WE HAVE BEAUTIFUL SKIN DOWN TO A SCIENCE
and like most scientists, we look to nature for inspiration. Rhonda Allison Skin Nutrition blends the best of active natural ingredients with highly beneficial scientifically developed compounds to create superior treatments that will transform the condition of your skin, bringing it to its optimum potential for health and beauty.
It’s only natural to want healthier, more youthful skin – and by blending science and nature, it’s possible. Since everyone’s skin is different, and even your own skin changes over time, your therapist will create a treatment plan customized just for you.

**HEALTHY-AGING SYSTEM**

Science has yet to offer a formula that reverses time, but with Rhonda Allison’s Healthy Aging system, it is possible to reduce the visible signs of aging. Biological or intrinsic aging caused by the passage of time is inevitable; however, we can choose to age with grace and style. Extrinsic aging, which includes such outside influences as sun exposure, pollution, smoking, and allergens, can certainly be controlled. The first step toward preventing and restoring your skin is preparation (cleansing and exfoliation), followed by rebuilding and strengthening (AHAs, retinols, peptides, and ascorbic acid), then nourishing and supporting (antioxidants, growth factors, vitamins, amino acids, and minerals), and finally hydration and protection from the environment (moisturizers and sun protection). With preventative care and age management, your skin will look years younger in no time.

**SKIN BRIGHTENING SYSTEM**

Bring out your skin’s natural glow with powerful brighteners that illuminate and balance skin tones. Loaded with pure, high-grade ingredients, these brighteners mean business. People of all skin types may suffer from hyper-pigmentation, a condition in which over-stimulation of melanin causes darkened, uneven skin tone. While systemic pigmentation (damage at the cellular level) is difficult to correct, surface pigmentation is dramatically improved with products that will brighten and lighten the skin, while protecting it from further damage. Since hyper-pigmentation is mostly caused by the sun and heat, use SPF30 sunscreen and try to avoid excessively high temperatures.

**ACNE SKIN SYSTEM**

It’s a scientific fact: 89% of the population experiences acne, with no real cure. However, this disease is treatable with daily care. Acne may stem from a hormonal imbalance, psychological issues, nutrient deficiencies, and genetics; but there is no medically-proven cause. Acne Vulgaris, the most common type of acne, occurs in adolescence, while women often experience Hormonal Acne in their thirties, or even in their twenties. Both types involve hormones: the onset of hormonal activity at puberty, and imbalanced hormones later in life. Other factors affecting acne include:

- **Stress** – Stress stimulates the adrenal glands, releasing hormones - including testosterone.
- **Nutrition** – Iodides (salt, processed food, fast food, excessive dairy, soy sauce, and MSG), alcohol, caffeine, and some drugs trigger existing acne conditions.
- **Hormones** – Hormones stimulate the development of sebaceous follicles and attached oil glands.
- **Picking & Touching** – Squeezing ruptures the follicle wall and spreads bacteria, and touching can irritate skin and breed bacteria from hands.
- **Drying** – Overuse of drying skin care products may cause the sebaceous glands to produce more oil.
- **Excessive & Abrasive Scrubbing** – Over-cleansing stimulates the production of sebum in the follicle, worsening acne conditions.
- **Cosmetics** – Fragrances, dyes, and preservatives irritate sensitive and acne-prone skin.
- **Skin Irritants** – Soap powder, fabric softener, shampoo, hair spray, and other products can irritate sensitive skin.
Cleansed Skin

DRINKS MORE NUTRIENTS
Ultimate Eye Care

REPLENISH AND MOISTEN

Eyes reveal the beauty within – don’t let them reveal your age. Rhonda Allison’s unrivaled eye products are packed with advanced active ingredients that restore eyes to a soft youthful glow, diminish fine lines, and protect from premature aging.

GENTLE EYE MAKE UP REMOVER – Cleansing Lotion for Eyes - This light lotion thoroughly removes all eye make-up with specialty extracts and free radical fighters – the perfect choice for delicate eye tissue.

EYE LIFT – Firming Renewal Cream - With fast absorption, this unique wrinkle diminisher firms and renews the eye area for a light lift and a more youthful, rested, brighter appearance.

PEPTIDE 3-N-1 EYE CREAM – Total Eye Care - This light age-defying eye blend will reduce puffy eyes, brighten tired, dull tissue, and minimize fine lines – giving eyes a boost of moisture.

