Thank you for your interest in the Behavioral Health Division of the Cornell Scott-Hill Health Center. We are excited to share our services with you and look forward to helping you in any way that we can.

As the largest provider of outpatient behavioral healthcare in Southern Connecticut, we offer a full complement of mental health services including innovative substance use programs. Our services include:

- Adult Mental Health & Counseling
- Child and Family Guidance Services
- Substance Use Treatment
  - Partial hospitalization program
  - Intensive outpatient programs
  - Outpatient Substance Use Treatment
  - Inpatient & outpatient detoxification
  - Methadone maintenance
  - Suboxone/Vivitrol treatment
  - Acu-detox/auricular acupuncture
  - Transitional housing for substance use patients (men only)
- Individual, Group and Family Therapy
- Psychiatric Evaluations
- Medication Management

On the following pages, you will find additional details on the services we offer. Please take some time to review this information and to share it with anyone you feel would benefit from our services. We are here to help anyone who walks through our doors.

Sincerely,

The Cornell Scott-Hill Health Center Behavioral Health Team
Locations and Services Offered
Columbus Adult Behavioral Health Services
400 Columbus Avenue, New Haven

Contact/Referrals:
Phone: 203-503-3075  Fax: 203-503-3296
- Psychiatric Evaluation/Medication Management
- Individual/Group Therapy
- Latino Clinic
- Outpatient Substance Use Treatment
- Medication Assisted Therapies (Suboxone)
- Acu-detox/Auricular Acupuncture
- Case Management
- Eye Movement Desensitization and Reprocessing (EMDR)

Child and Family Guidance
400 Columbus Avenue, New Haven

Contact/Referrals:
Phone: 203-503-3055  Fax: 203-503-3066
226 Dixwell Avenue, New Haven

Contact/Referrals:
Phone: 203-503-3458  Fax: 203-503-3451
- Crisis Intervention
- Diagnostic Evaluations
- Psychotherapy
- Family Therapy
- Evidence-based Treatments
- Trauma Focused-Cognitive Behavioral Therapy
- Group Therapy
- Psychiatric Consultations
- Medication Management
- Substance Use Treatment and Referrals

Dixwell Adult Behavioral Health Services
226 Dixwell Avenue, New Haven

Contact/Referrals:
Phone: 203-503-3470  Fax: 203-503-3478
- Psychiatric Evaluation/Medication Management
- Individual/Group Therapy
• Geriatric Psychiatric Clinic
• Outpatient Substance Use Treatment
• Medication Assisted Therapies (Suboxone)
• Case Management/Care Coordination
• Acu-detox/Auricular Acupuncture
• Bariatric Psychiatric Evaluations
• Eye Movement Desensitization and Reprocessing (EMDR)

➤ State Street Adult Behavioral Health Services
913 State Street, New Haven

Contact/Referrals:
Phone: 203-503-3660  Fax: 203-503-3562

• Psychiatric Evaluation/Medication Management
• Individual/Group Therapy
• Outpatient Substance Use Treatment
• Medication Assisted Therapies (Suboxone)
• Case Management/Care Coordination
• Acu-detox/Auricular Acupuncture
• Bariatric Psychiatric Evaluations
• Eye Movement Desensitization and Reprocessing (EMDR)

➤ Wilmont Crossing Adult Behavioral Health Services
122 Wilmot Road, New Haven

Contact/Referrals:
Phone: 203-503-3740  Fax: 203-503-6564

• Psychiatric Evaluation/Medication Management
• Individual/Group Therapy
• Geriatric Psychiatric Clinic
• Outpatient Substance Use Treatment
• Medication Assisted Therapies (Suboxone)
• Case Management/Care Coordination
• Acu-detox/Auricular Acupuncture
• Bariatric Psychiatric Evaluations
• Eye Movement Desensitization and Reprocessing (EMDR)
West Haven Adult Behavioral Health Services
285 Main Street, West Haven

Contact/Referrals:
Phone: 203-503-3520 Fax: 203-503-3415
• Psychiatric Evaluation/Medication Management
• Individual/Group Therapy
• Geriatric Psychiatric Clinic
• Outpatient Substance Use Treatment
• Medication Assisted Therapies (Suboxone)
• Acu-detox/Auricular Acupuncture
• Case Management/Care Coordination
• Eye Movement Desensitization and Reprocessing (EMDR)

