Grand Gateway
Area Agency on Aging Staff

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Jennifer Harlan      Medicare Counselor           medcouncil@grandgateway.org
AREA AGENCY MISSION AND ROLE

The mission of Grand Gateway Area Agency on Aging is to serve the 60+ population in Northeastern Oklahoma and assist them to lead independent, meaningful and dignified lives in their own homes and communities.

Agency activities include advocacy, planning, coordination, partnering, information sharing, monitoring and evaluation. Grand Gateway Area Agency on Aging develops comprehensive, coordinated community based systems of service in compliance with the standards of the Older Americans Act of 1965, as amended.

Grand Gateway Area Agency on Aging ensures the services arranged or provided by the agency be of the highest quality. Furthermore, services will be provided in a manner that recognizes the consumers’ right to privacy and assures confidentiality of all information and procedures. Consumers are treated with dignity at all times, regardless of race, creed, color, sex, age, ancestry, national origin, religion or handicap.

Grand Gateway Area Agency on Aging is governed by Grand Gateway Economic Development Association Board of Directors and represented by the Advisory Council on Aging. The Council is comprised of members from the seven county service area including minorities and persons 60 years of age or older.

Grand Gateway Area Agency on Aging
Website: www.grandgateway.org
Email: spierce@grandgateway.org

Senior Info-Line: 800-211-2116 .................................................. Nationwide: 800-482-4594
P. O. Drawer B ....................................................................................... Local: 918-276-2501
333 South Oak ........................................................................................... Fax: 918-783-5786
Big Cabin, Oklahoma 74332

The Information and Assistance Directory is updated every two years, based on current available information. The purpose is to provide a desk reference and guide for identifying service providers to assist the 60+population in need of supportive services. Please contact Grand Gateway Area Agency on Aging if we have not included your agency, or if incomplete information is presented.

This publication is issued by Grand Gateway Area Agency on Aging and financed through an Older Americans Act Grant from the Administration on Aging and the Oklahoma Department of Human Services, Aging Services Division.
<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Area Agencies on Aging (State of Oklahoma)</td>
</tr>
<tr>
<td>2</td>
<td>AARP</td>
</tr>
<tr>
<td>3</td>
<td>Caregiving</td>
</tr>
<tr>
<td>4</td>
<td>Case management</td>
</tr>
<tr>
<td>5</td>
<td>Chamber of Commerce</td>
</tr>
<tr>
<td>6</td>
<td>Community Action</td>
</tr>
<tr>
<td>7</td>
<td>Consumer’s Concerns</td>
</tr>
<tr>
<td>8</td>
<td>Credit Counseling Centers</td>
</tr>
<tr>
<td>9</td>
<td>Department of Human Services</td>
</tr>
<tr>
<td>10</td>
<td>Disability Information</td>
</tr>
<tr>
<td>11</td>
<td>Domestic Violence</td>
</tr>
<tr>
<td>12</td>
<td>Education</td>
</tr>
<tr>
<td>13</td>
<td>Eldercare</td>
</tr>
<tr>
<td>14</td>
<td>Emergency Assistance</td>
</tr>
<tr>
<td>15</td>
<td>Employment</td>
</tr>
<tr>
<td>16</td>
<td>Health Departments</td>
</tr>
<tr>
<td>17</td>
<td>Home Health Services</td>
</tr>
<tr>
<td>18</td>
<td>Hospice</td>
</tr>
<tr>
<td>19</td>
<td>Hospitals</td>
</tr>
</tbody>
</table>
State of Oklahoma
What is an Area Agency on Aging?

An Area Agency on Aging (AAA) is a public or private non-profit agency, designated by the state to address the needs and concerns of all older Americans. Area Agencies on Aging are dedicated to enhancing the quality of life for older adults and their families by providing information about and access to a variety of services in local communities. AAA’s often serve as a “single point of information” about the complex and fragmented range of services for older adults and their caregivers.

Area Agencies on Aging coordinate and support a wide range of home and community-based supportive and nutrition services as well as services for family caregivers. Not all AAA’s provide the same services.

Older American Act Services funded through Grand Gateway Area Agency on Aging include: Information and Assistance, Long Term Care Ombudsman, Caregiver Training and Respite, Homemaker Chore Services, Nutrition Programs, Health Promotion & Medication Management, Pelivan Transportation, Legal Aid Services and others.

Grand Gateway Programs also include: Silver Haired Legislators, Special Oklahoma State funds for Community Enhancement of Nutrition Assistance (CENA), Masonic Foundation Grant, Grand Old Times Newspaper, Information and Assistance Directory, Disaster Assistance and others. The staff is always happy to accommodate Educational Presentations on various aging issues.

Senior Info-Line

This toll free number will connect you to the nearest Area Agency on Aging serving the county in Oklahoma from which you are calling.

Eldercare Locator

The Eldercare Locator is a public service of the U.S. Administration on Aging. It is for the purpose of locating an Area Agency on Aging anywhere in the United States. Call the number and follow the prompts.

Oklahoma DHS Community Living, Aging & Protective Services

Website: www.okdhs.org

National Association of Area Agencies on Aging (N4A)

Website: www.n4a.org

Oklahoma Association of Area Agencies on Aging (O4A)

Email: info@oarcok.org
Oklahoma Area Agency on Aging Offices

Craig, Delaware, Mveys, Nowata, Ottawa, Rogers and Washington Counties
Staci Pierce, Director (Cell: 918-244-0602) ................................................................. spierce@grandgateway.org
Grand Gateway Area Agency on Aging ........................................................................... 918-276-2501
333 South Oak................................................................................................................. Nationwide: 800-482-4594
P. O. Drawer B................................................................................................................. Fax: 918-783-5786
Big Cabin, OK 74332................................................................................................... Website: www.grandgateway.org
Information and Assistance Coordinator ........................................................................ 800-482-4594

Canadian, Cleveland, Logan and Oklahoma Counties
Blair Schoeb, Director ................................................................................................. bschoeb@areawideaging.org
Area-Wide Aging Agency, Inc ........................................................................................ 405-942-8500
4101 Perimeter Center Drive, Suite 310......................................................................... Fax: 405-942-8535
Oklahoma City, OK 73112 ............................................................................................. www.areawideaging.org
Senior Connection Office ............................................................................................ 405-943-4344

Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, and Tillman Counties
Kristina Manriquez, Director ...................................................................................... Manr_kr@ascog.org
ASCOG Area Agency on Aging ........................................................................................ 580-736-7976
802 W. Main Street ....................................................................................................... Nationwide: 800-658-1466
P.O. Box 1647 ................................................................................................................ Fax: 580-252-6170
Duncan, OK 73534-1647 ............................................................................................. www.ascog.org
Information and Assistance Coordinator ....................................................................... 580-736-7036

Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie and Seminole Counties
Jonathan Mitchell, Director ......................................................................................... E-mail: aaadirector@coedd.net
COEDD Area Agency on Aging .......................................................................................... 405-273-6410 (Ext. 131)
400 N. Bell Street .......................................................................................................... Nationwide: 800-375-8255
P.O. Box 3398 ................................................................................................................ Fax: 405-273-3213
Shawnee, OK 74802-3398 ........................................................................................... 800-375-8255

Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah and Wagoner Counties
Stacy Turner, Director (918-913-9583) ................................................................. E-mail: sturner@eoddok.org
EODD Area Agency on Aging .......................................................................................... 918-682-7891
P.O. Box 1367 ................................................................................................................ Fax: 918-682-5444
Muskogee, OK 74402 .................................................................................................. Website: www.eoddok.org
1012 N. 38th St, Muskogee, OK 74401 ........................................................................... 918-682-7891

Creek, Osage and Tulsa Counties
Regan McManus, Director 918-579-9495 ................................................................. rmcmmanus@incog.org
INCOG Area Agency on Aging ...................................................................................... 918-584-7526
Two West 2nd Street, Suite 800.................................................................................. Fax: 918-584-1024
Tulsa, OK 74103 ........................................................................................................... Website: www.incog.org
Information and Assistance Coordinator ....................................................................... 918-584-7526
Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg and Pushmataha Counties
Kim Rose, Director ................................................................. E-mail: krose@keddo.org
KEDDO Area Agency on Aging .................................................. 918-465-2367
1002 Highway 2 North ............................................................... Fax: 918-465-3873
Wilburton, OK  74578
Information and Assistance Coordinator ........................................ 800-722-8180

Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble Counties
Valerie Snethen, Director ........................................................ E-mail: vsnethen@ltcaenid.org
Long Term Care Authority of Enid Area Agency on Aging ............. 580-234-7475
202 W Broadway, Ste A ............................................................. Fax: 580-234-7481
Enid, OK  73701 ................................................................................ Website: www.ltcaenid.org
Information and Assistance Coordinator ........................................ 580-237-2236

Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray & Pontotoc Counties
Amie Judd, Director ................................................................. E-mail: ajudd@soda-ok.org
SODA Area Agency on Aging .................................................... 580-920-1388
2704 N. First, Durant, OK  74701 ................................................ Fax: 580-920-1391
P.O. Box 709, Durant, OK  74702 ................................................ Website: www.sodaok.org
Information and Assistance Coordinator ....................................... 580-920-1388

Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills and Washita Counties
NW PSA - Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods and Woodward Counties
Anita Martinez, Director ........................................................ E-mail: anita@swoda.org
SWODA Area Agency on Aging ................................................ 580-562-4882
P.O. Box 569 ................................................................................ Fax: 580-562-4880
420 Sooner Drive ........................................................................ Website: www.swoda.org
Burns Flat, OK  73624 ........................................................................ 800-627-4882
Information and Assistance Coordinator .........................................
Section 2
AARP

1-888-687-2277
Website: www.aarp.org
Email: member@aarp.org

AARP State Office Information

Oklahoma State Office
126 N. Bryant Ave.
Edmond, OK  73034
Monday through Friday, 8:30 a.m. to 4:30 p.m.

Fax: 405-844-7772

AARP Member Services

AARP Membership ................................................................. 888-687-2277

AARP Health ........................................................................... 866-583-2087

www.deltadentalins.com/aarp

55 Alive Driver Safety Program ............................................. 888-227-7669
Website: www.aarp.org/drive

AARP Pharmacy ................................................................. 800-456-2277
Website: www.aarppharmacy.com
TTY: 800-933-4327

Auto and RV Insurance ....................................................... 800-932-9922
Website: www.aarp.thehartford.com

Supplemental & Long Term Care Insurance ....................... 866-230-6473
Website: www.aarphealthcare.com

Homeowners Insurance ....................................................... 800-423-4114
TTY: 800-553-6148

Mobile Home Insurance .................................................... 800-752-2461
Website: www.aarphealthcare.com
Flood Insurance: 866-865-2965

AARP Life Insurance ......................................................... 800-449-1548
Website: www.nylaarp.com

AARP Medicare RX Part D Plans ......................................... 888-867-5564
Website: AARPMedicareRx.com/NH6

AARP Foundation’s Tax-Aide ............................................. 888-227-7669
Website: www.aarp.org/money/taxaide

AARP Legal Services ......................................................... 866-330-0753
Website: www.aarplsn.com

Credit Card Services Website: www.aarpcreditcard.com .......... 877-896-2751
CAREGIVING

Caregivers are generally family members who find themselves thrust into the role of providing unpaid assistance in meeting the physical, psychological and/or social needs of a loved one. An estimated 21 million Americans provide care to a relative, friend or neighbor who is 50 or older. Currently, 66% of caregivers are female and 44% are male. The number of grandparents raising grandchildren in the U.S. is rapidly growing.

Grand Gateway Area Agency on Aging Serves:
Craig, Delaware, Mayes, Nowata, Ottawa, Rogers and Washington Counties

Hope Price, Caregiver Project Specialist ...................................................... E-mail: hprice@grandgateway.org
Mary Satterwhite, Respite Coordinator .......................................................... msatterwhite@grandgateway.org
Grand Gateway Area Agency on Aging ................................................................. 918-276-2501
333 South Oak .................................................................................................................. 800-482-4594
P. O. Drawer B ................................................................................................................. Fax: 918-783-5786
Big Cabin, OK 74332 ............................................................................................ Senior Info-Line: 800-211-2116
Website: www.grandgateway.org

The following services are provided through the Caregiver Support Program.
Please contact Hope Price or Mary Satterwhite for assistance.

Respite

Respite services are available to support individuals who are caring for adults 60+ years of age, and grandparents who are 55+ caring for grandchildren under the age of 18. Respite can range from a few hours per week or more, depending on the needs and resources of the family and can take place in the family’s home, the home of a friend or relative, a daycare center or even a church. Respite can be used for many things such as visiting a family or friends, running errands, spending an evening at the movies, or taking a vacation.

Support Services

A caregiver support group can offer an atmosphere of understanding and support for caregivers to discuss issues and problems. Additional support and resources are provided with guest speakers, information about community resources, and help dealing with the stress and losses associated with caregiving.

Information and Assistance

Caregiver Presentations are available for medical personnel, caregiver groups, senior citizens’ centers and business employees. Also available are booths for health fairs and senior days.

Access to Services

Assistance in accessing the various services available in the community is also provided, such as, Legal Aide, homebound meals, Medicare Part D help and enrollment, Advantage Case Management, and transportation.
Caregiver Services for Native Americans in Northeast Oklahoma

Caregiver services are also provided by the Native American Elders of NE Oklahoma for tribal members. The following is a list of the Caregiver Coordinators for each Tribe or Nation.

**Cherokee Nation Elder Services** ................................................................. 918-453-5422
Lisa James ............................................................................................................. 800-256-0671
P.O. Box 948 .............................................................................................................. Fax: 918-458-6216
Tahlequah, OK  74465

**Eastern Shawnee Tribe Elder Services** ......................................................... (Ext. 1205) 918-666-7993
Linda Hill ............................................................................................................... Fax : 918-666-7997
10170 S. Bluejacket
Wyandotte, OK  74370

**Miami Tribe Elder Services** ............................................................................. 918-541-2172
Annie White, Adult Services.............................................................................. Fax: 918-542-7260
2309 W. Newman Road..................................................................................... Email:  awhite@miamination.com
P.O. Box 1326
Miami, OK  74355

**Ottawa Tribe Elder Services** ........................................................................... 918-541-0785
Linda Plott .............................................................................................................. Fax: 918-541-1904
P.O. Box 110
Miami, OK  74355

**Quapaw Nation Elder Services** ..................................................................... 918-674-2257
Rhonda Weaver .................................................................................................... Extension 310
903 Whitebird Street ............................................................................................ Fax: 918-674-2251
P.O. Box 765
Quapaw, OK  74363

**Seneca-Cayuga Nation Elder Services** ............................................................. 918-787-5452
Rene Williams ..................................................................................................... Ext 6047
23701 S. 655 Road ............................................................................................... 866-787-5452
Grove, OK  74344

**Wyandotte Nation Elder Services** ................................................................. 800-256-2539
Brenda House ..................................................................................................... 918-678-2297
64700 E. Hwy 60 ................................................................................................ Fax: 918-678-2944
Wyandotte, OK  74370

**Peoria Tribe of Indian Elder Services** ............................................................. 918-541-1900
Donna Harp ......................................................................................................... Fax: 918-541-1904
P.O. Box 1527
Miami, OK  74355
Adult Day Programs are available for Caregivers to drop off their loved one during the day. The day, time and cost vary by program. Please call the number of the location you are interested in for more information.

Rogers County

Rogers County Adult Day Care .............................................................. 918-341-7588
Wanda Inman, Director ............................................................................. Fax: 918-341-4055
2223 N. Hwy 88
Claremore, OK 74017

Washington County

Day Break at Elder Care ................................................................. 918-336-8500
Cordell Rumsey, Director ......................................................................... Toll Free: 855-336-8500
1223 Swan Drive ........................................................................................ Fax: 918-766-0360
Bartlesville, OK 74006 ................................................................................ info@abouteldercare.org

BRIGHTER LIVING SERVICES

Washington and Nowata County

Elder Care
Kearl Coke, Director of Brighter Living Services ...................................... (Ext. 140) 918-336-8500
1223 Swan Drive ........................................................................................ Fax: 918-336-8519
Bartlesville, OK 74006
Websites: www.abouteldercare.org ......................................................... Email: kcoke@abouteldercare.org

Elder Care’s Brighter Living Program is a fee-based companion program for caregivers to be able to receive 2 to 24-hour assistance. Services include housekeeping, meal preparation, transportation, running errands, companionship and more. The program’s services are to help families and individuals fill the gap in care and ensure loved ones are safe and secure.
SENIOR COMPANION PROGRAM

The Senior Companion Program engages persons 60 and older, particularly those with limited incomes, in volunteer service to meet critical community needs and provide a high quality experience that will enrich the lives of the volunteers. Senior Companions serve primarily homebound seniors in frail health, most of who live alone. The program helps senior citizens retain their dignity and independence in spite of failing health or disabilities.

Janae Hogan, Senior Companion Program Director for Craig, Ottawa and Rogers Counties

Craig County

Janae Hogan, Program Director ................................................................. E-mail: JaneaH@health.ok.gov
Craig County Health Department
115 E. Delaware ...........................................................................(Ext. 114) 918-256-7531
Vinita, OK 74301 ........................................................................Fax: 918-256-3823

Ottawa County

Mary Parker, Site Supervisor ................................................................ E-mail: maryp@health.ok.gov
Ottawa County Health Department
1930 N. Elm .............................................................................(Ext. 210) 918-540-2481
Miami, OK 74354 .........................................................................Fax: 918-540-2486

Rogers County

Jenny Allen, Site Supervisor ................................................................. E-mail: jennya@health.ok.gov
Rogers County Health Department
2664 N. Highway 88 ......................................................................(Ext. 263) 918-341-3166
Claremore, OK 74017 .....................................................................Fax: 918-341-3715

A DIFFERENT KIND OF CAREGIVER

Friends for Folks .................................................................................. 405-726-0444
3334 W Main, Ste 334 .................................................................. melissanicoletto@gmail.com
Norman OK 73072

The mission of the program is to provide the Senior Citizens of Oklahoma with a well trained and behaved companion. The dogs are spayed or neutered and all health needs are met before placement. These animals, upon completion of training, are placed with seniors for the purpose of companionship. A pet can increase the desire to live by helping cope with loneliness and the need to show affection. This is a non-profit organization giving long-term criminal offenders an opportunity to give back to the community, through working with and training the dogs.
Websites of Interest to Caregivers

National Family Caregivers Association

800-896-3650
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895-3944
Fax: 301-942-2302
Website: www.thefamilycaregiver.org
Email: info@thefamilycaregiver.org

The National Family Caregivers Association educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

Alzheimer’s Association

24-hour Help Line: 800-272-3900
918-481-7741
2448E. 81st Street, Suite 3000
Tulsa, OK 74137
Website: www.alz.org
Email: okarsocial@alz.org

The Alzheimer’s Association is a good resource for caregivers who are caring for someone with dementia. They also have a telephone support group available for those who have difficulty getting out.

AARP

888-687-2277
601 E Street, NW
Washington, DC 20049
Website: www.aarp.org

Oklahoma Contact:
Joy McGill, Assoc. State Director-Community Outreach
405-715-4475
918-352-5641
jmcgill@aarp.org

AARP is a good resource for seniors, caregivers and grandparents.
ADVANTAGE PROGRAM
Case Management

Grand Gateway Area Agency on Aging is a public agency dedicated to enhancing the quality of life by providing a single point of information about services.

The Area Agency on Aging coordinates and supports a wide range of home and community based programs and services.

What is the Advantage Program?

The Advantage Program is an Oklahoma Medicaid Program used as an alternative to nursing home care. This program allows individuals to receive assistance with everyday tasks such as housekeeping, bathing, shopping, errands, medication assistance, and many other services.

The goal of the Advantage Program is to provide independence and a better quality of life for individuals.

Services Offered Through the Advantage Program

- Case Management
- Personal Care
- Bathing, Grooming, etc.
- Home Delivered Meals
- Advanced Supportive
- Restorative Assistance
- Incontinence Supplies
- Homemaking Assistance
- Cleaning, Meal Preparation
- Skilled Nursing
- Extended Skilled Nursing
- Physical Therapy
- Adult Day Health
- Specialized Medical Equipment needs
- Nursing Facility Respite
- Hospice
- Institutional Transition Services

Grand Gateway Area Agency on Aging Case Management Services

1-800-482-4594
CHAMBER OF COMMERCE

Craig County

Vinita Chamber of Commerce .................................................................................................................................. 918-256-7133
128 South Wilson. .............................................................................................................................................. Fax: 918-256-8261
P.O. Box 882
Vinita, OK  74301  Website: www.vinita.com ................................................................................. E-mail: vacc@vinita.com

Delaware County

Jay Chamber of Commerce .................................................................................................................................................... 918-253-8698
538 Krause Street
P.O. Box 806.................................................................................................................................................. E-mail: information@jaychamber.org
Jay, OK  74346.................................................................................................................................. Website:  www.jaychamber.org

Grove Chamber of Commerce ........................................................................................................................................ 918-786-9079
9630 U.S. HWY 59 ........................................................................................................................................... Fax : 918-786-2909
Grove, OK  74344
Website: www.groveok.org .................................................................................................................. E-mail: grovecc@sbcglobal.net

Mayes County

Chouteau Chamber of Commerce .................................................................................................................................. 918-476-8222
P.O. Box 332 .................................................................................................................................. Facebook.com/Chouteau-Chamber-of-Commerce
215 West Main St.
Chouteau, OK  74337.................................................................................................................................. Website: chouteauchamber.com

Locust Grove Chamber of Commerce ........................................................................................................................................ 918-530-8132
P.O. Box 525
114 East Main
Locust Grove, OK  74352.................................................................................................................................. Website: locustgroveoklahoma.com

Pryor Chamber of Commerce ........................................................................................................................................... 918-825-0157
100 East Graham Ave., Pryor, OK  74361......................................................................................................... Fax: 918-825-0158
P.O. Box 367, Pryor, OK  74362
Website: www.pryorchamber.com ................................................................................................... E-mail: info@PryorChamber.com

South Grand Lake Area Chamber of Commerce ........................................................................................................ 918-782-3214
420 E. Highway 28, Suite 112 .......................................................................................................................... Fax: 918-782-3215
Ketchum, OK 74349
P.O. Box 215, Langley, OK 74350
Website:  www.southgrandlakechamber.org ............................................................................................... Email: grandlakechamber@gmail.com
Nowata County

Nowata Chamber of Commerce ................................................................. 918-273-2301
126 South Maple St .................................................................................. Fax: 918-273-0925
P.O. Box 202
Nowata, OK  74048     Website: nowata.com................................. E-mail: chamber@nowata.com

Ottawa County

Miami Chamber of Commerce ............................................................... 918-542-4481
11 S Main St
Miami, OK  74354 .................................................................................. Fax: 918-540-1260
Website: www.miamiokchamber.com.................................................. E-mail: info@miamiokchamber.com

Rogers County

Catoosa Chamber of Commerce ............................................................ 918-266-6042
650 S. Cherokee St., Suite C .................................................................. Fax: 918-266-6314
P.O. Box 297 .......................................................................................... E-mail: catoosachamber@gmail.com
Catoosa, Oklahoma 74015 ..................................................................... Website: catoosachamber.org

Chelsea Chamber of Commerce ............................................................ 918-789-2220
618 South Pine Street .......................................................................... E-mail: chelseaokchamber@earthlink.net
Chelsea, OK  74016 .............................................................................. Website: chelseaareachamber.com

Claremore Chamber of Commerce ....................................................... 918-341-2818
419 West Will Rogers Blvd .................................................................. Fax: 918-342-0663
Claremore, OK  74017 Website: www.claremore.org..................... E-mail: chamber@claremore.org

Inola Chamber of Commerce ................................................................. 918-543-2900
P.O. Box 1207
310 North Broadway St.
Inola, OK  74036 .................................................................................. Website: www.inolachamber.com

Oologah Chamber of Commerce .......................................................... 918-443-2790
P.O. Box 109 ........................................................................................ Email: chamber@oologah.org
110 West Cooweescoowee Ave.
Oologah, OK  74053 ............................................................................ Website: www.oologah.org

Washington County

Bartlesville Chamber of Commerce ..................................................... 918-336-8708
201 SW Keeler Ave.
Bartlesville, OK  74003 ......................................................................... Fax: 918-337-0216
Website: www.bartlesville.com ............................................................ E-mail: reception@bartlesville.com
COMMUNITY ACTION

Craig County

Craig County ................................................................. 918-253-4683 ext. 110
............................................................................................ Fax: 918-253-6059
............................................................................................ Email: neocaa@brightok.net

Programs include emergency rent & utility assistance, home weatherization, home rehabilitation, home and utility deposits. Call Jay Community Action in Jay for more information.

Delaware County

Northeast Oklahoma Community Action ................................................................. 918-253-4683 ext. 110
Administrative Office................................................................................................ Fax: 918-253-6059
856 E. Melton, Suite C
P.O. Box 603
Jay, OK  74346 .................................................................E-mail: neocaa@brightok.net

Programs include income tax preparation, emergency rent & utility assistance, home weatherization, home rehabilitation and prescription assistance.
Open Monday - Friday 8:00 a.m. - 4:30 p.m.

Mayes County

Pryor Community Action ................................................................. 918-825-3423
708 S.E. First.................................................................Fax: 918-825-5159
Pryor, OK  74361- 4616.................................................................Email: pryorcard@cardcaa.org
Head Start.................................................................918-825-4583

Programs include emergency assistance, Early Head Start. Open Monday - Friday 8:00 a.m. - 4:00 p.m.

Nowata County

Nowata County Satellite Office................................................................. 918-273-2868
317 E. Delaware .................................................................Fax: 918-273-1969
Nowata, OK  74048

Programs based on income guidelines and are for low-income individuals. Emergency assistance based on an unforeseeable event. Open Monday - Friday 8:00 p.m. – 4:30 p.m. Salvation Army and Food Bank information can be obtained through this office.
Ottawa County

Ottawa County Satellite Office ................................................................. 918-253-4683 ext. 110
2114 Denver Harner Drive ........................................................................ Fax: 918-253-6059
Miami, OK 74354

Programs include emergency rent and utility assistance, home weatherization, home rehabilitation
home buyers assistance, and free tax aid. Calls will be answered every other Tuesday
afternoon and Wednesday mornings. Call Jay Community Action in Jay for more
information.

Rogers County

Community Action Resource & Development, Inc. (Central Office) ..................... 918-341-5000
707 W. Lowry Road, Suite 103 ........................................................................ Fax: 918-343-2492
Claremore, OK  74017
P.O. Box 947, Claremore, OK  74018
Email: cardinc@cardcaa.org ......................................................................... Website: cardcaa.org

Programs available: Emergency assistance, weatherization, housing programs, senior citizens-
nutrition, supportive and in-home services, Early Head Start and Head Start.
Open Monday - Friday 8:00 a.m. - 4:30 p.m. Closed 12:00 p.m. – 1:00 p.m.

