# **Body treatments**

## Aromatherapy massage

Breathe deeply, close your eyes and indulge yourself in deep but slow massage letting the aroma whisk you away.

Full body massage- (1hour)	£30.00
Back, neck & shoulders (30 minutes)	£20.00
Full body, face & scalp (1 hour 20 minutes)	£43.00
Face, neck, shoulder & scalp (25 minutes)	£18.00

### Swedish massage

This is a deep and vigorous massage using sweet almond oil. This will help to relieve stress and tension to aching muscles.

Full body-(1hour)	£28.50
Back, neck & shoulders-(30 minutes)	£19.50

## Indian head massage

This will help to relax and unwind by relieving stress and tension from the neck, shoulders and scalp. **40 minutes** £25.00

## Paraffin wax back, neck & shoulders

This is a warm relaxing treatment to relieve sore and aching joint, muscles, arthritis and<br/>tension. Also good for dry skin.£25.00

## Tea tree back care

Using antiseptic body care products, this will help to eliminate spots and black heads. This treatment includes a cleanse, exfoliate, mask, spot stick and a moisturiser. This intensive treatment helps to banish blemishes, clears and leaves the skin feeling fresh.

(45 minutes)