

The Moyer Foundation and Boys & Girls Club of Greater Nashua, NH

#### Seattle

2426 32<sup>nd</sup> Avenue West, Suite 200 Seattle, WA 98199 P: (206) 298-1217 F: (206) 298-1207

# <u>Philadelphia</u>

One Penn Center 1617 JFK Boulevard, Suite 935 Philadelphia, PA 19103 P: (267) 687-7724 F: (206) 687-7705

Boys & Girls Club of Greater Nashua
Bree Cosgrove – Individual Services Director
One Positive Place
Nashua, NH 03060
P: (603) 883-0523 x237
Email: bcosgrove@bgcn.com

www.moyerfoundation.org www.bgcn.com





# **ABOUT THE MOYER FOUNDATION**

# Mission

The Foundation's mission is to provide comfort, hope and healing to children affected by loss and family addiction.

## **History**

The Moyer Foundation (TMF) is a public, 501(c) (3) nonprofit organization founded in 2000 in Seattle, Washington by World Series champion pitcher, Jamie Moyer and his wife, Karen.



# **Current Programs**



### **Camp Erin**

Camp Erin® is a free bereavement camp for children and teens ages 6-17 who are grieving the death of someone close to them. As the largest network of bereavement camps in the country, Camp Erin serves approximately 2,500 children annually in 43 locations across the country and has served over 12,600 children to date. Camp Erin has a location serving children in every Major League Baseball city in the U.S. and Canada.

http://www.moyerfoundation.org/programs/CampErin.aspx



# **Camp Mariposa**

Camp Mariposa® is a free weekend overnight camp program that supports children between the ages of nine and 12 who have been impacted by substance abuse in their families. The primary goal of Camp Mariposa is to give children with a family history of substance abuse the knowledge, tools and coping skills to prevent them from developing an addiction of their own and to help break the intergenerational cycle of addiction.

http://www.moyerfoundation.org/programs/CampMariposa.aspx

## **Community Grants**

The Moyer Foundation has a separate community grants program that supports community-based, nonprofit organizations in Pennsylvania and Washington State that provide bereavement services and support for children and teens, and programming for children and teens impacted by drug and alcohol dependency. Through a grants review process once per year, the Foundation awards both general support and program-specific grants ranging from \$1,000 to \$10,000.

# **ABOUT THE BOYS & GIRLS CLUB OF GREATER NASHUA**



#### Mission

The Club's mission is to enable all young people, especially those who need us most, to reach their potential as productive, caring, responsible citizens.

#### **About Us**

Since 1971, the Boys & Girls Club of Greater Nashua has been serving our community's youth with a variety of programming opportunities and services. We are a not-for-profit 501(c)(3) and provide youth development programs for children ages 5-18 after school and during the summer at locations in greater Nashua. We are affiliated with the Boys & Girls Clubs of America.

# Our Boys & Girls Club provides:

- A safe place to learn and grow
- Ongoing relationships with caring, adult professionals
- Life-enhancing programs and character-developing experiences
- Hope and opportunity



## Members are provided experiences through many areas including:

- Core programs
  - Academic Success programming, including homework help, tutoring, access to STEM programs, technology activities, as well as experiences with the visual, performing and cultural arts.
  - Good Character & Citizenship opportunities like leadership clubs, community service, and participating in the democratic process.
  - Healthy Lifestyle activities helping members to achieve and maintain active lives and make better choices, including prevention programs, sports teams, health workshops, fitness classes and self-esteem enhancement activities
- Individual services, including guidance and counseling, social services, outreach, support programs, and referrals
- Transportation and food/nutrition programs
- Summer camp programs
- Family support opportunities
- And much, much more!

## The Need for Camp Mariposa

- There are 20 million Americans who are living with their own addiction and another 80 million family members impacted by addiction in someone they love (Shatterproof).<sup>1</sup>
- More than eight million children in the U.S. live in a home with a parent in need of treatment for alcohol and/or drug dependency (SAMHSA).<sup>2</sup>
- Children impacted by a family member's addiction are at far greater risk than their peers to suffer from depression and anxiety as well as health and learning challenges (SAMHSA).<sup>3</sup>



 Every day, 21,000 individuals ages 12 and over try drugs or alcohol for the first time (Cornell University).<sup>4</sup>

#### Who We Serve

Camp Mariposa supports children ages nine through 12 who are impacted by a family member's substance abuse. For three-quarters of the campers, one or both parents are dependent on drugs or alcohol. Increasingly, we are also serving the younger siblings of teenagers who struggle with their own substance abuse issues. More than 80% of the campers are considered low-income and qualify for free school lunches. Some of the children have been removed from their homes. Almost one-third of our campers are in foster care or kinship care at the time they attend Camp Mariposa. Approximately 20% of our campers come from military families. To date, more than 500 children have benefited from Camp Mariposa, attending camp sessions a total of 1,650 times since 2007. Most of our campers attend multiple times.