Ansonia Adult Behavioral Health Services
121 Wakelee Avenue, Ansonia

Contact/Referrals:
Phone: 203-503-3650 Fax: 203-503-3659
• Psychiatric Evaluation/Medication Management
• Individual/Group Therapy
• Outpatient Substance Use Treatment
• Methadone Maintenance
• Medication Assisted Therapies (Suboxone/ Vivitrol)
• Acu-detox/Auricular Acupuncture
• Eye Movement Desensitization and Reprocessing (EMDR)

Grant Street Partnership
62 Grant Street, New Haven

Contact/Referrals:
Main: 203-503-3350
Intake Phone: 203-503-3355
Fax: 203-503-3370
• Partial Hospitalization Substance Use Treatment
• Intensive Outpatient Substance Use Treatment
• Medication Assisted Therapies (Suboxone/ Vivitrol)
• Outpatient Substance Use Treatment
• Outpatient Mental Health Treatment
• Psychiatric Evaluation/Medication Management
• Individual/Group Therapy
- DCF Evaluations and Treatment
- Outpatient Primary Care
- Acu-detox/Auricular Acupuncture
- Case Management
- Recovery Support
- Trauma Informed Yoga
- Narcan Education
- Eye Movement Desensitization and Reprocessing (EMDR)
- Court Support Services Division (CSSD) Adult Provider
- Transitional Supported Housing (Shelter; Men Only)

South Central Rehabilitation Services
232 Cedar Street, New Haven

Contact/Referrals:
Phone: 203-503-3300 Fax: 203-401-3352

- Ambulatory Detoxification
- Inpatient Detoxification
- Methadone Maintenance
- Medication Assisted Therapies (Suboxone/ Vivitrol)
- Psychiatric Evaluation/Medication Management
- Individual/Group Therapy
- Outpatient Substance Use Treatment
- Outpatient Primary Care
- Medical Evaluation (Triage) for drug withdrawal
- Case Management
- Acu-detox/Auricular Acupuncture
- Narcan Education
Adult Behavioral Health Services
Acu-detox

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Five-point auricular acupuncture is used to treat symptoms related to detoxification/post detoxification of opiates, alcohol, benzodiazepine, and cocaine. It has been shown to help with urges/cravings and to address fear and anxiety associated with early recovery.

Ambulatory Detoxification

- 232 Cedar St, New Haven

Ambulatory detoxification is an outpatient model for individuals requiring detoxification from drugs and alcohol. The program is unique in that it provides many of the benefits of inpatient detoxification but in a setting that is more cost effective and less restrictive. The program is available seven days per week. Care is directed by a medical provider and includes medical intervention, nursing intervention and comprehensive rehabilitative therapies as needed.

Case Management

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 62 Grant St, New Haven
- 285 Main St, West Haven

Case management is designed to get the maximum benefit and highest quality of care for a patient. A case manager assigned to a patient’s case ensures the appropriate level of care, course of treatment and ancillary services are being used. He/she also explains the condition and treatment options to the patient and their family.

Eye Movement Desensitization and Reprocessing (EMDR)

- 400 Columbus Ave, New Haven
- 226 Dixwell Ave, New Haven
- 913 State St, New Haven
- 62 Grant St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Eye Movement Desensitization and Reprocessing (EMDR) methodology is a form of adaptive information processing and
integrative psychotherapy approach which may help the brain unblock maladaptive material. It also appears that EMDR may avoid some of the long and difficult process often involved in the treatment of anxiety, panic attack, substance use disorders, post-traumatic stress symptoms (such as intrusive thoughts, nightmares, and flashbacks), dissociative disorders, depression, phobias, identity crisis and other traumatic experiences.

Geriatric Psychiatric Clinic
• 226 Dixwell Ave, New Haven  • 122 Wilmot Rd, New Haven
The health center’s geriatric psychiatric clinic is designed to specifically meet the mental health needs of seniors. Outpatient mental health counseling and treatment is available for clients 65 and older and is provided by specially trained geriatric behavioral health providers.

