- 1. Cut out one 8 x 6 ½ inch of fabric. One 8x 6 ½ dish towel
- 2. Place the two pieces right sides together and sew along the bottom and top long edges
- 3. Flip the mask right side out
- 4. Measure 2 in from the top of your mask and fold the fabric up to make a pleat
- 5. Measure 1 ¼ in from the top of the first pleat and fold up again to make another pleat
- 6. Measure 1 1/4 in down from the top of the second pleat and fold up again to make a third pleat
- 7. Iron the pleats in place
- 8. Cut out two 1 1/4 x 4 inch rectangles
- 9. With right sides together place the small rectangle on the short edge of the mask matching raw edges, then sew
- 10. Flip the small rectangle over so that its wrong side is touching the wrong side of the mask. Flip it over again and sew to the mask. This will give you a finished edge
- 11. Do steps 8 and 9 again for the other short edge
- 12. Cut out two 6 inch pieces of elastic
- 13. Sew one end of elastic to the back short edge of the mask then sew all the way down the short edge till you get to the bottom and sew the other end of the elastic in place
- 14. Repeat step 12 for other side of mask



fold

cut 2