Washington County

Washington County Satellite Office ................................................................. 918-333-8115
3618 East Tuxedo Blvd ................................................................................... Fax: 918-333-8008
Bartlesville, OK  74006 .................................................................................... Email: card@fullnet.net

Programs available: Emergency utility assistance, weatherization, Head Start.
Open Monday - Friday 8:00 a.m. – 12:00 p.m. and 1:00 p.m. - 4:30 p.m.
Section 7

Fraud, Scam, ID Theft, Complaints, Do-Not-Call, Lifeline Phone Assistance
CONSUMER CONCERNS
Fraud, Scam, ID Theft, Complaints

Attorney General of Oklahoma
Consumer Protection Unit .................................................................Consumer Hotline: 405-521-2029
313 NE 21st Street ..............................................................................Direct Line: 405-521-3921
Oklahoma City, OK 73105 .................................................................Fax: 405-522-0085
Website: www.oag.state.ok.us

Attorney General of Oklahoma, Tulsa Office .................................. 918-581-2885
440 S. Houston, Suite 505 ......................................................... Downtown Tulsa
Tulsa, OK 74127-8913 ................................................................. 525 S. Main St. Ste. 800
Tulsa, OK 74103

Do Not Call Registries (Helps stop telemarketers from calling your home)

Oklahoma Telemarketer Restriction Act Consumer Registry Statewide:
Website: www.oag.state.ok.us ................................................................. 800-390-5708

National Registry
Email: www.donotcall.gov ................................................................. 888-382-1222
Fed communications commission .........................Stop Fraud Hot Line ….. 888-225-5322

Better Business Bureau ................................................................. Tulsa: 918-492-1266
4937 S 78th Ave ................................................................. Toll Free: 877-492-1266
Tulsa, OK 74145 ................................................................. Fax: 918-492-1276
Monday-Friday 9am-4pm
Website: www.bbb.org ................................................................. Click on locate a BBB to find your local area

Credit Cards ................................................................. To Report: lost or stolen cards:
American Express ........................................................................... 800-528-4800
Discover ....................................................................................... 800-347-2683
Master Card .................................................................................. 800-826-2181
Visa .............................................................................................. 800-336-8472
.............................................................................................. Or 888-994-1709

Credit Reporting Services
Equifax ................................................................. www.Equifax.com .............. 866-685-1111
To Report Fraud ........................................................................... 800-525-6285
Experian ................................................................. www.Experian.com ............. 888-397-3742
To Report Fraud ........................................................................... 888-397-3742
Trans Union Corporation ........................................................... www.transunion.com .... 800-888-4213
To Report Fraud ........................................................................... 800-680-7289

Federal Trade Commission .......................................................... 877-438-4338 or 877-382-4357
Consumer Response Center .......................................................... Website: consumer.gov/id theft
1700 Pennsylvania Ave., NW, Suite 600 ..................................Identity Theft Hotline: 877-438-4338
Washington, DC 20580 .............................................................. Website: www.ftc.gov/complaint
Free Credit Report  
Annual Credit Report Request Service protection  
P.O. Box 105283  
Atlanta, GA  30348-5283  
Website: annualcreditreport.com

Identity Theft Resource Center  
Victim Assistance  
E-mail: itrc@idtheftcenter.org  
Website: www.idtheftcenter.org

Inspector General’s Fraud Hotline  

Medicaid/Medicare Fraud. (Stop Health Care FRAUD)  
SMP (Oklahoma)  
Website: smp.oid.od.gov  
888-967-9100

Stop Pre-Approved Credit Card Offers and Insurance Offers  
Website: OptOutPreScreen.com  
Or call number from the phone your having the problem

BBB Wise Giving Alliance  
3033 Wilson Blvd., Suite 600  
Arlington, VA  22201  
Website: www.info@give.org

National Consumers League  
1701 K Street, NW, Suite 1200  
Washington, D.C.  20006  
Website: www.nclnet.org

National Fraud Information Center  
Website: www.fraud.org

Oklahoma Human Rights Commission  
440 S. Houston Room 302  
Tulsa, OK  74127  
Website: www.hrc.state.ok.us

Oklahoma Insurance Commissioner  
Senior Health Insurance Program  
Website: www.occeweb.com  
or 405-521-2211

Oklahoma Corporation Commission (Public Utility Complaints)  
Website: www.occeweb.com  
Must try to settle complaint with your local utility before calling Corporation Commission.

Postal Inspector (postalinspectors.uspis.gov)  
To Report Fraud: 877-876-2455

Public Record Finder  
Website: www.publicrecordfinder.com

Social Security Fraud Hotline  
800-269-0271
Lifeline
Wireline or Wireless Phone Service

Lifeline is a government benefit program providing monthly discounts on one telephone service per household, wireline (home) or wireless (cell) for eligible low-income consumers.

To participate in the program consumers must either have an income at or below 135 % of the Federal Poverty Guidelines or participate in one of the following assistance programs:

Medicaid; SNAP (Food Stamps); SSI; public housing assistance Section 8; LIHEAP; TANF; School lunch program; Bureau of Indian Affairs general assistance; TTANF; Food distribution on Indian Reservations (FDPIR); Head Start or State assistance programs.

For more information:

Please visit the website: www.lifelinesupport.org
You may also call the Federal Communications Commission at: 1-888-225-5322

Internet Resource Information

Public Records Search: www.Blackbookonline.info
Drivers License Guide: www.idcheckingguide.com
Federal Bureau of Investigation: www.fbi.gov
Federal Inmate Locator: www.bop.gov
Opt out of pre-authorized credit cards: www.optoutprescreen.com
New Anti-Cyber Scam Site (free DVDs): www.LooksTooGoodToBeTrue.com
Oklahoma District Court Records: www.odcr.com
Find Dates of Birth: www.BirthDataBase.com
Credit Counseling Centers of Oklahoma

Consumer Credit Counseling Centers of Oklahoma ..........................800-324-5611
4646 South Harvard, Tulsa, OK 74135.................................................................918-744-5611
P. O. Box 4450, Tulsa, OK 74159-0450.................................................................Fax: 918-744-0232
Email: customerservice@cccsfok.org............................................................Website: www.cccsofok.org

Council families and individuals through periods of financial crisis in restoration of self-reliance
and personal dignity. Also has a Senior Outreach Department.

Rogers County

Consumer Credit Counseling (Satellite Office)..........................800-324-5611
104 S. Missouri Avenue Suite 205
Claremore, OK 74017
Email: customerservice@cccsfok.org............................................................Website: www.cccsofok.org

Assist families and individuals through periods of financial crisis in restoration of self-reliance
and personal dignity. Non-profit financial counseling service for education and debt management.
The Department of Human Services for the State of Oklahoma provides services to individuals and families through a multitude of programs available through its many divisions. Eligibility must be determined for each program. Numerous programs listed on page 3.

ABUSE HOTLINE ................................................................................................................. 800-522-3511
Report on line........................................................................................................................ OKHotline.org

Craig County
Denise McKinnon, County Director ................................................. E-mail: denise.mckinnon@okdhs.org
310 N. Wilson ............................................................................................ 918-713-5000 or 800-572-6844
Vinita, OK  74301 ......................................................................................................... Fax : 918-713-5080

Delaware County
Marianne Collins, County Director .................................................... E-mail: marianne.collins@okdhs.org
438 S. 9th Street ........................................................................................... 918-253-4213 or 800-433-6772
P.O. Drawer 750 ............................................................................................................. Fax: 918-253-6534
Jay, OK  74346

Mayes County
Marianne Collins, County Director .................................................... E-mail: marianne.collins@okdhs.org
501 South Elliott Street ............................................................................... 918-824-4900 or 800-815-7572
Pryor, OK  74361 ........................................................................................................... Fax: 918-824-4980

Nowata County
Denise McKinnon, County Director ................................................... Email: denise.mckinnon@okdhs.org
5205 Jacquelyn Lane ................................................................................... 918-338-5700 or 800-734-7512
Bartlesville, OK  74006................................................................................................... Fax: 918-338-5777

Ottawa County
Marianne Collins, County Director .................................................... E-mail: marianne.collins@okdhs.org
2114 Denver Harner Dr. .............................................................................. 918-541-2400 or 800-884-1715
Miami, OK  74354 ......................................................................................................... Fax: 918-541-2516

Rogers County
Denise McKinnon, County Director ................................................... Email: denise.mckinnon@okdhs.org
2020 Holly Rd ......................................................................................................................... 800-270-0804
Claremore, OK  74017 .................................................................................................... 918-283-8300
P.O. Box 3030 Zip 74018 ........................................................................................ Fax: 918-283-8445

Washington County
Denise McKinnon, County Director ................................................... E-mail: denise.mckinnon@okdhs.org
5205 Jacquelyn Lane ................................................................................... 918-338-5700
Bartlesville, OK  74006................................................................................................... Fax: 918-338-5777
The mission of the Oklahoma Department of Human Services (DHS) is to help individuals and families in need, help themselves lead safer, healthier, more independent and productive lives.

Website: benefitscheckup.org ............................................. A service of the National Council on Aging
Receive a personal report of public programs and benefits you may qualify for.

**Adult Protective Services (APS)** provides services to protect vulnerable adults. They investigate abuse and neglect of elderly, disabled and incapacitated adults.

**Energy Assistance:**

*LiHEAP,* is a one-time payment made to the client’s supplier of heat, such as natural gas, propane, electric and wood. The program is available depending on funding.

*ECAP* is a program in which a one-time payment is made to the client’s source of cooling. The program is available depending on funding.

**Programs a Medicare Beneficiary might qualify for:**

**Qualified Medicare Beneficiary (QMB).** This program pays your Medicare Premiums, deductibles and coinsurance.

**Specified Low-income Medicare Beneficiary (SLMB).** This program pays your Medicare Part B premium.

**Food Stamps (EBT Card)**

The Food Stamp program is meant to be a supplement to income, solely for the purchase of food items. The program is federally funded and monitored through the US Department of Agriculture.

**Advantage Waiver Program**

A program for individuals who meet nursing home level of care guidelines, however want to remain in their own home. This program also can provide limited Adult Daycare coverage.

**Nursing Home Program**

This program pays a supplement for Nursing Home care.

**Breast and Cervical Cancer**

This program provides complete Medicaid services to those diagnosed with these diseases. It is administered through the State DHS Office and application must be made through the local County Health Department.

**Many other programs available for all ages. Contact your local Department of Human Service Office for more information and eligibility requirements.**
DISABILITY INFORMATION

Disability Law Center ........................................................................................................... 800-226-5883
5555 E. 71st Street ................................................................................................................... 918-743-6220
Suite 9100 ................................................................................................................ Fax: 918 -743-7157
Tulsa, OK  74136 ........................................................................................................ Website:  www.okdisabilitylaw.org
Disability Law Center, Oklahoma City Office ........................................................................ 800-880-7755

Serves all age groups with physical or mental disabilities. Discrimination based on disability,
access to community based services, appropriate educational services, abuse and neglect and
information and assistance. No fee. Monday – Friday, 8:30 a.m. – 5:00 p.m.

Office of Disability Concerns ............................................................................................... 405-521-3756
Client Assistance Program .................................................................................................. 877-215-8336
11212 N. May Ave. ................................................................................................Voice/TDD: 405-522-6706
Oklahoma City, OK  73120 ........................................................................................ Fax: 405-522-6695
Website: www.odc.ok.gov .................................................................................... for all disability services.

Ability Resources ..............................................................................................................Voice/TDD: 918-592-1235
823 S. Detroit #110 ........................................................................................................... 800-722-0886
Tulsa, OK  74120 ........................................................................................................ Fax: 918-592-5651
Website:  www.ability-resources.org

We help people to live independently, do peer counseling, advocacy, information and assistance.
Choices might include: Options Counseling; Advantage Case Management; Nursing Home
Transition for the Living Choice Program; transportation for seniors (must call for eligibility).
Also donate durable medical equipment if available.

Dynamic Independence ..................................................................................................Voice/TDD: 800-559-0567
Diana Garrett, Executive Director
415 S. Dewey, Suite 202 ..................................................................................................Voice/TDD: 918-335-1314
Bartlesville, OK  74003 ................................................................................................ Fax: 918-333-1814
Website:  www.dynind.org

Serving Craig, Nowata and Washington Counties
Working for accessibility and inclusion in all areas of life for people who have disabilities.
Services include peer counseling, self-advocacy training, information and referral, equipment
lending, disability awareness training for organizations, guidance on improving accessibility in the
community.
The Landing
Serving all of NE Oklahoma

The landing is a non-profit permanent supportive housing program through the U.S. Department of Housing and Urban Development. The mission is to support the members of the community in their time of need and work towards a greater good. Working to aid those homeless, seeking help during their time of distress. The purpose is to develop supportive housing and supportive services to assist disabled homeless individuals in the transition from homelessness and to enable them to live independently as possible.

The Landing ................................................................. 918-676-3228
502 W. Conner/P.O. Box 190 .................................................. Fax: 918-676-3534
Fairland, OK 74343 .............................................................. Email: landing_inc@yahoo.com

Assistive Equipment

Miracle on Wheels Program .............................................. 800-400-4210 or 800-749-8778
Free Electric Wheel Chairs ................................................. Fax: 805-560-7475
Website: www.miraclewheels.org ...................................... E-mail: gpruitt@jaspanmedical.com

The Miracle on Wheels Program makes electric wheelchairs available nationwide to Senior-citizens and individuals with disabilities, who could not otherwise afford them. To qualify, the individual must be unable to walk and unable to maneuver a manual wheelchair.

Oklahoma Equipment Connection Assistive Technology Resale & Recycle .................. 888-885-5588
ABLE Tech Reuse Program ........................................ Voice/TDD: 888-885-5588
Assisting Brighter Living with Enabling Technology ........................................ 800-257-1705
1514 W. Hall of Fame ........................................................ (Equipment List) Website: http://oec.okstate.edu
Stillwater, OK 74078 ......................................................... Website: http://okabletech.okstate.edu
Email: abletech@okstate.edu

Visually Impaired Services

Information Line for age 55 and over and legally blind .................................................. 800-829-3255

American Council of the Blind ........................................ 800-424-8666
1703 N. Bearegard St. Suite 420 ........................................ Fax: 703-465-5085
Alexandria, VA 22311 ....................................................... Email: info@abc.org
Visually Impaired Services - continued

National Federation of the Blind News-line................................................................. 410-659-9314 Ext. 2356
Website: www.nfb.org/programs-services/nfb-newsline.............................................E-mail: nfb@nfb.org

The service is free. Choose the paper, the sections and the articles you want read from the
250 newspapers and 6 magazines available. Television listings for specific companies in your
area. For this service information go to website: www.nfbnewsline.org

Oklahoma Library for the Blind and Physically Handicapped..................................... 405-521-3514
300 NE 18th..................................................................................................................... 800-523-0288
Oklahoma City, OK  73105 ............................................................................................Fax: 405-521-4582
Website: www.library.state.ok.us ............................................................................TDD: 405 521-4672
Email: library@drs.state.ok.us

Books on Tape and Descriptive Videos provided. Speakers available for presentations.

Department of Rehabilitation & Visual Services (Oklahoma City)............................ 800-845-8476
3535 NW 58th Street, Suite 500 .................................................................................. 405-951-3400
Oklahoma City, OK  73112 ..........................................................................................Fax: 405-951-3529
Website: www.okdrs.gov .........................................................................................Employment service for those with a disability.

Department of Rehabilitation Services (Statewide Agency) ...................................... 800-845-8476
Division of Visual Services, #VS64............................................................................. 918-581-2301
444 South Houston, Suite 200 .................................................................................... 918-581-2386
Tulsa, OK  74127 .........................................................................................................Visual Services Fax: 918-581-2624
Website: www.okdrs.gov .........................................................................................Rehabilitation Services Fax: 918-583-9210

Rehabilitative services for job assistance, mobility, independent living, equipment assistance.

Craig, Delaware, Nowata, Ottawa and Washington Counties

Department of Rehabilitation Services, Division of Visual Services, #VS68.............. 918-256-5275
441 N. Wilson ...............................................................................................................Fax: 918-256-5846
Vinita, OK  74301

Vocational Rehabilitation Services and Independent living services. Cataract surgery available.

Mayes County

Department of Rehabilitation Services, Division of Visual Services, #VS62.............. 918-781-4162
733 S. 32nd ..................................................................................................................Fax: 918-781-4177
Muskogee, OK  74401

Vocational Rehabilitation Services. Independent living services for the legally blind.
Hearing Impaired Services

Tele Relay for the Deaf ................................................................. 711 Relay #: 800-722-0353
Customer Service, 800-676-3777............................... Voice line for Relay: 800-522-8506

Department of Rehabilitation Services ........................................ V/TDD: 800-833-8973
Services to the Deaf and Hard of Hearing .................................. V/TDD: 405-522-7930
2401 NW 23rd Suite 51......................................................... Fax: 405-522-7948
Oklahoma City, OK 73107 ...................................................... E-mail: SDHH@okdrs.gov

TSHA, Inc. (Statewide) ...................................................... Interpreter Services: 888-311-3523
8740 East 11th Street, Suite F ................................................ TTY: 918-832-8742
Tulsa, OK 74112-7957 ......................................................... Fax: 918-834-4329
Website: www.tsha.cc

Information & Referral Program, hearing aid assistance, equipment loans, monthly newsletter for hearing impaired, interpreter referral program, independent living education and training. Sign Language classes given three times a year. Support group meets second Thursday of each month.

Vocational Rehabilitation

Craig, Delaware, Nowata and Ottawa Counties

Department of Rehabilitation Services ........................................... 918-542-4716
NEO A&M College, Dyre Hall.................................................... Fax: 918-540-0072
200 I Street NE, P.O. Box 3896
Miami, OK 74354

Mayes and Rogers Counties

Department of Vocational Rehabilitation Services #26 .................. 918-341-8122
223 West Blue Starr Dr. .......................................................... Fax: 918-342-0355
Claremore, OK 74017

Washington County and Nowata Counties

Ability Works of Oklahoma, Inc. .................................................. 918-336-5928
501 S. Virginia Ave. ............................................................. Fax: 918-336-2778
Bartlesville, OK 74003

Employment agency for those with disabilities. Serves Washington only.
Volunteers of America of Oklahoma, Inc. ................................................................. 918-307-1500
9605 E. 61st ........................................................................................................ Fax: 918-307-1520
Tulsa, OK  74133
Website:  www.voaok.org...................................................................................... Email: info@voaok.org

Programs for people with developmental disabilities. Senior housing, home care for seniors, group homes for people with Prader -Willi Syndrome, the homeless. Serves Bartlesville, Miami, Tulsa, Muskogee, Eufaula and Oklahoma City.

Handicapped Parking Program

Department of Public Safety .......................................................................................405-425-2403
3600 N. Martin Luther King Blvd................................................................. (Recording of Services) 405-425-2290
P.O. Box 11415
Oklahoma City, OK 73136 .........................................................Open Monday – Friday, 8:00 a.m. to 4:30 p.m.

To obtain application for parking permits and other disability related vehicle information, request application for a disability placard from your local tag agency. Return application completed by physician. Placards will be mailed to you.

You can also download an application by going to: www.dps.state.ok.us

Lifeline
Wireline or Wireless Phone Service

Lifeline is a government benefit program providing monthly discounts on one telephone service per household, wireline (home) or wireless (cell) for eligible low-income consumers.

To participate in the program consumers must either have an income at or below 135 % of the Federal Poverty Guidelines or participate in one of the following assistance programs:

Medicaid; SNAP (Food Stamps); SSI; public housing assistance Section 8; LIHEAP; TANF; School lunch program; Bureau of Indian Affairs general assistance; TTANF; Food distribution on Indian Reservations (FDPIR); Head Start or State assistance programs.

For more information:

Please visit the website: www.lifelinesupport.org
You may also call the Federal Communications Commission at: 1-888-225-5322
Crisis Counseling & Shelter
**DOMESTIC VIOLENCE**
Crisis Counseling and Shelter

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Safeline ..................................................................................................................................... 800-522-7233

Safeline is a function of the Office of the Attorney General. It is a 24-hour toll-free line, providing information and referral on domestic violence, sexual assault, stalking and human trafficking. Callers can be referred to crisis intervention and shelter services, obtain information on filing a victim protective order and learn about their rights under law, but cannot give legal advice. All calls are free and confidential. Please visit website: www.oag.ok.gov

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National Domestic Violence Hotline (24 hours 7 days a week) ............................................. 800-799-7233
Website: the hotline.org ............................................................................................................... TTY: 800-787-3244

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**Craig County**

**Women’s Advocate and Resource Center** .................................................. 918-256-1945
Community Crisis Center ........................................................................... 24-hour Crisis Line: 800-400-0883
418 E. Illinois Unit C
Vinita, OK 74301 ........................................................................................................... Office only - not a shelter

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**Delaware County**

**Women’s Advocate and Resource Center** .................................................. 918-253-3939
Community Crisis Center ........................................................................... 24-hour Crisis Line: 800-400-0883
454 Krause Street ........................................................................................................... Email: delcoadv@getmeout.org
P.O. Box 66
Jay, OK 74346

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**Mayes County**

**Safenet Services, Inc.**
Domestic Violence Crisis Line ........................................................................ 888-372-9400
Donna Grabow, Director ................................................................................ Pryor Office: 918-825-0190
118 N. Adair St. ........................................................................................................... Website: safenetservices.org
Pryor, OK 74361
Counseling for domestic abuse and sexual assault ........................................ by appointment only.
Protective Orders for Mayes County, Donald W. Reynolds at Claremore Safe House

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Domestic Violence - continued

Ottawa County

Women’s Transition Center Shelter ........................................................................................................ 918-540-2432
P.O. Box 971 ................................................................................................................................. Hot Lines: 918-542-1001 or 800-400-0883
Miami, OK 74355 ...................................................................................................................... Fax: 918-542-1027
Shelter for domestic abuse and sexual assault ................................................................. Website: www.getmeout.org

Community Crisis Center ........................................................................................................... 918-540-2275
118 A SE ................................................................................................................................. Fax: 918-540-3228
Miami, OK 74354

Child Advocacy Center of Ottawa County ................................................................. 918-540-1621
23 B SE ................................................................................................................................. Fax: 918-540-2205
Miami, OK 74354 ........................................................................................................... Email: familycenter@cableone.net


Rogers County

Safenet Services, Inc ............................................................................................................... 918-341-1424
Donna Grabow, Director .......................................................................................................... Fax: 918-341-1471
1219 W. Dupont .................................................................................................................. Crisis Line: 918-341-9400
Claremore, OK 74017
P. O. Box 446 .................................................................................................................. Website: www.safenetservices.org
Claremore, OK 74018

 Domestic Abuse Shelter, Advocacy, counseling, “CHANGES” (Batterers Treatment), “Safenet” for child exchange or supervised visitation and parenting classes.

Washington County

Ray of Hope ......................................................................................................................... 918-337-6177
706 E 3rd St .......................................................................................................................... Crisis Hotline: 918-214-8886
Bartlesville, OK 74003 ........................................................................................................ Website: rayofhopeac.org
OSU Extension Services
Vocational Technical
Local Universities
EDUCATION and OSU EXTENSION SERVICES

Craig County

Craig County OSU Extension Center .................................................................918-256-7569
210 W. Delaware, Suite 107 .............................................................................Fax: 918-256-6917
Vinita, OK  74301
4-H Website .................................................................................................. oces.okstate.edu/craig

Delaware County

Northeast Technology Center ........................................................................918-868-3535
East Campus 450 N. Highway 59 ...................................................................Fax: 918-868-3530
P.O. Box 30
Kansas, OK  74347 ........................................................................................ Website: www.netech.edu

Delaware County OSU Extension Services.....................................................918-253-4332
38267 US Hwy 59 (Fairgrounds)
P. O. Box 1020 ................................................................................................Fax: 918-253-8324
Jay, OK  74346..............................................................................................Website: www.oces.okstate.edu/delaware

Mayes County

Northeast Technology Center ........................................................................918-825-5555
South Campus 6195 W. Highway 20 ..............................................................Fax: 918-825-5513
P.O. Box 825.................................................................................................. Website: www.netech.edu
Pryor, OK  74362 ............................................................................................ Tuition 60 years+ 25% discount

Mayes County OSU Extension Services.....................................................918-825-3241
2200 NE First (Mayes County Fairgrounds) .................................................Fax: 918-825-0550
P.O. Box 39
Pryor, OK  74362 ............................................................................................ Bringing the University to you—Local link to OSU
Nowata County

Nowata County OSU Extension Services ................................................................. 918-273-3345
612 E. Roxy, Fairgrounds ................................................................. Fax: 918-273-1940
P.O. Box 231 .................................................................................................. Nowata, OK 74048
Website: www.oces.okstate.edu/nowata

Ottawa County

Northeast Technology Center .......................................................... 918-257-8324
19901 S. Highway 69 ........................................................................ Fax: 918-257-4342
P.O. Box 219
Afton, OK 74331 ........................................................................ Website: www.netech.edu

60 years or older, 25% discount.

Northeastern Oklahoma A&M College ................................................. 918-542-8441
200 "I" Street NE ................................................................. Admissions Fax: 918-540-6946
Miami, OK 74354-6434
Website: neo.edu ........................................................................ E-mail: neoadmission@neo.edu

Seniors citizens may enroll for audit in any academic courses during the first 2 weeks of daytime classes.

GED Testing Center ................................................................................. 918-540-6292
NEO A&M College
200 “I” Street NE ............................................................... Miami, OK 74354
Offers GED basic classes and ESL classes .................................. Adult Learning Center

Ottawa County OSU Extension Services ........................................ 918-542-1688
Ottawa County Courthouse Annex ................................................. Fax: 918-542-8463
123 E. Central, Suite #101 ...................................................... Website: countyext.okstate.edu/ottawa
Miami, OK 74354

Rogers County

Rogers State University, Claremore Campus .................................. 918-343-7777
1701 West Will Rogers Blvd ............................................................ Fax: 918-343-7595
Claremore, OK 74017 ................................................................. 800-256-7511
Email: info@rsu.edu

Full range of courses offered. Auditing classes available for age 65 and over, with tuition fees waived. No college credits given for discounted or free classes.
Rogers County - continued

Rogers County OSU Extension Services ................................................................. 918-923-4958
200 S. Lynn Riggs Blvd ........................................................................................ Fax: 918-923-4511
Claremore, OK 74017
Website: oces.okstate.edu/rogers

Washington County

Rogers State University at Bartlesville ................................................................. 918-338-8000
401 S. Dewey, Suite 100 .................................................................................... Fax: 918-338-8098
Bartlesville, OK 74003 ......................................................................................... Website: www.rsu.edu

Full range of courses offered. Auditing classes available for age 65 and over, with
tuition fees waived. No college credits given for discounted or free classes.

Tri-County Technology Center ............................................................... 918-333-2422
6101 Nowata Road ......................................................................................... Fax: 918-333-6797
Bartlesville, OK 74006 ..................................................................................... Website: www.tctc.org

20% discount of every $100 spent for Senior Citizens age 60 and over. No
discounts on Continuing Education. Books are included in the evening classes.

Washington County OSU Extension Service ......................................................... 918-534-2216
205 E. 12th Street .......................................................................................... Fax: 918-534-2279
Agriculture Center (West side of Hwy 75, turn west on Bulldogger Road)
P.O. Box 10 .................................................................................................. Website: http://oces.okstate.edu/washington
Dewey, OK 74029

Monday through Friday, 8:00 a.m. – 4:30 p.m. Closed for lunch 12:00 – 12:30

Miscellaneous Information

Oklahoma Department of Career Education and Technology ......................... (405) 377-2000
1500 W. 7th Ave. ........................................................................................ Fax: (405) 743-6809
Stillwater, OK 74074-4364 ........................................................................ Website: www.okcareertech.org

Cherokee Nation Indian Adult Education ....................................................... (918) 458-0484
17822 S. Muskogee Ave. .......................................................................... Fax: 918-434-4140
P.O. Box 948
Tahlequah, OK 74464.. Adult basic Education, GED classes, must be Native American with CDIB Card
ELDER CARE

Elder Care helps mature adults live happy, healthy, independent lives.

Serving Washington, Nowata and Osage Counties

Elder Care ................................................................................................................................ 918-336-8500
1223 SE Swan Drive .............................................................................................................. Toll Free: 855-336-8500
Bartlesville, OK  74006 ........................................................................................................ Fax: 918-336-8519
Website: www.abouteldercare.org

Brighter Living Home Services: A fee based companion service providing one (1) to twenty-four (24) hour assistance to senior in their homes. Services include housekeeping, meal preparation, transportation, running errands, companionship and other services. Each person’s care plan is customized based on the individual’s need.

