

country kids day nursery |
downloadable activities

SOAPY SENSORY JARS



INGREDIENTS

EMPTY, CLEAN
PLASTIC JAR
DISH SOAP
GLITTER
FOOD COLOURING
SUPER GLUE



1. FILL YOUR JAR OR PLASTIC JAR HALF-WAY WITH WATER AND ADD THE FOOD COLOURING OF YOUR CHOICE.

2. ADD SOME DISH SOAP, AND LOTS AND LOTS IF YOU WANT PLENTY OF BUBBLES!

3. ADD YOUR GLITTER IN TOO, AND IF YOU'RE WORRIED ABOUT THE KIDS OPENING IT UP OR IT LEAKING THEN GLUE THE LID ON TOP.

4. NOW SHAKE YOUR GLITTERY JAR UP, YOU'LL SEE THE COLOURS, GLITTER AND FOAMY COME TO LIFE!



PLAY DOUGH SENSORY

SENSORY BOTTLES ARE GREAT FOR CALMING THE CHILDREN DOWN. WHEN SENSORY BOTTLES OFTEN HAVE ITEMS IN LIKE GLITTER THAT MOVES SLOWLY, CHILDREN ARE OFTEN MESMERIZED BY WATCHING.

SENSORY BOTTLES/JARS HELP CALM THE BREATHING AND HELPS THEM REGULATE THEIR EMOTIONS.

THE BOTTLES AND JARS CAN ALSO HELP WITH CONCENTRATION.