

## Cribbs Football Club

### Return to football COVID-19 Risk Assessment & Action Plan

<b>Name of Risk Assessor: -</b> Simon Hartley (Club COVID-19 Officer)	<b>Date of Assessment: -</b> Initial Review 20 <sup>th</sup> July 2020	<b>Assessment Review Date: -</b> Weekly/Upon receipt of revised legislation/guidance
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### Identify the Activity & People at Risk

<b>Describe the Activity: -</b> Training & Match Day Football.	<b>Who might be harmed?: -</b> Players, Officials, Staff, Volunteers, Spectators & Others.	<b>Frequency: -</b> Weekly – Saturday, Sunday & Midweek Evenings.
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What are the hazards	Risk/Activity associated with hazard	Controls required	Additional Controls	Action by who?	Action by when?	Date complete
<b>Spread of COVID-19</b>	<b>GENERAL</b>  <b>Promoting good hygiene</b>	<p style="color: red; margin: 0;"><b>ALL attendees to be reminded to undertake self-assessment for any COVID-19 symptoms prior to entering ground.</b></p> <ul style="list-style-type: none"> <li>Provision of hand sanitiser throughout the clubhouse and &amp; outside changing rooms</li> <li>Clear signage to hand washing areas</li> <li>Ensure all handwashing and sanitiser facilities are in good working</li> </ul>	<ul style="list-style-type: none"> <li>Regular check process (sanitiser, soap and handwashing stations)</li> <li>Pre match stock check (sanitiser &amp; soap)</li> <li>Communicate to all staff/volunteers</li> </ul>	Bar Staff, Cleaners, Team Managers & Volunteers	Bar area when open. Changing rooms when in use.	Ongoing  Ongoing  Ongoing

		<p>order and suitably stocked</p> <ul style="list-style-type: none"> <li>• Provision of hygiene standards promotional posters throughout clubhouse and changing rooms</li> </ul>	<p>on new protocols and the important of good hygiene</p>			Ongoing
<b>Spread of COVID-19</b>	<b>Keeping facilities and equipment clean</b>	<ul style="list-style-type: none"> <li>• Thorough cleaning throughout clubhouse after each trading day and cleaning of the changing areas after each individual use.</li> <li>• Identification of high contact points for more regular cleaning (e.g. door handles, bar, credit card machine)</li> <li>• Frequent cleaning of work areas and equipment between use</li> <li>• Provision of more waste facilities</li> <li>• Follow Public Health England guidance if a COVID-19 case is reported at the facility</li> </ul>	<ul style="list-style-type: none"> <li>• Weekly stock check (cleaning products)</li> <li>• Empty waste facilities regularly using appropriate PPE (e.g. single use gloves)</li> <li>• Train all workers on Public Health England guidance for reported Covid-19 cases</li> </ul>	Bar Staff, Cleaners, Team Managers & Volunteers	Bar area when open. Changing rooms when in use.	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

<p><b>Spread of COVID-19</b></p>	<p><b>Maintaining social distancing and avoiding congestion (Clubhouse)</b></p>	<ul style="list-style-type: none"> <li>• Provision of signage to help people find their destination more quickly (e.g. one-way arrows)</li> <li>• Review of how people walk through clubhouse to reduce congestion and contact</li> <li>• Regulate the entry to clubhouse/ ground to avoid overcrowding</li> <li>• Apply appropriate markings where possible to the clubhouse where queueing is likely</li> <li>• One-way arrow markings to help foot traffic management</li> <li>• Single use doorways to avoid congestion i.e. one-way only entrances/exits</li> <li>• Provide more waste facilities</li> <li>• Limited use of toilet facilities to avoid</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor effectiveness, especially at peak times</li> <li>• Train workers to promote compliance to facility users</li> <li>• Train workers to report issues of non-compliance</li> </ul>	<p>Bar Staff &amp; Trustees</p>	<p>The clubhouse will be officially re-opening from 1<sup>st</sup> September 2020.</p>	<p>Will all be on-going</p>
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		congestion in confined spaces				
<b>Spread of COVID-19</b>	<b>Maintaining social distancing and avoiding congestion (Match Day Cafe)</b>	<ul style="list-style-type: none"> <li>• Provision of signage to help people find their destination more quickly (e.g. one-way arrows)</li> <li>• Apply appropriate markings where possible to the clubhouse where queueing is likely</li> <li>• One-way arrow markings to help foot traffic management</li> <li>• Provide more waste facilities</li> <li>• Limit the use of equipment to be handled e.g. disposable cutlery/cups</li> <li>• Provide cleaning equipment and clean facilities after use</li> <li>• Provide hand sanitisers outside the Match Day Café</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor effectiveness, especially at peak times</li> <li>• Train workers to promote compliance to facility users</li> <li>• Train workers to report issues of non-compliance</li> <li>• Empty waste facilities regularly using appropriate PPE (e.g. single use gloves)</li> </ul>	Cafe Staff & Trustees	<b>The Match Day Cafe will be officially re-opening from 1<sup>st</sup> September 2020.</b>	Will all be on-going

