

Menu - Summer Term 2019

Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken pitta kebabs, homemade chips & sweetcorn <i>G, D, S</i>	Butternut squash risotto & crusty bread <i>G</i>	Greek yoghurt ham pasta salad & new potatoes <i>C, G, D, E, M</i>	Beef lasagne & side salad <i>G, D</i>	Steamed fish in cheddar sauce, mash potato & summer veg <i>G, F, D</i>
Pudding	Ice cream cones <i>G, D, S</i>	Eton mess <i>E, D, Fr</i>	Mint choc chip brownies <i>G, D, E</i>	Raspberry purée & fromage frais <i>D, Fr</i>	Cup cakes <i>G, D, E, Fr</i>

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Salmon & parsley linguine <i>G, F, D, S</i>	Sesame Chicken with Rice & broccoli <i>G, N</i>	Mediterranean vegetable Cous Cous <i>G</i>	Homemade quiche Lorraine, boiled potatoes & peas <i>G, E, D</i>	Mexican chilli, rice & tortilla chips <i>G, S</i>
Pudding	Banana mousse <i>D, Fr</i>	Jelly <i>Fr</i>	Fruity yoghurt <i>D, Fr</i>	Chocolate orange cake <i>G, E, D, Fr</i>	Crunchy summer crumble & yoghurt <i>G, D, Fr</i>

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Beef & mushroom stir fry, Chinese style & prawn crackers <i>F, S</i>	Tuna & spring onion fishcakes, boiled potatoes & sweetcorn <i>F, D,</i>	Indian butter chicken, pilau rice & naan bread <i>G, D</i>	Vegetable kebabs, sweet potato wedges & coleslaw <i>E, M</i>	Pork meatballs, spaghetti & garlic bread <i>G, S, D</i>
Pudding	Fruit salad <i>Fr</i>	Cornflake cakes <i>G, D, S</i>	Rocky road bites <i>G, D, Fr</i>	Old school tray bake <i>G, E, D</i>	Summer fruits cheese cake <i>G, D, Fr</i>

WEEK FOUR	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Gammon with pineapple, Jacket potato & coleslaw <i>Fr, E, M, D</i>	BBQ melt down burger, potato wedges & beans <i>G, D, S,</i>	White fish, Sliced potatoes & mushy peas <i>F</i>	Sticky orange chicken, potato bites & veg sticks <i>Fr</i>	Bubble & squeak patties & vegetables <i>-</i>
Pudding	White choc chip cookies <i>G, E, D,</i>	Ice-cream sandwich <i>G, S, D,</i>	Upside down apple cake <i>G, E, D, Fr</i>	Fruit and yoghurt <i>D, Fr</i>	Jelly <i>Fr</i>

WEEK FIVE	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Tomato & mozzarella flat breads, homemade chips & coleslaw <i>G, E, D, M</i>	Minted lamb burgers & potato salad <i>E, M</i>	Korean ground beef & boiled rice <i>S</i>	Lemon baked cod, creamed mash potato & vegetables <i>F, D, Fr</i>	Roasted chicken, golden vegetable rice & coleslaw <i>E, M</i>
Pudding	Rhubarb & Custard <i>D, Fr</i>	Banana split <i>D, Fr</i>	Chocolate Mousse <i>S</i>	Homemade fudge <i>D, S</i>	Ice-cream & sauce <i>D, Fr</i>

PLEASE NOTE: INGREDIENTS WILL BE SUBSTITUTED TO CATER FOR ANY DIETRY REQUIREMENTS, WHERE AN ALTERNATIVE INGREDIENT IS NOT AVAILABLE A DIFFERENT SUITABLE DISH WILL BE OFFERED.

C - Celery G - Cereals containing Gluten E-Eggs F-Fish D - Milk & Dairy Fr-Fruit

M - Mustard N-Seeds, Peanuts & nuts S-Soya SD - Sulphur Dioxide