and under, over 12 years/adults, and families/friends. So now is the time to start thinking about making an exhibit – maybe a character from a book or nursery rhyme, a celebrity or a politician or a nun peering out from behind a gravestone! They can be as scary, humorous and outrageous as you like and you can make one on your own or together with family or friends.

There will be a good variety of stalls inside the marquee including bottle tombola, china and trinkets, cakes, buns, toys and games, books, hand made craft items, jewellery, bathroom sundries, plants, produce and a hamper raffle. Outside there will be the ever popular china smash stall, ice creams and lollies, displays by Meddon & Welcombe Spinners, pony rides, music and other fun competitions. Cream teas and a delicious assortment of cakes will be available in the church.

Last year there was a tremendous effort to raise funds to restore the main beam in the bell tower, overhaul the bells and repaint the church tower. This work has now been completed so please come and hear the bells and admire the work of the craftsmen on the tower and support our village church. Updates on the church and Fete (including classes for the dog show) can be found on the website www.welcombe.net.

MEDDON VILLAGE HALL

SPRING FAYRE

First of all, we would like to say a huge thank you to everyone who came to our Spring Fayre, the sun shone and we probably had our most successful Fayre ever, we are extremely grateful to you all, for your donations and for coming out to Meddon.

MEDDON VILLAGE HALL LUNCH CLUB



This is a friendly Lunch Club which is always held on the 2nd Wednesday of the month at 12.30pm in our beautiful little village hall. There are five cooks led by Maureen who always present a tasty home cooked meal, followed by a delicious pudding with tea or coffee, all for the price of £4.50.

If you would like to come and join us, the tickets just need to be booked in advance by telephoning 07414 552 817, or emailing meddonvillagehall@gmail.com

PROGRAMME OF EVENTS

- Monday 11.00am-3.30pm weekly
Welcombe Spinners and Weavers
- Tuesday 10.am-4.00pm third Tuesday in the month
Art Group
5.30pm-6.30pm (check availability)
Circuit Training with Lu Mays.
Contact 07876 246 968
Or email lu@lussoyoga.co.uk
- Wednesday 2.00pm-4.00pm first in the month except
JULY
Meddon Family History Circle.
12.30pm second Wednesday in the month
Meddon Lunch Club, pre-booking only
- Thursday 1.15-2.15 weekly (check term dates)
Pilates with Sally Parker.
- Friday 10.00am-3.30pm third Friday in the month,
But check on Facebook for dates and times.
Meddon Morsbaggers. We would be very grateful of any donation of fabric.
7.30pm-9.30pm last in the month
Wine and Wisdom

STOKE RESIDENT CHRIS DE BLOCQ VAN KUFFELER INVITED BACK TO THE PALACE

Chris de Blocq van Kuffeler was first invited to a Buckingham Palace garden party in the 1980s in recognition of serving as a marshal in London for the Commonwealth flag standard bearers for 23 years. During his service he met the Queen several times and he has now returned to Buckingham Palace where he attended another Queen's garden party on 16 May. Chris received this second invitation in thanks for 25 years of voluntary service on behalf of Bideford Sea Cadets, and also for forging strong links with the sea cadets in Holland.

Thanks to his dual British-Dutch nationality he has become one of the main sea cadet liaisons between the two countries. In November he will be taking a party of cadets from Bideford to Arnhem for Remembrance events, following up on a previous visit in 2013.

Chris first came to North Devon in 1984, taking a break from his hectic professional life in London and holidaying on the island of Lundy. There he met his wife and soon moved

permanently to the area. From a flat in Northam, Chris moved to Stoke in 2006. He was looking for a property that he could alter to suit his needs which included, above all, a sea view and as much exposure to sunshine as possible. He set about building a magnificent wooden terrace – slightly reminiscent of a ship's deck! Chris has one son, Philip, and a 4 ½ year old grandson, Harry, who live in Bideford. Philip works at Skern Lodge and as a volunteer for the RNLI in Clovelly.

We hope to be able to feature a picture of Chris at the Palace in our next issue.

COMMUNITY TRANSPORT MINIBUS RING & RIDE SERVICE

We reluctantly say goodbye to driver, Karl, on Wednesday 24 May. He has worked for Ilfracombe Community Transport for almost two years and has earned the admiration of his passengers for his caring concern and helpfulness. There will be no break in service and pick-ups and times remain the same. However, Karl will return at the end of June to drive one more time to take people on their holiday to Bournemouth. While he will be sorely missed, we wish Karl and his family all the very best for their future up north in Manchester.

