



Sai Balvikas – Medha Suktam

**Om yaśchandasāmṛṣabho viśvarūpaḥ .
Chandobhyo'dhyamṛtātsambabhuva . Sa mendro
medhayā spr̥ṇotu . Amṛtasya deva dhāraṇo bhūyāsam .
Śarīraṁ me vicarṣaṇam . Jihvā me madhumattamā .
Karṇābhyāṁ bhūriviśruvam . Brahmaṇaḥ kośo'si
medhayā pihitaḥ . Śrutaṁ me gopāya .**

Om śāntiḥ śāntiḥ śāntiḥ ..

Meaning: May the universal form, exalted among the Vedas and born of the essence of the Vedas, bless me with wisdom. May I be blessed with the nectar of immortality. May my body become active. May my tongue speak sweetly. May my ears hear everything well. You are the repository of Brahman, and are hidden by the intellect. May my memory protect me. Om peace, peace, peace.

**Medhā devī juṣamānā na āgād-viśvācī bhadrā
sumanasyamāna .**

**Tvayā juṣtā nudamānā durūktān bṛhadvadema vidathe
suvīraḥ ..1..**

Meaning: O goddess of wisdom! You are pleased, all-pervading and have a peaceful mind. Bless us so that we may give up bad speech and speak well in an assembly like heroes.

**Tvayā juṣṭa ṛṣirbhavati devi tvayā brahmāgataśrīruta
tvayā .**

**Tvayā juṣṭaścitraṁ vindate vasu sā no juṣasva draviṇo
na medhe ..2..**

Meaning: O goddess! Blessed by you one becomes a sage; like Brahma. Blessed by you one attains prosperity. Blessed by you one attains many treasures. Bless us with that wealth of intelligence.

Medhām ma indro dadātu medhām devī sarasvatī .

Medhām me aśvinavavubhavadhattaṁ puṣkarasrajā ..3..

Meaning: May Indra give me intelligence. May goddess Saraswati give me intelligence. May the two Ashwins, who wear garlands of lotuses, give me intelligence.

Apsarāsu ca yā medhā gandharveṣu ca yanmanaḥ .

**Daivīm medhā sarasvatī sā mām medhā
surabhirjuṣhataṁ svāhā ..4..**

Meaning: May Saraswathi, who is fragrant, bless me with the divine intelligence which is the wisdom of the Apsaras and the mind of the Gandharvas.

**Ā mām medhā surabhirviśvarūpā hiraṇyavarṇā jagatī
jagamyā .**

**Ūrjasvatī payasā pinvamānā sā mām medhā supratīkā
juṣantām ..5..**

Meaning: May that Saraswati, who is intelligence personified, who is fragrant, who is all pervading, who has a golden complexion, who is the earth, who is accessible to all, who is full of vigor, who is overflowing with the nectar of knowledge, and who is beautiful; come to me and bless me with intelligence.

Mayi medhām mayi prajāṁ mayyagnistejo dadātu .

Mayi medhām mayi prajāṁ mayīndra indriyaṁ dadātu .

**Mayi medhām mayi prajāṁ mayi sūryo bhrājo dadātu
..6..**

Meaning: May Agni give me intelligence, people and vigor. May Indra give me intelligence, people and bodily power. May Surya give me intelligence, people and brilliance.

Om haṁsa haṁsāya vidmahe paramahaṁsāya dhīmahi .

Tanno haṁsaḥ pracodayāt ..7..

Meaning: We perceive the Hamsa that is the soul; we meditate on that Hamsa that is the supreme being.

May that Hamsa inspire us (to reach that goal).

Om śāntiḥ śāntiḥ śāntiḥ ..

Om peace, peace, peace.

This hymn is found in the Taittiriya Aranyakam of the Krishna Yajurveda.

The Shanti Mantram preceding the hymn is found in Prapathaka 4 of Chapter 7.