Care Management: Elder Care’s Care Managers, act as service coordinators, advocates and advisors who help mature adults maintain independence and enjoy safe, comfortable living conditions in their home.

Caregiver Support Group: Meets weekly to offer practical information in a nurturing environment.

Day Break: Adult Day Health Center, open Monday through Friday, 7:30a.m. - 5:30p.m. Provides social interaction, therapeutic activities, fitness, music and a nutritious lunch for adults of various levels of physical and cognitive ability, who need supervised care in a safe environment during the week.

Medical Equipment Loan: Elder Care loans medical equipment at no charge for as long as needed.

Physical Therapy: Outpatient physical therapy specializing in the physical needs of patients age 60 and older. Atmosphere, equipment and staff focused on caring for the well being of mature adults. Medicare and most major insurance is accepted.

Speech Therapy: Specializing in traditional speech therapy as well as the LSVT LOUD Program for voice, NMES therapy for dysphagia and cognitive treatment for patients who are in the initial stages of cognitive decline.

W.R. Bohon Senior Health Clinic: Features a geriatrician specializing in patients age 60 and older. This can be a primary care giver or a secondary opinion. Medicare and most major insurance is accepted.
Section 14

Food, Clothing, Utilities, and Emergency Shelter
Emergency Assistance
Food, Clothing, Utilities, Shelter

Federal Emergency Management Agency (FEMA) ................................................................. 800-462-9029
Emergency disaster assistance .................................................................................................. 800-621-3362
Those with speech or hearing impairment call .................................................................... TTY: 800-462-7585
Website: www.fema.gov

National Energy Affordability and Accessibility Project .................................................. 866-674-6327
Website: www.energynear.org ........................................................................................  TTY: 866-367-6228
Information on Low Income Home Energy Assistance Program. Referral service for low income.

Craig County

Neighbors Helping Neighbors .......................................................... For Assistance: 918-713-8088
224 W. Sequoyah
Vinita, OK 74301

Food Pantry is located in the west end of the Vinita Senior Citizens Building. Open to people in need, Monday, Wednesday, & Friday 10:00 – 2:00.

Grand Nation Inc. ........................................................................................................................................... 918-276-2192
123 S Wilson
Vinita, OK 74301
nativeknot.com

Delaware County

Christian Mission Thrift Store .................................................................................................... 918-786-6236
200 E. O’Daniel
Grove, OK 74344
P.O. Box 451581, Grove, OK 74345

Will help with utilities three times in a lifetime, a year apart, up to $150.00 each time. Must fill out application and bring copy of bill. Utility must be in applicant’s name, have picture I.D., or driver’s license and live in Delaware County only.

Christian HELP Center ............................................................................................................ 918-786-6798
1703 E. Hwy 10 ............................................................................................................... Fax: 918-786-6439
Grove, OK 74344
P.O. Box 451626, Grove, OK 74345

As finances allow, there is help with food, utilities and prescriptions. Income eligibility limit. Open Monday – Thursday, 10:00 a.m. – 2:00 p.m. Help for northern part of Delaware County.
**Mayes County**

**Home Rescue Mission** ........................................................................................................................................... 918-825-1650
640 W. Graham (on Hwy 20)
P.O. Box 142
Pryor, OK 74362 ................... Provides overnight lodging for transient, food pantry, clothing, furniture.

**Four Corners Helping Hands, Inc.** ................................................................................................................................. Phone & Fax: 918-386-2352
4029 E. 640 Rd. P.O. Box 1585 ......................................................................................................................................... 918-386-2980
Locust Grove, OK 74352 ......... Utilities, food and other emergency help.

**Grand Lake Community Ministry** ........................................................................................................................... 918-782-2861 or 918-373-3233
The Blue House........................................................................................................................................ Serving South Grand Lake Community
268 W. Broadway Ave.............................................................. Open Tuesday & Friday, 9:30 – 11:30
Langley, OK 74350 ........................................................................................................................................ Website: www.glcmbluehouse.com

**Transformation House** .......................................................................................................................... 918-434-2288
709 East Brewer .............................................................. Emergency: 918-404-4527
Salina, OK 74365

Program and shelter for homeless women and children. Life skills enhancing, training or developing skills. Workforce training, Vo-tech and GED offered.

**Pryor Ministries Center** ........................................................................................................................................ 918-824-1128
15 SW 3rd St
Pryor, OK 74361

Provides clothing, non-perishable food and related items. Open Monday, Wednesday, and Friday, 12:00 noon – 3:00 p.m.

**Nowata County**

**Nowata Caring Corner Center** .......................................................................................................................... Message Only: 918-273-1208
146 S. Oak
Nowata, OK 74048 ........................................................................................................................................ Clothing Only

**Nowata C.A.N.** ............................................................................................................................................................ 918-273-1500
111 N Maple
Nowata, OK 74048

**Nowata Christian Resource and Nutrition Center** ........................................................................................................ 918-273-1208
Living Word Family Church................................................................................................ Fax: 918-273-5660
225 S. Ash (169 Hwy North of Sonic).............................................................. E mail: contact@livingwordfamily.com
Nowata, OK 74048 ........................................................................................................................................ Website: livingwordfamily.com

Food Bank. Eligibility Income Limit. Third Thursday of every month 10:00 – 12:00. Nowata County residents only.
Nowata County - continued

Nowata Area DHS Senior Service Organization................................................................. 918-273-2327
Contact: Karen Sligar ..................................................................................................... Email: ksligar@cardcaa.org

As finances allow, assistance with vision, dental, hearing, fans, home repair.

Ottawa County

Ottawa County Nutrition Coalition .................................................................................. 918-542-9676
33 N. Main
Miami, OK  74354

Assistance is given one time only per household during a one-year time period. Need to bring I.D. Open Monday – Friday, 1:00 p.m.- 4:00 p.m.

The Harbor ........................................... 918-542-5683
114 D NE
Miami, OK  74354
P.O. Box 1456, Miami, OK  74355

Emergency shelter and food. Limited space for lodging on first-come, first-serve basis. Dispute counseling available. Some clothing. Open 10:00 a.m.–3:00 p.m. Monday through Friday.

Rogers County

Destiny Life Church .......................................................................................................... 918-923-6114
2300 Southaven Rd ........................................................................................................... Fax: 918-341-1011
Claremore, OK  74017 ................................................................................................. Website:  www.destinylifechurch.pv

Work Program available to receive assistance with utilities and rent. (Limited) Separate food ministry, Monday – Saturday, 12:00 noon – 12:30 p.m.

Blue Starr Church of Christ ............................................................................................... 918-341-0531
319 E. Blue Starr ............................................................................................................... Fax: 918-341-6212
Claremore, OK  74017 .................................................................................................... Website:  www.bluestarrchurch.org

Food Pantry Wednesday, 1:00 p.m.–3:00 p.m.

Thrift Harbor ................................................................................................................... 918-923-4860
316 E. Will Rogers Blvd .................................................................................................. www.thriftharbor.org
Claremore, OK  74017

Clothing Store. Watch for coupons and auctions.
Rogers County –continued

Good Samaritan Ministry................................................................. 918-341-5473
715 S. Highway 88
Claremore, OK  74017 ....................................................... Tuesdays and Thursdays, 10:00 a.m. – 2:00 p.m.

Food, clothing, utilities, GED fees, Counseling and marriage arrangements. Also operates a resale
Shop.

Good Samaritan Ministry................................................................. 918-341-5473
715 S. Highway 88
Claremore, OK  74017 ....................................................... Tuesdays and Thursdays, 10:00 a.m. – 2:00 p.m.

Food, clothing, utilities, GED fees, Counseling and marriage arrangements. Also operates a resale
shop.

Lifechanger Church........................................................................ 918-341-8344
2221 Cornerstone Avenue
Claremore, OK  74017 ....................................................... Pantry open 2nd  Monday at 6:30 p.m.

Seventh Day Adventist................................................................... 918-341-7873
20555 S. 4170 Rd Unit B
Claremore, OK  74017 ....................................................... Pantry open 2nd and 4th  Sundays 1:00 p.m. – 3:00 p.m.

First United Methodist Church ......................................................... 918-341-4580
1615 Highway 88 North
Claremore, OK  74017

Assistance available Tuesday and Thursday, 9:00 a.m. - Noon and 1:00 p.m. – 5:00 p.m.

Washington County

Agape Mission ........................................................................ 918-336-5410
Phone & Fax: 918-336-5410
555 SW Cass Ave.
Bartlesville, OK  74003
P.O. Box 1085, Bartlesville, OK  74005................................. Website: Agapebartlesville.com

The mission sits behind the dollar store on Frank Phillips Blvd. A hot meal is served six days a
week. No income eligibility for daily meals.
**Washington County** –continued

**Churches United for Community Concern (CONCERN)** ................................................................. 918-336-4693
333 S. Penn Avenue .......................................................................................................................... Fax: 918-336-6501
Bartlesville OK  74003
P. O. Box 404, Bartlesville, OK  74005

When funds are available, provides financial assistance with rent, utilities, gas, medical appointments and prescriptions. Food pantry (no more than once a month or 4x times a year). Residents of Washington County only and need to provide I.D.

Monday through Thursday, 11:00 a.m. – 2:45 p.m.

**Lighthouse Outreach Center** ...................................................................................................... 918-336-9029
1411 West Hensley Blvd.
Bartlesville, OK  74003............................................................................................................... Fax: 918-337-0015
P.O. Box 124, Bartlesville, OK  74005.......................................................................................... www.bartlesvillelighthouse.org

Shelter for homeless men, women and families, if room available. Emergency food and utility assistance.

**Mary Martha Outreach** ................................................................................................................. 918-337-3703
417 W 8th St................................................................................................................................. Fax: 918-336-7816
Bartlesville, OK  74003
P.O. Box 314, Bartlesville, OK  74003

Free haircuts available Thursday afternoons, 12:00 noon - 2:00 p.m.
Food Pantry Monday through Wednesday, 9:00 a.m. – 11:00 a.m., Thursday, 12:00 noon - 2:00
Income Eligibility Limit.
Clothing and household goods, Monday through Wednesday, 9:00 – 11:00 a.m.
Thursdays, 12:00 noon – 2:00 p.m., Diapers, Monday through Wednesday, 9:00 – 11:00 a.m.
Personal care items first full week of each month. Must bring picture I.D.

**Birthright** ............................................................................................................................................ 918-336-0453
301 S. Seneca Ave........................................................................................................................... Emergency help after hours: 800-550-4900
Bartlesville, OK  74003................................................................................................................... Website:  www.birthright.org

Infant and Maternity clothes. Tuesdays & Thursdays, 12:00 noon – 4:00 p.m.
EMPLOYMENT

Oklahoma Department of Labor ................................................................. Local: 405-521-6100
3017 N. Stiles, Suite 100 ...................................................................... 888-269-5353
Oklahoma City, OK 73105 ................................................................. Fax: 405-521-6018
Web Site: www.labor.ok.gov ............................................................... Email: labor.info@labor.ok.gov

Oklahoma Department of Labor .......................................................... 918-581-2400
440 S. Houston, Suite 300 ................................................................. Fax: 918-581-2431
Tulsa, OK 74127 ................................................................................ Website: www.ok.gov/odol

Employment Security Commission ............................................. Local: 405-557-7100
Will Rogers Memorial Office Building ................................................. 888-980-9675
2401 N. Lincoln Blvd. .......................................................................... Fax: 405-557-5355
Oklahoma City, OK 73105 ............................................................... TDD: 800-722-0353
P.O. Box 52003, Oklahoma City, OK 73152 .................................. Web Site: www.oesc.ok.gov

Human Rights Commission .......................................................... 888-456-2006
Tulsa Field Office ............................................................................... 918-581-2733
State Office Bldg. Room 302 ............................................................... Fax: 918-581-2940
440 S. Houston .............................................................................. Web Site: www.oag.ok.gov
Tulsa, OK 74127 ............................................................................... Email: hrc@ohrc.state.ok.us

Workforce Oklahoma Offices

A One-Stop Career Center Partner

Oklahoma Works-American Job Center .............................................. 918-825-2582
403 E. Graham Ave. ........................................................................ Fax: 918-825-6494
Pryor, OK 74361 .......................................................................... E-mail: manager.Pryor@oesc.state.ok.us
Website: www.okjobmatch.com ...................................................... Website: www.oesc.ok.gov

Hours of operation: Monday – Friday, 8:00 a.m. to 5:00 p.m.

Oklahoma Works-American Job Center .............................................. 918-542-5561
121 N. Main ...................................................................................... Fax: 918-542-7505
Miami, OK 74354 .......................................................................... E-mail: manager.Miami@oesc.state.ok.us
Website: www.okjobmatch.com ...................................................... Web Site: www.oesc.ok.gov

Hours of operation: Monday – Friday, 8:00 a.m. to 5:00 p.m.
Entrance and parking on A Street North West

Workforce Oklahoma ................................................................. 918-332-4800
210 NE Washington Blvd. ................................................................ Fax: 918-333-3610
Bartlesville, OK 74006 ................................................................... E-mail: manager.Bartlesville@oesc.state.ok.us
Website: www.okjobmatch.com ...................................................... Website: www.oesc.ok.gov

Hours of operation: Monday – Friday, 8:00 a.m. to 5:00 p.m.
Senior Community Service Employment Programs (SCSEP)

The Senior Community Service Employment Program (SCSEP), authorized by Title V of the Older Americans Act, is a federally sponsored employment and training program targeted specifically to low-income older individuals who want to enter or re-enter the workforce. The program offers participants training at community service work training assignments in public and non-profit venues to provide on the job experience. The goals of the program are to move SCSEP participants into unsubsidized employment and achieve economic self sufficiency. Participants must be 55 years of age or older, unemployed and meet income guidelines.

The SCSEP provides training opportunities leading to increased participant self sufficiency by helping to:

- Develop a sense of personal and occupational identity including defining realistic job goals.
- Develop sufficient job related knowledge and flexibility so they will not be confined to one job, but can transfer to another as opportunities for advancement arise.
- Develop personal and social skills needed for successful job performance.
- Accept and utilize supervision needed for successful job performance.

The program is operated through National Indian Council on Aging (NICOA) in Rogers, Washington, Osage and Tulsa Counties.

Tonya Harjo, Central Region SCSEP Assistant Program Manager ...................... Email: tharjo@nicoa.org
National Indian Council on Aging .................................................................................................................. 405-254-3642
3000 United Founders Blvd 110G ...................................................................................................................... Ext 3700
Oklahoma City, OK  73112 .................................................................................................................. Website:  www.nicoa.org

The program is operated through AARP Foundation SCSEP in Craig, Delaware, Mayes, Nowata, and Ottawa Counties.

Traci Gazaway, Project Director .......................................................................................................................... 918-621-4480
AARP Foundation SCSEP .......................................................................................................................... 918-622-2690
4823 S Sheridan Rd #304 ...................................................................................................................... Website:  www.aarp.org
4823 S Sheridan Rd #304 ...................................................................................................................... Fax:  918-622-2690
HEALTH DEPARTMENTS

The Health Department provides a Nutrition Program, Home Health Care Program, School Health Program, Family Planning and Maternity Services. Medicare approved.

State of Oklahoma Department of Health ............................................ 405-271-4200 or 800-522-0203
123 Robert S Kerr Ave ................................................................. Fax: 405-271-3431
Oklahoma City, OK 73117 ................................................................. Website: health.ok.gov

Craig County

115 E. Delaware ................................................................. 918-256-7531
Vinita, OK  74301 ................................................................. Fax: 918-256-3823

Delaware County

432 S. 9th ................................................................. 918-253-4511
P. O. Box 370 ................................................................. Fax: 918-253-8419
Jay, OK  74346

Mayes County

111 NE First Street ................................................................. 918-825-4224
Pryor, OK  74361 ................................................................. Fax: 918-825-3817

Ottawa County

1930 N. Elm ................................................................. 918-540-2481
Miami, OK  74354 ................................................................. Fax: 918-540-2486

Rogers County

2664 N. Hwy 88 Unit A ................................................................. 918-341-3166
Claremore, OK  74017 ................................................................. Fax: 918-341-3715

Washington and Nowata Counties

5121 SE Jacquelyn Lane ................................................................. 918-335-3005
Bartlesville, OK  74006 ................................................................. Fax: 918-335-3012
There are many other Home Health Agencies available, so please check the listings in the yellow pages of your local phone directory if you need further information.

A Permier Senior Homecare ........................................................................................................ 918-379-0750
3013 N Hwy 167
Catoosa, OK  74015

Aaron’s Home Health ........................................................................................................... 918-534-0100
328 Bartles Rd
Dewey, OK  74029

Alliance Oklahoma Home Health ......................................................................................... 918-824-7744
1025 NE 1st
Pryor, OK  74361

Amedisys Home Health ........................................................................................................ 918-787-9496
1637 S Main
Grove, OK  74344

Amedisys Home Health ........................................................................................................ 918-341-9255
206 W Blue Starr
Claremore, OK  74017

Angel’s Care Home Health ..................................................................................................... 918-825-3444
27 N Vann
Pryor, OK  74361

Angel’s Care Home Health ..................................................................................................... 918-333-3755
3400 Tuxedo Rd, Ste C
Bartlesville, OK  74006

Ascension Jane Phillips Home Health ...................................................................................... 918-907-3010
219 Virginia
Bartlesville, OK  74003

Baptist Village Home Care of Owasso .................................................................................. 918-272-2281
7410 N 127th E Ave
Owasso, OK  74055

Bayada Home Health ............................................................................................................ 918-333-4745
2425 Nowata Pl
Bartlesville, OK  74006

Bio’s Home Care .................................................................................................................... 918-333-8500
513 E 3rd
Bartlesville, OK  74003
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<tr>
<th>Business Name</th>
<th>Phone Number</th>
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<tr>
<td>Brighter Living</td>
<td>918-336-8500</td>
<td>1223 Swan Dr. Bartlesville, OK 74006</td>
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<td>Brookdale Home Health</td>
<td>918-331-9409</td>
<td>3737 Camelot Bartlesville, OK 74006</td>
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<td>Caregivers Home Health</td>
<td>918-333-4200</td>
<td>3803 Nowata Rd Bartlesville, OK 74006</td>
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<td>Carter Home Health</td>
<td>918-323-0259</td>
<td>702 N Wilson Vinita, OK 74301</td>
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<td>Carter Home Health</td>
<td>918-373-8098</td>
<td>210 E Graham Pryor, OK 74361</td>
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<td>Carter Home Health</td>
<td>918-333-1400</td>
<td>3081 SE Washington Blvd Bartlesville, OK 74006</td>
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<tr>
<td>Cherokee Nation Home Health</td>
<td>918-786-4772</td>
<td>10 E 14th St Grove, OK 74344</td>
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<tr>
<td>Cherokee Nation Home Health</td>
<td>918-434-8500</td>
<td>900 N Owen Walters Blvd Salina, OK 74365</td>
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<tr>
<td>Christian Senior Services</td>
<td>918-407-8742</td>
<td>1491 Ash Hollow Catoosa, OK 74015</td>
</tr>
<tr>
<td>Christie Cares</td>
<td>918-695-5967</td>
<td>12324 E 86 St N #137 Owasso, OK 74055</td>
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<td>Community Home Health</td>
<td>918-342-3621</td>
<td>200 W Blue Starr Claremore, OK 74017</td>
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<tr>
<td>Compassus Home Health</td>
<td>918-300-4787</td>
<td>35904 S Hwy 82 Vinita, OK 74301</td>
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Country Style Health Care
156 S 4475 Rd
Ketchum, OK 74349
918-782-3004

Country Style Health Care
1100 E Melton
Jay, OK 74346
918-253-4952

Eldercare
1223 Swan Dr
Bartlesville, OK 74006
918-336-8500

Encompass Home Health
101 S Main
Miami, OK 74354
918-540-2333

Encompass Home Health
403 W 2nd Ave Ste. 100
Owasso, OK 74055
918-609-6568

Entrusted Heart
7410 N 127th E Ave
Owasso, OK 74055
918-272-4694

Grand Living Home Health
405 S Main Ste. D
Grove, OK 74344
918-786-4338

Green Country Home Health
318 N Missouri
Claremore, OK 74017
918-343-5720

Healthcare Innovations
203 S Adair Ste. B
Pryor, OK 74361
918-824-2611

Homestead of Owasso
14701 E 86 St N
Owasso, OK 74055
918-205-4790

Hometown Home Health
8551 N 125th E Ave Ste. 300
Owasso, OK 74055
918-272-5388

Hometown Home Health
Serving Nowata
918-287-1521
Integris Home Care ................................................................. 918-540-2577
119 S Main
Miami, OK  74354

Integris Trinity Lifecare ............................................................ 918-786-4461
1001 E 18th St
Grove, OK  74344

Interim Health ........................................................................ 918-331-0900
1025 Swan Dr
Bartlesville, OK  74006

May’s Home Health .................................................................... 918-331-9061
3606 Michigan
Bartlesville, OK  74006

May’s Home Health .................................................................... 918-256-2270
425 E Illinois
Vinita, OK  74301

Med-Corp Home Care ............................................................... 918-342-2003
320 S Missouri
Claremore, OK  74017

Med-Corp Plus ............................................................................ 918-256-4431
414 N Wilson
Vinita, OK  74301

Millennium Home Health Care .................................................. 918-443-6501
118 S 5th Unit C
Collinsville, OK  74021

Millennium Home Health Care .................................................. 918-443-6552
13588 S Hwy 169
Oologah, OK  74053

Millennium Home Health Care .................................................. 918-331-0800
2633 SE Mission
Bartlesville, OK  74006

Oklahoma Healthcare Solutions ................................................. 918-783-5720
156 S 4475 Rd
Ketchum, OK  74349

Oklahoma Healthcare Solutions ................................................. 918-253-8522
1100 E Melton
Jay, OK  74346
Please go to the Website: www.HospiceDirectory.org for a searchable online consumer database listing hospices in the U.S. It is a free service. You can also check listings in the Yellow Pages of your local directory for Hospice Services.

What is Hospice?

- **Hospice** is a special concept of care designed to provide comfort and support to patients and their families when a life-limiting illness no longer responds to cure-oriented treatments.

- **Hospice care** neither prolongs life nor hastens death. Hospice staff and volunteers offer a specialized knowledge of medical care, including pain management.

- **The goal of hospice care** is to improve the quality of a patient's last days by offering comfort and dignity.

- **Hospice care** is provided by a team-oriented group of specially trained professionals, volunteers and family members.

- **Hospice** addresses all symptoms of a disease, with a special emphasis on controlling a patient's pain and discomfort.

- **Hospice** deals with the emotional, social and spiritual impact of the disease on the patient and the patient's family and friends.

- **Hospice** offers a variety of bereavement and counseling services to families before and after a patient's death.

**History**

The word "hospice" stems from the Latin word "hospitium" meaning guesthouse. It was originally used to describe a place of shelter for weary and sick travelers returning from religious pilgrimages. During the 1960's, Dr. Cicely Saunders, a British physician began the modern hospice movement by establishing St. Christopher's Hospice near London. St. Christopher's organized a team approach to professional caregiving, and was the first program to use modern pain management techniques to compassionately care for the dying. The first hospice in the United States was established in New Haven, Connecticut in 1974.

Today there are more than 3,100 hospice programs in the United States. Puerto Rico and Guam. Hospice is not a place but a concept of care. Eighty percent of hospice care is provided in the patient's home, family member's home and in nursing homes. Inpatient hospice facilities are sometimes available to assist with caregiving.
Carter Hospice
1103 E 13th Ste. C
Grove, OK  74344
918-791-6172

Carter Hospice
210 E Graham
Pryor, OK  74361
918-373-8090

Carter Hospice
3081 SE Washington Blvd
Bartlesville, OK  74006
918-333-1400

Comforting Hands Hospice
1366 SE Washington Blvd #A
Bartlesville, OK  74006
918-331-0003

Compassus Hospice
35904 S Hwy 82
Vinita, OK  74301
918-300-4787

Cornerstone Hospice
501 E 5th
Bartlesville, OK  74003
918-213-4973

Good Shepherd Hospice
1120 NEO Loop
Grove, OK  74344
918-786-6182

Grace Hospice
4100 SE Adams
Bartlesville, OK  74006
918-876-6167

Heaven & Earth Hospice
3 S Main
Miami, OK  74354
918-541-9325

Hospice Advantage
1402 N Florence
Claremore, OK  74017
918-343-0777

Hospice of Green Country
400 W Will Rogers
Claremore, OK  74017
918-342-1222

Hospice of Owasso
209 Delaware
Vinita, OK  74301
918-256-9934
Integris Hospice ................................................................. 918-786-4461
1001 E 18th
Grove, OK  74344

Integris Hospice ................................................................. 918-824-7744
1025 NE 1st
Pryor, OK  74361

Kindful Hospice ................................................................. 918-512-8388
1201 Frank Phillips
Bartlesville, OK  74003

Legacy Hospice of the West ........................................... 918-323-0100
410 E Illinois
Vinita, OK  74301

ONHL Hospice ................................................................. 918-542-6767
1130 E St NE
Miami, OK  74354

ONHL Hospice ................................................................. 918-787-5888
2001 Sunrise Blvd
Grove, OK  74344

Professional Home Hospice .......................................... 918-842-1170
203 S Adair
Pryor, OK  74361

Rivercross Hospice .......................................................... 918-824-2229
208 SE 1st
Pryor, OK  74361

Rivercross Hospice .......................................................... 918-338-4381
2301 SE Washington Blvd # C
Bartlesville, OK  74006

Serenity Hospice ............................................................... 918-341-8011
441 N Lynn Riggs
Claremore, OK  74017

St John’s Hospice ............................................................... 918-786-7577
10405 US Hwy 59
Grove, OK  74344

The Journey Home ........................................................... 918-876-4184
900 NE Washington Blvd
Bartlesville, OK  74006

Trinity Hospice ................................................................. 918-343-4884
1222 N Florence
Claremore, OK  74017
**HOSPITALS**

**Craig County**  
Saint Francis Hospital Vinita ................................................................. 800-844-7292 or 918-256-7551  
735 North Foreman .................................................................................. Fax: 918-256-3703  
P.O. Box 326  
Vinita, OK  74301 ........................................................................... Website: www.saintfrancis.com/vinita

**Delaware County**  
INTEGRIS Grove General Hospital .................................................... 877-428-9355 or 918-786-2243  
1001 E. 18th Street ................................................................................. Fax: 918-787-3403  
Grove, OK  74344 ............................................................................... Website: integrisok.com

**Mayes County**  
Hillcrest Hospital Pryor ................................................................. Administration: 918-824-7791  
111 N. Bailey, Pryor, OK  74361 ............................................................. Fax: 918-825-1600  
Website: https://hillcrestr Pryor.com .................................................. Fax: 918-824-6316

**Nowata County**  
Ascension St. John Nowata Health Center .................................................. 918-273-3102  
237 South Locust .................................................................................. Fax: 918-273-5490  
Nowata, OK  74048 ............................................................................ Website: healthcare.ascension.org

**Ottawa County**  
INTEGRIS Baptist Regional Health Center .................................................. 918-542-6611  
200 Second Avenue SW, Miami, OK  74354 .......................................... Fax: 918-540-7605  
Website: www.integris-health.com

**Rogers County**  
Claremore Indian Hospital ................................................................. 918-342-6200  
101 S. Moore Avenue ....................................................................... Fax: 918-342-6598  
Claremore, OK  74017 ..................................................................... Website: www.ihs.gov

Hillcrest Regional Hospital-Claremore .................................................... 918-341-2556  
1202 N. Muskogee Place .................................................................. Fax: 918-342-3330  
Claremore, OK  74017 .................................................................. Website: www.hillcrestclaremore.com

**Washington County**

Ascension St. John Jane Phillips Memorial Medical Center ............... 800-824-8854 or 918-333-7200  
3500 SE Frank Phillips Boulevard ......................................................... Fax: 918-331-1612  
Bartlesville, OK  74006 ................................................................... Website: healthcare.ascension.org
HOUSING

Cherokee Nation Housing Authority ................................................................. 918-456-5482
1500 Hensley Dr. ......................................................................................... 800-837-2869
P.O. Box 1007 ............................................................................................ Fax: 918-458-5671
Tahlequah, OK  74464 .............................................................................. Website:  www.cherokee.org

Housing and Urban Development (HUD) .................................................... 918-292-8900
Williams Center Tower II ........................................................................... Fax: 918-292-8993
2 West Second Street, Suite 400 .............................................................. National Service Center: 877-622-8525
Tulsa, OK  74103 ...................................................................................... Website: www.hud.gov
HUD Housing Counseling and Referral ..................................................... 800-569-4287

Oklahoma Housing Finance Agency ........................................................... 800-256-1489
100 NW 63rd, Suite 200 ......................................................................... 405-848-1144
Oklahoma City, OK  73116 .................................................................... Fax: 405-842-2537
P.O. Box 26720, Oklahoma City, OK  73126 ............................................ TDD: 405-848-7471
Website: www.ohfa.org

There are nine housing programs offered ranging from a homeless program and rental assistance to housing development and home ownership. The OHFA mission is to provide affordable housing resources.

