



# Central Arkansas Pediatric Dentistry

Dr. Jana Barfield

Dear Parent,

Thank you for entrusting Central Arkansas Pediatric Dentistry with your child's oral health! It is very important to us that they have a great first visit, and as a parent, you play an essential role in preparing your child for their first exam. Children feed off of our energy and emotions, and we want them to associate dental visits with good feelings. When you speak positively about the dentist, your child will be more receptive to the experience. When you act relaxed and at ease, your child will be relaxed too. We have included some tips and suggestions in the **Parent Guidelines** and **Practice Terminology** handouts to guide you.

Dr. Jana will tailor your child's appointment to their stage of development, cavity risk, and ability to cooperate. We will review oral care and nutrition with you and your child, perform a dental cleaning, dental exam, and fluoride treatment. Dental xrays will be performed when appropriate.

Our recommended treatments and frequency for cleanings, xrays, and fluoride are based on the American Academy of Pediatric Dentistry guidelines. These guidelines were developed by experienced pediatric dentists and researchers, and are agreed to be the standard of care (best treatment for your child). Insurance may not cover all services. However, we feel strongly that our treatment recommendations will lead to fewer cavities and easier visits. This will result in more affordable dental care in the long run and a happy child with a healthy mouth is priceless.

Thank you for choosing our office for your child's dental care. We will strive to treat you and your family as we would our own.

Sincerely,

Dr. Jana Barfield