Groups and Programs
• 400 Columbus Ave, New Haven  • 913 State St, New Haven
• 232 Cedar St, New Haven  • 122 Wilmot Rd, New Haven
• 226 Dixwell Ave, New Haven  • 285 Main St, West Haven
• 62 Grant St, New Haven  • 121 Wakelee Ave, Ansonia
The health center offers over eighty different behavioral health groups for both children and adults, providing clients with an opportunity to reap the benefits of group therapy in addition to any individual or family counseling. Groups provide many therapeutic benefits including allowing participants to gain an understanding that their concerns are not unique to them. Groups are available at most of our behavioral health sites and many are conducted in English and Spanish.

Intensive Outpatient Program
• 62 Grant St, New Haven
Our Intensive Outpatient Program provides treatment for men and women over the age of 18 who present with primary diagnosis of substance use disorder. This program offers three hours of substance use treatment up to four days weekly (mornings and evenings). Participants are under the care of a physician. Mental health and case management services are also available as needed through our outpatient clinic.
Latino Clinic
• 400 Columbus Ave, New Haven
For monolingual Spanish-speaking clients, our Spanish-speaking clinicians provide culturally appropriate outpatient mental health and substance use evaluation and treatment at our Columbus Avenue care site. Clinicians work with clients on a one-on-one basis or in a group or family setting to address client concerns utilizing evidenced-based treatments.

Medical Evaluation (triage)
• 232 Cedar St, New Haven
Medical evaluations are conducted as part of the intake process for patients presenting at our South Central Rehabilitation Clinic. During the medical evaluation, a highly trained nurse will conduct a systematic physical assessment being observant for any signs of recent trauma. The client will be evaluated for any medical or psychiatric history, including an assessment for suicidal/homicidal ideation or risk. The nurse will obtain a substance use history and treatment history. Next steps are dependent on the outcome of the medical evaluation.

Medication Assisted Therapies
Methadone
• 232 Cedar St, New Haven
• 121 Wakelee Ave, Ansonia
Suboxone and Vivitrol Treatment
• 428 Columbus Ave, New Haven
• 232 Cedar St, New Haven
• 62 Grant St, New Haven
• 121 Wakelee Ave, Ansonia
The health center uses medication assisted therapy to provide a whole-patient approach to the treatment of substance use disorders. Medication assisted therapy uses medications, in combination with counseling and behavioral therapies, and has been found to be highly effective in treating substance use disorders. The health center currently utilizes methadone and suboxone for medical assisted therapy.
Medication Management

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Our behavioral health staff provides medication management to patients engaged in therapy. Staff works with their clients to ensure that clients are complying with their medication regimen, while also ensuring that their clients are avoiding potentially dangerous drug interactions and other complications.

Naloxone

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Our behavioral health staff provides medication management to patients engaged in therapy. Staff works with their clients to ensure that clients are complying with their medication regimen.

Outpatient Mental Health Services

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Mental health evaluation and counseling is available on an outpatient basis at several of our behavioral health locations including New Haven, West Haven and Ansonia. Clinicians work with clients on a one-on-one basis or in group or family settings to address client concerns utilizing evidenced-based treatments.

Outpatient Substance Use Treatment

- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Outpatient substance use evaluation and treatment is provided at many of our behavioral health locations including New Haven, West
Haven and Ansonia. Clinicians use evidenced-based treatments and rehabilitative therapies that focus on relapse prevention, coping skills, and disease model of addiction treatment.

► Partial Hospitalization Program - Substance Use Disorders

• 62 Grant St, New Haven

Our partial hospitalization program provides treatment for men and women over the age of 18 who present with primary diagnosis of substance use disorder. The highly structured day program offers four hours of substance use treatment five days a week and serves as an alternative to inpatient hospitalization. Participants are under the care of a physician who directs treatment. Participants may require medical monitoring, adjustments, and observation by medically trained staff. Mental health and case management services are also available as needed.

► Primary Care

• 62 Grant St, New Haven  
  • 232 Cedar St, New Haven

Primary care services are available to clients undergoing substance use treatment at our South Central Rehabilitation Clinic and Grant Street Partnership care sites. Primary care treatment may include the following: treatment of acute illnesses, treatment of chronic illnesses such as diabetes, routine tests and screenings, and specialty referrals.