USDA Rural Development ........................................................................ 918-256-7863
235 W. Hope Ave. .................................................................................... Fax: 855-423-4048
Vinita, OK  74301
Website: www.rurdev.usda.gov/ok/

Provides low cost housing loans, grants and loans for home repairs.
Serves: Craig, Delaware, Mayes, Nowata, Osage, Ottawa, Rogers and Washington Counties.
Open Monday – Friday 8:00 a.m. to 4:30 p.m.

National Reverse Mortgage Lenders Association ...................................... 202-939-1760
1400 16th Street NW, Suite 420 ............................................................... Website: www.reversemortgage.org
Washington, DC  20036

A Reverse Mortgage is a special type of loan made to older homeowners to enable them to convert the equity in their home to cash to finance living expenses, home improvements, in-home health care, or other needs. Reverse mortgages are limited to borrowers 62+, who own their home free and clear of debt or nearly so.
Craig County

Burroughs Manor .................................................................918-256-8601
111 South Thompson
Vinita, OK 74301

50-unit apartment complex, restricted to person 62 and over or person with impairment. Income eligibility limit.

Serves Craig, Nowata, Rogers, Tulsa and Washington Counties

Housing Authority of Cherokee Nation Main Office (Area 2) ...........................................800-837-2869
23205 S. Highway 66...............................................................918-342-2433
P.O. Box 1325 .........................................................................Fax: 918-342-2682
Claremore, OK 74018..............................................................Website: www.hacn.org
Housing Assistance Program ..................................................918-456-5482

Tom Buffington Heights ......................................................918-256-5382
900 W. McNelis ......................................................................Fax: 918-256-7541
Vinita, OK 74301 .................................................... Need CDIB Card and income eligibility limit.

Delaware Tribe Housing Authority ........................................918-337-6590
170 N Barbara Ave
Bartlesville, OK 74006.............................................................tribe@delawaretribe.org

Rental assistance serving Rogers, Craig, Nowata and Washington Counties. 25-unit housing complex for all ages. Income eligibility limit.

Garden Walk Apartments .....................................................918-256-2474
1400 W. Hope Road #41
Vinita, OK 74301 .................................................. 43-unit apartment complex for all ages. Income eligibility limit.

Heartsworth House Independent and Assisted Living .............................................918-256-7856
821 N. Foreman .................................................................Fax: 918-256-7857
Vinita, OK 74301

75 Private pay units. 50 independent living; 25 assisted living. Close to hospital & doctors.

Hornet Apartments ...............................................................918-256-3455
817 N. Elm
Vinita, OK 74301 ...........................................................50 Units- Section 8 complex (HUD)
.................................................................Office opened 8:00am to 5:00pm Monday - Friday
Craig County - continued

Willow Bend Village Apartments ............................................................... Phone & Fax:  918-788-3865
1047 S. Washington
Welch, OK  74369........................................... 24 low-income apartments, Rural Development rental assistance.

Delaware County

Serves Delaware, Mayes and Ottawa Counties

**Housing Authority of Cherokee Nation (Area 4)** ...............................................................800-837-2869
109 13th Street, P.O. Box 328...............................................................918-253-8315
Jay, OK  74346............................................................................................Fax:  918-253-6384
Website:  www.hacn.org

**Chopper Heights** ..................................................................................918-786-4212
434 Chopper Court
Grove, OK  74344

Need CDIB Card and be 62+ unless handicapped or disabled. Income eligibility limit.
1,2,3 bedrooms available. Families welcome.

**Grove Senior Housing, Inc. (Remsen Addition)** ........................................918-786-4357
105 N. Mill
Grove, OK  74344................................. 21-unit complex age 62+ or disabled. Income eligibility limit.

Open Tuesday, 9:30 a.m. – 1:30 p.m.  Thursday, 9:30 a.m. – 1:30 pm

**Jay Senior Housing, Inc.** ..........................................................................918-253-8100
1301 W. Washborne Street ........................................................................Fax:  918-253-8101
Jay, OK  74346

39 one bedroom unit in an enclosed building for 62+. Income eligibility.

**Honeycreek Retirement Village** ..........................................................918-786-2223
2620 W. 13th Street...............................................................Fax:  918-786-2235
Grove, OK  74344

Transportation provided for residents only. No eligibility income limit. 50- unit housing and
apartment complex for ages 55+. Duplexes available.

**Savannah Park Apartments** ................................................................ 918-253-3245
1403 S. Main
Jay, OK  74346...............................................................24 units for 62+

Office hours: Tuesday and Wednesday, 8:00 a.m. – 5: p.m.
Delaware County - continued

Garden Walk of Grove Apartments ................................................................................. 918-786-2054
400 Mill Creek Drive #57 .................................................................................................. Fax: 918-786-9122
Grove, OK 74344 ............................................................................................................ 98-unit apartment complex for all ages. Income eligibility limit.

Office Open: Monday – Friday, (;00 a.m. – 5:00 p.m. One and 2 bedroom apartments.

Savannah Park Apartments ............................................................................................. Telephone & Fax: 918-786-9297
1017 Pleasant Drive
Grove, OK 74344 .............................................................................................................. 60 units for 62+ with income eligibility limits.

Mayes County

Serves Delaware, Mayes and Ottawa Counties

Housing Authority of Cherokee Nation (Area 4) ................................................................. 800-837-2869
109 13th Street .................................................................................................................... 918-253-8315
P.O. Box 328 ..................................................................................................................... 918-253-6384
Jay, OK 74346 .................................................................................................................... Website: www.hacn.org

Willard Stone Heights ........................................................................................................ 918-456-5128
322 Willard Stone Circle ................................................................................................... 918-479-3210
Locust Grove, OK 74352

Cherokee Heights ............................................................................................................. 918-825-4811
100 Cherokee Heights .................................................................................................... Fax: 918-825-6589
Pryor, OK 74361
Tribal Membership and 62+ unless handicapped or disabled. Income eligibility limit.
One to Four bedrooms available. Families eligible with one Tribal Membership.

Haley’s Village Apartments .............................................................................................. Leasing Office: 918-476-5744
490 E. 8th Street ............................................................................................................. Fax: 918-476-5744
Chouteau, OK 74337 ........................................................................................................ 44 Units

Locust Grove Elderly Housing, Inc .................................................................................. 918-479-6447
401 Earl Smith Road, #3A .............................................................................................. Fax: 918-479-6445
Locust Grove, OK 74352 ............ 62+ or disabled. 25-unit apartment complex. Income eligibility limit.

Mayor Wallis Housing ..................................................................................................... 918-825-1250
901 SE 9th ..................................................................................................................... Fax: 918-825-0843
Pryor, OK 74361
85 apartment units for – 62 +. Income eligibility limit.
Mayes County - continued

The Park @ 12Twenty Apartments
1220 SE 9th
Pryor, OK 74361
539-234-6363
Fax: 918-825-5157
12twentyliving.com

Multi family, conventional property.

Salina Heights
113 W. Odle, #3E
Salina, OK 74365
918-434-6109
Fax: 918-434-6409

25 unit apartments serving age 62+ or disabled. Income eligibility limit.
Office hours: Wednesday, 9:00 a.m.-2:00 p.m. Friday, 12:00 – 2:00 p.m.

Twin Villa Apartments
1284 S. Oklahoma
Pryor, OK 74361
918-825-4330
Telephone & Fax: 918-825-4330
tinvilla@disancorp.com

HUD subsidized low income housing for all ages. 80-unit apartment complex.

Nowata County

Serves Craig, Nowata, Rogers, Tulsa and Washington Counties

Housing Authority of Cherokee Nation Main Office (Area 2)
23205 S. Highway 66
P.O. Box 1325
Claremore, OK 74018
800-837-2869
Fax: 918-342-2682

Wauhillau Court
115A Wauhillau Court
Nowata, OK 74048
918-273-0923
Fax: 918-273-1323
CDIB Card and income eligibility limit. 3 Family units.

Delaware Tribe Housing Authority
170 N Barbara Ave
Bartlesville, OK 74006
918-337-6590
tribe@delawaretribe.org

Rental assistance serving Rogers, Craig, Nowata and Washington Counties. 25-unit housing complex for all ages. Income eligibility limit.

Ironman Apartments
717 Kiva Court
Nowata, OK 74048
918-273-0580
Fax: 918-273-1975

Income eligibility limit. 44-unit apartment complex, subsidized housing for families.
Nowata County - continued

**Nowata Garden Apartments** .................................................................Telephone & Fax: 918-273-3030
931 E. Modoc
Nowata, OK  74048...................... 60 unit apartments for all ages. Income eligibility limit, 1 pet allowed.

**Nowata Village** ................................................................. Administration office: 918-273-2450
615 Turner Lane..........................Telephone & Fax: 918-273-2450
Nowata, OK  74048............................Low income family housing. Based on income. Website: www.nowatavillage.com

  Office hours: Monday – Thursday, 8:00 a.m. – 4:00 p.m.

**Park Villa Senior Living** .................................................................918-273-3649
326 S. Locust..........................Fax: 918-273-5652
Nowata, OK  74048

  Age 55+ independent living. One and two bedrooms, all utilities paid except phone and cable. Covered parking and pets allowed.

Ottawa County

**Afton Public Housing Authority** .................................................................918-257-4300
214 S. East St..........................Fax: 918-257-6044
P. O. Box 302
Afton, OK  74331.............................Website: www.aftonhousingauthority.com

  Housing for all ages, 20 units. Income eligibility limit. 9:00 - 12:00, Monday – Friday

**Afton Village** .................................................................918-257-8798
326 S. Maple
Afton, OK  74331.............................Income eligibility, 1-4 bedrooms, 29 Apartments

**Commerce Housing Authority** .................................................................918-675-4748
610 Doug Furnas Blvd..........................Fax: 918-675-4186
Commerce, OK  74339.............................Website: www.commercehousingauthority.com

  Housing for all ages. 36 units 62+ or disabled. Income eligibility limit. 9:00 – 3:00 M – F.

**Chisholm Trail Apts. (Brookside & Village Apts.)** .................................................................918-542-6474
221 Kanady Ave.
Miami, OK  74354
Ottawa County – continued

Garden Walk Apartments
1120 E. B Street
Commerce, OK  74339
Low income housing for all ages.

The Landing
502 W. Conner
Fairland, OK  74343
Housing for homeless individuals with disability including substance abuse.

Miami Baptist Village
2525 N Elm
Miami, OK  74354
Age 55+. Transportation available for residents only.  No income eligibility limit.

Peoria Housing Authority
3606 Sencay Avenue
Miami, OK  74354
Housing located in Miami, Quapaw, Wyandotte and Fairland for all ages.  Income eligibility limit.

Miami Housing Authority
205 B NE
Miami, OK  74354
169 units for 62+ and 50 family units, income eligibility limit. Office open: M-F, 9:00 – 4:00 p.m.

E Street Plaza
E Street SE
Miami, OK  74354
Nine Tribes
205 B NE
Miami, OK  74354
Miami Towers
41 N. Main
Miami, OK  74354
Pine Place
1100 Pine Place
Miami, OK  74354
Timber Tree Apts
1120 B Street
Commerce, OK
**Ottawa County** – continued

**Twin Springs Apartments** ........................................................................................................ 918-540-1572
1700 Redwood Lane ........................................................................................................ HUD Vouchers
Miami, OK 74354 ............................................................................................................ 24 two bedroom apartments.

**Afton Village Apts.** ........................................................................................................ 918-786-6982
326 South Maple
Afton, OK 74331.......................................................................................... FMHA subsidized, based on income. Complex for all ages.
Green Development Administration .................................................................................. Phone: 918-543-3400
P.O. Box 153, Inola, OK 74036

**Rogers County**

**Avondale Estates** ........................................................................................................ 918-341-8373
2701 N. Sioux................................................................................................................ Fax: 918-341-8393
Claremore, OK 74017

   60 units, ground level, handicap accessible for age 62+. Income eligibility limit. Exercise room
and social events. Washer and dryer hookups in each apartment, also community laundry room.

**Serves Craig, Nowata, Rogers, Tulsa and Washington Counties**

**Housing Authority of Cherokee Nation Main Office (Area)** ........................................... 800-837-2869
23205 S. Highway 66 .............................................................................................................. 918-342-2433
P.O. Box 1325 ................................................................................................................ Fax: 918-342-2682
Claremore, OK 74018 ........................................................................................... Website: www.hacn.org

  **Cherokee Village** ........................................................................................................ Telephone 918-266-5658
310 Chief Stand Watie Drive ........................................................................................ Fax: 918-379-0191
Catoosa, OK 74015 ................................................................................ (All Ages). Native American

  **Will Rogers Senior Complex** .................................................................................... 918-342-2494
202 Stuart Roosa ......................................................................................................... (Age 60+). Native American.
Claremore, OK 74017

**Cross Creek Apartments** .......................................................................................... 918-443-2730
6600 E. 390 Road
Oologah, OK 74053 .......................................................................................... Subsidized Housing

**Delaware Tribe Housing Authority** ............................................................................. 918-337-6590
170 N Barbara Ave
Bartlesville, OK 74006 ................................................................................ tribe@delawaretribe.org

   Rental assistance serving Rogers, Craig, Nowata and Washington Counties. 25- unit housing
complex for all ages. Income eligibility limit.
Rogers County – continued

**Green Valley Village** ................................................................. 918-543-7153
201 A Street Northwest
Inola, OK  74036........................................................................... 12 Senior Citizens HUD Subsidized Units

**Indian Hills Apartments** .......................................................... 918-266-5756
192 Antry Drive ................................................................. Fax:  918-266-5959
Catoosa, OK  74015 ........................................................... HUD subsidized.

**Jesse B. Milam Building** ........................................................... 918-341-3780
1302 North Willow Drive ........................................................... Fax:  918-341-7784
Claremore, OK  74017 .......................................................... 100 units, low income age 62+ or person with impairment.

**Lakeshore Apartments** ............................................................ 918-342-2655
1104 Willow Place
Claremore, OK  74017 ........................................ 65 units - 3 - units handicapped accessible.  HUD subsidized low income.

**Oakland Estates** .................................................................. 918-923-2555
560 E Lowery Rd
Claremore, OK  74017 ....................................................... 55+community, 81 one bedroom units

**Will Rogers Senior Apartments** ............................................... 918-342-2494
202 West Stuart Roosa Dr ........................................................... Fax:  918-343-2145
Claremore, OK  74017

38 Unit complex for age 55 or older, income eligibility limits. Handicap accessible. Local transportation, recreation, health screening, housekeeping and referral services

Washington County

**Bartlesville Care Center Apartments** ........................................ 918-333-9545
3434 Kentucky Pl ................................................................. Fax:  918-333-9601
Bartlesville, OK  74006

Independent living for retired persons, meals are available.

**Bartlesville Senior Citizens Apartments** ...................................... 918-335-2000
1001 Leisure Lane ............................................................... Fax:  918-335-9366
Bartlesville, OK  74006

Age 62+, HUD subsidized, one bedroom apartments.
Washington County - continued

Brookhaven Plaza Apartments ........................................................................................................ 918-336-0050
1441 S.W. Santa Fe ........................................................................................................ Fax: 918-338-2505
Bartlesville, OK 74003 ........................................................................................................ 120 unit apartments for all ages. Income eligibility limit.

Bull Dogger Apartments .................................................................................................. 918-534-1430
141 N. Ross Place ......................................................................................................... Fax: 918-534-3083
Dewey, OK 74029 ........................................................................................................ 48 Units. HUD subsidized low-income housing.

Serves Rogers, Craig, Nowata and Washington Counties

Delaware Tribe Housing Authority ........................................................................ 918-337-6590
170 N Barbara Ave
Bartlesville, OK 74006 .................................................................................................. tribe@delawaretribe.org

Rental assistance. 25- unit housing complex for all ages. Income eligibility limit.

Serves Craig, Nowata, Rogers, Tulsa and Washington Counties

Housing Authority of Cherokee Nation Main Office (Area 2) ............................................. 800-837-2869
23205 S. Highway 66 ........................................................................................................ Fax: 918-342-2433
P.O. Box 1325 ............................................................................................................... Claremore, OK 74018 Website: www.hacn.org

Keeler Heights Addition ......................................................................................... 918-336-7830
1003 SW Virginia Avenue .......................................................................................... Fax: 918-336-0275
Bartlesville, OK 74003 .......................................................................................... Preference to Native Americans. Low income housing.

Green Country Retirement Village .............................................................................. 918-335-2086
1025 Swan Drive ......................................................................................................... Fax: 918-335-3254
Bartlesville, OK 74006 .......................................................................................... Website: www.greencountryvillage.com

Independent living for ages 55+. Assisted living facility. Memory Care Unit

Madison Village .......................................................................................................... 918-333-9560
3105 SE 4th Street
Bartlesville, OK 74006 .................................................................................. 76- unit housing for age 62+. Income eligibility limit.
Washington County - continued

Tallgrass Estates.................................................................................................................... 918-331-5251
2633 SE Mission Drive........................................................................................................Fax: 918-331-3504
Bartlesville, OK 74006.......................................................................................................Website: holidaytouch.com

Gracious Retirement Living. 113 independent living, inside apartments. Full range of activities.

Garden Walk Apartments...................................................................................................918-534-3091
301 S. Choctaw, P. O. Box 613 ....................................................................................Fax: 918-534-1727
Dewey, OK 74029........................................................................................................52 Units. HUD subsidized low income.

Willow Administrative Office ................................................................................................918-333-8090
5600 SE Hazel Road........................................................................................................Fax: 918-333-5213
Bartlesville, OK 74006..................................................................................................216 unit apartments for all ages. Income eligibility limit.

<table>
<thead>
<tr>
<th>Willow Creek Apartments</th>
<th>Willow Rock Apartments</th>
</tr>
</thead>
<tbody>
<tr>
<td>5600 SE Hazel Road</td>
<td>5700 SE Hazel Road</td>
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<tr>
<td>Bartlesville, OK 74006</td>
<td>Bartlesville, OK 74006</td>
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<table>
<thead>
<tr>
<th>Willow Park Apartments</th>
<th>(47) Willow Garden Homes</th>
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<tbody>
<tr>
<td>1100 SE Madison Road</td>
<td>3 bedrooms, 1 ½ baths</td>
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<tr>
<td>Bartlesville, OK 74006</td>
<td>Income Eligibility Limit</td>
</tr>
</tbody>
</table>

Contact Administrative number above
IN-HOME PROGRAMS

Grand Gateway Area Agency on Aging serving the 60+ population, funds Programs under Title III of the Older Americans Act 1965.

Services Include: Housekeeping, chore services, congregate meals, home delivered meals, transportation, health promotion and medication management. Provides emotional support and Information & Assistance for needed services.

Craig/Delaware/Ottawa Counties

DOCSenior Services
B.J. Mooney, Executive Director ........................................................ Administrative Office: 918-542-6671
205 “B” NE .............................................................................................................. Fax: 918-542-2439
Miami, OK 74354
P.O. Box 848, Miami, OK 74355 ........................................................................ Website: docservices.org

Craig, Delaware and Ottawa County Outreach ......................................................... 918-257-4825

Mayes/Rogers Counties

Community Action Resource and Development, Inc.
Becky Crawford, Director ........................................................ Administrative Office: 918-341-5000 ext. 302
707 Lowry Road, Suite 102 .................................................................................... Fax: 918-343-1816
Claremore, OK 74017 ........................................................................................ Website: www.cardcaa.org
P.O. Box 947, Claremore, OK 74018

Mayes County Nutrition Outreach Center .............................................................. 918-825-6220
Rogers County Nutrition Outreach Center .............................................................. 918-342-0622

Nowata County

Elder Care In-Home Services ........................................................................... Intake: 918-273-3190
Sue Lee, Resource Coordinator

Washington County

Elder Care In-Home Services ........................................................................... Intake: 918-336-8500
Cordell Rumsey, Executive Director .......................................................... Website: www.abouteldercare.org
1223 Swan Drive .............................................................................................. Fax: 918-336-8519
P.O. Box 3916
Bartlesville, OK 74003
Sue Lee, Resource Coordinator ........................................................................... slee@abouteldercare.org
Senior Companion Program

Serves Craig, Ottawa and Rogers Counties

Senior Companions serve one-on-one with the frail elderly and other homebound persons having difficulty completing everyday tasks. Because of the program, citizens are able to live with dignity in their own homes.

Services might include:

Grocery shopping, companionship, transportation to medical appointments, provide short periods of relief to primary caregivers and help with other household tasks. They also assist with alerting doctors and family members of potential problems.

Janea Hogan, Senior Companion Program Director for Craig, Ottawa and Rogers Counties

Craig County

Janea Hogan, Program Director .......................................................... E mail: janeah@health.ok.gov
Craig County Health Department
115 E. Delaware ...................................................................................................................... 918-256-7531
Vinita, OK  74301 .......................................................................................................... Fax:  918-256-3823

Ottawa County

Mary Parker, Site Supervisor ........................................................................ E mail: maryp@health.ok.gov
Ottawa County Health Department
1930 N. Elm ............................................................................................................................ 918-540-2481
Miami, OK  74354 ......................................................................................................... Fax:  918-540-2486

Rogers County

Jenny Allen, Site Supervisor ....................................................................... E mail: jennyja@health.ok.gov
Rogers County Health Department
2664 N. Highway 88 ................................................................................................ 918-341-3166 Ext. 263
Claremore, OK  74017 ................................................................................................... Fax:  918-341-3715
Medicaid, Medicare, MAP
AARP Insurance ........................................................................................................ Please refer to AARP, Section II

Centers for Medicare and Medicaid Services (CMS)........................................... 877-267-2323
7500 Security Blvd .................................................................................................... TTY: 866-226-1819
Baltimore, MD 21244-1850 .................................................................................... Website: www.cms.hhs.gov

CMS Region 6 ........................................................................................................... 214-767-6427
1301 Young Street, Suite 714
Dallas, TX 75202

Medicare Helpline ................................................................................................. (1-800-Medicare) 800-633-4227
Website: Medicare.gov TTY: 877-486-2048
Medicare Claims Part A (Hospital) Medicare Claims Part B (Physician and Lab Services)

When the automated system gives you the option to say why you are calling, say “agent” and your call will be placed with the next available customer service representative.

Medicare Railroad Retirement .................................................................................. Beneficiary: 800-833-4455
P.O. Box 10066 ......................................................................................................... TTY: 877-566-3572
Augusta, GA 30999 ................................................................................................... Provider: 877-288-7600
Website: rrb.gov

Railroad Retirement Board ..................................................................................... Helpline: 877-772-5772
Cambridge Plaza Room 104 ..................................................................................... 312-751-4701
2020 N. Webb Road
Wichita, KS 67206 .................................................................................................. Website: rrb.gov

Medicare Rights Center ........................................................................................ 212-869-3850
266 W 37th St 3rd floor .......................................................................................... Fax: 212-869-3532
New York, NY 10018 ............................................................................................... Consumer Hotline: 800-333-4114
Website: www.medicarerights.org ........................................................................ E-mail: info@medicarerights.org

National Insurance Consumer Helpline ................................................................ 800-942-4242
Insurance Information Institute ............................................................................... Website: www.iii.org
Insurance - continued

Oklahoma Foundation for Medical Quality ................................................................. 800-522-3414
515 Central Park Dr. ........................................................................................................ 405-840-2891
Suite 101 .......................................................................................................................... 405-858-9097
Oklahoma City, OK  73105 .......................................................................................... Website:  www.ofmq.com

For concerns about leaving hospital too soon; for complaints about care in Medicare paid settings including hospitals, skilled nursing facilities, home health, managed care plans and ambulatory surgery centers.

Oklahoma Health Care Authority (Medicaid) ........................................... Customer Service:  800-522-0114
4345 N Lincoln Blvd .......................................................................................... Website:  www.okhca.org
Oklahoma City, OK  73105 ...............................................................................To report fraud:  800-784-5887

Oklahoma Insurance Commissioner ................................................................. 800-763-2828
Medicare Assistance Program (MAP) ................................................................. 405-521-2828
400 N 50th St ........................................................................................................ Fax:  405-521-6652
Oklahoma City, OK  73105 .......................................................................................... Website:  www.ok.gov/oid

Provides accurate and objective counseling, assistance and advocacy relating to Medicare, Medicaid, private health insurance and related health coverage plans for Medicare beneficiaries, their representatives or persons soon to be eligible for Medicare, including Medicare Part D.

Oklahoma Insurance Commissioner
Tulsa Office
7645 E. 63rd St., Suite #102 .................................................................................. 918-295-3700
Tulsa, OK  74133 ........................................................................................................ Fax:  918-994-7916

Pension Find ................................................................................................................. Website:  www.pbgc.gov/search

Social Security Administration .................................................................................. 800-772-1213
Website:  socialsecurity.gov .................................................................................. TTY:  800-325-0778

For information or to report a lost Medicare card or change of address.

Social Security FRAUD Hotline .................................................................................. 800-269-0271
Grand Gateway Area Agency on Aging serving the 60+ population, funds Legal Aid Services of Oklahoma under Title III of the Older Americans Act 1965.

Please call the SPLASH central phone number for initial intake.

Sixty Plus Legal Aid Services Helpline (SPLASH) ......................... 855-488-6814
Senior Hotline is open Monday through Friday 8:30 a.m. - 5:00 p.m.

Mayes/Nowata/Rogers/Washington Counties
Legal Aid Services of Oklahoma ................................................................. 800-421-4066
3851 E. Tuxedo, Suite E ........................................................................... 918-336-5736
Bartlesville, OK 74006 ........................................................................... Fax: 918-336-5745
Sara Cherry, Managing Attorney ...................................................... Email: sara.cherry@laok.org
Glenna Dorris, Staff Attorney .......................................................... Email: glenna.dorris@laok.org

Adair/Cherokee/Craig/Delaware/Ottawa/Sequoyah Counties
Legal Aid Services of Oklahoma ................................................................. 888-993-2615
224 S. Muskogee Avenue ......................................................................... 918-708-1150
Tahlequah, OK 74464 ........................................................................... Fax: 918-708-1375
Laci Klinger, Managing Attorney ...................................................... Email: laci.klinger@laok.org
Robin Gann, Paralegal ....................................................................... Email: robin.gann@laok.org

Older American Advocate for assisting senior 60+ with debt issues, estate planning and other legal issues, such as writing and updating power of attorney, advanced directive, etc.
Donations accepted.

