

Sai Balvikas - Dakshinamurthy Stotram

Vishwam Darpana Drishyamana in Sanskrit with meaning

- Composed by Adi Sankaracharya

दक्षिणामूर्ति स्तोत्रम्

Dakshinamurthy Stotram

Sri Dakshinamurthy ध्यानं

मौनव्याख्या प्रकटित परब्रहमतत्त्वं युवानं वर्षिष्ठांते वसद् ऋषिगणौः आवृतं ब्रह्मनिष्ठैः । आचार्येन्द्रं करकलित चिन्मुद्रमानंदमूर्तिं स्वात्मारामं मुदितवदनं दक्षिणामूर्तिमीडे ॥१॥

Mauna-Vyaakhyaa Prakattita Para-Brahma-Tattvam Yuvaanam Varssisstthaam-Te Vasad Rssigannauh Aavrtam Brahma-Nisstthaih | Aacaarye[a-I]ndram Kara-Kalita Cin-Mudram-Aananda-Muurtim Sva-[A]atmaaraamam Mudita-Vadanam Dakssinnaamuurti-Miidde ||1||

Meaning:

- 1: (Salutations to Sri Dakshinamurthy) Whose Exposition through Profound Silence is Awakening the Knowledge of the Supreme Brahman in the Hearts of His Disciples; Who is Himself Youthful ...
- 2: ... but is Sitting Surrounded by Old and Great Sages who are Devoted to Brahman,
- 3: The Hands of the Supreme Spiritual Teacher is Forming the Cin-Mudra (gesture of the Knowledge of Brahman) and Whose Appearance is Still and Blissful,
- 4: Who is Rejoicing in His Own Self which is reflected on His Blissful Face; Salutations to Sri Dakshinamurthy.

वटविटिपसमीपेभूमिभागे निषण्णं सकलमुनिजनानां ज्ञानदातारमारात्। त्रिभुवनगुरुमीशं दक्षिणामूर्तिदेवं जननमरणदुःखच्छेद दक्षं नमामि ॥२॥

Vatta-Vittapi-Samiipe-Bhuumi-Bhaage Nissannnnam Sakala-Muni-Janaanaam Jnyaana-Daataaram-Aaraat | Tri-Bhuvana-Gurum-Iisham Dakssinnaamuurti-Devam Janana-Maranna-Duhkhac-Cheda Dakssam Namaami ||2||

Meaning:

2.1: Sitting on the ground near the Banyan Tree, ...

2.2: ... were all Munis (Sages), who were (sitting) near to the bestower of Knowledge, ...

2.3: ... who were (sitting) near to the Guru of the Three Worlds, the Lord Himself, personified as Dakshinamurthy Deva, ...

2.4: ... who were (sitting) near to the one, expert in severing the sorrows resulting from the cycles of Births and Deaths; I bow to that Dakshinamurthy.

चित्रं वटतरोर्मूले वृद्धाः शिष्या गुरुर्युवा । गुरोस्तु मौनं व्याख्यानं शिष्यास्तुच्छिन्नसंशयाः ॥३॥

Citram Vatta-Taror-Muule Vrddhaah Shissyaa Gurur-Yuvaa | Guros-Tu Maunam Vyaakhyaanam Shissyaas-Tuc-Chinna-Samshayaah ||3||

Meaning:

3.1: It is indeed a strange picture to behold; At the root (i.e. base) of a Banyan Tree are seated old Disciples (i.e. aged Disciples) in front of anYoung Guru,

3.2: The Guru is Silent, and Silence is His exposition (of the Highest Knowledge); and that (Silence) is severing the doubts (automatically) from the minds of the Disciples.

निधये सर्वविद्यानां भिषजे भवरोगिणाम् । गुरवे सर्वलोकानां दक्षिणामूर्तये नमः ॥४॥

Nidhaye Sarva-Vidyaanaam Bhissaje Bhava-Roginnaam | Gurave Sarva-Lokaanaam Dakssinnaamuurtaye Namah ||4||

Meaning:

4.1: (Salutations to Sri Dakshinamurthy) Who is a receptacle to all Knowledge, Who is a Medicine to all the diseases of Worldly bondage,

4.2: Who is a Guru to all the Worlds; Salutations to Sri Dakshinamurthy.

ॐ नमः प्रणवार्थाय श्द्रज्ञानैकमूर्तये ।

निर्मलाय प्रशान्ताय दक्षिणामूर्तये नमः ॥५॥

Om Namah Prannava-Arthaaya Shuddha-Jnyaanai[a-E]ka-Muurtaye | Nirmalaaya Prashaantaaya Dakssinnaamuurtaye Namah ||5||

Meaning:

5.1: (Salutations to Sri Dakshinamurthy) Salutations to the embodiment of Pranava (Om), Salutations to the personification of the Pure, Non-Dual Knowledge,

5.2: Salutations to the Pure and Stainless, and Salutations to the Tranquil; Salutations to Sri Dakshinamurthy.

