Acupressure in the Perinatal Period
Maylands, Perth WA
Friday 19 October 2018

Presented by Dr Lyndall Mollart

This 1 day workshop is for health professionals (reflexologists, midwives and student midwives) who have no previous acupressure training. Research published in western medical and midwifery journals conclude that acupressure is a safe, non-invasive, non-pharmacological method of reducing pain in labour. These studies will be examined; detailing the acupressure points and methods used to produce these results.

The workshop includes:
➢ Brief overview of Traditional Chinese Medicine and acupressure
➢ Research on the use of acupressure in pregnancy and labour
➢ The indications and use of 8 acupressure points: nausea & vomiting, breech or posterior presentation, labour ‘priming’, encouraging strong contractions, retained placenta, afterbirth pains, and promoting breastfeeding let down
➢ An extensive practical hands-on competency session that involves locating the acupressure points on the body, hands, legs and feet.
➢ Please wear comfortable clothes, preferably not a dress.

The workshop is allocated 7 points CPD points

Tax-deductible Fee: $130 Early Bird by 27/09/18. Or $150 by 14/10/2018. Fee including workshop, handouts and morning tea. Lunch is not provided (There are a few places nearby or you can bring your own).

DON’T DELAY- STRICTLY LIMITED NUMBERS

Friday 19 October 2018
9.00am to 4.30pm

Perth Birth Education Centre, 162 Whatley Cres, Maylands WA

For more information email or phone/txt: Lyndall on 0410 422 965

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To book your place- Just fill in the form below and email (or mail if paying by cheque/money order) to Lyndall for the Perth acupressure workshop – 19 October 2018.

Name: ……………………………………………………………………………………………………………………………………………
Address: ……………………………………………………………………………………………………………………………………………
Phone: ……………………………………………. Mob ……………………………………………………………………………………………
Email: ……………………………………………………………………………………………………………………………………………

Please find enclosed my □ $130 Early Bird -by 27/09/18 □ $150 - 14/10/18

Payment: □ money order □ cheque (payable to Lyndall Mollart)
□ paypal or □ internet bank transfer (contact Lyndall via email).

Mail money order/cheque payment to: Lyndall Mollart, 19A Brunswick Rd, Terrigal NSW 2260.

Email: lmollart@gmail.com   Web: www.maternity-reflexology.net