



WHAT DO YOU KNOW ABOUT SAFETY?

Do you value your hearing? You should – hearing loss is irreversible! Take this hearing protection safety quiz to determine how much you truly know about one of your most valuable senses.

1. Which of these forms of hearing protection is most effective?
 - a) Earmuffs
 - b) Earplugs
 - c) Ear protection is unnecessary
 - d) Earmuffs and earplugs provide the same amount of protection

2. What factors may influence what type of ear protection you choose?
 - a) Temperature at the workplace
 - b) Individual anatomical differences such as how your ear is shaped
 - c) Other protective equipment worn
 - d) All of the above

3. If you wear earplugs, you are more susceptible to ear infections.
 - a) True
 - b) False

4. What is the downside of having too much noise protection?
 - a) Workers cannot hear warning sounds or instructions
 - b) Workers can pop an ear drum
 - c) There is never too much ear protection

5. Hearing protection is universal and can work for everyone.
 - a) True
 - b) False