Ability Resources, Inc ................................................................. Website: www.ability-resources.org
A website for local and state disability and other related links. Very informative.

Oklahoma Bar Association ................................................................. 800-522-8065
1901 N. Lincoln Blvd ........................................................................... 405-416-7000
P.O. Box 53036 ................................................................................ Fax: 405-416-7092
Oklahoma City, OK 73152-3036 .......................................................... Website: www.okbar.org
**Legal Services** - continued

**Disability Law Center**

800-880-7755
5555 E. 71st Street
Suite 9100
Tulsa, OK 74136

Fax: 918-743-7157
Website: www.okdlc.org

Serves all age groups with physical or mental disabilities. Discrimination in institutions based on disability, access to community based services, in appropriate special educational services, abuse and neglect and information and assistance. No fee. Monday – Friday, 8:30 a.m. – 5:00 p.m.

**National Senior Citizens Law Center**

202-289-6976
1444 Eye Street NW, Suite 1100
Washington, DC 20005
E mail: nsclc@nsclc.org
Website: nsclc.org

The Center responds to request for assistance from legal advocates representing older Americans and is funded under Title III of the Older Americans Act. Do not help the older population directly, as advocates only.

**National Consumer Law Center, Inc.**

617-542-8010
7 Winthrop Square, 4th Floor
Boston, MA 02110-1245
Website: nclc.org
E-mail: consumerlaw@nclc.org

The Center responds to request for assistance from legal advocates representing older Americans and is funded under Title III of the Older Americans Act. Do not help the older population directly, as advocates only.
President of the United States of America
The White House................................................................. Switchboard: 202-456-1414
1600 Pennsylvania Avenue NW ........................................... Fax: 202-456-2461
Washington, D.C. 20500...................................................... TTY/TTD: 202-456-2121 or 202-456-6213
To receive Recognition from the President, contact the Greetings Office .......... 202-456-3276
Website: www.whitehouse.gov .............................................. E-mail: president@whitehouse.gov

Governor of the State of Oklahoma ............................................. 405-521-2342
2300 N. Lincoln Blvd.
Room 212 ................................................................. Fax: 405-521-3353
 Oklahoma City, OK 73105 ..................................................... Website: www.ok.gov

Lieutenant Governor ............................................................ 405-521-2161
2300 N. Lincoln Blvd. ........................................................ Fax: 405-522-8694
Suite 211 ......................................................................... E-mail: todd.lamb@ltgov.ok.gov
 Oklahoma City, OK 73105 ............................................... Website: www.ltgov.ok.gov

Attorney General ................................................................. 405-521-3921
313NE 21st Street. .......................................................... Fax: 405-521-6724
 Oklahoma City, OK 73105 ................................................ Website: www.oag.ok.gov

OKLAHOMA STATE CONGRESSIONAL DELEGATION

United States Senate
Website: www.senate.gov

James M. Inhofe (R) .......................................................... 202-224-4721
205 Russell Senate Office Bldg. ........................................... Fax: 202-228-0380
Washington, D.C. 20510 .................................................. Oklahoma City: 405-608-4381
Website: www.inhofe.senate.gov ......................................... Tulsa: 918-748-5111

James Lankford (R) .......................................................... 202-224-5754
172 Russell Senate Office Bldg. ........................................... Fax: 202-224-6008
Washington, D.C. 20510 ................................................ Website: www.lankford.senate.gov
 Oklahoma City: 405-231-4941 ........................................ Tulsa: 918-581-7651

United States House of Representatives
Website: www.house.gov

Craig, Delaware, Mayes, Nowata, Ottawa and Rogers Counties
Markwayne Mullin (R) ......................................................... 202-225-2701
1113 Longworth House Office Bldg.
 Washington, D.C. 20515 ................................................ Website: www.mullin.house.gov
 Claremore ........................................................... 918-341-9336

Washington County, Tulsa County & a portion of Rogers County
Kevin Hern (R) ................................................................. 202-225-2211
216 Cannon House Office Building ..................................... Fax: 202-225-9187
Washington, D.C. 20515 ................................................ Website: www.hern.house.gov
 Tulsa Office
2448 E. 81st Street, Suite 5150
 Tulsa, OK 74137 ........................................................... 918-935-3222
For the latest legislative information from Washington, D.C. updated every Friday. If you stay on the line after the message, the operator will connect you to your congressperson.

YOUR OKLAHOMA .......................................................... The official state website: www.state.ok.us
www.oklegislature.gov

OKLAHOMA STATE LEGISLATORS

State Senate
State Senate ............................................................................................................................ 405-524-0126
Website: www.oksenate.gov ..................................................................... State Senate Fax: 405-521-5507

District 1 - Craig, Delaware, Mayes and Ottawa Counties
Senator Michael Bergstrom (R) ........................................................................405-521-5561
State Capitol Building Room 412 ...................................................................... Fax: 405-521-5507
2300 N. Lincoln Blvd.........................................................................................................................E-mail : bergstrom@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Randi Colter, E-mail: colter@oksenate.gov

District 2 - Mayes and Rogers Counties
Senator Marty Quinn (R) ................................................................................................. 405-521-5555
State Capitol Building Room 419 ...................................................................... Fax: 405-521-2207
2300 N. Lincoln Blvd.........................................................................................................................E-mail: quinn@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Donna Garlick, E-mail: garlick@oksenate.gov

District 3 – Adair, Cherokee, Delaware, Mayes and Roger Counties
Senator Blake (Cowboy) Stephens (R) ................................................................. 405-521-5574
State Capitol Building Room 528-2 ...................................................................... Fax: 405-521-5507
2300 N. Lincoln Blvd.........................................................................................................................E-mail: stephens@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Audra Brice, Email: Audra-Brice@oksenate.gov

District 18 – Cherokee, Mayes, Muskogee, Tulsa, Wagoner
Senator Kim David(R) ................................................................................................. 405-521-5590
State Capitol Building Room 421 ...................................................................... Fax: 405-521-5507
2300 N Lincoln Blvd.........................................................................................................................E-mail: kdavid@oksenate.gov
Oklahoma City, OK 73105 ...... Executive Assistant, Gayla Guinn, E-mail: guinn@oksenate.gov

District 29 - Craig, Nowata, Rogers and Washington Counties
Senator Julie Daniels (R) ................................................................................................. 405-521-5634
State Capitol Building Room 531 ...................................................................... Fax: 405-521-5507
2300 N. Lincoln Blvd.........................................................................................................................E-mail : daniels@oksenate.gov
Oklahoma City, OK 73105 ..... Executive Assistant, Kathy Townsend, E-mail: Townsend@oksenate.gov

District 34 – Roger and Tulsa Counties
Senator J.J. Dossett (D) ................................................................................................. 405-521-5566
State Capitol Building Room 531 ...................................................................... Fax: 405-521-5507
2300 N Lincoln Blvd.........................................................................................................................E-mail: jdossett@oksenate.gov
Oklahoma City, OK 73105 ........ Executive Assistant, Pam King, E-mail: pking2oksenate.gov
OKLAHOMA STATE LEGISLATORS

House of Representatives

State Capitol Website: www.okhouse.gov ............................................................ Toll Free: 800-522-8502
405-521-2711 ...................................................................... House of Representatives Fax: 405-557-7351

District 5 - Delaware and Mayes Counties
Representative Josh West (R) .................................................................................. 405-557-7415
State Capitol Building Room 205 .......................................................................... Fax: 405-524-0126
2300 N. Lincoln Blvd. ..................................................................................... E-mail: josh.west@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant Keri Shipley, E-mail: keri.shipley@okhouse.gov

District 6 - Craig, Mayes and Rogers Counties
Representative Rusty Cornwell (R) ......................................................................... 405-557-7319
State Capitol Building Room 346 .......................................................................... Fax: 405-962-7638
2300 N. Lincoln Blvd. ..................................................................................... E-mail: rusty.cornwell@okhouse.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Chris Morris, E-mail: chris.morris.okhouse.gov

District 7 - Ottawa County
Representative Steve Bashore (D) ........................................................................... 405-557-7399
State Capitol Building Room 248 .......................................................................... Fax: 405-524-0126
2300 N. Lincoln Blvd. ..................................................................................... E-mail: steve.bashore@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Thomas Cohrs, E-mail: Thomas.cohrs@okhouse.gov

District 8 - Mayes, Rogers and Wagoner Counties
Representative Tom Gann (R) .................................................................................. 405-557-7364
State Capitol Building Room 334 .......................................................................... Fax: 405-962-7614
2300 N. Lincoln Blvd. ..................................................................................... E-mail: tom.gann@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Leia Laird, E-mail: leia.laird@okhouse.gov

District 9 - Rogers County
Representative Mark Lepak (R) .................................................................................. 405-557-7380
State Capitol Building Room 453 .......................................................................... Fax: 405-524-0126
2300 N. Lincoln Blvd. ..................................................................................... E-mail: mark.lepak@oksenate.gov
Oklahoma City, OK 73105 .......... Exec. Assistant, Elisabeth Schlebach, E-mail: elisabeth.s@okhouse.gov

District 10 - Nowata, Washington and Osage Counties
Representative Judd Strom (R) .................................................................................. 405-557-7402
State Capitol Building Room 455 .......................................................................... Fax: 405-557-7419
2300 N. Lincoln Blvd. ..................................................................................... E-mail: judd.strom@oksenate.gov
Oklahoma City, OK 73105 .......... Executive Assistant, Alecia Shannon, E-mail: alecia.shannon@okhouse.gov

24-4
House of Representatives - continued

District 11 – Rogers and Washington Counties
Representative Wendi Stearman (R) ................................................................. 405-557-7358
State Capitol Building Room 341 ................................................................. Fax: 405-557-7351
2300 N. Lincoln Blvd. ................................................................................. E-mail: wendi.stearman@oksenate.gov
Oklahoma City, OK 73105 ................................ Executive Assistant, Dana Moore, E-mail: dana.moore@okhouse.gov

District 74 – Roger and Tulsa Counties
Representative Mark Vancuren (R) ............................................................... 405-557-7377
State Capitol Building Room 243 ................................................................. Fax: 405-557-7351
2300 N. Lincoln Blvd. ................................................................................. E-mail: mark.vancuren@oksenate.gov
Oklahoma City, OK 73105 ................................ Executive Assistant, Kristi Smith, E-mail: kristi.smith@okhouse.gov

District 86 - Delaware, Maves, Adair and Cherokee Counties
Representative David Hardin (R) ................................................................. 405-557-7394
State Capitol Building Room 542 ................................................................. Fax: 405-557-7351
2300 N. Lincoln Blvd. ................................................................................. E-mail: david.hardin@oksenate.gov
Oklahoma City, OK 73105 ................................ Executive Assistant, Ashley Fox, E-mail: ashleyfox@okhouse.gov
LIBRARIES

American Library Association ........................................................................................................800-545-2433
50 E Huron
Chicago, IL  60611 ............................................................................................................... Website:  ala.org

Craig County

Vinita Public Library ................................................................................................................. 918-256-2115
215 West Illinois .................................................................................................................... Fax: 918-256-2309
Vinita, OK  74301
Website:  library@cityofvinita.com

Open:  Monday, Tuesday, Wednesday and Friday 11:00 a.m. – 6:00 p.m.
     Thursday 11:00 a.m. - 7:00 p.m. and Saturday 11:00 a.m. – 3:00 p.m.

Delaware County

Delaware County Library ......................................................................................................... in State Toll Free:  877-445-6367
429 S. 9th .................................................................................................................................918-253-8521
P.O. Box 387 .......................................................................................................................... Fax: 918-253-8726
Jay, OK  74346 ................................................................................................................ Website: eols.org

Open:  Monday, Wednesday & Friday 9:00 a.m. - 6:00 p.m.  Tuesday & Thursday 9:00 a.m. -
     8:00 p.m. and Saturday 9:00 a.m. - 1:00 p.m.

Grove Public Library ..................................................................................................................888-291-8150
1140 NEO Loop .....................................................................................................................918-786-2945
Grove, OK  74344 ............................................................................................................ Fax: 918-786-5233
Website: eols.org

Open:  Monday, Wednesday & Friday 8:30 a.m. - 5:00 p.m.; Tuesday & Thursday 8:30 a.m. -
     9:00 p.m. and Saturday 8:00 a.m. - 12:00 p.m.

Mayes County

Langley Public Library ........................................................................................................... Telephone: 918-782-4461
325 W. Osage St. ....................................................................................................................Fax: 918-782-1056
P.O. Box 655 ........................................................................................................................ Website: langleypl.okpls.org
Langley, OK  74350

Open:  Monday, Wednesday & Friday 9:00 a.m. - 12:00 p.m.  1:00 p.m. - 5:00 p.m.
     Tuesday and Thursday 9:00 a.m. - 12:00 p.m.  1:00 p.m. - 6:00 p.m.
Mayes County – continued

Locust Grove Public Library ................................................................. 918-479-6585
715 Harold Andrew ........................................................................ Fax: 918-479-6582
P.O. Box 697
Locust Grove, OK 74352 ................................................................. Website: locustgrovelibrary.okpls.org

Open: Tuesday 12:00 - 7:00 pm, Wednesday - Friday 10:00 am. - 5:00 p.m.
Saturday 9:00 a.m. - 12:00 noon

Pryor Public Library ................................................................................. 918-825-0777
505 East Graham ........................................................................ Fax: 918-825-0856
Pryor, OK 74361 ........................................................................ Website: pryor.pls.org

Open: Monday & Thursday 1:00 p.m. - 9:00 p.m. Tuesday, Wednesday & Friday 9:00 a.m. - 5:00 p.m. Saturday 9:00 a.m. - 12:00 p.m.

Strang Community Library ................................................................. 918-593-2350
P. O. Box 12
Strang, OK 74367 ........................................................................ Located in the Strang Community Center

Nowata County

Nowata City-County Library ................................................................. 918-273-3538
224 South Pine ........................................................................ Fax: 918-273-1818
P.O. Box 738
Nowata, OK 74048 ........................................................................ nowataok.gov

Open: Monday through Friday 10:30 a.m. - 7:30 p.m. Saturday 9:00 a.m. - 2:00 p.m.

Ottawa County

Miami Public Library ........................................................................... 918-541-2292
200 N. Main ........................................................................ Fax: 918-542-9363
Miami, OK 74354 ........................................................................ Website: www.miamipl.okpls.org

Open: Monday, Wednesday & Thursday 9:00 a.m. - 8:00 p.m.
Tuesday, Friday & Saturday 9:00 a.m. - 5:00 p.m. Sunday 1:00 p.m. - 5:00 p.m.

Rogers County

Chelsea Public Library ........................................................................... 918-789-3364
618 Pine Street ........................................................................ Fax: 918-789-4219
Chelsea, OK 74016 ........................................................................ chelsealibrary.okpls.org

Open: Tuesday 10:00 a.m. – 7:00 p.m.; Wednesday through Friday 10:00 a.m. – 4:00 p.m.; Saturday 9:00 a.m. – 12:00 p.m.
**Rogers County** – continued

**Inola Public Library** ............................................................................................................. 918-543-8862
15 N. Broadway .........................................................................................................................Fax: 918-543-3999
P.O. Box 1237
Inola, OK  74036 .................................................................................................................. Website :   inolaok.com

Open :   Monday, Wednesday, & Friday 10 :00 a.m. - 4 :30 p.m.
        Tuesday & Thursday 12 :00 - 7 :00 p.m.

**Stratton Taylor Library** ...........................................................................................................918-343-7716
Rogers State University .............................................................................................................Fax: 918-343-7897
1701 W. Will Rogers Blvd.
Claremore, OK  74017 ............................................................................................................. Website:  www.rsu.edu/library

Open:  Monday through Thursday 7:30 a.m. - 10:00 p.m.
       Friday 7:30 a.m. - 6:00 p.m.       Saturday 12:00 p.m. - 8:30 p.m.
       Sunday 1:30 p.m. - 10:00 p.m.     Hours are shortened when university is not in session.

**Will Rogers Library** ............................................................................................................. 918-341-1564
1515 N. Florence
Claremore, OK  74017 ............................................................................................................. Website: claremorecity.com

Open:  Monday - Tuesday, 9:30 a.m. - 8:00 p.m.
       Wednesday – Thursday, 9:30 a.m. - 6:00 p.m.     Friday & Saturday, 9:30 a.m. – 5:00p.m.

**Washington County**

**Bartlesville Public Library** .............................................................................................................918-338-4161
600 S. Johnstone .........................................................................................................................Fax: 918-337-5338
Bartlesville, OK  74003 ............................................................................................................. Website: www.bartlesville.lib.ok.us

Open:  Monday through Thursday 9:00 a.m. - 9:00 p.m.
       Friday & Saturday 9:00 a.m. - 5:30 p.m.
       Sunday, September – May, 1:30 p.m. – 5:30 p.m.

**Tyler Memorial Library** ............................................................................................................. 918-534-2106
821 N. Shawnee .........................................................................................................................Fax: 918-534-3698
Dewey, OK  74029

Open:  Monday through Friday 8:00 a.m. – 5:30 p.m.
        Saturday, 10:00 a.m. – 1:00 p.m.
Section 26

Assisted Living 26A
Nursing Homes 26B
Residential Care 26C
Specialized Care 26D
Grand Gateway Area Agency on Aging Ombudsman Program ........................................... 800-482-4594

Senior Info-Line ................................................................................................................ 800-211-2116
Website:  www.grandgateway.org ................................................................................ 918-783-5793

A Long Term Care Ombudsman is an advocate for residents of long term care facilities. 
To register a complaint, learn more about the Long Term Care Ombudsman Program, or 
to volunteer as an Ombudsman in the Northeast Oklahoma, call one of the Supervisors.

Lahona Young, Ombudsman Supervisor .......................................................... E-mail: lyoung@grandgateway.org
Delaware, Mayes, Ottawa & Washington Counties

Shelly Ferris, Ombudsman Supervisor .......................................................... E-mail: sferris@grandgateway.org
Craig, Nowata, & Rogers Counties

ABUSE HOTLINE ................................................................................................................. 800-522-3511
Report on line .................................................................................................................... OKHotline.org

ASSISTED LIVING

Craig County

Heartsworth House Assisted Living .......................................................... 918-256-7858
802 N. Brewer ........................................................................................................... 918-256-7856
Vinita, OK 74301 ............................................................................................................ Fax: 918-256-7857
..................................................................................................................... E-mail: heartsworth@junct.com

75 Total units; 50 Independent Living units; 30 Assisted Living units. Private pay. No pets.

Heartsworth Senior Living .......................................................... 918-256-8767
1200 W. Canadian Ave
Vinita, OK 74301

Delaware County

Grandwood Assisted Living 110 Beds ................................................. 918-787-2011
2001 Sunrise Blvd. ........................................................................................................... Fax: 918-787-2077
Grove, OK 74344 .......................................................................................................... E-mail: grandwood@mlcconsult.com
Medicaid Certified & Provides Respite
Assisted Living – continued

Mays County

Avondale Cottage ............................ Phone & Fax : 918-824-4566
12 Beds ............................ Phone & Fax : 918-824-4566
1300 Damon Dr.
Pryor, OK  74361

Rogers County

Brookdale Claremore ............................ 918-343-3300
71 Units ............................................................. 918-343-9480
1605 N. Hwy 88 ............................................................. 918-343-9480
Claremore, OK 74017

The Brookfield ............................ 918-343-3850
80 Units ............................................................. 918-343-3850
915 E. 16th St............................................................. 918-343-3850
Claremore, OK 74017
Website: www.thebrookfield.com

Tulsa Assisted Living & Memory Care ............................ 918-739-4700
82 Units ............................................................. 918-739-4700
20102 E Admiral Place
Catoosa, OK 74015

Washington County

Bartlesville Assisted Living ............................ 918-876-3700
57 Units ............................................................. 918-876-3700
4605 SE Price Rd............................................................. admiss@bartlesvilleal.com
Bartlesville, OK 74006

Brookdale Bartlesville North ............................ 918-333-9400
44 Units ............................................................. 918-333-9400
5420 SE Adams Blvd............................................................. Fax: 918-333-9422
Bartlesville, OK 74006

Brookdale Bartlesville South ............................ 918-331-9409
39 Units ............................................................. 918-331-9409
3737 S.E. Camelot ............................................................. Fax: 918-331-9503
Bartlesville, OK 74006
Activities, Transportation & Facility pets.

Green Country Assisted Living ............................ 918-335-2086
65 Units ............................................................. 918-335-2086
1027 Swan Drive ............................................................. Fax: 918-335-3254
Bartlesville, OK 74006 ............................................................. Memory Care Unit

26A-3
A Long Term Care Ombudsman is an advocate for residents of long term care facilities. To register a complaint, learn more about the Long Term Care Ombudsman Program, or to volunteer as an Ombudsman in the Northeast Oklahoma, call one of the Supervisors.

Lahona Young, Ombudsman Supervisor .................................................. E-mail: lyoung@grandgateway.org
Delaware, Mayes, Ottawa & Washington Counties

Shelly Ferris, Ombudsman Supervisor .................................................. E-mail: sferris@grandgateway.org
Craig, Nowata, Rogers Counties

NURSING HOMES

Skilled Nursing Facilities (SNF) provide a higher level of care than Intermediate Care Facilities for persons who require continual nursing supervision and special services such as X-rays, oxygen, etc.

Craig County

Heartsworth Nursing & Rehabilitation Center ........146 Beds .................................918-256-8768
1200 W. Canadian .................................................................................Fax: 918-256-8760
Vinita, OK 74301 ................................................................................Referrals@HeartsworthSeniorLiving.com

Skilled Nursing Facility and Alzheimer Unit

Delaware County

Betty Ann Nursing Center 60 Beds .................................................................918-786-2275
1400 S. Main .........................................................................................Fax: 918-786-9389
Grove, OK 74344 ..............................................................................Skilled Nursing Facility and Alzheimer Unit

Grand Lake Villa 100 Beds .................................................................918-786-2276
103 W. 13th, Grove, OK 74344 ..........................................................Fax: 918-786-4526

Skilled Nursing Facility, Key-pad entry. Designated smoking area outside. Bird Aviary, pets allowed.
**Delaware County** - continued

**Grove Nursing Center**  
133 Beds............................................................ 918-786-3223  
1503 W. Harber Road .......................................................... Fax: 918-786-7946  
Grove, OK  74344 .................................................. **Skilled Nursing Facility**

**Monroe Manor**  
98 Beds.......................................... 918-253-4226 or 918-253-4500  
226 E. Monroe .......................................................... Fax: 918-253-6064  
P.O. Box 409 ...................................................................... Jay, OK  74346 ......................................... Described smoking areas. Facility has Special Services license.  
Website: monroemanorjay.com .................................................. E-mail: monroemanoradmin@grand.net

**Quail Ridge Living Center**  
118 Beds............................................................ 918-422-5138  
564 Stateline Road .......................................................... Fax: 918-422-8882  
West Siloam Springs, OK  74338 .................................................. **Skilled Nursing Facility and Alzheimer Unit**  
P. O. Box 1005, West Siloam Springs, OK  72761 ....................... Designated smoking area.

**Mayes County**

**Colonial Terrace**  
75 Beds............................................................ 918-825-5311  
1320 N.E. 1st Place .......................................................... Fax: 918-825-4439  
Pryor, OK  74361 .......................................................... **Skilled Nursing Unit**

**Meadowbrook Nursing Center**  
65 Beds............................................................ 918-476-8918  
113 E. Jones .......................................................... Fax: 918-476-8960  
Chouteau, OK  74337 .................................................. E-mail: MEADOWBROOK@LTCSERVICES.com  
Key-pad entry. Designated smoking area. **Skilled Nursing Unit**

**Salina Care Center, LLC**  
65 Beds............................................................ 918-434-5600  
dba: Parkhill North Nursing Home ........................................ Fax: 918-434-5226  
319 N. Owen Walters Blvd .................................................. E-mail: parkhill@ssstelco.com  
Salina, OK  74365 .................................................. **Skilled Nursing Unit**  
Key-pad entry. Designated smoking area. One poodle inside, one cat outside.

**Shady Rest Care Center, LLC**  
65 Beds............................................................ 918-825-4455  
210 S. Adair .......................................................... Fax: 918-825-8493  
Pryor, OK  74361 .................................................. Designated smoking areas. **Skilled Nursing Facility**
Nowata County

Nowata Nursing Home  65 Beds.................................................................918-273-2236
436 South Joe .........................................................................................Fax: 918-273-2003
P. O. Box 650 .......................................................................................... Skilled Nursing Facility
Nowata, OK  74048 ..............................................................................Designated inside smoking room. One facility pet, a dog.

Osage Nursing Home, Inc.  50 Beds......................................................918-273-2012
822 W. Osage .......................................................................................Fax: 918-273-3631
P. O. Box 112 .........................................................................................Skilled Nursing Facility
Nowata, OK  74048 ...............................................................................Website: osagenursinghome.com
E mail: adm@osagenursinghome.com

Ottawa County

Eastwood Manor Nursing Center  80 Beds........................................918-675-4455
Highway 69 & Sixth Street ....................................................................Fax: 918-675-5472
Commerce, OK  74339 .........................................................................Skilled Nursing Facility
.................................................................................................................Facility Pets

Family Care Center of Fairland  29 Beds.............................................918-676-3685
12 E. Conner ........................................................................................Fax: 918-676-3008
Fairland, OK  74343 ...............................................................................Skilled Nursing Facility
.................................................................................................................Facility pets.

Miami Nursing Center, Inc.  82 Beds.....................................................918-542-3335
1100 "E" Street NE ................................................................................Fax: 918-542-8159
Miami, OK  74354 .................................................................................Skilled Nursing Facility

Windridge Nursing & Rehab  100 Beds................................................918-540-2300
2530 N. Elm ........................................................................................Fax: 918-542-9700
Miami, OK  74354 .................................................................................Skilled Nursing Facility
No smoking inside building.

Higher Call Nursing Center  86 Beds.....................................................918-674-2233
407 Whitebird Avenue .........................................................................Fax: 918-674-2490
P.O. Box 912 (Resident’s mail)
Quapaw, OK  74363 .............................................................................Home-like atmosphere
Rogers County

Memory Care Center at Emerald 60 Beds.............................................................. 918-283-4949
2700 N. Hickory Street.............................................................. Fax: 918-283-4508
Claremore, OK  74017.............................................................. Website: www.autumnwoodmemory.com

Specialized Alzheimer Unit and Dementia Facility

Claremore Nursing Home 118 Beds............................................................ 918-341-4857
920 East 16th Street .......................................................................................................... Fax: 918-341-9199
Claremore, OK  74017 ............................................................................................ Skilled Nursing Facility

Key-pad entry. Non-smoking facility. Visiting pets allowed.

Lane Nursing & Ventilator Care 65 Beds............................................................. 918-543-8800
400 N. Broadway .............................................................................................................. Fax: 918-543-8801
P. O. Box 1059 .............................................................................................................. E-mail: inolacare@AOL.com
Inola, OK  74036............................................................................................ One dog, two cats and assorted birds.

Oklahoma Veterans Center 302 Beds............................................................ 918-342-5432
3001 West Blue Starr Drive .............................................................................................. Fax: 918-342-0835
Claremore, OK  74017
P. O. Box 988, Claremore, OK  74018 ................................................................. Alzheimer Special Needs Unit

Based on Veteran’s ability to pay. Smoking in designated area.

Rolling Hills Care Center 126 Beds.............................................................. 918-266-5500
801 N. 193rd East Avenue .............................................................................................. Fax: 918-266-7600
P. O. Box 958.............................................................................................................. Alzheimer Unit and Skilled Nursing Facility
Catoosa, OK  74015............................................................................................ No smoking on Unit. Key-pad entry.

