



ST JOHN'S
HOUSE

THE CARE IS IN THE DETAIL



A NEW WAY OF CARING FOR YOUR LOVED ONES



“... a home from home ...”

A Very Warm Welcome:

Castlemeadow Care is a well respected Norfolk based company that owns and manages care homes and retirement living across Norfolk. Managing Directors Dr Sanjay and Sonya Kaushal personally oversee every aspect of the business ensuring Castlemeadow Care continues its strong ethos of quality in the high standard of care delivered, the environment and its employees.

St John's House is the latest state-of-the-art care home to be built and operated by Castlemeadow Care. The design and the build truly pushes luxury to the next level with the services to match. It has already gained national recognition by being shortlisted as a finalist for the prestigious Pinders Healthcare Design Awards for care homes.

“We wanted to create something special for the people of Norfolk where care is delivered in a luxury setting like no other ... St John's House does this hands down.”



Dr Sanjay Kaushal

Located in the historic city of Norwich, St John's House is a purpose built luxury care home providing the highest level of residential and dementia care.

A passion for care

It is a passion for care and a belief that residents deserve a fulfilling and active quality of life in beautiful surroundings that lead to Sanjay and Sonya Kaushal to design and build St John's House. Right from the start they have had a hands-on role in overseeing the design, development and build of the care home and have taken every detail into account – no matter how small.

4 This passion for care, comfort and luxury permeates its way throughout St John's House and from the moment you walk through the doors into the spacious foyer you'll receive a warm welcome from friendly faces behind the bespoke marble reception desk, greeting you to your new home.

Once you are beyond the Reception, you will enter the main living area of St John's House, which combines the luxury of a 5 star boutique hotel with the warmth and comfort of a country home. You will find rooms where you can relax and enjoy quiet comfort, while other rooms are ideal for socialising, entertaining and having fun!





“... the beauty is in the detail ...”



The Library



... "It's about celebrating life" ...

The Hamptons Lounge



A new way of caring

Providing exceptional care is at the core of St John's House ethos. While the luxury and comfort of the home provides residents with a stylish, welcoming and laid back place to live and socialise, it is the high quality care that really makes St John's House stand out within the care sector.

All our staff are trained to the highest standards possible to ensure that they can provide personal and efficient care to all residents. Away from resident's living and socialising areas, we have a state-of-the-art training room to ensure that every member of our care staff is highly trained and qualified and that our exceptionally high standards are met at all times.

The relationship between care staff and residents is friendly and relaxed, with carers respecting every resident within St John's House. At all times residents will be cared for in a kind, patient and understanding way.

In the Holkham Suite on our dementia floor, medication is always the last form of treatment, with fun, compassionate and innovative techniques being adopted first to help calm residents and invoke memories.

Stimulating environments

Living at St John's House is fun and social with plenty of activities to keep residents entertained. From the very first design stages when creating the home, ensuring that there was space for residents to partake in a wide range of activities was high on the criteria list. All of this has resulted in the opportunity for a diverse range of activities to take place in St John's House. This may happen in the relaxing setting of the Hamptons Lounge with the grand piano, The Library with the large fireplace or even in the theatre room, The Regents Palace, with its grand sweeping gold curtains.

Activities are arranged by a dedicated team of Entertainment Personnel and can feature anything from flower arranging to ballroom dances – staff have even been known to put on shows for residents all in the name of entertainment! There is also the opportunity for residents to create their own activities, whether it is organising a poker night or spending time outside gardening.





Carters Coffee Bar



*“... service and care
personalised
to each resident in
a luxury setting ...”*

Good food is a vital part of a good life, which is why we've invested in a state-of-the-art commercial kitchen, the best chefs and a superb silver-service restaurant.

Glorious food

Our commercial kitchens have been designed and developed to accommodate the latest technology to ensure our chefs are able to produce creative and appetising first class meals every day of the week – the desserts trolley is a particularly popular feature!

The Palm Restaurant offers a silver service dining experience and is a place where residents can relax and socialise while enjoying a fine dining experience. Our Head Chef prepares menus that comprise fresh, seasonal ingredients to deliver delicious and nutritious dishes. Our hospitality extends to family and friends who are welcome to join their loved ones at mealtimes.

Carters Coffee Bar is the perfect place to meet when relatives and loved ones come to visit, a relaxed and trendy setting where apart from a great range of coffees or teas, other drinks and light snacks are served throughout the day.

“... a place to share special moments ...”





Cappuccino
Americano
Latte
Espresso
Mocha

That feeling of wellbeing

St John's House has been designed to provide residents with everything they need without having to leave the home. Our onsite amenities include a resident's shop that enables residents to buy their favourite toiletries and confectionary. We also have a fully equipped hair salon/ barbershop, a library that provides a space to relax and read in comfort, and a Bridge Club room where residents can play traditional games such as chess or cards.





“... luxury and a sense of belonging ...”

Hotel style comfort

The luxury of St John's House extends to resident's private bedrooms. Each bedroom is generously sized to provide the space needed to relax comfortably when in private. Each room is equipped with an en-suite bathroom that is adapted to meet the needs of the resident, but also includes home comforts such as personal towels. Along with a good sized bed, rooms have a comfortable armchair, a dressing table and a television. All ground floor rooms have patio doors giving access to the beautifully landscaped gardens.



“... a sense of warmth in a special environment ...”



How to find us



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St. John's House is part of Castlemeadow Care.