Is Your Young Child Having Tantrums?

**1-2-3 Magic and More Concepts** with Sue

Build strong, positive relationships with your children and overcome the stress that can take the fun out of parenting. Easy-to-learn strategies that work for age groups from toddlers to pre-teens.

**Summer Class Series**
June 3, 10 and 17, 2019
6:00 - 8:00 pm
$45/person

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Is Your Teen Misusing Drugs?

**Drugs and Alcohol - Your Choice for Teens and/or Parents/Caregivers** with Elaina

Learn about the consequences of using over-the-counter and prescription drugs, alcohol and marijuana and how drugs negatively impact an individual’s brain and body. Better understand the serious and life-threatening consequences caused by misusing drugs, as well as the power of choice.

**Summer Workshop**
June 24, 2019
6:30 - 8:30 pm
FREE

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Are You Raising Teens?

**Active Parenting: Teens** with Elaina

Successfully meeting the challenges of parenting teens, this workshop provides guidance, including respectful discipline, clear communication, strategies to prevent risky behavior and encourage strategies to prevent risky behavior and encourage your children.

**Summer Class Series**
July 8, 15, 22 and 29, 2019
6:00 - 8:00 pm
$50/per person (book included)

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Are you Co-parenting after a Divorce or Separation?

**Crossroads: Co-parenting** with Brenda

A class series for co-parenting after divorce or separation. The classes cover how to protect your child’s well-being by keeping the children out of the middle, allowing children to love both parents, and working on communication and recovery from a divorce or separation.

This series is offered in July and again in September

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**See website for Spring 2020 courses**

To register, call: 603-437-8477, x22
Financial scholarships are available
36 Tsienneto Road, Derry, NH 03038

Find us online at: www.URteachers.org
Raising Families
Summer & Fall 2019 - Winter 2020

Want to Help Your Kids Succeed in School?

Parents on Board with Sue
Active involvement in your children’s education is the single most important factor in their academic success. Topics covered: Preparing Your Child to Succeed; Encouraging Positive Behavior; and Reinforcing Your Child’s Academic Skills.

Fall Class Series
October 7, 21 and 28, 2019
6:00 - 8:00 pm
$50/person

Are You a New Parent?

Active Parenting: First Five Years with Pam
Whether a new parent of a young child or a parent of a young child wanting to brush up on skills and learn some new things, come join our workshop. Covering topics such as You & Your Child, Preventing Problems & Encouraging Positive Behavior.

Fall Class Series
November 4, 18 and 25, 2019
6:00 - 8:00 pm
$50/per person (book included)

Having Power Struggles?

Active Parenting: Step Families with Sue
This class is for biological parents and/or stepparents either already in a stepfamily or thinking about starting one. It is for parents or anyone responsible for children in a blended family. The class will talk about challenges, communication, problem-solving, building relationships, dealing with power struggles, and building courage and self-esteem.

Winter Class Series
February 10, 17 and 24, 2020
6:00 - 8:00 pm
$50/per person (book included)

Upper Room Support Groups and Resources (FREE)

TIPS
Weekly group for young parents up to age 23 (childcare available)
Call x12 to register
Wednesdays 5:00 - 7:00 pm

UR Parents
Weekly Drop-in group for parents/caregivers raising teens
No registration necessary - call x29 for more info.
Thursdays 6:00 - 7:00 pm

CONNECT
Drop-in group for parents/caregivers and their children ages 0-6
Meets monthly at The Derry Public Library – call x27 for info.
Every 3rd Friday 12:30 - 1:30 pm

Parent Line
Have questions? Need ideas? Call for support (new beginning Aug.)
Call (603) 437-8647 x26

See website for Spring 2020 courses

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