► Psychiatric Evaluation

• 400 Columbus Ave, New Haven  
  • 232 Cedar St, New Haven  
  • 226 Dixwell Ave, New Haven  
  • 62 Grant St, New Haven  
  • 913 State St, New Haven  
  • 122 Wilmot Rd, New Haven  
  • 285 Main St, West Haven  
  • 121 Wakelee Ave, Ansonia

A psychiatric evaluation is a comprehensive assessment of a person’s mental state. Evaluations are conducted by psychiatrists.

► Residential Detoxification

• 232 Cedar St, New Haven

The health center’s South Central Rehabilitation Clinic (SCRC) provides 24-hour medical evaluation and detox services to
adults. SCRC offers protocols for detox from alcohol, opioids, and benzodiazepines. Clients in need of residential medically monitored detoxification services are admitted to the acute care unit. The average length of stay is three to five days. Clients admitted receive medical and counseling services including nursing care, physical examination, medical monitored detoxification, bio-psychosocial assessment, HIV risk assessment, individual therapy, group therapy, psycho-educational groups, 12-step and spirituality groups. In addition, psychiatric consultations, medical evaluations and stabilization services for dual-diagnosis patients are provided.

► **Transitional Supported Housing (Shelter; Men Only)**
- 62 Grant St, New Haven

Our Grant Street Partnership program is unique in that it offers temporary housing for men who are homeless and or in need of transitional housing while engaged in treatment at Grant Street Partnership. Clients are provided with transportation and three meals a day. Additionally, services available include: twelve step education, AA and NA meetings, housing assistance, life skills training, job readiness, HIV counseling and primary healthcare.

► **Urgent Care for Behavioral Health**
- 400 Columbus Ave, New Haven
- 232 Cedar St, New Haven
- 226 Dixwell Ave, New Haven
- 62 Grant St, New Haven
- 913 State St, New Haven
- 122 Wilmot Rd, New Haven
- 285 Main St, West Haven
- 285 Main St, West Haven
- 121 Wakelee Ave, Ansonia

Emergency appointments are available based on need; however, clients expressing suicidal or homicidal thoughts should go to the emergency room.
Child and Family Guidance Services
Child and Family Guidance Services are available at 400 Columbus Avenue and 226 Dixwell Avenue in New Haven as well as at our School Based Health Centers and the Boys & Girls Club of New Haven located at 253 Columbus Avenue.

➤ Groups
The health center offers over forty different behavioral health groups for children providing them with an opportunity to reap the benefits of group therapy in addition to any individual or family counseling.

➤ Medication Management
Our behavioral health staff provides medication management to patients engaged in therapy if medication is needed. Staff works with their clients to ensure that clients are complying with their medication regimen, while also ensuring that their clients are avoiding potentially dangerous drug interactions and other complications.

➤ Outpatient Mental Health Services
Mental health evaluation and counseling is available for children 18 year of age or younger. Clinicians work with clients on a one-on-one basis or in group or family settings to address client concerns utilizing evidenced-based treatments.

➤ Outpatient Substance Use Treatment
Outpatient substance use evaluation and treatment is available for children 18 years of age or younger.

➤ Psychiatric Evaluation
A psychiatric evaluation is a comprehensive assessment of a person’s mental state and functioning. Evaluations are conducted by child and adolescent psychiatrists.

➤ Urgent Care
Emergency appointments available based on need; however, clients expressing suicidal or homicidal thoughts should go to the emergency room.
Testimonials
Meet Angela Ballaro...

For ten years, Angela struggled with an addiction to prescription pills, an addiction that eventually led her to street drugs such as crack and heroin. At the height of her addiction, Angela was shooting thirty bags of heroin a day. And it wasn’t just a drug problem that Angela was facing; she also had major legal issues. During the time she was using, she was arrested often including one week in which she was arrested five times.

Angela knew she needed help and more importantly she wanted help, but finding that help wasn’t easy. Angela was facing three barriers to care: 1) She was on Medicaid, which wasn’t widely accepted; 2) she wanted to find treatment near her home in Ansonia and 3) she was looking for a specific type of treatment. After a failed attempt at sobriety and many frustrating calls seeking treatment, Angela learned about the Cornell Scott-Hill Health Center’s Ansonia Counseling Services. It was information that she says saved her life:

“If it wasn’t for the health center, I wouldn’t have had anyone to turn to. I wouldn’t be here without them. I can’t picture my sobriety anywhere else.”