		<ul style="list-style-type: none"> <li>• Cafe Food handlers to wear PPE (e.g. gloves)</li> </ul>				
<b>Spread of COVID-19</b>	<b>Maintaining social distancing and avoiding congestion (Changing Rooms)</b>	<ul style="list-style-type: none"> <li>• Provide hand sanitisers outside changing room areas</li> <li>• Provide cleaning equipment for the changing rooms</li> <li>• Provide adequate signage outside the changing rooms</li> <li>• Individual marked water bottles</li> </ul>	<ul style="list-style-type: none"> <li>• Pre match stock check of hand sanitisers/soap</li> <li>• Regular check of supplies at wash facilities e.g. soap</li> <li>• Pre match check facilities and equipment has been cleaned</li> <li>• Communicate to all staff/volunteers &amp; team managers on new protocols and the important of good hygiene</li> </ul>	Covid Officer & Team Managers	From 21 <sup>st</sup> July onwards	All will be on-going
<b>Spread of COVID-19</b>	<b>SPECIFIC Training</b>	<ul style="list-style-type: none"> <li>• Competitive training sessions will be limited to 30 people including coaching staff</li> <li>• Pre-training player / coach self-assessment screening to be undertaken</li> <li>• In support of NHS Track and Trace, names and</li> </ul>	<ul style="list-style-type: none"> <li>• All attendees to sanitise hands upon arrival and immediately after training</li> <li>• Social distancing to be maintained as much as possible</li> </ul>	Covid Officer & Team Managers	From 21 <sup>st</sup> July onwards	All will be on-going

		<p>contact details of all attendees will be collected and retained for 21 days</p> <ul style="list-style-type: none"> <li>• All equipment must be cleaned prior to and after use</li> <li>• Any symptomatic players or coaches, or those living with someone who is symptomatic, must self-isolate at home and not attend</li> <li>• Attendees to supply own drink bottle/s (labelled)</li> <li>• All bibs to be immediately washed after use.</li> </ul>	<ul style="list-style-type: none"> <li>• Soiled bibs to be returned to a single bag, by player, post session</li> </ul>			
<b>Spread of COVID-19</b>	<b>Travel</b>	<ul style="list-style-type: none"> <li>• The use of public transport to be avoided</li> <li>• Players to be encouraged to arrive for training and matches in own personal car.</li> <li>• People from same household or support</li> </ul>	<p>Drivers advised to keep vehicles well ventilated</p> <p>Upon arrival at training/matches, drivers, where possible, to park vehicle in designated parking spaces or one car width away from other vehicles</p>	Team Managers & Players	21 <sup>st</sup> July onwards	All will be on-going

		<p>bubble can travel together</p> <ul style="list-style-type: none"> <li>Where shared travel is unavoidable, individuals should aim to travel with same people each time</li> </ul>	<p>Drivers &amp; passengers to wear face coverings</p> <p>Regular hand sanitisation required</p>			
<b>Spread of COVID-19</b>	<b>Welfare</b>	<ul style="list-style-type: none"> <li>All players, officials, volunteers and supporters to undertake self-assessment for any COVID-19 symptoms prior to leaving home.</li> <li>Verbal check for symptoms to take place prior to all training sessions and matches.</li> <li>Attendees to supply own drink bottle (labelled).</li> <li>Post session/match players to refrain from any contact</li> </ul>	<p>All attendees to be regularly reminded of the importance and requirements of social distancing</p>	<p>Team Managers &amp; Players</p>	<p>21<sup>st</sup> July onwards</p>	<p>All will be on-going</p>
<b>Spread of COVID-19</b>	<b>Equipment</b>	<ul style="list-style-type: none"> <li>Balls, cones, goalposts, corner flags etc must be regularly wiped down with an appropriate sanitiser after every session.</li> <li>Facemasks and gloves are strongly</li> </ul>	<p>PPE, sanitiser spray and wipes to be provided</p>	<p>Covid Officer &amp; Team Managers</p>	<p>21<sup>st</sup> July onwards</p>	<p>All will be on-going</p>

		recommended when carrying out this task.				
<b>Spread of COVID-19</b>	<b>Medical/Physiotherapy</b>	<ul style="list-style-type: none"> <li>PPE in line with Public Health England recommendations to be worn by any individual administering first aid or carrying out physiotherapy activities</li> <li>First aiders must ensure their qualifications are in date respective to governing body i.e. FA</li> </ul>	PPE, sanitiser spray and wipes to be provided	Covid Officer & First Aiders	21 <sup>st</sup> July onwards	All will be on-going
<b>Spread of COVID-19</b>	<b>Changing Rooms</b>	<ul style="list-style-type: none"> <li>Changing rooms to be used for changing and showering purposes only</li> <li>Use of changing rooms to be limited to maximum number at any one time</li> <li>Safe system of access/exit</li> </ul>	<p>Players to change &amp; shower in limited number groups.</p> <p><i>Recommended maximums as follows: -</i></p> <p><i>Player Changing Rooms – 10 people (5 in each side) getting changed at any one time.</i></p> <p><i>Match Officials Changing Room – 2 people getting changed at any one time.</i></p> <p><i>Player Shower Areas – 6 people in each shower area/side of the shower</i></p>	Covid Officer & Team Managers	21 <sup>st</sup> July onwards	All will be on-going



