GOLD MEDAL GEAR

SIZE GUIDE

Please use this chart as a guide only. Body types, sizes and personal preferences vary widely.

Considerations:
Our products are generally an athletic cut.
For a more relaxed fit, order a size up.
If in doubt, order a size up.
Add extra sizes/quantity to your order so individuals can exchange sizes, if necessary.
GOLD MEDAL GEAR will not accept returns, exchanges or issue refunds due to wrong sizes.

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Weight Class (LB)	Singlet	Compression Pant	Compression short	Sports Bra	Compression Shirt-SS	Compression Shirt-LS	Fight Shorts	T-Shirt	Long Sleeve Shirt	V-Neck Shirt	1/4 Zipper Shirt	Hoodie	Pant	Full Zip Jacket
35-45	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS	YXXS
40-55	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS	YXS
55-65	YS	YS	YS	YS	YS	YS	YS	YS	YS	YS	YS	YS	YS	YS
65-80	YM	YM	YM	YM	YM	YM	YM	YM	YM	YM	YM	YM	YM	YM
80-95	YL	YL	YL	YL	YL	YL	YL	YL	YL	YL	YL	YL	YL	YL
95-125	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL	YXL
90-115	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS	XS
110-140	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS
135-165	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
165-195	AL	AL	AL	AL	AL	AL	AL	AL	AL	AL	AL	AL	AL	AL
190-240	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL	AXL
235-280	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL
275-330	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL	XXXL
325-380	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL	XXXXL