Angela credits the health center’s Suboxone treatment program with helping her overcome her addiction. Suboxone, she says, has allowed her to treat her addiction in the way she wanted. While Angela knew there were other treatment options, she liked that Suboxone gave her the help she needed with the detox process while not requiring her to stay on it for an extended period of time.

Angela says without the health center she would have died on the street. Instead she is working as a hairdresser, raising her teenage son and sharing her story in the hopes that she can make a difference in someone else’s life like the Cornell Scott-Hill Health Center made in hers.
What Our Behavioral Health Patients Are Saying About Us*

“They make me feel like a person not just a patient.”

“They greet everyone with a smile.” “Overall the whole team is fantastic. They are so helpful!”

“I love the Cornell Scott-Hill Health Center.”

“The way the doctors and clinicians treat you is outstanding.”

“I very much liked the way the clinician spoke to me and helped me with my issues. She was very informative and a very good listener.”

“I feel at home when I am there. The environment is so calming.”

“Everything is outstanding and excellent.”

“The people I talk with are very nice; they listen.”

“They have a tremendous respect for the clients they treat.”

“My clinician really helped me with what I was going through.”

“The staff is very caring.” “They are always outstanding!”

“They make sure I am all set with my medications and appointments. They are so organized!”

“My counselor provides very good advice.”

“They ask the right questions and really involve you in the process.”

“My clinician is so patient with me. She really listens.”

“My clinician is very compassionate. She’s also a great listener.”

“I was able to get an appointment very quickly.”

“Their listening skills are excellent.”

“The teamwork between the staff is outstanding.”

“They are very professional.” “They make me feel very comfortable.”

“They’re very consistent. They’re always good.”

*Quotes taken from 2014 patient satisfaction survey*
Referrals
If you know somebody who may benefit from one of our behavioral health services, please read the following information which provides important details on how to get him or her into our system of care.

**Columbus Adult Behavioral Health Services**
400 Columbus Avenue, New Haven

**Contact: Intake Clinician**
Phone: 203-503-3075 and ask for the intake clinician
Fax: 203-503-3296

**Additional Contacts:**
Jason Black, LMFT, M.Div., Program Director: 203-503-3293
Julie Ryder, LPC, Assistant Program Director: 203-503-3219
William Krahe, LCSW, Assistant Program Director: 203-503-3356

**Insurance Information:**
- Medicaid, Medicare, and Dual Eligible insured clients are accepted.
- Most commercial insurance is accepted – please call to verify.
- A Sliding Fee Scale starting at $20/visit based on income and family size is available.

**Additional information:**
- Clients with sex offense charges/histories cannot be accepted at this location.

**Referral information for individuals/family members:**
- Please call 203-503-3075 or your primary care provider for assistance.

**Referral information for providers/agencies:**
- When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
Child and Family Guidance
400 Columbus Avenue, New Haven
226 Dixwell Avenue, New Haven

Contact: Front Desk

Columbus Avenue Front Desk
Phone: 203-503-3055, Fax: 203-503-3066

Dixwell Avenue Front Desk
Phone: 203-503-3458, Fax 203-503-3451

Additional Contacts:

Sandra L. Gibson, LCSW, Program Director: 203-503-3055
Augusta Colodette, LCSW, Assistant Program Director: 203-503-3055
Nadiya Dolce, LCSW, Assistant Program Director: 203-503-3458

Insurance Information:

- Medicaid insured clients are accepted.
- Most commercial insurance is accepted – please call to verify.
- A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Services are also available for students at our School Based Health Centers as well as the Boys & Girls Club of New Haven.