EYE REVITALIZER – Daytime Eye Refresher - This silky, cooling cream may be applied to tired eyes at the end of a long day to freshen and brighten them up. Eye tissue immediately feels moist and tightened. Apply under or over make-up morning, noon, or night for a quick perk.

EYE & LIP REPAIR SERUM – Occlusive Wrinkle Minimizer - This unique and exotic serum melts into delicate eye tissue (above and under eyes) and transforms eyes to a more dewy, youthful and softened appearance. Notice a remarkable difference in 30 days of continued use. Watch eyelids become less dry and coarse and see fine lines diminish.

MOISTURE EYE TREATMENT – Retinol and Lactic Acid Mask - A nightly moisture eye treatment for home use to lightly exfoliate, repair and regenerate eye tissue.

Cleansers & Scrubs

PURIFY AND EXFOLIATE

Most people under-cleanse and over-moisturize – but in order for skin to accept nutrients it must be squeaky clean, so this first step may be the most important one toward healthy skin.

GENTLE MILK CLEANSER – Enriched Protein Cream - The natural milk nutrient bathes and hydrates skin gently while cleansing away surface residue.

CITRUS GEL CLEANSER – All Purpose Daily Wash - All skin types will benefit from the foamy essence of Citrus Gel-well suited for sensitive, rosacea prone skin.

SKIN BRIGHTENING CLEANSER – Natural Melanin Suppressant - Skin Brightening Cleanser is a moisturizing cleanser that helps brighten and lighten aging skin and aid skin with pigmentation.

PUMPKIN CLEANSER – Lactic Acid Rinse - Daily “treatment” cleanser that leaves skin squeaky clean using L-Lactic Acid (exfoliation and hydration), pumpkin extracts (digestion and antioxidant support), and beta-carotene (antioxidant and photo protectant).

BETA GREEN TEA CLEANSER – Antioxidant Salicylic Wash - All-purpose foamy wash that cleanses and freshens skin thoroughly, reduces surface oils, and enhances the cleaning of problematic skin gently and therapeutically.

Lotions & Toners

A great toner will do what the name implies – get your skin in shape! These phenomenal lotions and toners are enriched with nutrients to deliver valuable benefits for all skin types.

**Purifying Lotion** – Therapeutic Antioxidant Toner - This refreshing, soothing lotion is a potent antioxidant concentrate beneficial for all skin types.

**Pumpkin Rinse** – Daily Vitamin Therapy - Pumpkin Rinse is a valuable second phase cleansing for ultra sensitive to normal, combination skin types. This Unique blend has antioxidant, humectant, and nourishing benefits.

**Brightening Pigment Lotion** – Melanin Supressant Daily Toner - Key brightening agents are partnered with balancing and building nutrients to support skin during the cleansing phase and to assist in brightening skin tone.

**Beta Green Tea Lotion** – Antioxidant Salicylic Toner - Beta Green Tea Lotion is the ideal skin toner to balance oil, provide antioxidant support, and offer purifying benefits for normal to oily, acne prone skin.

**Enzymes & Masks

Unmask your skin’s potential with Rhonda Allison’s enzymes and masks – concentrations of superior ingredients to balance, purify, clarify, strengthen, and moisturize.

**Derma Peel** – Papaya Exfoliant - The papaya and pineapple gel based enzyme has a unique ability to liquefy and then bond together to form a natural granular exfoliation that leaves skin soft, polished, and refreshed.

**Cherry Jubilee Enzyme** – Phyto-Nutrient Peel - The primary benefit of this enzyme is the natural polyphenols (flavanoids) that are incredibly rich in antioxidants and also provides potent anti-aging value that fights against free radical damage and aids in building healthy skin tissue.
Feed Your Appetite
FOR BEAUTIFUL SKIN
Flower Power
FOR YOUR SKIN
PUMPKIN PARFAIT ENZYME – Age Resistant Exfoliant - This weekly enzyme is perfect for normal to oily skin. The active vegetable enzymes polish and buff the skin leaving it smooth and glowing.

SKIN BRIGHTENING ENZYME – Pigment Lightening Paste - An active enzyme boosted with skin lighteners that softens and brightens skin tone.

MILK MASK – Protein Enriched Cream - Milk Mask is a pure milk protein mask that offers essential nutrients for the skin. All skin types will respond to the cooling and calming affects of this creamy essence.

GRAPE SEED PARFAIT MASK – Weekly Antioxidant Therapy - Grape Seed Parfait Mask is a whipped blend of grape seed extracts and essential oils. Besides giving skin much needed antioxidants, it leaves skin fresh and soft.