चिद्घनाय महेशाय वटमूलनिवासिने ।

सच्चिदानन्दरूपाय दक्षिणामूर्तये नमः ॥६॥

Cid-Ghanaaya Mahe[aa-Ii]shaaya Vatta-Muula-Nivaasine | Sac-Cid-Aananda-Ruupaaya Dakssinnaamuurtaye Namah ||6||

Meaning:

6.1: (Salutations to Sri Dakshinamurthy) Salutations to the one Who is (as if) Consciousness Solidified, Salutations to the Mahesha (the Great God), Salutations to the One Who dwell at the root (i.e. base) of the Banyan Tree,

6.2: Salutations to the embodiment of Sacchidananda (Existence, Consciousness, Bliss); Salutations to Sri Dakshinamurthy.

ईश्वरो गुरुरात्मेति मूर्तिभेदविभागिने । व्योमवद् व्याप्तदेहाय दक्षिणामूर्तये नमः ॥७॥

Iishvaro Gurur-Aatme[a-I]ti Muurti-Bheda-Vibhaagine | Vyoma-Vad Vyaapta-Dehaaya Dakssinnaamuurtaye Namah ||7||

Meaning:

7.1: "Ishwara - Guru - Atman"; (Underlying) these different forms of (apparent) separation, ...
7.2: ... like a Sky (i.e. Spiritual Sky or Chidakasha) Who pervades, Salutations to that Dakshinamurthy.

स्तोत्रम

विश्वं दर्पणदृश्यमाननगरीतुल्यं निजान्तर्गतं पश्यन्नात्मनि मायया बहिरिवोद्भूतं यथा निद्रया । यः साक्षात्कुरुते प्रबोधसमये स्वात्मानमेवाद्वयं तस्मै श्रीग्रुमूर्तये नम इदं श्रीदिक्षणामूर्तये ॥१॥ Vishvam Darpanna-Drshyamaana-Nagarii-Tulyam Nija-Antargatam Pashyann-Aatmani Maayayaa Bahir-Ivo[a-U]dbhuutam Yathaa Nidrayaa | Yah Saakssaat-Kurute Prabodha-Samaye Sva-[A]atmaanam-Eva-Advayam Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||1||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 1.1: The Entire World is Like a City Seen within a Mirror, the Seeing happening within One's Own Being, 1.2: It is a Witnessing happening within the Atman, (the Witnessing) of the Externally Projected World; Projected by the Power of Maya; As if a Dream in Sleep,
- 1.3: One Experiences this Directly (this Play of Maya) during Spiritual Awakening within the Non-Dual Expanse of One's Own Atman,
- 1.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

बीजस्याऽन्तिरिवाङ्कुरो जगिददं प्राङ्गनिर्विकल्पं पुनः मायाकल्पितदेशकालकलना वैचित्र्यचित्रीकृतम् । मायावीव विजृम्भयत्यिप महायोगीव यः स्वेच्छया तस्मै श्रीगुरुमूर्तये नम इदं श्रीदिक्षणामूर्तये ॥२॥

Biijasya-Antar-Iva-Angkuro Jagad[t]-Idam Praangga-Nirvikalpam Punah Maayaa-Kalpita-Desha-Kaala-Kalanaa Vaicitrya-Citrii-Krtam | Maayaavi-Iva Vijrmbhayaty-Api Mahaa-Yogi-Iva Yah Sve[a-I]cchayaa Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||2||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 2.1: This World is Like a Sprout of a Seed Within which transforms what is Changeless state Before, appear Again ...
- 2.2: ... as Space and Time, and endless Varieties of Pictures over it; all due to the Creation of Maya,
- 2.3: This Unfolding of the World (from the Seed) which is Like a Play of a Magician, happens to one Who is Like a Mahayogi out of His Own FreeWill (i.e. a Mahayogi can enter the state of Samadhi out of his own free will and witness the unfolding of the world when He comes out of Samadhi),
- 2.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

यस्यैव स्फुरणं सदात्मकमसत्कल्पार्थकं भासते साक्षात्तत्त्वमसीति वेदवचसा यो बोधयत्याश्रितान् । यत्साक्षात्करणाद्भवेन्न पुनरावृत्तिर्भवाम्भोनिधौ तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥३॥ Yasya-Eva Sphurannam Sada[a-A]atmakam-Asat-Kalpa-Arthakam Bhaasate Saakssaat-Tat-Tvam-Asi-Iti Veda-Vacasaa Yo Bodhayaty-Aashritaan | Yat-Saakssaat-Karannaad-Bhaven-Na Punaraavrttir-Bhavaam-Bho-Nidhau Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||3||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 3.1: By This Throb Alone which is of the Nature of Eternal Underlying Awareness, the Unreal Forms get their Meanings and Appear over the Mind,
- 3.2: This Knowledge of the Atman Spoken of in the Vedas as "Tat-Tvam-Asi" is Imparted by Our Inner Guru as a Direct Experience when weSurrender Whole-Heartedly to Him,
- 3.3: By Direct Experience of this Knowledge, the Delusion of being tossed within an unending Ocean of Worldly Existence will Not Appear Again,
- 3.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

