



Parent Guidelines

We want to thank you for entrusting us with your child's dental health. We understand that the memories we are forming today will impact your child's view of going to the dentist for life. We want to build a relationship and gain your child's trust with our welcoming environment and friendliness. We want your child to feel respected.

You may choose whether or not you accompany your child to the treatment room for his/her filling appointment. Although we sense that some children do better without parents present, we are open to having you with your child. If you choose to be present, we suggest the following guidelines to improve chances of a positive outcome:

1. Allow us to explain the procedure to your child and answer their questions. You might unknowingly give incorrect or misleading information.
2. During this visit, if you try to help, it may have the opposite effect, so please remain a silent partner.
 1. Children will normally listen to their parents instead of us and may not hear our guidance. Your physical presence alone is all that is needed to reassure your child that all is well.
 2. If you are relaxed, your child will be too. If you are reading a magazine while we are working with your child, you will be showing them that there's no reason to worry.
3. Usually treatment goes smoothly, but occasionally a child has difficulty handling treatment.
 1. If this happens we will use techniques such as distraction, taking breaks, and positive reinforcement to help them cope.
 2. Some children do better when parents are out of the room, so please be prepared to step just outside of treatment area if we find this method helps your child cooperate.
 3. In these cases, if it is a dental treatment appointment, we may elect to address only the teeth most likely to cause problems in the near future, and modify our treatment plan for the remaining teeth.

Thank you for putting your trust in us!