			<p><i>area (main block has 22 shower heads, 6 individual, socially distanced, cubicles in NLS away shower area).</i></p> <p><i>Match Official Shower – 1 person.</i></p> <p>Where possible, additional seating/dressing rooms to be allocated to make social distancing easier</p> <p>Where necessary, match officials to stagger changing &amp; showering after games</p> <p>Manager briefings to be conducted outside the changing rooms where possible. When not possible, only 11 players plus coaches to be in the changing rooms for the pre, HT &amp; post-match briefings.</p>			
<b>Spread of COVID-19</b>	<b>Match Officials</b>	<ul style="list-style-type: none"> <li>• Safe exchange of team sheets</li> <li>• Safe method of match fee / expenses payment</li> </ul>	<p>Team sheets to be shared electronically</p> <p>Match fee payment by BAC's, where possible</p>	<p>Secretary</p> <p>Treasurer</p>	<p>1<sup>st</sup> August onwards</p>	<p>All will be on-going</p>

		<ul style="list-style-type: none"> <li>Tunnel Management</li> </ul>	Away team exit/enter changing rooms ahead of hosts	Match Officials		
<b>Spread of COVID-19</b>	<b>Technical Areas</b>	<ul style="list-style-type: none"> <li>Additional seating in support of social distancing</li> <li>Increase size of technical area</li> </ul>	Additional free-standing seats to be provided with the dugouts to be extended towards corner flags	Ground staff	From the 1 <sup>st</sup> match on the main pitch	Ongoing
<b>Spread of COVID-19</b>	<b>Warm Up Areas</b>	<ul style="list-style-type: none"> <li>Sufficient distance required between individual dedicated warm up areas for home team, away and match officials</li> </ul>		Covid Officer & Team Managers	21 <sup>st</sup> July onwards	Ongoing
<b>Spread of COVID-19</b>	<b>Spectators</b>	<ul style="list-style-type: none"> <li>In line with FA &amp; DCMS directives, initially, there will be maximum spectator capacity attending matches: - <ol style="list-style-type: none"> <li>Stage 1 - 150;</li> <li>Stage 2 - 300.</li> </ol> </li> </ul>	<p><b>Entrances, Terraces &amp; Ground Perimeter</b> - Everyone should keep the one metre+ social distancing between other people.</p> <p><b>Grandstands</b> - Seats/Rows to be taped off in order to comply with social distancing requirements.</p> <p>Clear signage to be provided.</p>	Covid Officer and Match Day Volunteers	<p>Stage 1 - 29<sup>th</sup> August</p> <p>Stage 2 - 1<sup>st</sup> September onwards</p>	Ongoing

<p><b>Spread of COVID-19</b></p>	<p><b>Boardrooms/Hospitality</b></p>	<ul style="list-style-type: none"> <li>No hospitality required</li> </ul>	<p>If provided risk assessment review required (Potential review for 1<sup>st</sup> September)</p>			
<p><b>Spread of COVID-19</b></p>	<p><b>Clubhouse/Bar</b></p>	<ul style="list-style-type: none"> <li>Provision of signage</li> <li>In support of NHS Track and Trace, names and contact details of all attendees will be collected and retained for 21 days</li> <li>Review of walkways to reduce congestion and contact between users</li> <li>Regulate the entry to clubhouse to avoid overcrowding</li> <li>Apply appropriate distancing markings where queueing is likely</li> <li>One-way arrow markings to help foot traffic management</li> <li>Single use doorways to avoid congestion i.e. one-way only entrances/ exits</li> </ul>	<p>One metre restricted access area clearly marked out surrounding customer side of bar.</p> <p>Entry only permitted when staff have stepped back.</p> <p>Reduced tables/seating to allow increased social distancing.</p> <p>Doorway wedged open, where safe to do so, to reduce hand contact.</p> <p>External doors left open to increase ventilation flow</p> <p>Sanitiser wipes and gel located at known contact points</p>	<p>Bar Staff &amp; Covid Officer</p>	<p>The clubhouse will be officially re-opening from 1<sup>st</sup> September 2020.</p>	<p>Will all be on-going</p>

		<ul style="list-style-type: none"><li>• Limited use of toilet facilities to avoid congestion in confined spaces</li><li>• Electronic payments preferred.</li><li>• Procedure for cash payments</li></ul>				
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