<sup>&</sup>lt;sup>1</sup> Gary Mendell, Clinton Health Matters Conference, Jan 15, 2013.

<sup>&</sup>lt;sup>2</sup> SAMHSA, CSAP. *Hot topics: Children and addiction.* DHHS Publication No. (SMA) 01-3544.

<sup>&</sup>lt;sup>3</sup> SAMHSA, CSAP. Hot topics: Children and addiction. DHHS Publication No. (SMA) 01-3544.

<sup>&</sup>lt;sup>4</sup> Glenn C. Altschuler and Patrick M. Burns, "Free Will Hunting," *Huffington Post*, March 28, 2013, http://www.huffingtonpost.com/glenn-c-altschuler/clean-book\_b\_2947812.html, (accessed July 16, 2013).

# **CAMP MARIPOSA KEY PROGRAM ELEMENTS**

- Ages nine-12, both boys and girls
- Six free camp sessions are offered at each location every calendar year
- Children are encouraged to attend as many sessions as possible
- A two night/ three day weekend overnight camp at an accredited camp facility
- All campers sleep in cabins rather than tents
- 1:3 ratio of trained staff/volunteers to campers
- Recommended curriculum elements based on The Children's Program Kit from the Substance Abuse and Mental Health Services Administration (SAMHSA)



# **DESIRED OUTCOMES**

- To reduce feelings of isolation and loneliness
- To connect campers with other children facing similar circumstances at home
- To educate campers that substance abuse and addiction is a disease and not their fault
- To build confidence
- To teach campers critical life-skills to help manage feelings and practice self-care
- To offer campers positive choices in life
- To connect campers with ongoing support and resources to meet needs that are identified
- To provide kids a place to have FUN!

# KAREN AND JAMIE MOYER'S COMMITMENT

Major League Baseball World Champion Pitcher, Jamie Moyer, and his wife Karen, created Camp Mariposa after a personal experience with their young relative who was impacted by family addiction. After much research to find support and help, they discovered that a very limited number of programs existed to help children ages nine-12. In 2007, The Moyer Foundation established the first Camp Mariposa in Washington State to fulfill this need. As cofounders, Karen and Jamie Moyer are committed to the growth and sustainability of the Camp Mariposa program. In addition to Washington State, Camp Mariposa offers a total of 36 camps a year in California, Florida, Indiana, and Pennsylvania.





# **FUNDING AND THE MOYER FOUNDATION COMMITMENT**

The Moyer Foundation partners with community-based, accredited mental health and youth-serving organizations to deliver its Camp Mariposa program. The Moyer Foundation provides an initial five years of step-down funding to help establish Camp Mariposa within the local community.

Partner organizations must demonstrate the capacity to raise or designate funds to help sustain Camp Mariposa as The Moyer Foundation funding tapers over the first five years. The Moyer Foundation works with all of its Camp Mariposa partners to identify ways to raise both funds and community awareness to support the local Camp Mariposa program.

In addition to the financial commitment, The Moyer Foundation is dedicated to providing substantial programmatic support and expertise to sustain the program.

### The Moyer Foundation support and commitment includes:

- Camp Mariposa Best Practices Guide: This A-Z resource guide provides partners all the information needed on how to effectively launch and run Camp Mariposa.
- Communications and Marketing Toolkit: This toolkit provides approved language, process and recommendations to help build the partner agency's affiliation to the national Camp Mariposa network and The Moyer Foundation brand in your community.
- On-going communication, support and planning with the Camp Mariposa Program Manager at The Moyer Foundation.
- In-kind support may include items such as water bottles, t-shirts, lanyards, sleeping bags, and books which have been provided to partners in the past few years.
- Camp Directors Call: A quarterly conference call facilitated by The Moyer Foundation staff to give partners the opportunity to share new ideas and brainstorm ways to make Camp Mariposa most effective.
- The Moyer Foundation works with a national public relations agency to bring expertise, awareness and outreach for Camp Mariposa on the national and local levels. The Moyer Foundation offers support for the partner's efforts with media outreach including press releases and media alerts.
- Marketing Support The Moyer Foundation provides each partner with a range of professionally produced collateral materials to support the camp partner's marketing and fundraising efforts including a Camp Mariposa logo which includes the partner organization's name