Emerald Care of Claremore 129 Beds............................................................ 918-341-4365
2800 N. Hickory Street .............................................................................................. Fax: 918-341-7218
Claremore, OK  74019............................................................................................ Alzheimer Unit
P.O. Box 808, Claremore, OK  74018

Key-pad entry to entire facility. Smoking in designated areas only. Pets allowed.
### Washington County

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Beds</th>
<th>Phone</th>
<th>Address</th>
<th>Fax</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ignite Medical Resort-Adams PARC</td>
<td>92</td>
<td>918-331-0550</td>
<td>6006 SE Adams Blvd, Bartlesville, OK 74006</td>
<td></td>
<td>Skilled Nursing Facility</td>
</tr>
<tr>
<td>Bartlesville Health &amp; Rehabilitation Community</td>
<td>119</td>
<td>918-333-9545</td>
<td>3434 Kentucky Place, Bartlesville, OK 74006</td>
<td>918-333-9601</td>
<td>Skilled Nursing Facility</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Independent Living available. Smoking in designated areas. Birds, fish, &amp; cats.</td>
</tr>
<tr>
<td>Forrest Manor Nursing Home</td>
<td>116</td>
<td>918-534-3355</td>
<td>1410 North Choctaw, Dewey, OK 74029</td>
<td>918-534-3457</td>
<td>Skilled Nursing Facility</td>
</tr>
<tr>
<td>Heritage Villa Nursing Center</td>
<td>100</td>
<td>918-335-3222</td>
<td>1244 Woodland Loop, Bartlesville, OK 74006</td>
<td>918-333-5111</td>
<td>Skilled Nursing Facility</td>
</tr>
<tr>
<td>Medicalodge of Dewey</td>
<td>58</td>
<td>918-534-2848</td>
<td>430 Bartlesville Road, Dewey, OK 74029</td>
<td>918-534-3127</td>
<td>Skilled Nursing Facility</td>
</tr>
</tbody>
</table>
Grand Gateway Area Agency on Aging Ombudsman Program.......................... 800-482-4594

Senior Info-Line.............................................................................................................. 800-211-2116
Website: www.grandgateway.org..................................................................................... 918-783-5793

A Long Term Care Ombudsman is an advocate for residents of long term care facilities.
To register a complaint, learn more about the Long Term Care Ombudsman Program,
or to volunteer as an Ombudsman in the Northeast Oklahoma, call one of the Supervisors.

**Lahona Young, Ombudsman Supervisor** .......................................................... E-mail: lyoung@grandgateway.org
Delaware, Mayes, Ottawa & Washington Counties

**Shelly Ferris, Ombudsman Supervisor** ............................................................. E-mail: sferris@grandgateway.org
Craig, Nowata & Rogers Counties

**ABUSE HOTLINE** ........................................................................................................ 800-522-3511
Report on line....................................................................................................................... OKHotline.org

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**RESIDENTIAL CARE FACILITIES**

Skilled Nursing Facilities (SNF) provide a higher level of care than Intermediate Care Facilities for persons who require continual nursing supervision and special services such as X-Rays, oxygen, etc.

**Craig County**

**Santa Fe Residential Care Home** 23 Beds......................................................... 918-256-3424
618 East Canadian
Vinita, OK  74301

Smoking Room provided. No pets. Medication supervision, laundry, meals, activities and transportation.

**Edna Lee's Residential Care** 75 Beds................................................................. 918-256-3131
421 West South Avenue
Vinita, OK  74301

**Golden Life** 57 Beds................................................................. 918-784-2359
P. O. Box 17
Bluejacket, OK  74333......................................................... Designated smoking area for residents.
Craig County – continued

**Miller Residential Home**

54 Beds .................................................... 918-256-3796
203 North Gunter, P. O. Box 459 ................................................................. Fax: 918-256-3692
Vinita, OK  74301 .................................................................................... Website:  www.millercozy.com

*Smoking outside only, no pets, medications supervision/assistance, and meals.*

Delaware County

No facilities available at this time.

Mayes County

**Lari’s Residential Care**

32 Beds............................... Telephone & Fax:  918-782-3747
P. O. Box 727/Hwy 28
Langley, OK  74350 ....................................................................................... Smoking outside. Facility pets.

**Homestead Residential Care Home**

46 Beds.............................................................. 918-782-9969
35284 South 4440 Road............................................................................... Fax: 918-782-9972
Vinita, OK  74301

Ottawa County

**Featherstone of Miami**

40 Beds.............................................................. 918-542-4040
2128 Denver Harner Drive............................................................................ Fax: 918-542-4063
Miami, OK  74354

**Route 66 Residential Care**

40 Beds.............................................................. 918-257-4061
21992 S. Hwy 69
P.O. Box 466
Afton, OK  74331

Rogers County

**Copp's Residential Care**

55 Beds.............................................................. 918-341-2543
14092 E. 500 Rd. .................................................................................... Fax: 918-342-3674
Claremore, OK  74017 ................................................................................. E-mail: tcopp91758@aol.com
Specialized Care Facilities
(for Individuals with Intellectual Disabilities)

Craig County

Home of Hope, Inc.
Administrative Office.......................................................... 918-256-7825
226 W Dwain Willis Ave...................................................... Fax: 918-256-2478
P.O. Box 903
Vinita, OK 74301

Home of Hope Foreman House...............6 Beds ....................... 918-256-4958
104 S. Foreman
Vinita, OK 74301

Home of Hope Brewer House.................6 Beds .......................... 918-256-4959
420 N. Brewer
Vinita, OK 74301

Home of Hope Gunter House.................8 Beds .......................... 918-256-7681
528 N. Gunter
Vinita, OK 74301

Home of Hope Macklanburg House.........8 Beds .......................... 918-256-8406
954 W. Hope Road
Vinita, OK 74301

Home of Hope Scraper House...............6 Beds .......................... 918-256-4957
822 N. Scraper
Vinita, OK 74301

Home of Hope Sequoyah House..............8 Beds .......................... 918-256-8106
804 E. Sequoyah
Vinita, OK 74301

Home of Hope Thompson House............6 Beds .......................... 918-256-4041
728 N. Thompson
Vinita, OK 74301

Home of Hope Warren House..............8 Beds .......................... 918-256-4950
24775 S. 4400 Road
Vinita, OK 74301

Home of Hope Wodloe.........................8 Beds .......................... 918-256-2809
950 W. Hope Road
Vinita, OK 74301
**Nowata County**

**Hays House Nursing Home** .......................... 112 Beds .......................................................... 918-273-2002  
312 S. Mississippi .......................................................... Fax: 918-273-3221  
P.O. Box 648  
Nowata, OK 74048

**Ottawa County**

Home of Hope Elmwood House ....................... 6 Beds .......................................................... 918-256-7825  
3125 East Street North  
Miami, OK 74354

Home of Hope K House ................................. 6 Beds .......................................................... 918-540-0300  
1026 3rd NW  
Miami, OK 74354

Home of Hope Oakcrest House .................... 6 Beds .......................................................... 918-540-0600  
1615 20th Avenue SW  
Miami, OK 74301

Home of Hope Wilson House ...................... 6 Beds .......................................................... 918-256-8406  
603 3rd Avenue NW  
Miami, OK 74354

**Washington County**

A.R.C. Group Homes, Inc.  
**Administrative Office** .............................................................. 918-336-5928  
P.O. Box 1422 .............................................................. Fax: 918-337-2778  
Bartlesville, OK 74005

**ARC Jacquelyn House** ................................. 8 Beds .......................................................... 918-336-5928  
5120 Jacquelyn Lane  
Bartlesville, OK 74006
Section 27

Clinics, Dental, Hearing, Vision, Transportation, Pharmacy, Medical Equipment
RX for Oklahoma Prescription Drug Program (Region 3) ................................................. 877-794-6552
Website: www.rx4okla.com
Website: www.neocaa.org

The goal of RX Oklahoma is to assist all age groups acquire prescription medication through Pharmaceutical Patient Assistance Programs, if the person qualifies. RX Oklahoma will also assist those people with Medicare Part D, with unique circumstances.

Partnership for Prescription Assistance ................................................................. 888-477-2669
Website: www.pparxok.org

NeedyMeds ........................................................................................................ Website: www.NeedyMeds.org

RX Assist ............................................................................................................... Website: rxassist.org

RxOutreach .......................................................................................................... 888-796-1234
Website: www.rxoutreach.com

Durable Medical Equipment Regional Carrier (DME) ........................................... 800-633-4227
For Durable Medical Equipment coverage and list of approved DME Suppliers.

For equipment loan closets (wheel chairs, walkers, etc), check with your local Senior Center, Salvation Army, Health Department, VFW, and American Legion. Also check in the Disability Section of this directory for other choices.

Hill Burton Hotline Health Resource & Services Administration ......................... 800-638-0742
Website: www.hrsa.gov

Financial assistance any time, before or after you receive care; even after a bill has been sent to a collection agency. Only applies to Hill-Burton assisted facilities including hospitals, nursing homes, clinic, etc.

Department of Human Services Advantage Administration .................................. 800-435-4711
Medicaid Waiver-ADvantage Program ................................................................ 918-933-4900
823 S. Detroit Street, 4th Floor .......................................................................... Fax: 405-230-8018
Tulsa, OK 74120 ................................................................................................ Medicaid and medical eligibility standards.
P.O. Box 50550, Tulsa 74150 .............................................................................. Website: oklahoma.gov

Oklahoma Poison Control Center ............................................................................ 800-222-1222
Website: www.oklahomapoison.org ................................................................ Fax: 405-271-5062

These experts will respond to emergencies and also answer questions about drug interactions, household products, chemicals in the environment, snake bites, spider bites, scorpion stings, hazardous materials, etc.
Transportation to Medical Services

Angel Flight South Central (Grace Flight – National name) ........................................ 888-500-0433
5419 Saturn Drive ........................................................................................................ 972-755-0433
Dallas, Texas 75006 ................................................................................................. Fax: 972-858-5492
Website: angelflighthsc.org

Volunteer pilots take patients for non-emergency treatment. Must be ambulatory and able to talk to the pilot. There is a 7 business day window for planning trip.

Corporate Angel Network, Inc. ............................................................................. 866-328-1313
Westchester County Airport .................................................................................. 914-328-1313
One Loop Road ........................................................................................................ Fax: 914-328-3938
White Plains, NY 10604 .................................................................................... Website: CorpAngelNetwork.org

Provides free air travel aboard corporate jets for cancer patients to recognized treatment centers. Corporate Angel Network works directly with patients and families to coordinate their travel needs with the flight plans of the Corporate Angels, some of the nation’s largest corporations.

National Patient Air Transport Helpline .......................................................... 800-296-1217
4620 Haygood Road, Suite 1 ................................................................................ Administrative: 757-512-5287
Virginia Beach, VA 23455 .................................................................................... Fax: 800-550-1769
Website: www.patienttravel.org

The goal is to ensure that no financially-needy patient is denied access to distant specialized medical evaluation, diagnosis or treatment for lack of a means of medical air transportation.

Soonerride
Oklahoma Health Care Authority ........................................................ Reservations 24-hours a day: 877-404-4500
4345 N Lincoln Blvd. ........................................................................................... TDD: 800-722-0353
Oklahoma City, OK 73108 ................................................................................... Website: www.okhca.org

Transportation for Medicaid eligible people with scheduled medical & dental appointments. Other clients will be on a fee-for-service basis. Monday through Friday, 7:00 a.m. - 6:00 p.m.

AIR EVAC LIFETEAM .................................................................................... 636-695-5400
1001 Boardwalk .............................................................................................. Membership: 800-793-0010
Springs Place, Suite 250 ................................................................................ Emergency Dispatch: 800-247-3822
O’Fallon, MO 63368 ........................................................................................... Fax: 417-256-0846
Contact phone non-emergency 417-256-0010 ............................................. Patient Account: 877-288-5340
Email: membership@air-evac.com ................................................................. Website: www.lifeteam.net
Claremore Office, 19502 E. Rogers Post Rd. 74017 ........................................... 918-283-8037

Providing Air Ambulance Care to rural communities since 1985. There are reasonable, yearly membership fees.
Dental Services

Oklahoma Dental Association ................................................................. 800-876-8890
Website: okda.org

American Dental Association ............................................................... 312-440-2500
Website: www.mouthhealthy.org ................................................................ Fax: 312-440-2800

D-Dent ........................................................................................................ 405-424-8092
11212 N. May, Suite 110 ................................................................. 800-522-9510
Oklahoma City, OK  73120 ................................................................ Website: d-dentok.org

Referral agency coordinating the efforts of volunteer dentist to help restore the oral health of low income, uninsured elderly and developmentally disabled Oklahomans and Veterans.

Eastern Oklahoma Donated Dental Services, Inc. (EODDS) .............................................. 918-742-5544
9810 E 42nd St Suite 210 ................................................................ Website: www.eodds.org
Tulsa, OK  74146

Must be 65 + low-income or receiving SSI or SSD. Cannot have saving accounts, CD’s, IRA’s

Nowata Family Health Center ................................................................. 918-273-9911
Morton Comprehensive Health Services, Inc. ............................................. Fax: 918-273-9946
207 S. Locust Street
Nowata, OK  74048 ................................................................ Website: www.mortonhealth.com
Monday through Wednesday 8:30 a.m. - 5:30p.m. Thursday Noon to 5:30 p.m.
Friday 8:30 a.m. to 12:30 p.m. Dental Office Only
General Dental care with an emphasis on prevention. Emergency services for pain and infection are available. Fillings, cleaning and extractions only. Flat fee, discounted rate for all clients. Intake procedure: Register with clinic for assessment and to determine payment.

Neighbor for Neighbor Clinic ................................................................. 918-425-5578
505 E. 36th Street North .................................................................. Fax: 918-428-4951
Tulsa, OK  74106 ................................................................ Website: neighborforneighbor.org

Must call for dental appointments first Monday of the month at 10:00 a.m. Limited appointments are available. This clinic operates with volunteers and receives no funding. Dental extraction, dental hygiene and restorative.
Hearing Services

Tele Relay for the Deaf .............................................................. 711 Relay#: 800-722-8506
Customer Service ................................................................. 800-676-3777
.................................................................................................................. Voice line for Relay: 800-522-8506

American Speech-Language Hearing Association ............................................... 800-638-8255
Website: www.asha.org

Oklahoma State Rehabilitative Services for the Deaf ........................................... V/TTY: 800-833-8973
Telecommunication Program and Equipment.................................................. TDD: 405-522-7930
2401 NW 23rd Street, Suite # 51 ................................................................. Fax: 405-522-7948
Oklahoma City, OK  73107-2462 ............................................................... Website: www.okrehab.org

Help with employment and education for those with hearing loss.

International Hearing Society ........................................Hearing Aid Help-Line, Extension #2: 800-521-5247

Senior Citizens Hearing Aid Assistance Program ........................................ 866-309-1717
Oklahoma School for the Deaf and Hard of Hearing
1100 E. Oklahoma
Sulphur, OK  73086

People age 60+ who have a hearing loss of 35 decibels or greater in the better ear may be eligible for a hearing aid at little or no cost to the individual, as long as funds are available. Based on financial guidelines.

SHARP ......................................................................................... 888-311-3523
Sertoma Hearing Aid Recycling Program....................................................... Local Office: 918-832-8742
8740 E. 11th Street......................................................................................... Video phone: 918-925-9760
Tulsa, OK  74112
Provides hearing aids to qualified low-income people for a one-time fee.

TSHA, Inc. Total Source for Hearing Loss and Access ...................................... 888-311-3523
Statewide information and referral program, hearing aid assistance, equipment loans and interpreter referral program.

Starkey Hearing Foundation (Hear Now Program) ........................................ 800-648-4327
6700 Washington Avenue South................................................................. 800-328-8602
Eden Prairie, MN  55344 ........................................................................... Fax: 952-947-4997
Website: www.sotheworldmayhear.org

The client must have a documented hearing loss severe enough to warrant the wearing of hearing aids. A current audiogram, no more than 9 months old is needed with the application.

Dog Ears at Annes Country Club for Pets ..................................................... 405-478-2303
Companion Dogs for the Hearing Impaired
4200 E. Britton Road
Oklahoma City, OK  73131

Train and provide hearing-ear dogs to qualified, deaf and hard of hearing individuals.
**Vision Services**

**Optometry Board**

800-725-6723
2088 S Post Rd, Suite 200
Oklahoma City, OK 73130
Website: www.optometry.state.ok.us

**New Eyes for the Needy, Inc.**

973-376-4903
549 Millburn Avenue
P.O. Box 332
Short Hills, NJ 07078
Website: www.neweyesfortheneedy.org

Hours of operation: Monday – Thursday 9:00 a.m. – 4:00 p.m. (EST) Friday 9:00 a.m. – Noon

Intake Procedure: Referral by social agency able to document financial need of client.

Distributes new prescription glasses for the needy, nationwide. A voucher is provided to a participating optometrist for the glasses. You must have a copy of the prescription from a recent eye examination. New Eyes for the Needy does not pay for eye exams.

This organization solicits metal frames in any condition, unbroken plastic framed glasses, sunglasses, hearing aids, cataract lenses, and precious metal scrap. Cash received from the sale of metal-framed glasses and precious metal scrap is used to purchase new prescription glasses for the needy in the United States. Reusable plastic-framed glasses are sent abroad for redistribution.

**Senior Eye Care America**

Automated: 800-222-3937
P.O. Box 429098
San Francisco, CA 94142
Website: www.eyecareamerica.org

Referral Center in now on line. Eligible clients age 65+ are referred to a local volunteer Ophthalmologist. Participating physicians provide comprehensive medical eye examinations and treatment for diagnosed conditions at no out-of-pocket expense. No Ophthalmologist appointment within the last 3 years. No HMO or VA benefits.

**Medical Clinics by County**

**Craig County** – No clinic available

**Delaware County**

**Christian Medical Clinic of Grand Lake**

(Automated): 918-787-5191
First Baptist Church
501 E. 13th Street
Grove, OK 74344

Open Thursdays 3:00 p.m. – 8:00 p.m. Patients are seen on a first come, first serve basis. Sign-in begins 3:00 p.m. Serves individuals age 18 – 64 without insurance and unable to pay medical costs. Applicants must have valid driver’s license or picture I.D. There are 20 appointments available for physicians, 6 for chiropractor, and 6 for dentist for extractions only.
Medical Clinics – continued

**Mayes County**

**Bethesda Free Clinic** ................................................................. 918-782-2673
3rd & Church St.
Langley, OK 74350 ........................................................................ Open each Saturday 9 - 12:30

A free medical clinic open each Saturday from 9:00 AM to 12:30 PM. Check in is from 9:00AM to 9:30AM. Located on the church grounds of First Baptist Church in Langley in the white building just south of the church building.

**Nowata County**

**Community Medication Assistance Program (CMAP)** ........................................ 918-273-2868
317 E. Delaware ................................................................................ Fax: 918-273-1969
Nowata, OK 74048

Call and leave your name and phone number and a volunteer will return your call as soon as possible. Volunteers assist with accessing programs offered by pharmaceutical companies, to help obtain medications for those people with limited incomes, no insurance, and do not qualify for other assistance.

**Nowata Family Health Center**
Morton Comprehensive Health Services, Inc. ........................................ 918-273-9911
207 S. Locust Street ......................................................................... Fax: 918-273-9946
Nowata, OK 74048

Hours of operation: Monday through Friday 8:30 a.m. – 5:30 p.m.
Thursday, Noon to 5:30 p.m.

**Health Care:** Comprehensive primary health care including: adult medicine, pediatrics, dental care, well child checkups, and immunizations. **Intake procedure:** Register with enrollment department; provide information regarding household income, family size and address; review current health insurance coverage, Medicaid and Medicare; bring proof of income, address, driver’s license, Social Security cards for yourself and all dependents and all insurance cards to enroll. All private insurance, Medicaid and Medicare is accepted. Minimum charge of $25.00 per visit for all clients.

**Ottawa County**

**Route 66 Health Clinic** ................................................................. 918-257-8029
138 S Main
Afton, OK 74331

Sliding payment scale is available for patients based on family size and income.
Medical Clinics – continued

Rogers County

Free Medical Clinic of Rogers County
Health Department
2664 N. Highway 88
Claremore, OK  74017

*The Health Department’s only participation in the clinic is the use of the building. Please do not call the Health Department for information.*

The medical clinic accepts the first twenty (25) patients, five of them being for refill medications only. The doors open for line-up at 5:00 p.m. The medical clinic is open from 6:00 p.m. – 9:00 p.m. every Thursday. You must live in Rogers County and have no insurance. Must have proof of residency.

Washington County

Family Healthcare Clinic..................................................................................................................918-336-4822
1820 W Hensley Blvd
Bartlesville, OK  74003........................................................................................................www.familyhealthcareclinic.org

Green Country Free Clinic............................................................................................................918-337-5222
500 SE Frank Phillips Blvd.
Bartlesville, OK  74003

Free medical clinic providing non-emergency medical care, lab care and medications to adults and children. All personnel including physicians donate their time.

Open every Tuesday at 1:00 p.m. and the 2nd and 4th Thursday of each month till 7:00 p.m. Must call for an appointment, walk-ins are not accepted. Call after 1:00 p.m. Tuesday and Thursday for appointments.

Hope Clinic ....................................................................................................................................918-440-7692
101 Sooner Rd
Bartlesville, OK  74003

New patients-2nd & 4th Tuesday at 6 p.m. Returning Thursdays 6 p.m. Call day before for apt.
All Counties

Tulsa Dream Center ................................................................................................................ 918-430-9984
200 W. 46th St. North ............................................................................................................... Fax: 918-430-1013
Tulsa, OK  74126 .................................................................................................................. Website: www.tulsadreamcenter.org

Medical exams, vaccinations and pharmaceutical supplies. Prefer you use your own county facility if available, if not, you are welcome.

Help a woman going through Cancer Treatment
“Cleaning for a Reason”
www.cleaningforareason.org

Fighting Cancer is difficult enough. Cleaning for a Reason is a non-profit organization, partnering with maid services to offer professional cleaning to help women undergoing treatment for cancer.

Medical Equipment & Pharmacy

All Saints ..............................................................................................................................918-333-5110
3015 SE Washington Blvd
Bartlesville, OK  74006

B & E Medical Equipment .................................................................................................918-825-7000
1300 NE  1st St Suite 12
Pryor, OK  74361

Baptist Village .....................................................................................................................918-272-2281
7410 N 127th E Ave
Owasso, OK  74055

Beggs Pharmacy ..................................................................................................................918-825-3059
200 S Adair
Pryor, OK  74361

Black Drug Pharmacy .......................................................................................................918-479-5223
412 E Main
Locust Grove, OK  74352

Boulevard Pharmacy .........................................................................................................918-336-2140
1117 SE Frank Phillips Blvd
Bartlesville, OK  74003
Medical Equipment – continued

Chelsea Family Pharmacy
600 Walnut
Chelsea, OK  74016

Chouteau Family Pharmacy
214 N Chouteau
Chouteau, OK  74337

Eldercare of Washington County
1223 Swan Dr
Bartlesville, OK  74006

H & G Medical
112 NE Washington Blvd
Bartlesville, OK  74006

KC Medical Equipment
430510 E 290 Rd
Vinita, OK  74301

Langley Drug
1631 N 3rd
Langley, OK  74350

Lincare
3851 Tuxedo Blvd Suite A
Bartlesville, OK  74006

Lincare
1071 W Blue Starr Suite 109
Claremore, OK  74017

Mobility Plus
3075 Medical Pkwy Suite 200
Claremore, OK  74017

Osborn Drug
11 W Central
Miami, OK  74354

Osborn Drug
201 W Illinois
Vinita, OK  74301
Medical Equipment – continued

Regency Medical Equipment .................................................................918-542-9733
102 S Main
Miami, OK  74354

Select HME ..........................................................................................918-632-0004
139 SE Katherine
Bartlesville, OK  74006

Trinity Home .........................................................................................918-786-8204
63238 E 290 Rd
Grove, OK  74344

Vitcare .................................................................................................918-461-9323
Claremore, OK  74017
MENTAL HEALTH

and

SUBSTANCE ABUSE
MENTAL HEALTH and SUBSTANCE ABUSE

OK State Department of Mental Health & Substance Abuse Services
1200 NE 13th ................................................................. TDD: 405-522-3851
Oklahoma City, OK 73117 ......................................................... 405-522-3908
P.O. Box 53277, Oklahoma City, OK 73152-3277 .................................................................................. Website: www.odmhsas.org
.................................................................................. Fax: 405-522-3650

Reach-Out Hotline ....................... Callers in crisis & Information and Assistance Service: 800-522-9054

Safeline ................................................................. 800-522-7233
Safeline is the Department of Mental Health’s 24-hour toll-free line, providing information and referral on sexual assault and domestic violence. Callers can be referred to crisis intervention and shelter services, obtain information on filing a victim protective order and learn about their rights under law. All calls are free and confidential.

Teenline ................................................................. 800-522-8336
Teenline in operation every day from noon to midnight, offers a caring listener for teens who have question or concerns about relationships, substance abuse, sexuality and other topics.

National Alliance for the Mentally Ill ................................................................. 800-583-1264
3812 Santa Fe, Ste. 305 ................................................................. 405-601-8283
Oklahoma City, OK 73118 ................................................................. Fax: 405-230-1903
Website: www.nami.org

Oklahoma Bureau of Narcotics and Dangerous Drugs ................................................................. 800-522-8031
419 NE 38th Terrace ................................................................. 405-521-2885
Oklahoma City, OK 73105 ................................................................. Fax: 405-524-7619
Website: www.ok.gov/obndd

Grand Lake Mental Health Administrative Office ................................................................. 918-273-1841
114 W. Delaware ................................................................. Night/Holiday/Weekend Crisis Line: 800-722-3611
Nowata, OK 74048 ................................................................. Website: www.glmhc.net
See county listings for individual offices ................................................................. Fax: 918-273-1843.

Turning Point Area Prevention Resource Center ................................................................. 918-336-4647
622 SE Frank Phillips Blvd ................................................................. Fax: 918-336-8710
Bartlesville, OK 74003

Serves: Craig, Mayes, Nowata, Ottawa, Rogers and Washington Counties. Alcohol and other drug prevention programs. A joint project of The Alcohol and Drug Center, Inc. and the Oklahoma Department of Mental Health and Substance Abuse Services. Outpatient only.

28-2
Craig County

**Oklahoma Forensic Center** ................................................................. 918-256-7841
24800 S. 4420 Rd.................................................................................. www.ok.gov
P.O. Box 69 ......................................................................................... Fax: 918-256-4491
Vinita, OK 74301 ................................................................................ V/TDD: 918-256-5108

**Roserock Recovery Center** ................................................................................................. 918-256-9210
24919 S. 4420 Road ............................................................................. Fax: 918-256-6377
Vinita, OK 74301

**Grand Lake Mental Health Center** .................................................. 918-256-6476, Ext. 2240
405 E. Excelsior .................................................................................. Fax: 918-256-3628
Vinita, OK 74301 ............................................................................... After-Hours Crisis Line: 800-722-3611
Website: www(glmhc.net

Outpatient counseling, case management, psycho-social rehabilitation services and medication management for psychiatric illnesses. Follow-up counseling for persons released from psychiatric hospitalization, crisis intervention and referrals.

**RENAISSANCE at Saint Francis Hospital Vinita** ........................................... 866-444-7500
735 N. Foreman .................................................................................. Fax: 918-256-9201
Vinita, OK 74301 .............................................................................. Fax: 918-256-9205
Specialized Care for Seniors .................................................................. Website: saintfrancis.com/vinita

15 bed Inpatient Geriatric Psychiatric Unit. Free, confidential assessments and transportation available. Serves all counties.