NATURAL LIFT MASQUE – Firming and Toning - The Natural Lift Masque is a setting-tightening mask that provides intense stimulation for facial muscles that improves appearance of sagging skin and scarring.

GREEN TEA MASK – Therapeutic and Purifying - Polyphenols fight against free radicals and DNA damage. The warm stimulating effects of GTM increases blood circulation and clarifies, softens, and hydrates skin.

IMPURE SKIN MASK – Blemish Sulfur Paste - A weekly home care mask that targets blemishes and helps balance excess sebum.

BETA REFINE MASK – Clear Skin Rx - This highly effective sulfur mask is ideal for balancing oil and dissolving congested lipids in the skin.

CHOCOLATE ANTIOXIDANT MASK – Therapeutic Free Radical Defense - This therapeutic finishing mask bathes the skin in antioxidants. The pleasant scent of chocolate and its cooling sensation works on the skin, resulting in a nurturing experience while revitalizing, replenishing, and repairing depleted skins.

Correctives

REPAIR AND REJUVENATE

Whatever your skin problem – be it acne, premature aging, dry skin, discoloration or darkened skin – look to Rhonda Allison Correctives for the solution – offering an expansive selection of serious actives for impressive results.

C-PEPTIDE COMPLEX – Collagen Building Antioxidant - C-Peptide Complex provides a potent dose of free radical scavenging L-Ascorbic Acid, combined with an active blend of our collagen boosting peptide, dry marine collagen. The rejuvenating benefits of C-Peptide Complex give you a daily dose of Vitamin C and essential protein.

NATURALÉ MEGA BRIGHTENING SERUM – Potent Pigmentation Control - The benefits of natural plant extracts and herbs for serious skin brightening and maintenance are increased by the synergy of this powerful mega complex.

SKIN BRIGHTENING GEL – De-Pigment Serum - Skin Brightening Gel is a fast and effective way to lighten pigmented skin by blocking the production of melanin (pigment) while exfoliating and brightening the skin.

ORGANIC A COMPLEX – Flawless Skin Serum - This unique blend of retinol, organic stem cell technology and organic veggies and herbs lends a gentle yet potent approach to healthy skin and a flawless complexion with skin renewal and strengthening benefits.

BETA A CONDITIONER – Salicylic Retinol Serum - Beta A Conditioner aids in preventing the formation of microcomedos, accelerates the cell cycle, assists in regulating collagen synthesis and improves the skin’s water barrier. Beta A Conditioner will rejuvenate, condition, and strengthen all skin types including Rosacea.

RETINOL SUPREME – Potent Skin Rejuvenation - This compound adds the perfect balance to strengthen the integrity of the skin. It is a super-charged serum that works deep into the skin for maximum skin regeneration support – texture, fine lines, and overall appearance improve dramatically.
**SEA GEMS – Mitochondria Complex with Stem Cell** - Sea Gems is made of specialized strains from deep sea waters, reducing wrinkle formation and limiting free radical damage, combining to re-mineralize and strengthen skin tissue while protecting from DNA damage. With the added benefits of plant stem cells, new skin formation is spurred on, resulting in healthier more vibrant skin.

**SKIN SMOOTHING GEL – Alpha Hydroxy Acid Complex** - Skin Smoothing Gel, a silky firming AHA polymer gel, is effective against acne, reduces the signs of aging, minimizes pores, increases circulation, and improves overall appearance of skin.

**MANDELIC ARGinine SERUM – The Gentle Rejuvenator** - This corrective serum rejuvenates and balances skin, minimizing excess oil and increasing healthy skin cells. It is suitable for all skin types, and excellent for rosacea-prone skin.

**Satin Peptide – Age Defying Serum** - Satin Peptide is a silky blend of collagen building peptides, antioxidants, resveratrol and mitoprotect complex that melts into skin to assist in rebuilding and strengthening for a more youthful appearance.

**AMINO PEPTIDE SERUM – Collagen Boosting Complex** - Amino Peptide Serum offers the benefit of age-defying peptides that includes our “freezing” peptide and “wrinkle-reducing” peptides. Amino Peptide Serum increases collagen production and slows the skin aging process.

**HYALURONIC SERUM – Liquid Moisture Drops** - The “water essence” of Hyaluronic Serum gives skin much needed hydration and aids in trapping moisture in skin tissue.

**PEPTide 38 – Ageless Beauty Cocktail** - Reversing the signs of aging and keeping fine lines at bay, this peptide filler will instantly make skin feel plumper while wrinkle-reducing peptides smooth and hydrate skin.