नानाच्छिद्रघटोदरस्थितमहादीपप्रभा भास्वरं ज्ञानं यस्य तु चक्षुरादिकरणद्वारा वहिः स्पन्दते । जानामीति तमेव भान्तमनुभात्येतत्समस्तं जगत् तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥४॥

Naanaac-Chidra-Ghatto[a-U]dara-Sthita-Mahaa-Diipa-Prabhaa Bhaasvaram Jnyaanam Yasya Tu Cakssur-Aadi-Karanna-Dvaaraa Vahih Spandate | Jaanaam-Iiti Tam-Eva Bhaantam-Anubhaaty-Etat-Samastam Jagat Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||4||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 4.1: As the Light of a Great Lamp Situated Inside a Pitcher having Many Holes, Shine Outwards, ...
- 4.2: ... similarly, the Knowledge of That Only (i.e. Atman) Throb Outwards through our Eyes and Other Sense Organs,
- 4.3: "I Know", He Alone Shining (i.e Atman), This Entire World Shines ...
- 4.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

देहं प्राणमपीन्द्रयाण्यपि चलां बुद्धं च शून्यं विदुः स्त्रीबालान्धजडोपमास्त्वहमिति भ्रान्ता भृशं वादिनः । मायाशक्तिविलासकल्पितमहाव्यामोहसंहारिणो तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥५॥

Deham Praannam-Api-Indriyaanny-Api Calaam Buddhim Ca Shuunyam Viduh Strii-Baala-Andha-Jaddo(a-U)pamaas-tv[u-]Aham-Iti Bhraantaa Bhrsham Vaadinah | Maayaa-Shakti-Vilaasa-Kalpita-Mahaa-Vyaamoha-Samhaarinno Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||5||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 5.1: Those who Consider the Body or Prana (Vital Force) or Sense Organs or the Changing Mind or the Void (Total Non-Existence) ...
- 5.2: ... as the "I", are Like a Naive Innocent Girl Child, or a Blind, or a Dull-Headed; they are Deluded but they Vehemently Assert their Points,
- 5.3: The Inner Guru Destroys this Great Delusion Created by the Play of the Power of Maya,
- 5.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

राहुग्रस्तिदवाकरेन्दुसदृशो मायासमाच्छादनात् सन्मात्रः करणोपसंहरणतो योऽभूत्सुषुप्तः पुमान् । प्रागस्वाप्समिति प्रबोधसमये यः प्रत्यभिज्ञायते तस्मै श्रीगुरुमूर्तये नम इदं श्रीदिक्षणामूर्तये ॥६॥

Raahu-Grasta-Divaakare[a-I]ndu-Sadrsho Maayaa-Sama-[A]acchaadanaat San-Maatrah Karanno[a-U]pasangharannato Yo(a-A]bhuut-Sussuptah Pumaan | Praag-Asvaapsam-Iti Prabodha-Samaye Yah Pratyabhijnyaayate Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||6||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 6.1: Just Like the Sun and the Moon are Eclipsed by Rahu, the Pure Consciousness is Eclipsed by Maya (for a spiritually ignorant person),
- 6.2: A Spiritually Elevated Soul can enter that state of Unborn Deep Sleep (i.e. Pure Consciousness) by Withdrawing His Sense Organs to such an extent that Only the Real Essence remains,
- 6.3: That state (i.e. Pure Consciousness) is experienced during Spiritual Awakening whereby one clearly Perceives that "Before I was Sleeping" (by being eclipsed by Maya),
- 6.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

बाल्यादिष्विप जाग्रदादिषु तथा सर्वास्ववस्थास्विप व्यावृत्तास्वनुवर्तमानमहिमत्यन्तः स्फुरन्तं सदा । स्वात्मानं प्रकटीकरोति भजतां यो मुद्रयाभद्रया तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥७॥

