The Flu Vaccine: What you need to know!

The Influenza Vaccine:
The center for Disease Control (CDC) recommends everyone 6 months and older get vaccinated every flu season. Children 6 months through 8 years of age may need 2 doses during a single flu season. Everyone else needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. Even when the vaccine doesn’t exactly match these viruses, it may still provide some protection.

Influenza vaccine does not cause flu. Influenza vaccine may be given at the same time as other vaccines.

Why get vaccinated?
The Influenza vaccine can prevent influenza (flu).

Flu is a contagious disease that spreads every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections and ear infections are example of flu-related complications. If you have a medical condition, such as heart disease, cancer or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

Each year thousands of people in the United States die from flu, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

Our pediatricians offer Flu Vaccinations at
Community Medical Center
Monday—Friday / 8:00 a.m. until 5:00 p.m.
Only $25 for self-pay patients
92 West Ratliff Street / 601-947-8181
Community Medical Center

Your Pediatric Hometown Healthcare Team!

Natoya Grindley, M.D., is Board Certified in Pediatrics. She completed her Bachelor of Medicine and Bachelor of Surgery from the University of the West Indies. She then received her Medical Degree from Newark Beth Israel Medical Center Children’s Hospital of New Jersey followed by a residency in pediatrics at Long Island College Hospital/Beth Israel Medical Center.

She has more than ten years experience in caring for children and joined Community Medical Center in 2016. She provides ADHD evaluation and management, as well as school/sports Physicals and vaccinations. Dr. Grindley is pleased to provide great care to the children of Lucedale and the surrounding area. Dr. Grindley enjoys traveling and spending time with her family.

Jennifer Atkins, M.D., is Board Certified in Pediatrics. She received her medical degree from Howard University College of Medicine in Washington DC. She also completed her Residency training at Our Lady of the Lake Pediatric Residency Program in Baton Rouge, La.

Dr. Atkins is a married mom of three who loves working with our nation's most prized possessions, our children. She grew up in a small military town in Central Georgia and is excited to be able to make a positive impact for families across the south, both inside and outside of her normal clinic ours.

Disclaimer:

Upon request, the school system cooperates with community organizations to assist them with communication to students and parents by allowing distribution of literature and other materials to students and parents informing them of local community activities that are in no way associated with the school system. We encourage our students to be active members of our community and want them to be informed of all opportunities available to them. However, the George County School System does not endorse any of these outside organizations, and this organization is in no way affiliated with the George County School System.