Augusta Lewis Troup School
259 Edgewood Avenue, New Haven
Phone: 475-220-3077, Fax: 475-220-3015

Davis Street Arts and Academic Magnet School
35 Davis Street, New Haven
Phone: 475-220-7815, Fax: 475-220-7842

Hill Central Music Academy
140 Dewitt Street, New Haven
Phone: 475-220-6119, Fax: 475-220-6116

King-Robinson Inter-District Magnet School
150 Fournier Street, New Haven
Phone: 475-220-2791, Fax: 475-220-2788
Roberto Clemente Leadership Academy
360 Columbus Avenue, New Haven
Phone: 475-220-7617, Fax: 475-220-7616

Truman Elementary School
114 Truman Street, New Haven
Phone: 475-220-2122, Fax: 475-220-2191

Boys & Girls Club of New Haven
253 Columbus Avenue, New Haven
Phone: 203-787-0187 (ext.16), Fax: 203-865-2597

Dixwell Adult Behavioral Health Services
226 Dixwell Avenue, New Haven

Contact: Dixwell Front Desk
Phone: 203-503-3470, Fax: 203-503-3478

Additional Contacts:
Dr. Corinne Seville, Psy.D., Program Director:
203-503-3124
Insurance Information:
• Medicaid, Medicare and Dual Eligible insured clients are accepted.
• Most commercial insurance is accepted – please call to verify.
• A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Additional information:
• Clients with sex offense charges/histories cannot be accepted at this location.

Referral information for individuals/family members:
• Please call 203-503-3470 or your primary care provider for assistance.

Referral information for providers/agencies:
• When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
• Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
State Street Adult Behavioral Health Services
913 State Street, New Haven

Contact: State Street Front Desk
Phone: 203-503-3660, Fax: 203-503-3562

Additional Contacts:
For referrals- Jessica Sinchak, LPC, Assistant Program Director: 203-503-3663
For all other matters- Dr. Corinne Seville, Psy.D. , Program Director: 203-503-3124

Insurance Information:
- Medicaid, Medicare, and Dual Eligible insured clients are accepted.
- Most commercial insurance is accepted – please call to verify.
- A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Additional information:
- As SSCS is on the 2nd Floor, clients should be able to use stairs at this location.

Referral information for individuals/family members:
- Please call 203-503-3660 or your primary care provider for assistance.

Referral information for providers/agencies:
- When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
Wilmont Crossing
Adult Behavioral Health Services
122 Wilmot Road, New Haven

Contact: Wilmont Crossing Front Desk
Phone: 203-503-3740, Fax: 203-503-6564

Additional Contacts:
Dr. Corinne Seville, Psy.D., Program Director:
203-503-3124

Insurance Information:
- Medicaid, Medicare and Dual Eligible insured clients are accepted.
- Most commercial insurance is accepted – please call to verify.
- A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Referral information for individuals/family members:
- Please call 203-503-3740 or your primary care provider for assistance.

Referral information for providers/agencies:
- When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.

West Haven Adult Behavioral Health Services
285 Main Street, West Haven

Contact: West Haven Front Desk
Phone: 203-503-3520, Fax: 203-503-3415
Additional Contacts:
Jason Black, LMFT, M.Div., Program Director: 203-503-3293
Julie Ryder, LPC, Assistant Program Director: 203-503-3219
William Krahe, LCSW, Assistant Program Director: 203-503-3356

Insurance Information:
- Medicaid, Medicare, and Dual Eligible insured clients are accepted.
- Most commercial insurance is accepted – please call to verify.
- A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Additional information:
- Clients with sex offense charges/histories cannot be accepted at this location.

Referral information for individuals/family members:
- Please call 203-503-3520 or your primary care provider for assistance.

Referral information for providers/agencies:
- When faxing a referral please include a biopsychosocial assessment including Axis I, II, III, a psychiatric evaluation report, and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
Grant Street Partnership (GSP)
62 Grant Street, New Haven

Contact:
Intake Phone: 203-503-3355, Fax: 203-503-3370 or
Main Phone: 203-503-3350

Additional Contacts:
Daena Murphy, LCSW, Program Director: 203-503-3287
Melissa Zuppardi, MS, RYT, ADS, AADC, LADC,
Assistant Program Director: 203-503-3382

Additional Contacts:
Erin Marino, LPC, Program Director: 203-503-3333

Insurance Information:
• Medicaid, Medicare, and Dual Eligible insured clients are accepted.
• Most commercial insurance accepted- please call to verify.
• A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Referral information for individuals/family members:
• Please call 203-503-3650 or your primary care provider for assistance.

Referral information for providers/agencies:
• When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
• Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.

