THE COMMERCIAL HOTEL
COWELL S.A.

menu

COMMERCIAL
HOTEL
COWELL

Bread

Garlic Bread	$4.50
Garlic Bread (Parmesan cheese)	$5.00

Starters

Home made Soup With warm bread roll		$7.00
Commercial Wedges Wedges coated in sweet chilli sauce, bacon, spring onions & parmesan cheese, topped with sour cream	1/2 $8.50	$12.95
Wedges Served with sweet chilli sauce & sour cream	1/2. $7.95	$10.50
Sweet Potato Wedges		$8.50
Nibble Platter 4 panko crumbed prawns, 4 s&p squid, 4 honey & sesame chicken medallions, 4 vegetable spring rolls & wedges served with sweet chilli sauce & sour cream		$12.95
Crumbed Camembert Cheese Topped with crispy bacon & served with cranberry sauce	ENTREE $10.95	MAIN $19.95

Oysters

	1/2 doz.	Dozen
Natural Served with seafood sauce	$11.95	$21.50
Kilpatrick Topped with bacon & worcestershire sauce & grilled	$12.95	$24.50
Rockafella Baby spinach, creamy garlic sauce & parmesan cheese, lightly grilled	$12.50	$24.50
Japanese Wakami with mirin & chilli dressing	$13.95	$24.50

Mains

Roast of the Day Tender slices of roast meat, roast vegetables finished with rich gravy		$18.95
Vegetable Stir Fry Wok tossed fresh seasonal vegetables, hokkien noodles in asian sauce. ADD prawn + $8.00 ADD chicken + $6.00		$17.95
Mango Salad Mixed lettuce, bacon, spanish onion, cucumber, cherry tomato & mango with chef's dressing ADD grilled chicken + $6.00 ADD crispy chicken + $6.00	1/2 SERVE $11.95	MAIN $16.95
Thai Beef Salad Sliced beef strips served on mixed greens with cucumber, cherry tomato, bean sprouts & julienne carrot with thai dressing	1/2 SERVE $17.95	MAIN $22.95

Commercial Favourites

Slow Cooked Lamb Ragout Slow cooked lamb in tomato base with onion, bacon & capsicum topped with scallop potato & served with garlic Turkish bread	$23.95
Pork Schnitzel Sage & parmesan crumbed pork schnitzel served with sweet potato wedges & seeded mustard hollandaise	$22.95
Chicken Tikka Curry Mild curry with chickpea & baby spinach served on jasmine rice with naan bread & mint yoghurt	$23.50
Malibu Chicken Grilled chicken breast served on baby spinach & sweet potato wedges topped with garlic malibu prawn sauce	$25.95
Gourmet Lamb Burger Toasted gourmet turkish bun with homemade lamb patty, caramelised onion, swiss cheese, baby spinach and beetroot relish served with chips	$19.95
Commercial Stack (200g Steak) Porterhouse steak, baby spinach, hash brown, bacon and onion rings topped with hollandaise sauce	$25.95

From The Sea

Local King George Whiting Grilled, crumbed, battered		$33.95
Butterfish Grilled, crumbed, battered		$18.95
S&P Squid Served with sweet chilli & soy dipping sauce	ENTREE $11.95	MAIN $22.95
Garlic Prawns Prawns cooked in a rich garlic cream sauce served on jasmine rice	ENTREE $13.95	MAIN $26.50
Fish of the day Sourced locally or within Australia		P.O.A
Commercial Seafood Plate Crumbed whiting, 2 fresh local king prawns, 2 fresh Cowell oysters, s&p squid, crab spring roll & local prawns in creamy garlic sauce, served with chips		$34.50
Taste of Eyre Peninsula (Serves 2) 2 crumbed whiting, 2 battered garfish, 4 natural, 4 Kilpatrick oysters, 8 fresh king prawns, 8 s&p squid, 2 crab spring rolls & local prawns in creamy garlic sauce, served with chips.		$95.00

From The Land *Please allow 30+ minutes for well done steaks*

Surf & Turf 300gm Scotch fillet topped with creamy seafood sauce & fresh king prawn	$31.50
Rump Steak 450gm	$27.95
Scotch Fillet Steak 300gm	$27.95
Porterhouse Steak 200gm	$23.95
Grilled Chicken Breast	$21.95

Schnitzels

Chicken Schnitzel	$17.50
Beef Schnitzel	$16.50

Sauces

Gravy, Mushroom, Dianne, Pepper, Hollandaise	$2.50
Garlic Prawn	$6.00
Kilpatrick, Parmigiana	$3.50
Gluten Free Gravy	$2.50

Kids Menu

Nuggets & Chips		$6.50
Chicken or Beef Schnitzel		$8.50
Ham & Pineapple Pizza		$8.50
Fish & Chips		$7.50
Bowl Chips	SML $5.00	LGE $6.50

Sides

Seasonal Steamed Vegetables with garlic butter	$8.00
Mash Potato	$3.00
Baked Potato with Sour Cream	$3.00
Sweet Potato Wedges	$4.00