**GRAPE SEED HYDRATING SERUM – Antioxidant Concentrate** - Grape Seed Hydrating Serum is a concentrate of pure grape seed extract and essential oils. The natural aroma and light, airy feel to the skin creates a very pleasant experience as well as supports skin health.

**SKIN REFINe GEL – Salicylic Acid Complex** - Regenerating and corrective home care for blemished, problem skin. SRG is a light, fast absorbing gel that assists in diminishing discoloration and balancing impure skin.

**Blemish Serum – Acne Support** - A blend of natural soothing and antiseptic ingredients that support problematic skin and clearing of skin blemishes.

**Blemish Complex – BPO Rx** - A paraben-free, benzoyl peroxide ally against acne lesions; clears blemishes while leaving skin healthy.

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**Serums REGENERATE AND RESTORE**

Begin a skin metamorphosis with exquisite serums that are loaded with beneficial growth factors, vitamins, antioxidants, and peptides, which trigger the production of collagen and support cell renewal.
Quench Your Thirst
FOR BEAUTIFUL SKIN
Skin Blooms

WITH EXOTIC ESSENCES
REGENERATING CREAM – Cell Renewal Complex - This is a cream formula that may be used for many skin types but especially normal to dry or sensitive skin. Also an excellent post peel cream and daily moisturizer for continued cell regeneration.

GROWTH FACTOR GEL – Cell Renewal Complex - The gel base is an ideal daily moisturizer and protector for oily, acne, impure skin. Soothing skin protectors calm aggressed and irritated skin reducing damage from free radicals.

ELITE eEGF – Enhanced Growth Factor - Elite eEGF Cream is a superior blend of growth factor, peptides, antioxidants, and a unique “cellular-support” complex that will give skin the ultimate in a rejuvenation cream. This is one of the most powerful creams anywhere for stimulating epidermal repair, collagen synthesis, and strengthening of the extra cellular matrix.

EXOTICA RHODIOLA – Luxury “Treatment” Moisturizer - Exotica Rhodiola is a blend of very exotic, superbly developed specialty extracts that have potent youth oriented properties; plant growth factors, anti-inflammatories, antioxidants, thickeners, strengtheners, hydrators, humectants, wrinkle minimizers for all skin types.

AMINO PEPTIDE MOISTURIZER – Collagen Booster - Amino Peptide Moisturizer is a potent blend of superior peptide complexes, vitamins, and enriched moisture binding ingredients that provide hydration and tissue-building support to skin.

DROP OF ESSENCE HYDRATION DROPS – Omega 6 Essential Fatty Acids - Drop of Essence Hydration Drops is a silky, soothing serum that penetrates the stratum. The light serum base absorbs quickly into skin providing valuable hydration and tissue support and slows down aging.

ULTRA HYDRATION CREAM – Water Binding Moisturizer - This is a rich moisture cream that binds humectants in the epidermis for superior hydration support.

BLUSHED WINE GEL – Antioxidant Moisturizer - Blushed Wine Gel is a light daytime firming and toning moisture gel. It liquefies and absorbs quickly into the skin making it a great choice for oily and combination skins as well as dry skin.

BRIGHTENING CREAM ENHANCED – Melanin Suppressant Moisturizer - Bringing together the perfect merger, Brightening Cream Enhanced blends the next generation lighteners with superior conditioners and immune-supportive actives for a user-friendly corrective moisturizer that may be used night and day. This potent pigment cream is ideal for all skin types.

MOISTURE AU LAIT – Protein Enriched Cream – Nourishing and hydrating for sensitive to combination skin types. Moisture Au Lait is a light, fast absorbing day and night protection cream. The special blend of natural olive oil, almond oil, Vitamin E & A, and milk protein provide a healthy and soothing dose of skin nutrition.

Moisturizers & Hydrators

REVITALIZE AND NOURISH

Our moisturizers will really get under your skin – in a good way! Rhonda Allison’s creams go into the skin to plump and hydrate while treating skin all day long.
Aloe Matte Moisture Cream — Daily Skin Protection - This daytime protection cream hydrates from within, leaving a matte finish on skin. The perfect choice for oily, combination skin types.

Cucumber Spritz — Hydrating Spray - For a “cool as a cucumber” sensation, Cucumber Spritz is an all-natural face and body spray that gives skin a drink of water. Moisture binding nutrients freshen and re-vitalize skin. The perfect travel companion.