**Vinita Day Center** .................................................................................. 918-256-6846
131 S. Wilson
P. O. Box 223
Vinita, OK 74301 .............................................................................. Email: vinitadaycenter@junct.com

Provides socialization. Open Friday and Saturday, 9:00 a.m. to 3:00 p.m. Open any day Grand Lake Mental Health is closed.

Delaware County

**Grand Lake Mental Health Center** .................................................. 918-786-4434, Ext. 2307
1115 Harbor Road .............................................................................. Fax: 918-786-4435
Grove, OK 74344 ............................................................................. After-Hours Crisis Line: 800-722-3611

Outpatient counseling, day treatment and medication management for psychiatric illnesses. Follow-up counseling for persons released from psychiatric hospitalization, crisis intervention and referral.
Delaware County - continued

House of Hope ........................................................................................................................................ 918-786-2930
32300 S. 625 Rd. .................................................................................................................................. Fax: 918-786-5985
Grove, OK 74345 ........................................... Inpatient Residential Drug and Alcohol Treatment Center for adult men only.
P. O. Box 451585, Grove, OK 74345-1585 ............................................... Website: www.houseofhopegrove.com
Outpatient Office ..................................................................................................................................... 918-787-2242
32199 S. 625 Road (Hwy 59 South) ................................................................. Fax: 918-786-5985
P. O. Box 451585
Grove, OK 74345 ................................ Outpatient substance abuse counseling line: 918-787-7769

Mayes County

Grand Lake Mental Health Center ................................................................. 918-825-1405, Ext. 2339
231 E. Graham Ave ................................................. After-Hours Crisis Line: 800-722-3611
Pryor, OK 74361 ......................................................................................................................... Fax: 918-825-1406
Outpatient counseling, case management for psychiatric illnesses. Follow-up counseling for
persons released from psychiatric hospitalization, crisis intervention and referrals.

Nowata County

Grand Lake Mental Health Administrative Office ................................................................. 918-273-1841
114 W. Delaware ........................................................................................................ Night/Holiday/Weekend Crisis Line: 800-722-3611
Nowata, OK 74048 ................................................................................................................ Website: www glmhc.net
.......................................................................................................................................... Fax: 918-273-1843

Turning Point Alcohol & Drug Center, Inc ........................................................................ 918-336-4646
622 SE Frank Phillips Blvd. .................................................................................................. Fax: 918-336-8710
Bartlesville, OK 74003
Serves Nowata County

Ottawa County

Grand Lake Mental Health Center ................................................................. Extension 2350: 918-540-1511
111 South Treaty Road ........................................................................................................ After-Hours Crisis Line: 800-722-3611
Miami, OK 74354 ................................................................................................................ Website: www glmhc.net
Outpatient counseling, case management, and medication for psychiatric illnesses. Follow-up
counseling for persons released from psychiatric hospitalization, crisis intervention and referrals.
Generations provides inpatient behavioral health care for people 55+. Treating depression, anxiety, memory and more. A variety of approaches are used including group, individual and family counseling. In-house specialties provided are physical and occupational therapy, pulmonology, urology, speech pathology and podiatry. Transportation provided. Free in-home or in-care facility assessments.

Outpatient counseling, case management, and medication for psychiatric illnesses. Follow-up counseling for persons released from psychiatric hospitalization, crisis intervention and referrals.

Drug and alcohol abuse counseling individuals and groups. Court ordered drug and alcohol assessment and counseling, meeting state requirements. Can refer to inpatient treatment and counseling. Do not have to be Native American. Pay on a sliding scale basis. Certified Counselor on staff offering gambling counseling.

In-patient, intermediate care, 30-day treatment program for males 18 or over, suffering from chemical addiction. Out-patient counseling for individuals, families and groups affected by chemical abuse. DUI School, and drug and alcohol evaluation or assessment. Ten (10) and twenty-four (24) hour DUI School.
Rogers County

Grand Lake Mental Health Center ................................................................. 918-342-0770, Ext. 2393
12005 E. 470 Road ........................................................................................................... Fax: 918-342-0087
Claremore, OK 74017 ................................................................. After-Hours Crisis Line: 800-722-3611

Outpatient counseling, case management, and medications for psychiatric illnesses. Follow-up counseling for persons released from psychiatric hospitalization, crisis intervention and referrals.

Grand Lake Mental Health Annex ......................................................... 918-342-9530, Ext. 2459
17599 S. Hwy 88 ...................................................................................... Fax: 918-342-9533
Claremore, OK 74017 ................................................................. After-Hours Crisis line: 800-722-3611
P.O. Box 1346, Claremore, OK 74018

Senior Care Hospital Geriatric Unit ......................................................... 918-341-9373
Hillcrest Hospital - Claremore ................................................................. Fax: 918-342-7849
1202 N. Muskogee Place
Claremore, OK 74017

In-patient, Senior Care addresses the behavioral health needs of adults aged 55+ through a combination of therapies, education, community activities and wellness programs. Patients address key areas of concern, such as loss of independence, depression, change in lifestyle or living arrangements. Special emphasis bridges an important gap - creating a transition between in-patient and hospitalization and returning to the community. Patients apply what they have learned and make adjustments to their real-life situations as they progress through treatment.

Washington County

Behavioral Services Unit ........................................................................ 800-824-8854, 918-333-7200
Ascension St. John Jane Phillips Medical Center ................................................. 918-331-1116
3500 SE Frank Phillips Blvd ................................................................. Fax: 918-331-1398
Bartlesville, OK 74006 .................................................................................................... Website: healthcare.ascension.org

Adult and geriatric psychiatric programs and medical detoxification services. Age 21+

Grand Lake Mental Health ................................................................. Extension 2423: 918-337-8080
700 SW Penn ........................................................................................................... After Hours Crisis Line: 800-722-3611
Bartlesville, OK 74003 .................................................................................................... Fax: 918-337-8099
Website: www(glmhc.net

Outpatient counseling, case management, and medication for psychiatric illnesses. Follow-up counseling for persons released from psychiatric hospitalization, crisis intervention and referrals.
National Alliance for the Mentally Ill

901 E. 3rd
Bartlesville, OK  74006

HUD subsidized housing complex, independent living for the mentally challenged.

Samaritan Counseling and Growth Center

245 SE Madison Blvd.
Bartlesville, OK  74006
Website:  www.samaritanbartlesville.org

Pastoral counseling, individual, marriage/family counseling. Children, sexual abuse, addiction, and eating disorders counseling.

Turning Point Alcohol & Drug Center, Inc

622 SE Frank Phillips Blvd.
Bartlesville, OK  74003

28-7
Health Services and Elder Services
NATIVE AMERICAN HEALTH SERVICES

Must have CDIB Card for the following services.

► Non-tribal services also available

Craig County
Cherokee Nation Vinita Health Clinic ................................................................. 918-256-4800
27371 S. 4410 Road .......................................................................................... 800-256-0671 Ext. 4800
Vinita, OK 74301

Delaware County
Sam Hider Health Center .................................................................................... 918-253-4271
Cherokee Nation Health Service .......................................................... Medical Records Fax: 918-253-3287
1015 W. Washbourne P.O.Box 350 ................................................................. Doctors Fax: 918-253-2531
Jay, OK 74346

Mayes County
► Cherokee Nation AMO Health Center .......................................................... 877-434-8500
900 N. Owen Walters Blvd./P.O. Box 490 .......................................................... 918-434-8500
Salina, OK 74365

Nowata County
Cherokee Nation Primary Care Clinic/Will Rogers Health Center
1020 Lenape Drive ............................................................................................... 918-273-7500
Nowata, OK 74048

Ottawa County
Northeastern Tribal Health System ................................................................. 918-542-1655
7600 S. Hwy 69 A ................................................................................................ Fax: 918-540-1685
Miami, OK 74354 P.O. Box 1498, Miami, OK 74355

Inter-Tribal Substance Abuse/Prevention and Treatment Center .......................... 800-773-5543
515 E. Central Avenue ........................................................................................ Fax: 918-540-3123
Miami, OK 74354
Drug, alcohol abuse and elderly counseling.

► Bearskin Health Care & Wellness ................................................................. 918-678-2070, Fitness Center 918-678-2282
One Turtle Drive ................................................................................................ Fax: 918-678-2759
Wyandotte, OK 74370 Open Monday – Friday, 8:00 a.m. – 4:30 p.m.

Myaamia Wellness Center .................................................................................. 918-541-2172
2309 W. Newman Road
Miami, OK 74354

Rogers County
Claremore Indian Hospital ................................................................................ 918-342-6200
101 South Moore Avenue ................................................................................ Fax: 918-342-6598
Claremore, OK 74017 Website: www.ihs.gov

Washington County
Cherokee Nation Primary Health Clinic .......................................................... 918-336-0823
501 E. 5th ........................................................................................................ Fax: 918-336-0931
Bartlesville, OK 74003
SERVICES FOR NATIVE AMERICAN ELDERS OF NE OKLAHOMA

Cherokee Nation Elder Services ................................................................. TTD/TTY Users: 1-800-722-0353
1387 W. 4th St. .......................................................................................................................... 918-453-5554
Tahlequah, OK 74464 ........................................................................................................ Fax: 918-458-6216
Website :.................................................................................................................... eldercare@cherokee.org

Eastern Shawnee Tribe Elder Services ................................................................. 918-238-5600, Ext. 1205
10170 S. Bluejacket
Wyandotte, OK  74370 ........................................................................................................ Website :  www.easternshawnee.org

Miami Tribe Elder Services .......................................................................................... 918-541-1300
Tera Hatley, Member Services Manager ........................................................................ Fax: 918-541-1324
3410 P. St. ........................................................................................................................ Fax: 918-542-7260
P.O. Box 1326
Miami, OK  74355 ........................................................................................................ Website:  miamination.com

Ottawa Tribe Elder Services ......................................................................................... 918-540-2377
P.O. Box 110 ..................................................................................................................... Fax: 918-541-1904
13 S. 69A
Miami, OK  74355 ........................................................................................................ Website:  ottawatribe.org

Peoria Tribe Elder Services ......................................................................................... 918-540-2535
118 S. Eight Tribes Trail .............................................................................................. Website:  www.peoriatribe.com
P.O. Box 1527 .................................................................................................................. Miami, OK  74355

Quapaw Tribe Elder Services ..................................................................................... 918-542-1853
5681 South 630 Rd. ............................................................................................... Website: quapawtribe.com
Quapaw, OK  74363

Seneca-Cayuga Tribe Elder Services
Administration on Aging .................................................................................... 918-787-5452, Ext. 6052,6053
Grove, OK 74345 ........................................................................................................ Website:  www.sctribe.com

Wyandotte Nation Elder Services
64700 E. Hwy 60 ........................................................................................................ Fax: 918-678-2950
Wyandotte, OK 74370 .................................................................................................. Website: www.wyandotte-nation.org
RED CROSS & SALVATION ARMY

American Red Cross ............................................................................................................. 800-448-3543
Southwest Regional office ..................................................................................................... 918-831-1100 or 918-831-1109
10151 E. 11th ........................................................................................................................ Fax: 918-831-1134
Tulsa, OK 74128 .................................................................................................................. Website: www.redcross.org

Salvation Army Administration Office
2150 S. Sheridan Rd .............................................................................................................. 918-836-8730
Tulsa, Oklahoma 74129 ........................................................................................................ Fax: 208-345-6224
National Website: www.salvationarmyusa.org ................................................................... Open Monday – Friday, 8:30 a.m. – 4:30 p.m.

Craig County

Serves Craig, Delaware and Ottawa Counties
American Red Cross ............................................................................................................. 918-256-6143
Vinita City Hall ........................................................................................................................ Fax: 918-256-8916
104 E. Illinois ....................................................................................................................... 24 Hour Help Line: 800-494-0275
P.O. Box 524 ....................................................................................................................... Open: Tuesday, Wednesday & Thursday. 9:00 – 4:00
Vinita, OK 74301 ..................................................................................................................... Emergency Messages for Military Personnel: 877-272-7337

Salvation Army ..................................................................................................................... 918-256-2037
P. O. Box 147
224 W. Sequoyah Avenue
Vinita, OK 74301 .................................................................................................................. Open Monday, Wednesday & Friday, 10:00 a.m. - 2:00 p.m.

Delaware County

American Red Cross ............................................................................................................. See Craig County

Salvation Army ..................................................................................................................... Delaware County is served by Craig County

Mayes County

American Red Cross ............................................................................................................. See Rogers County

Community Action Resource Development (CARD) ...................................................... 918-825-3423, Fax: 918-825-5159
708 SE First St, Pryor, OK 74361 ...................................................................................... Open Monday through Friday, 8:00 a.m. – 3:00 p.m.
Nowata County

American Red Cross (Bartlesville office serves Nowata County) ............................................................... 918-336-2216
601 S. Jennings ................................................................................................................................. Fax: 918-336-2218
Bartlesville, OK  74003
P. O. Box 1174, Bartlesville, OK  74005 .................... Open:  Monday through Friday 8:00 a.m. – 5:00 p.m.

Salvation Army ........................................................................................................................... Telephone:   918-273-2868
Community Action Resource Development (CARD) ........................................................................ www.cardcaa.org
317 E. Delaware ......................................................................................................................... Open Monday – Friday, 8:00 – 4:30
Nowata, OK  74048  ........................................Offers RX Oklahoma for those not able to afford their medication.

Ottawa County

American Red Cross
205 N. Main St. ............................................................................................................................... 918-542-4751
Miami, OK 74354

Rogers County

American Red Cross ................................................................. 918-343-1803
400 W. Will Rogers Blvd.
Claremore, OK  74017

Salvation Army ................................................................................................................................. 918-341-5000
Community Action Resource Development (CARD) ...................................................................... Fax: 918-343-3663
707 W. Lowry Road, Suite 102 & 103
Claremore, Ok 74017 ................................................................. Fax: 918-342-5032
P.O. Box 947, Claremore, OK 74018 ................................................................. Website:  cardcaa.org

Washington County

American Red Cross (Bartlesville office serves Nowata County) ............................................................... 918-336-2216
601 S. Jennings ............................................................................................................................. Fax: 918-336-2218
Bartlesville, OK  74003
P. O. Box 1174, Bartlesville, OK  74005.................... Open:  Monday through Friday 8:00 a.m. – 5:00 p.m.

Salvation Army ................................................................................................................................. 918-336-6454
101 N. Bucy .............................................................................................................................. Fax: 864-573-1064
Bartlesville, OK  74003
Hours: Mon-Thu 9:00 AM-2:00 PM; Fri 9:00 AM-12:00PM; Sun 12:00AM-11:59PM
Section 31

Senior Centers
and
Older Americans Act
Title III & Title VI Nutrition Services
SENIOR CENTERS
& Older Americans Act - Title III Nutrition Services

Grand Gateway Area Agency on Aging serves the 60+ population through Title III of the Older Americans Act. Services include: Congregate meals, home delivered meals, housekeeping, chore services, transportation, health promotion and medication management.

Older Americans Act Title III Nutrition Offices

Community Action Resource & Development, Inc. (CARD) .................................................. 918-341-5000
707 W. Lowry Road, Suite 102 & 103 ................................................................. 918-341-5000
Claremore, Ok 74017 .................................................................................. Fax: 918-342-5032
P.O. Box 947, Claremore, OK 74018 .......................................................... Website: cardcaa.org

Mayes County Outreach ........................................................................ 918-825-6220
Nowata County Outreach ........................................................................ 918-534-1270
Rogers County Outreach ........................................................................ 918-342-0622
Washington County Outreach .............................................................. 918-534-1270

DOCSenior Services .................................................................................. 918-257-4825
57501 E 230 Rd................................................................. Fax: 918-257-4881
Afton, OK 74331 ............................................................................. docservices.org
Corporate Office, P.O. Box 848, Miami, OK 74355 ........................................ 918-542-6671

DOCSenior Services Nutrition Project

Older Americans Act Title III meals served congregate, frozen, home delivered, & pantry.

Craig, Delaware, and Ottawa Counties Nutrition and Outreach Program ......... 918-257-4825
Call for hours of operation!

Craig County

Big Cabin Senior Citizens.............................................................................................................. 918-783-5175
264 E. Main Street
P.O. Box 71
Big Cabin, OK 74332

Open Mondays 9:00-10:00 a.m. for coffee. Open weekdays 7:30 a.m. - 3:00 p.m. Meals served and cards played on Thursdays, 7:00 a.m. – 3:00 p.m. Games, recreation, health screenings, educational presentations, home-delivered meals. Music on the last Saturday night of the month. Painting and quilting classes, Wednesday afternoons 1:00 p.m. - 4:00 p.m.

Bluejacket Senior Citizens........................................................................................................... 918-784-2140
137 S. Main
Bluejacket, OK 74333

Meal served on the Monday, Tuesday, and Thursday of every month

Ketchum Senior Citizens Center ........................................................................................................ 918-782-3221
124 E. Broadway
P.O Box 991
Ketchum, OK 74349 ................................................................. Monday, Tuesday, Wednesday • Meal donation $4.00

Enhanced Fitness at the center: Monday, Wednesday and Friday, 10:30 a.m.

Vinita Senior Citizens Center ...................................................................................................... 918-256-7696
222 W. Sequoyah ......................................................................................................................... Email: vinitaseniorcenter@att.net
Vinita, OK 74301 .......................................................................................................................... Fax: 918-256-7696

Open Monday-Friday 8:00 a.m. – 3:00 p.m. daily. Meals served 11:30 a.m. Monday-Friday. Homebound meals, arts, crafts, games, health education and screening, social & emotional support.

Delaware County

Bernice Senior Citizens Center ...................................................................................................... 918-760-7558
211 S. Broadway
P. O. Box 3534
Bernice, OK 74331

Meals served on Wednesday.
Delaware County – continued

Colcord Senior Citizens Group ................................................................. 918-326-4001
192 W. Senior St.
Colcord, OK 74338 ............................................................. Meals provided on Tuesdays and Fridays. Meal $4.00.

Grove Senior Citizens Center, Inc .......................................................... 918-786-6310
145 E. O'Daniel Parkway
Grove, OK 74344

Open weekdays, 8:00 a.m. - 2:00 p.m. Arts, crafts, celebrations, games, health education and screening, social and emotional support.

DOCSenior Services Nutrition Project Site ........................................... 918-786-6310
Older Americans Act Title III meals served 11:30 a.m., Monday - Friday. Homebound meals, outreach and transportation to site.

Jay Senior Citizens Center ................................................................. 918-253-8405
816 S Main St.................................................................................. seniorcenter@grand.net
P.O. Box 382
Jay, OK 74346

Open Monday - Friday 7:00 a.m. - 1:30 p.m. Meals served five days a week. Homebound meals, celebrations, ceramics, play cards, health screening, crafts, and pool table.

Senior Citizens Multi-Purpose Center .................................................. 918-868-2593
160 S. Cherokee Street
P.O. Box 226
Kansas, OK 74347

Open 8:00 a.m. - 2:00 p.m., Monday, Wednesday and Friday. Meals served at 12:00 Noon. Health screenings and table games.

Vammen (Oaks) Senior Citizens Center ............................................... 918-868-3292
P.O. Box 948
Tahlequah, OK 74465 ................................................. Meals served 12:00 noon Monday, Tuesday & Thursday

Seneca-Cayuga Tribe Senior Center ..................................................... 918-787-4093
23781 S. 655 Rd.
P.O. Box 453220
Grove, OK 74344
Tribal Administrative Office ............................................................ 888-313-6609

Older Americans Act Title VI meals served 11:30 a.m., Monday - Friday. Open 8:00a.m. - 2:00p.m. Homebound meals, games, arts & crafts, information and assistance, blood pressure screening. Occasional trips and movies.
Mayes County

Chouteau Senior Citizens Center
111 N. McCracken ................................................................. 918-476-5229
Chouteau, OK  74337 ......................................................... Health Screenings, cards, and dominos.

Community Action Resource & Development, Inc. Nutrition Project Site – Older Americans
Act Title III meals served Monday through Friday, 11:30 a.m. Open daily 8:00 a.m. – 1:00 p.m.

Senior Citizens Center of Pryor, Inc. ........................................... 918-825-6220
851 SE 9th
P.O. Box 605
Pryor, OK  74362

Open 8:00 a.m. - 1:00 p.m. Exercise, health screenings, games, crafts, bingo, presentations, gospel singing.


Older Americans Act Title III meals served Monday through Friday. Homebound meals, education, holiday and birthday celebrations.

Salina Senior Citizens Center ...................................................... 918-434-6465
420 E. Ferry ............................................................... Contact Person • Colleen Montgomery: 918-434-5353
P.O. Box 1368 ................................................................. Email: salinaseniorkcitizens@outlook.com
Salina, OK  74365

Meals served Tuesday, Wednesday & Thursday. Open 8:00 – 2:00. Celebrations, crafts, games, and consumer education. $4.00 donation. 54 and under will be $5.00.

Sertoma Senior Citizens Center .................................................... 918-825-2572
225 South Rowe
Pryor, OK  74361

Open Monday through Friday, 8:30 - 4:30. Meals served 11:30 a.m. Tuesdays, and Fridays. $3.00 donation for meals. Recreation, games, crafts and education presentations. Transportation available on demand response basis for Pryor appointments.

Spavinaw Senior Center ................................................................. 918-589-2736
P.O. Box 400 / 125 North Main
Spavinaw, OK  74366

Open Monday through Wednesday, 8:00 – 1:00. Lunch served at 11:30 a.m. $5.00 donation. Monthly bingo, blood pressure checks, foot rubs and pedicures.
Mayes County - continued

**Strang Senior Citizens**

102 North East St  
P.O. Box 12  
Strang, OK 74367

Free meals served on 3rd Friday of each month. Open Monday, 10:00 a.m. – 5:00 p.m., Tuesdays, 12:00 – 4:00 p.m. and Fridays 10:00 a.m. – 4:00 p.m. Elections, games, crafts, GED educational presentations, library. Alcohol Anonymous meetings on Sunday mornings. Red Cross Shelter in case of disaster.

**Locust Grove Senior Nutrition Center**

111 West Harrison Street  
P.O. Box 592  
Locust Grove, OK 74352

Celebrations, games, consumer education and health screening.

Serves lunch, Monday – Friday, 11:30 a.m. for $5.00 donation

Nowata County

**Delaware Senior Citizens Center**

120 E. Cherokee Street  
P.O. Box 277  
Delaware, OK 74027

Community Action Resource & Development, Inc. Nutrition Project Site  
918-534-1270

Older Americans Act Title III meals served 1st and 3rd Wednesday of each month. Health screenings & recreation.

**Lenapah Senior Citizens Center**

705 Shawnee (The Old School)  
P.O. Box 130  
Lenapah, OK 74042

Meals served 2nd & 4th Tuesday of each month. $3.00 meal.

**Nowata Senior Citizens Center**

238 North Maple  
Nowata, OK 74048

Email: nowataseniors@gmail.com

Open Monday – Friday, 9:00 a.m. – 3:00 p.m. Celebrations, games, health screenings, education, and limited transportation.

Community Action Resource & Development, Inc. Nutrition Project Site  
918-273-0552

Older Americans Act Title III meals served daily, homebound meals and outreach.
Nowata County - continued

Wann Senior Center ......................................................................................................................918-531-2313
1st And Cherokee
Wann, OK  74083

Ottawa County

Afton Senior Citizens .................................................................................................................. City Hall: 918-257-4304
201 SW 1st Street, P.O. Box 250........................................................................................ Email: townofafton@afton.com
Afton, OK  74331

Music night 2nd Monday of each month, 7:00 p.m.

**DOCSSenior Services Title III/ Contract meal**
Meal served 11:30 a.m. Tuesdays and Thursday meals. $3.00 Suggested Donation

Commerce Nutrition Site
610 D Street
Commerce, OK  74339

**DOCSSenior Services Nutrition Project Site**, 918-675-5207
Older Americans Act Title III meals served Monday – Friday, 11:45 a.m.
Games, homebound meals, outreach, health education, transportation.

Nine Tribes Housing ................................................................................................................ 918-542-6691
205 "B" NE
Miami, OK  74354

**DOCSSenior Services Nutrition Project Site**........ Earlene Myers, Site Manager: 918-542-3713
Older Americans Act Title III meals served Monday – Friday, 11:30 a.m.
Ceramics, games, outreach, health education, blood pressure, transportation, exercise, movies

Eastern Shawnee Tribe Senior Citizens Nutrition Program ........................................... 918-666-2435
127 W. Oneida ................................................................................................................... Fax : 918-666-2703
P.O. Box 350
Seneca, MO 64865
Administrative Office................................................................................................................ 866-674-3786

Older Americans Act Title VI meals served Monday - Friday, 11:00 a.m.-12:30 p.m. Open
Monday-Friday, 9:00 a.m.–2:30 p.m. Games, health screenings, exercise & bingo 3rd Wednesday of each month. Located on Oklahoma/Missouri border.

31-7
Ottawa County - continued

Conner Street Citizens Center (Fairland) ................................................................. 918-676-3012
485 North Main St., P.O. Box 172
Fairland, OK  74343

Open Monday, Wednesday and Friday 8:00 a.m. – 1:30 p.m.  Arts/crafts, games, homebound meals, health screenings, exercise and consumer education.

Miami Senior Citizens Center .......................................Administrator • Mary Ann Patterson:  918-540-0533
2104 Denver Harner Dr. .......................................................................................... Fax:  417-385-5842
Miami, OK  74354 .................................................................................................. Email:  mseniors@yahoo.com

Contract meals with set price of $3.50, served 11:30 a.m., Monday - Friday. Open Monday-Friday 8:00 a.m. - 4:00 p.m. Health screening, pool tournaments, trips, cards and other games, educational presentations and exercise.

DOCSenior Services Older Americans Act Programs ..........Central Kitchen:  918-542-1575

Peoria Senior Center ........................................................................................................ 918-533-3035
246 E Main
Peoria, OK  74363

Serves meals on Thursday-once a month.

Miami Tribal Senior Citizens Nutrition Center .......................................................... 918-542-8670
202 South Eight Tribe Trail
Miami, OK 74354 .................................................................................................... Fax:  918-542-7260
P.O. Box 1326, Miami, OK  74355

Older Americans Act Title VI meals served Monday - Friday. Open 11:00 a.m.-1:00 p.m. for lunch. Homebound meals, celebrations, arts/crafts, consumer education, telephone reassurance, health screening and education, library/video tapes, books and cassettes. Computers available for use and learning. Domestic Violence Program and Housing Improvements also available. Referral to other assistance, available.

Miami Tribal Long House (Satellite office) ............................................................... 918-541-1300
3410 P St. NW
Miami, OK  74354 .................................................................................................. Fax:  918-542-7260
Miami Tribal Center, P. O. Box 1326, Miami, OK  74355 ...........................Administration:  918-542-1445

Older Americans Act Title VI meals served Monday – Friday, 11:30 a.m. - 1:00 p.m.
**Ottawa County** - continued

**Peoria Tribe of Oklahoma** ................................................................. 918-540-2535
118 South Eight Tribes Trail ................................................................. 800-259-9987
Miami, OK 74354
P.O. Box 1527, Miami, Ok 74355

Title VI Older Americans Act meals are served at Miami Tribal Center. Arts/crafts, library, information on meals.

**Quapaw Tribal Senior Citizens Center** ............................................. 918-238-3155
Meals on Wheels .................................................................................. Fax: 918-674-2251
903 Whitebird St, Quapaw, OK 74363

Older Americans Act Title VI meals served Monday – Friday, 11:30 a.m. to 1:00 p.m. Homebound meals, arts/crafts games, consumer education, friendly visiting, telephone reassurance, information & assistance, outreach, health screening and education, transportation.