Insurance Information:
• Medicaid, Medicare, and Dual Eligible insured clients are accepted.
• Most commercial insurance accepted- please call to verify.
• A Sliding Fee Scale starting at $20/visit based on income and family size is available.

Referral information for individuals/family members:
• Please call 203-503-3650 or your primary care provider for assistance.

Referral information for providers/agencies:
• When faxing a referral please include a biopsychosocial assessment, a psychiatric evaluation report, and a complete current medication list and medication history.
• Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
Insurance Information:

- Medicaid A, C, D accepted (Husky C clients may be required to pay shelter rent).
- Most commercial insurance accepted- please call to verify.
- Medicare only patients are currently not accepted at GSP.

Additional information:

- Clients must be 18 years or older.
- Clients with sex offense charges/histories are accepted at this location.
- Clients living in the shelter need to have an up-to-date PPD or a chest X-ray with negative results and a complete physical exam.
- Transportation is provided to/from treatment within our service area.
- GSP does not have 24 hour nursing staff. Individuals requiring that level of care may not be appropriate for shelter due to minimal staffing on evenings, holidays and weekends.Clients with sex offense charges/histories can be accepted at this location.

Referral information for individuals/family members:

- Call 203-503-3355 or your primary care provider for assistance. Or fax 203-503-3370.

Referral information for providers/agencies:

- Phone calls are accepted.
- When faxing a referral please include a biopsychosocial assessment and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
South Central Rehabilitation Clinic (SCRC)
232 Cedar Street, New Haven

**Contact:**
Phone: 203-503-3300, Fax: 203-401-3352

**Additional Contacts:**
Ben Metcalf, LCSW, Program Director: 203-503-3305

**Insurance Information:**
- Please call as insurance requirements vary by program.

**Additional information:**
- Clients must be 18 years or older.
- Clients with sex offense charges/histories are accepted at this location.
- Males and non-pregnant females are eligible for admission.
- Clients may not have any acute medical/psychiatric problems that would necessitate an immediate higher level of care.
- Clients must have a history of alcohol/drug abuse or dependence, and demonstrate active signs of withdrawal and/or intoxication at the time of admission.
- SCRC provides detoxification for the following substance classifications ONLY: Alcohol, Benzodiazepines, and Opioids.

**Referral information for individuals/family members:**
- Please call 203-503-3300 or your primary care provider for assistance.

**Referral information for providers/agencies:**
- When faxing a referral please include a biopsychosocial assessment including Axis I, II, III, a psychiatric evaluation report, and a complete current medication list and medication history.
- Please inform clients that they must have a valid photo ID, a copy of their current insurance card (or sliding fee scale arrangement) and proof of current address when presenting for the intake appointment.
Frequently Asked Questions

Who can use our behavioral health services?

Our behavioral health services are available to anyone in need. Please refer to individual programs for any specific qualifications.

Are the services provided for free?

No, we are not a free clinic. We provide behavioral healthcare services for a fee. However, because we are a Federally Qualified Health Center, we are able to offer reduced rates to people without insurance as long as they qualify based on income and family size.

How much do your services cost?

Costs will vary based on your specific situation. We accept most insurance including Medicare and Medicaid. For anyone without health insurance, we offer services on a sliding-fee scale, which means you pay only what you can afford. We also have an ACCESS to Care team that can assist you with obtaining State support and services.

What services does the behavioral health division provide?

Our behavioral health department offers a full complement of services including mental health and substance use evaluation and treatment, individual, group and family therapies, psychiatric evaluation, medication management and medication assisted therapies. Additionally, we offer a 29-bed detoxification program and operate a 24/7 shelter for men engaged in treatment.

Where are our behavioral health clinics located?

We provide behavioral health services at the following locations:

- 400 Columbus Avenue, New Haven
- 226 Dixwell Avenue, New Haven
- 232 Cedar Street, New Haven
- 62 Grant Street, New Haven
- 913 State Street, New Haven
- 122 Wilmot Road, New Haven
- 285 Main Street, West Haven
- 121 Wakelee Avenue, Ansonia

How can I get help for someone in need of behavioral health services?

To make an appointment or to learn more about one of our group offerings, please call (203) 503-3000 or visit www.cornellscott.org.