Keep sending us content!

If you have anything to submit for reader's messages, marriages, births, obituaries or general interest articles, please submit to The Hartland Post by the next deadline of 22nd of May 2017.

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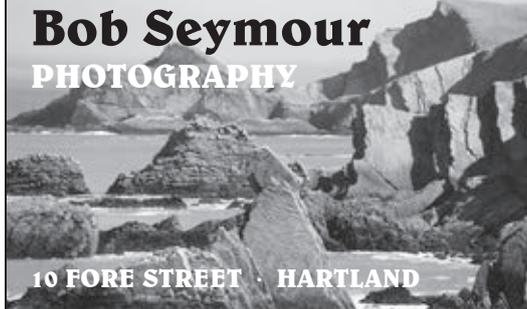
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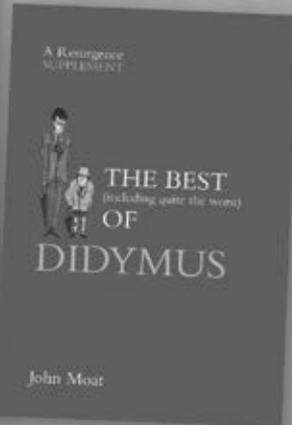
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Web: www.livingoptions.org/support-help/see-hear-centre

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FILMING 'GUERNSEY' IN HARTLAND

If you went down to the woods in the Vale on the night of 8 May you would have been very surprised to see German soldiers running around brandishing World War II rifles. This was not part of a themed murder mystery evening but the shooting of the latest film to be made in Hartland and surrounding area. Once again filming was based in and around the grounds of Hartland Abbey with the film company setting up their headquarters on the front lawn.



(from left to right) Script supervisor with director Mike Newell and Lily James discuss a scene on location at Hartland Mill

This big-budget, big-screen film adaptation of the book, *Guernsey Literary and Potato Peel Pie Society*, is being directed by Four Weddings and a Funeral Mike Newell, who also directed a Harry Potter film. Starring Lily James (Rose in *Downton Abbey*, Natasha in *War & Peace*, Cinderella) and co-stars Michiel Huisman (*The Age of Adaline*, *Game of Thrones*), Glen Powell (*Hidden Figures*), Matthew Goode (*Downton Abbey*, *The Imitation Game*) Jessica Brown Findlay (*Lady Sybil* in *Downton Abbey*, *Victor Frankenstein*) and Penelope Wilton (*Mrs Crawley*, *Downton Abbey*, *Best Marigold Hotel*). It also stars Sir Thomas Daniel "Tom" Courtenay (*The Loneliness of the Long Distance Runner*, *Billy Liar*, *Dr. Zhivago*). At the age of 80 he is one of Britain's best loved veteran stars of cinema and theatre.

This impressive line up was on-set with the 150-strong crew for shooting at Hartland Abbey and Glen Cottage. Their

filming appears to have covered the area fairly thoroughly after they were spotted in Clovelly, Mouth Mill, Bideford (featuring Nazis on the march) and even landing a Dakota war plane on the beach at Saunton Sands. In spite of being on a tight schedule, the film crew were very good humoured and understanding about the considerable local interest and happy for the curious to watch the filming and even take photos.



Lily James and her make-up artist in the Vale during filming

The novel by Mary Ann Shaffer and Annie Barrows, upon which the film is based, is a story of the German occupation of Guernsey during WWII. In the aftermath of the war, free-spirited journalist Juliet Ashton (Lily James) forms a life-changing bond with the delightful and eccentric Guernsey Literary Potato Peel Pie Society, when she decides to write about the book club they formed during wartime. Guernsey suffered greatly during the occupation with their agriculture and fisheries being taken and transported to continental Europe to feed the German troops. In spite of this, the book provides an often humorous insight into life on the island during those dark days.

The film will probably be released during the summer of 2018. With 7.5 million copies of the book sold in 37 countries, the line-up of stars, the extraordinary scenery of Hartland and the region and, above all, days of uninterrupted sunshine should make this film a big success.



Pulling up outside Glen Cottage. Lily James's character, Juliet, with Kit in a horse and cart as used in the rural 1940s