Baalya-Adissv(u)-Api Jaagrad-Aadissu Tathaa Sarvaasv[u]-Avasthaasv[u]-Api Vyaavrttaasv[u]-Anu-Vartamaanam-Aham-Ity[i]-Antah Sphurantam Sadaa | Sva-[A]atmaanam Prakattii-Karoti Bhajataam Yo Mudrayaa-Bhadrayaa Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||7||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 7.1: During Boyhood and Other stages of Life (Youth, Old age etc), during Waking and Other states (Dreaming, Deep Sleep, Turiya etc) and Similarly in All Conditions ...
- 7.2: ... the Atman Always Shines as the "I" Within, Free from All Conditions but at the same time Present in All Conditions,
- 7.3: The Inner Guru Awakens this Knowledge of One's Own Atman to those who Surrender to Him; this Knowledge which is represented by the Auspicious Cin-Mudra,
- 7.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

विश्वं पश्यति कार्यकारणतया स्वस्वामिसम्बन्धतः

शिष्याचार्यतया तथैव पितृप्त्राद्यात्मना भेदतः ।

स्वप्ने जाग्रति वा य एष पुरुषो मायापरिभ्रामितः

तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥८॥

Vishvam Pashyati Kaarya-Kaaranna-Tayaa Svasvaami-Sambandhatah Shissya-[A]acaarya-Tayaa Tatha-Eva Pitr-Putraady[i]-Aatmanaa Bhedatah | Svapne Jaagrati Vaa Ya Essa Purusso Maayaa-Paribhraamitah Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||8||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 8.1: The Differentiations that we See in the World as Cause and Effect, as Possessor-Possession Relations,
- 8.2: ... as the Disciple-Teacher, and Also as Father-Son Relations etc, are all Differentiations within the One Atman,
- 8.3: In <u>Dream or Waking</u> state, He, the One <u>Purusha</u> is always present, and (as if) <u>Maya Wanders</u> over Him and gives rise to all these Differentiations,
- 8.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

भूरम्भांस्यनलोऽनिलोऽम्बरमहर्नाथो हिमांशु पुमान् इत्याभाति चराचरात्मकमिदं यस्यैव मूर्त्यष्टकम् नान्यत् किञ्चन विद्यते विमृशतां यस्मात्परस्माद्विभोः तस्मै श्रीगुरुमूर्तये नम इदं श्रीदक्षिणामूर्तये ॥९॥

Bhuur-Ambhaamsy-Analo-[A]nilo-[A]mbaram-Aharnaatho Himaamshu Pumaan Ity[i]-Aabhaati Cara-Acara-[A]atmakam-Idam Yasya-Eva Muurty[i]-Assttakam Naanyat Kin.cana Vidyate Vimrshataam Yasmaat-Parasmaad-Vibhoh Tasmai Shrii-Guru-Muurtaye Nama Idam Shrii-Dakssinnaamuurtaye ||9||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 9.1: Earth, Water, Fire, Air, Space, Sun, Moon and Jiva, ...
- 9.2: ... are Verily His (i.e. Atman's) Eight Manifestations Shining within the Moving and the Non-Moving forms,
- 9.3: Apart from Him (i.e. Atman) there Cannot Exist anything; The Yogis who Reflect (i.e. Meditate) within Discover Him as the Essence From Which Everything Originates, ... Discover Him as Existing Beyond Everything as the Eternal Essence,
- 9.4: Salutations to Him, the Personification of Our Inner Guru Who Awakens This Knowledge through His Profound Silence; Salutation to Sri Dakshinamurthy.

सर्वात्मत्वमिति स्फुटीकृतमिदं यस्मादमुष्मिन् स्तवे तेनास्य श्रवणात्तदर्थमननाद्ध्यानाच्च संकीर्तनात् । सर्वात्मत्वमहाविभूतिसहितं स्यादीश्वरत्वं स्वतः सिद्ध्येत्तत्पुनरष्टधा परिणतं चैश्वर्यमव्याहतम् ॥१०॥

Sarva-[A]atmatvam-Iti Sphuttii-Krtam-Idam Yasmaad-Amussmin Stave Tena-Asya Shravannaat-Tadartha-Mananaad-Dhyaanaac-Ca Sangkiirtanaat | Sarva-(A)atmatva-Mahaa-Vibhuuti-Sahitam Syaad-Iishvaratvam Svatah Siddhyet-Tat-Punar-Assttadhaa Parinnatam Ca-[A]ishvaryam-Avyaahatam ||10||

Meaning:

(Salutations to Sri Dakshinamurthy Who Awakens the Glory of the Atman within us through His Profound Silence)

- 10.1: Since the Divine Essence in All is Made Clear in this Hymn,
- 10.2: Hence by Listening to It, Contemplating on its Meaning, Meditating on It, and Glorifying it,
- 10.3: One becomes Endowed with the Greatness of the Knowledge of the Divine Essence (present in All); Perhaps the Divine Essence by Itself...
- 10.4: ... will Awaken within him after that Again, the Eightfold Manifestations of Divine Powers (Siddhis) Unimpeded.