Aloe Matte Moisturizer Cream — Daily Skin Protection - Aloe Matte Moisturizer Cream balances excess oil and provides water-binding moisture to prevent dehydration. This light, creamy formula is ideal for normal to oily, problematic skin types. Teens especially love it.

eZinc Protection Cream — Face and Body Mineral Emulsion - The ZinClear complex of Zinc Oxide makes this formula a highly protective topical with an SPF of 18. Giving skin much needed protection from the elements, this cream provides valuable antioxidant benefits and soothing, healing support.

Daytime Defense SPF 30 — Face and Body Protection - For a refined finish to your daily skincare, Daytime Defense is the perfect protection for all skin types. Using Zinc Oxide to provide a natural sun barrier, this pure and clean formulation protects the skin while providing antimicrobial, antioxidant, and soothing, healing support.

Protectors & Finishers

DEFEND AND HYDRATE

With Rhonda Allison Sun Protection, the power to slow aging is in your hands. Consider that sun exposure causes 90% of wrinkling – then consider wearing a sunscreen daily!
Plan Your Skincare Regime

**ALL PURPOSE SKIN CARE**
- Gentle Eye Make-Up Remover
- Gentle Milk Cleanser/Citrus Gel Cleanser
- Moisture Eye Treatment
- Clarifying Beads
- Purifying Lotion
- Cucumber Spritz
- C-Peptide Complex
- Amino Peptide Serum
- Hyaluronic Serum
- Hydra Complex Serum
- Rosacea Serum
- Sea Gems
- Derma Lift Peel
- Cherry Jubilee Enzyme/Pumpkin Parfait Enzyme
- Milk Mask/Grape Seed Parfait Mask
- Grape Seed Hydrating Serum
- Blushed Wine Gel
- Regenerating Cream/Growth Factor Serum
- Exotica Rhodiola
- Daytime Defense SPF 30

**HEALTHY AGING SKIN CARE**
- Gentle Milk Cleanser
- Pumpkin Cleanser
- Pumpkin Rinse
- Raspberry Lotion
- C-Peptide Complex
- Organic A Complex
- Therapy A or Retinol Supreme
- Mandelic Arginine/Skin Smoothing Gel
- Satin Peptide/Peptide 38
- Antioxidant Complex Serum
- Drop of Essence Hydration Drops
- Sea Gems
- Elite eEGF
- Growth Factor Serum Plus
- Cherry Jubilee Enzyme/Pumpkin Parfait Enzyme
- Natural Lift Masque
- Pumpkin E Serum
- Ultra Hydration Cream
- Eye & Lip Repair Serum
- Peptide 3-N-1 Eye Cream/Eye Lift
- Moisture Eye Treatment
- Daytime Defense SPF 30

**SKIN BRIGHTENERS**
- Skin Brightening Cleanser
- Brightening Scrub
- Brightening Pigment Lotion
- Skin Brightening Enzyme
- Naturalé Mega Brightening Serum
- Retinol Supreme
- C-Peptide Complex
- Mandelic Arginine Serum
- Growth Factor Serum/Plus
- Peptide 3-N-1 Eye Cream/Eye Lift
- Moisture Au Lait
- eZinc Protection Cream
- Daytime Defense SPF 30

**ACNE BLEMISH & PROBLEM SKIN CARE**
- Glycolic Herbal Wash
- Beta Green Tea Cleanser
- All Purpose Cleansing Pads
- Pumice Wash or Beta Action Scrub
- Raspberry Lotion/Fruit Acid Botanical
- Beta Green Tea Lotion
- Skin Refine Gel/Skin Smoothing Gel
- Beta A Conditioner
- Skin Smoothing Gel
- Impure Skin Mask/Beta Refine Mask
- Blemish Serum
- Blemish Complex
- Hydra Complex Serum
- Growth Factor Gel/Serum
- Aloe Matte Moisture Cream
- Moisture Au Lait
- eZinc Protection Cream
- Daytime Defense SPF 30
FOR THE BEST IN SCIENCE-BASED SKIN CARE, RHONDA ALLISON PRODUCTS ARE A NATURAL SELECTION.

We start with the purest ingredients (no dyes, colors, perfumes, or additives), while also using advanced techniques like the Science of Chirality to get the most from every molecule, making our formulas as effective as possible. These cosmeceutical products are in a category between cosmetics and pharmaceuticals – they are potent and initiate an active change in your skin’s condition, so consult a professional to help create the most effective program to suit your skin’s individual needs.