Program Name: Good Character Reflection Journal: Citizenship

Objective: To help youth focus on the intentional skills needed to build positive character traits

Materials: Notebook or journal. Pen or Pencil.

Step by Step Description of Activity:

Open your Journal and answer the writing prompt question: “Are you a good citizen? Why?”

Make sure to include what you believe citizenship to be

Citizenship Definition: the quality of an individual's response to membership in a community

5 Key Elements:

Fun: Youth will be able to express themselves through writing.
Safe & Positive Environment: Focus on mindfulness and self awareness will promote a safe space.
Supportive Relationships: Staff and other positive role models will complete the activities with youth.
Opportunities & Expectations: Youth will be provided the opportunity to meet expectations through focus and participating in the activity.
Recognition: Youth will be recognized for completed the activity.