**Wyandotte Nation Senior Citizen Center**
64700 E. Highway 60 ............................................................................. 918-678-2297
Wyandotte, OK 74370 ......................................................................... Fax: 918-678-2944

Older Americans Act Title VI meals served Monday - Friday. Celebrations, arts/crafts, games, consumer education, friendly visiting, telephone reassurance, Information & Assistance, outreach, health screening and education. Seniors aged 55 + with Indian Card.

**Caregiver Program and Support Group**, 1st Thursday each month, 10:30 a.m.

**Rogers County**

**Chelsea Senior Citizens Center** ......................................................... 918-789-2326
618 Pine Street ..................................................................................... Email: Chelsea_Seniors987@yahoo.com
P.O. Box 172
Chelsea, OK 74016

Open Monday, Wednesday and Friday, 9:00 a.m. - 2:00 p.m. Meals served 12:00 Noon. Homebound meals on Mondays and Fridays. Birthday and anniversary celebrations last Wednesday of each month. Crafts, games, consumer education, blood pressure screenings. Eye clinic, blood sugar screenings and bingo. Suggested donation on Monday & Friday $4.00. Cost of Wednesday meal $5.00.

**Claremore Senior Citizens Center** ....................................................... 918-341-4734
475 East Blue Starr Drive
Claremore, OK 74017 .......................................................................... Pelivan Transportation: 918-341-7300

Open Monday - Friday 8:00 a.m. - 6:00 p.m. Meals served daily at 12:00 noon. Games, health education and exercise program. Transportation available in Claremore city limits & surrounding area.
Rogers County - continued

Inola Senior Citizens Center ................................................................. 918-543-2150
205 South Broadway
P.O. Box 913
Inola, OK 74036

Lunch served Tuesdays and Thursdays, $4.00. Open Monday, Wednesday, Friday 12:30 - 4:00 p.m. Open Tuesday and Thursday 9:00 a.m. - 4:00 p.m. Health screenings, cards, dominoes, pool. Music with dancing 2nd Saturday of each month, 6:00-9:00 p.m. Donation at door. Door prizes and snacks.

Meals on Wheels .................................................................................. 918-342-2006
715 McClellen Avenue
Claremore, OK 74017

Meals delivered Monday, Wednesday and Friday, 8:30 a.m.- noon. Donations accepted but not required.

Oologah Senior Citizens Center
140 North Locust ................................................................. 918-406-6560
P.O. Box 213 ................................................................. Email: oologahseniors@yahoo.com
Oologah, OK 74053 ........................................................... Potluck meals served Wednesday once a month.

J.B. Milam Apartments ................................................................................ 918-341-3740
1302 North Willow Drive ........................................................................ 918 or 800-341-5000
Claremore, OK 74017

Community Action Resource & Development, Inc. Nutrition Project Site
Older Americans Act Title III meals served Monday – Friday, 8:30- 1:30
Homebound meals, health screening, nutrition education, social, supportive & outreach service available. Suggested meal donation $2.00

Washington County

Delaware Tribal Community Center ................................................................. 918-337-6590
5100 Tuxedo Blvd.
Bartlesville, OK 74006

Meals served at 12:00 p.m., Monday – Friday. Homebound meals for people enrolled in the nutrition program may be picked up.

Copan Senior Citizens Center .................................................................. 918-532-5492
310 E. Weldon, P.O. Box 4
Copan, OK 74022

Open Thursdays 9:00a.m - 3:00 p.m., meal served. Recreation, cards, dominoes and health screenings.
Washington County - continued

Meals on Wheels ...................................................................................................................... 918-336-5762
First Presbyterian Church ...................................................................................................... Fax: 918-338-8800
505 SE. Dewey Ave.
Bartlesville, OK  74003 .................. Deliver meals Monday, Wednesday, Friday. $2.00 per meal.

Caney Valley Senior Center .................................................................................................. 918-333-4829
329 N. Ochelata Street
P.O. Box 292
Ochelata, OK  74051

CARD Rural Isolated Location – Older Americans Act Title III meals provided second & fourth
Friday. Open 10:00 a.m. – 1:00 p.m., health screenings and recreation. If there are five (5)
Fridays in a month, the meal will be provided on the 4th and 5th Fridays. For more, information
please call 918-534-1270.

Oglesby Senior Center
26962 N 4013 Rd ................................................. 918-333-1096
399521 W. 2500 Road-mailing
Bartlesville, OK  74006 ......................................................... Health screenings provided.

CARD Rural Outreach Location – Older Americans Act Title III meal provided 1st and 3rd
Friday of each month. For more information: please call 918-534-1270.

Southern Washington County Seniors
295 North Main Street
39500 US Hwy 75, Ramona, OK  74061-mailing
Vera, OK  74082

CARD Rural Outreach Location – Older Americans Act Title III meal provided 2nd and 4th
Tuesdays of each month. For more information: please call 918-534-1270.

Bartlesville Senior Citizens Apartments .............................................................................. 918-331-3675
1009 Leisure Lane
Bartlesville, OK  74006

CARD Eastside Nutrition Project Site-Building G ................................................................. 918-331-3675
Older Americans Act meals served Monday - Friday. Celebrations, games, homebound meals,
health education and screening, nutrition education and transportation. Suggested meal donation
$2.00
Washington County - continued

Washington County Adult Center, Inc.
300 East Angus Drive
Dewey, OK  74029................................................................. 918-534-1140

Celebrations, dances, games, health education and screening, arts, crafts, woodworking, exercise, computer.

CARD Nutrition Project Site
301 E. Angus/Dewey, OK  74029
Office:  918-534-1270..............................................................Dining Hall:  918-534-1760

Older Americans Act Title III meals served Monday – Friday. Homebound meals, outreach, nutrition education and transportation. Suggested meal donation $2.00

Ramona Senior Center
401 4th................................................................. 510-736-7878
P. O. Box 15
Ramona, OK  74061.................................................................Meet each Tuesday for covered dish and socialization

CARD Rural Isolated Nutrition Location - Older Americans Act Title III
Meal served 1st and 3rd Tuesday of each month at 12:00 Noon.
Call 918-534-1270 for more information.

55 Plus Activity Center ................................................................. 918-335-3400
1400 SE Washington Blvd................................................................. Email:fiftyfivepluscenter@yahoo.com
Bartlesville, OK  74006

Monday – Friday, 9:00 a.m. - 5:00 p.m. Saturday 9:00 a.m. – 12:00 noon. Cards, bingo, pool, line dancing, blood pressures, exercise, crafts, potluck. Membership $84.00 per person per year. Potluck meetings held 2nd & 4th Fridays. Dance on Wednesdays, 7:30 p.m. - 9:30 p.m.

Westside Senior Citizens Center
500 S. Cass
1529 S. Elm (Mailing address)
Bartlesville, OK  74003.................................................................Transportation available to center
Social Security Administration ................................................................. 800-772-1213
Website: www.socialsecurity.gov ............................................................. TTY: 800-325-0778

7:00 a.m. - 7:00 p.m. Monday through Friday. To apply for retirement benefits, for information or to report a lost Medicare card or address change.

Social Security FRAUD Hotline ............................................................... 800-269-0271
Website: www.ssa.gov/oig

To report forged Social Security checks and misuse of Social Security number.

Craig, Delaware, Ottawa Counties

2108 Denver Harner Dr. ................................................................. 1-888-878-0013
Miami, OK 74354

Also serves Chelsea.
Open 9:00 a.m. to 3:00 p.m. Monday, Tuesday, Thursday, and Friday
Open 9:00 a.m. to noon on Wednesday

Nowata and Washington Counties

900 Leisure Lane
Bartlesville, OK 74006 ................................................................. TTY: 877-836-1557

Open 9:00 a.m. to 3:00 p.m. Monday, Tuesday, Thursday, and Friday
Open 9:00 a.m. to noon on Wednesday

Rogers, Mayes Counties

4750 S. Garnett Road ................................................................. TTY: 866-931-7106
Tulsa, OK 74146 ................................................................. Open 9:00 a.m. to 3:00 p.m., Monday – Friday
Help Lines and Websites
TOLL FREE HELPLINES & WEBSITES

AGING

Grand Gateway Area Agency on Aging ................................................................. National: 800-482-4594
Senior Info-Line ........................................................................................................... 800-211-2116

National Association of Area Agencies on Aging ......................................................... 202-872-0888
Website: www.n4a.org

National Council on Aging ................................................................................................ 800-424-9046
Website: www.nia.nih.gov

Administration on Aging .................................................................................................. 1-800-677-1116

National Institute on Aging Information Center ......................................................... 800-222-2225
Website: www.nih.gov/nia

National Indian Council on Aging ................................................................................. Website: www.nicoa.org

AIDS Website: www.ashastd.org ........................................................................... Website: www.cdc.gov/hiv

ALZHEIMER’S

Alzheimer’s Information Line .......................................................................................... 800-272-3900
Website: www.alz.org

Alzheimer’s Disease Education & Referral Center ......................................................... 800-438-4380
Website: www.nia.nih.gov/alzheimers

Alzheimer’s Association, Oklahoma/Western Arkansas Chapter ................................ 800-272-3900
National Website: www.alz.org .................................................................................. Oklahoma Website: www.alz.org/oklahoma

ARTHITIS

Arthritis Foundation (Nationwide) .................................................................................. 800-283-7800
Website: www.arthritis.org

Eastern Oklahoma Chapter of the Arthritis Foundation .............................................. 800-400-4526
Email: info.eok@arthritis.org .................................................................................... www.arthritis.org/chapters/eastern-oklahoma/

CANCER

American Cancer Society ................................................................................................. 800-227-2345
Website: www.cancer.org .......................................................................................... TTY: 866-228-4327

Cancer Information Service ............................................................................................ 800-422-6237

Cancer Facts .................................................................................................................. Website: www.cancercenter.com
CEREBRAL PALSY
Cerebral Palsy Association ................................................................. 800-872-5827
Email: ............................................................................................. info@crohnscolitisfoundation.org
Website: ........................................................................................ cerebralpalsy.org

COLON
Crohn’s & Colitis Foundation of America ........................................ 800-932-2423
Website: www.ccfa.org

CYSTIC FIBROSIS
Cystic Fibrosis Foundation ............................................................... 800-344-4823
Website: www.cff.org

DIABETES
American Diabetes Association ....................................................... 800-342-2383
Website: www.diabetes.org .............................................................. Tulsa Office: 888-342-2383

DOWN’S SYNDROME
National Down’s Syndrome Society ................................................ 800-221-4602
Website: www.ndss.org ................................................................. Email: info@ndss.org

EPILEPSY
Epilepsy Foundation of America ...................................................... 800-332-1000
Website: www.epilepsy.com

HEADACHES
National Headache Foundation ....................................................... 800-843-2256
Website: www.headaches.org ......................................................... 888-643-5552 or 312-274-2650

HEARING
American Speech Language Association ........................................ 800-638-8255
Website: www.asha.org

HEART
American Heart Association .......................................................... 800-242-8721
Website: www.heart.org

HUNTINGTON’S DISEASE
Huntington’s Disease Society of America ....................................... 800-345-4372
Website: www.hdsa.org
HEALTH INFORMATION
National Health Information Center................................................................. 800-336-4797
Healthfinder.................................................................................................... www.healthfinder.gov
Information about Clinical Trials................................................................. www.centerwatch.com
Journal of the American Medical Association ............................................ www.jama.ama-assn.org
MEDLINEplus ...............................................................................................www.medlineplus.gov
NIHSeniorHealth......................................................................................... www.nihseniorhealth.gov

KIDNEY
National Kidney Foundation ........................................................................ 800-622-9010
Website: www.kidney.org
American Association of Kidney Patients .................................................... 800-749-2257
Website: www.aakp.org
National Kidney Urologic Disease Information Clearing House ............. 800-891-5390
Website: niddk.nih.gov

LIVER
American Liver Foundation (Hepatitis/Liver Disease Hotline) .................. 800-465-4837
Website: www.liverfoundation.org

LUNG
American Academy of Allergy, Asthma and Immunology ...................... Website: aaaai.org
American Lung Association........................................................................... 800-586-4872
Website: lungusa.org
Asthma & Allergy Foundation of America.................................................. 800-727-8462
Website: www.aafa.org
National Jewish Medical and Research Center .......................................... Website: https://nationaljewish.org
Lung Line Information................................................................................ 800-222-5864

LUPUS................................................................................................................. Website: info@lupus.org
Info Request Line.......................................................................................... 800-558-0121

MEN'S HEALTH
Medline Plus ................................................................................................. Website: www.medlineplus.gov
NARCOTICS

Oklahoma State Bureau of Narcotics and Dangerous Drug Control ........................................ 800-522-8031
Website:  www.ok.gov/obnnd

OSTEOPOROSIS

National Osteoporosis Foundation ................................................................................ 800-231-4222
Website:  www.nof.org

PARALYSIS

Christopher Reeve’s Paralysis Foundation ........................................................................ 800-225-0292
Website:  www.christopherreeve.org

National Rehabilitation Information Center .................................................................... 800-346-2742

National Spinal Cord Injury Association ...................................................................... 800-962-9629

PARKINSON’S

American Parkinson’s Disease Association ........................................................................ 800-223-2732
Website:  www.apdaparkinson.org/community/oklahoma/

National Parkinson Foundation ..................................................................................... 800-473-4636

STROKE

American Stroke Association .......................................................................................... 888-478-7653
Website:  strokeassociation.org

National Stroke Association .......................................................................................... 800-787-6537
Website:  www.stroke.org

National Institute of Neurological Disorders and Stroke .............................................. 800-352-9424
Website:  ninds.nih.gov

SUICIDE HOTLINE ......................................................................................................... 800-273-8255

VISION

The Lighthouse International for the Visually Impaired.................................................... 800-284-4422
Website:  www.lighthouse.org

WOMEN’S HEALTH

National Women’s Health Information ............................................................................ 800-273-8255
Website:  www.womenshealth.gov

Medline Plus ................................................................................................................ 800-352-9424
Website:  www.medlineplus.gov

33-5
TRANSPORTATION

Oklahoma Department of Transportation ................................................................. 405-522-8000
200 N.E. 21st Street ........................................................................................................ Fax: 405-521-2524
Oklahoma City, OK 73105-3204 .................................................................................. Open: 7:30 a.m. – 4:30 p.m.
Website: https://oklahoma.gov/odot.html

Transportation for Disabled American Veterans
1011 Honor Heights Dr.
Muskogee, OK 74401

Hospital Service Coordinators: Transportation to scheduled medical appointments only.
(Muskogee) ................................................................................................................ 918-577-3737
Tulsa ......................................................................................................................... 918-628-2607

Soonerride
Logisticare .................................................................................................................. 877-404-4500
Reservations for ride needed three days in advance of scheduled appointment.
Monday through Saturday, 8:00 a.m.–6:00 p.m.
Transportation for Medicaid eligible people with scheduled medical & dental appointments.

Angel Flight South Central (Grace International) ...................................................... 972-755-0433
2550 Midway Road, Suite 220 .................................................................................. 888-500-0433
Carrollton, TX 75006 ............................................................................................... Fax: 972-858-5492
Website: info@angelflightsc.org .............................................................................. Open: Monday through Friday 8:30 a.m. – 5 p.m.
Volunteer pilots take patients for non-emergency treatment. Must be ambulatory and able to talk
to the pilot. There is a 7 day window for planning trip. Must be a financially-needy patient.

Angel Flight, Inc. ....................................................................................................... 918-749-8992
1515 E. 71st Street, Suite 312 ................................................................................ Fax: 918-745-0879
Tulsa, OK 74136 ...................................................................................................... E mail: angel@angelflight.com
Website: angelflight.com
Provides free air transportation for medically-related needs. Individuals must be ambulatory and
meet income guidelines.

National Patient Air Transport Helpline ................................................................. 800-296-1217, 757-512-5287
4620 Haygood Road, Suite 1
Virginia Beach, VA 23455 ...................................................................................... Fax: 800-550-1767
Website: www.patienttravel.org
Provides information on flying organizations that help patients travel to medical centers for
treatment. The goal is to ensure that no financially-needy patient is denied access to distant
specialized medical evaluation, diagnosis or treatment for lack of a means of medical air
transportation.
Transportation - continued

Craig County

Vinita Senior Citizens ................................................................. Contact Rhonda Fry: 918-256-7696
222 West Sequoyah ........................................................................................................ Senior or Handicapped
Vinita, OK  74301 ................................................................................................. Monday through Friday 8:00 a.m. – 3:00 p.m.

Pelivan Transit ........................................................................................................... 918-256-7540
333 South Oak ................................................................................................................ 855-735-4826
P.O. Drawer B
Big Cabin, OK  74332

Public Transportation. Vinita city limits. Wheelchair accessible. Call ahead to make
arrangements. Monday - Friday, 8:00 a.m. to 4:00 p.m.

Transportation available to Tulsa bus station and airport and Joplin bus station. Please call 24
hours in advance. Rides also available outside of the city limits at current rate of $2.00 per mile.

Delaware County

Pelivan Transit Dispatch ...................................................................................... 918-786-7516
104 W. 3rd Street
Grove, OK  74344

Public Transportation. Grove city limits. Wheelchair accessible. Call ahead to make
arrangements. Monday - Friday, 8:00 a.m. to 4:00 p.m.

Transportation available to Tulsa bus station and airport and Joplin bus station. Please call 24
hours in advance. Rides also available outside of the city limits at current rate of $2.00 per mile.

Mayes County

Pelivan Transit/City of Pryor ............................................................................ 888-735-4826
333 South Oak
P.O. Drawer B
Big Cabin, OK  74332

Public Transportation. Pryor city limits. Wheelchair accessible. Call ahead to make
arrangements. Monday - Friday, 8:00 a.m. to 4:00 p.m.

Transportation available to Tulsa bus station and airport and Joplin bus station. Please call 24
hours in advance. Rides also available outside of the city limits at current rate of $2.00 per mile.

Sertoma Senior Citizens .................................................................................. 918-825-2572
225 South Rowe St. ............................................................... Open Monday – Friday, 8:30 a.m. – 4:30 p.m.
Pryor, OK  74361
Transportation - continued

Nowata County

Nowata Senior Citizens Center ................................................................. 918-273-1151
238 N. Maple
Nowata, OK  74048

Ottawa County

Pelivan Transit ................................................................. 918-542-1356
125 N. Main
Miami, OK  74354

Public Transportation. Miami area. Wheelchair accessible. Call ahead to make arrangements. Monday - Friday, 8:00 a.m. to 4:00 p.m.

Steve Owens and 9 Tribes route available Monday through Friday, 4:00 p.m. – 9:00 p.m. and Saturday and Sunday Noon – 9:00 p.m.

Transportation available to Tulsa bus station and airport and Joplin bus station. Please call 24 hours in advance. Rides also available outside of the city limits at current rate of $2.00 per mile.

Rogers County

Pelivan Transit ................................................................. 918-341-7300
116 N. Missouri
Claremore, OK  74017

Public Transportation. Claremore city limits. Wheelchair accessible. Call ahead to make arrangements. Monday - Friday, 8:00 a.m. to 4:30 p.m. Saturday, 8:00 a.m. to 4:30 p.m.

Transportation available to Tulsa bus station and airport and Joplin bus station. Please call 24 hours in advance. Rides also available outside of the city limits at current rate of $2.00 per mile.

Washington County

City Ride ................................................................. 918-336-2233
309 SW Bucy
Bartlesville, OK  74003
P.O. Box 449, Bartlesville, OK  74005..................................................cityofbartlesville.org/city-ride

Open Monday through Friday, 7:00 a.m. – 5:00 p.m. Closed all Federal Holidays.
Rides must be scheduled at least one hour in advance. One-way ride is $2.00. ADA accessible.
VETERAN SERVICES
Website: www.va.gov

Department of Veterans Affairs Help-Line ........................................................................................................ 800-827-1000

Veterans Suicide Prevention Hotline .................................................................................................................. 800-273-8255
Available 24 hours a day

Government Benefits ........................................................................................................................................ Website: govbenefits.gov

The official benefits website of the U.S. Government with information on over 1,000 benefit and assistance programs.

Muskogee VA Regional Office .......................................................................................................................... Toll Free Oklahoma Only:  800-827-1000
Federal Building
125 South Main ................................................................................................................................................. Fax: 918-781-7509
Muskogee, OK  74401 ................................................................................................................................ Website: www.va.gov

Jack C. Montgomery VA Medical Center .......................................................................................................... 888-397-8387
VA Hospital .......................................................................................................................................................... 918-577-3000
1011 Honor Heights Drive ................................................................................................................................ Fax: 918-577-3648
Muskogee, OK  74401 ................................................................................................................................ Website: www.muskogee.va.gov

Disabled Veterans Transportation
Hospital Service Coordinator (Muskogee) ...........................................Misty Summers:  918-577-3737
Hospital Service Coordinator (Tulsa) .................................................. 918-628-2607
Transportation to scheduled medical appointments only. You will get a recording asking you to leave your name, last four digits of your social security number, your phone number, and date of your appointment. They will return your call.

Oklahoma City VA Automated Patient Information System ........................................................................... 800-694-8387
Department of VA Affairs Medical Center ........................................................................................................ 405-456-1000
921 NE 13th Street
Oklahoma City, OK  73104 ................................................................. Open Monday – Friday 8:00 a.m. to 4:30 p.m.

Through this information system you are able to check on up-coming appointments and also refill your prescriptions.

Disabled American Veterans ............................................................................................................................. 918-834-4643
3131 E. Pine Street ................................................................................................................................. Fax: 918-834-5048
Tulsa, OK  74110-4826
Website: www.dav.org
Assists veterans with matters involving the Department of Veterans Affairs. Temporary emergency financial assistance through the Oklahoma Department of Veterans Affairs.
Veterans Services - continued

**Department of Veterans Affairs Behavioral Medical Clinic** .......................... 888-397-8387, Ext. 3699
1011 Honor Heights ................................................................................................................. 918-577-3000
Muskogee, OK 74401

**Tulsa Behavioral Medical Clinic** ........................................................................ 918-610-2000
10159 E. 11th, Suite 100
Tulsa, OK 74128

Programs include: Substance abuse, Post Traumatic Stress Disorder, smoking cessation, depression. Referral from VA primary care physician required.

**Tulsa VA Outpatient Clinic** .................................................................................. 918-628-2500
9322 E. 41st Street, Suite 221
Tulsa, OK 74145

**Oklahoma Department of Veterans Affairs** .............................................................. 405-521-3684
2311 N. Central ................................................................................................................ Fax: 405-521-6533
Oklahoma City, OK 73105
P.O. Box 53067, Oklahoma City, OK 73152 .......................................................... Website: www.odva.state.ok.us

**Fort Gibson National Cemetery** ........................................................................ 918-478-9825 or 918-478-2334
1423 Cemetery Road ........................................................................................................ Fax: 918-478-2661
Fort Gibson, OK 74434 ........................................................................................... Website: www.cem.va.gov

**Fort Sill National Cemetery** ............................................................................... 580-492-3201 or 580-492-3200
2648 NE Jake Dunn Road ................................................................................................ Fax: 580-492-3208
Elgin, OK 73538 .......................................................................................... Website: www.cem.va.gov

**Fayetteville Medical Center Veterans Affairs** .................................................. 479-443-4301
1100 N. College Avenue .................................................................................. General Assistance: 800-691-8387
Fayetteville, Arkansas 72703 ....................................................................... Pharmacy: 800-621-8387

**Mid-America Chapter of the Paralyzed Veterans of America** ........................... 800-321-5041
6108 N.W. 63rd ........................................................................................................ Fax: 405-721-1829
Oklahoma City, OK 73132 ........................................................................ Website: www.mapva.org

**Federal Office of Public Affairs**
*Benefits for Veterans & Dependents* ................................................................. *Write to this address for a copy of the book.*
810 Vermont Ave. NW
Washington, DC 20420 .................................................................................. Website: va.gov

**American Legion Oklahoma Headquarters** .................................................. 405-942-1705
Website: www.okamlegion.org ........................................................................ 800-281-7557

35-3
Veterans Services - continued

American Legion Hospital Service Officer ................................................................. 405-270-0501 ext. 5481
American Legion Department Service Officer, Muskogee ........................................ 888-253-4466

To locate your local:
Veteran Employment Representative or Disabled Veterans Outreach Program Specialist
Contact your county Workforce Oklahoma Office listed in Section 14 of this directory.

Veterans of Foreign Wars 24, hour Hot Line for Veterans Assistance ..................... 800-839-1899
Email: vfw@vfw.org

Veterans of Foreign Wars Oklahoma Headquarters .................................................. 405-525-2680
Website: vfwhqok.org

Craig County

Veterans Outpatient Clinic ......................................................................................... 877-887-1783
269 S. 7th Street (across from Vinita Wal-Mart) ......................................................... 918-713-5400
Vinita, OK 74301 ........................................................................................................ Fax: 918-713-5490

American Legion Post #40 ......................................................................................... 918-256-6880
26585 S. 4410 Rd.
P. O. Box 373
Vinita, OK 74301 ....................... Loan durable medical equipment to veterans, dependents and spouses.

Delaware County

Veterans Outpatient Clinic ......................................................................................... 888-424-8387
1569 N. Main (in vicinity of Jay High School) .......................................................... 918-253-1900
Jay, OK 74346 ........................................................................................................ Fax: 918-253-1943

American Legion Post #178
P.O. Box 450203
Grove, OK 74345

American Legion Post # 195 ..................................................................................... 918-253-4746
P.O. Box 414
Jay, OK 74346

American Legion Post #45
P.O. Box 223
Kansas, OK 74347
Delaware County - continued

American Legion Post # 280
Route 4 Box 1
Colcord, OK  74338

VFW Post #2592 ...................................................................................................................... 918-256-8937
100 E. HWY 85A
P. O. Box 3706
Bernice, OK  74331.......... Loans medical equipment to the community. Limited equipment available.

VFW Post #8380 ...................................................................................................................... 918-786-2375
33450 S. 620 Rd.
Grove, OK  74344......... Loans medical equipment. Veterans preference. Limited equipment available.
P. O. Box 451464, Grove, OK  74345

Mayes County

American Legion Post # 182 ..................................................................................................... 918-825-5350
1105 West Hwy. 20................................................................................................................ .. 918-825-7609
Pryor, OK  74361
P.O. Box 523, Pryor, OK  74362 ................. Loans medical equipment to the public, as available.

American Legion Post #240
1710 N. 4455......................................................................................................................... 918-434-2616
P.O. Box 982
Salina, OK  74365

American Legion Post # 192 ..................................................................................................... 918-589-4400
124 S. Main
P.O. Box 399
Spavinaw, OK  74366

VFW Post #3573 ......................................................................................................................... 918-479-6394
P.O. Box 66
Locust Grove, OK  74352 .............................................................. Loans medical equipment to community.

Disabled American Veterans Service Officer, Wednesdays, 10-3
OSU Bldg. Mayes Co. Fairgrounds ......................................................... 918-824-1599
Pryor, OK  74361

American Legion Post #101
506 W. Shawnee
Nowata, OK  74048

35-5
Mayes County - continue

Veterans of Foreign Wars
Ballard-Lack Post #2745
747 South Maple
Nowata, OK  74048
Loans medical equipment to the community.

Ottawa County

American Legion Post #147
29 S. Main Street
Miami, OK 74354
P.O. Box 668, Miami, OK  74355
Medical equipment loan for Veterans only.

American Legion Post #124
P.O. Box 465
Afton, OK  74331

Disabled American Veteran #50
114 Commerce Avenue
Open Tuesday & Thursday, 9:00-1:00
Commerce, OK  74339
Help Veterans file service claims

NEOVMC
114 Commerce
Commerce, OK  74339

Prisoners of War
Northeast Oklahoma Chapter, POW
318 G Street NW
Miami, OK  74354
Veterans Helping Veterans.

Rogers County

American Legion Post #141
1495 N. Hwy. 88, Claremore, OK 74017
Fax: 918-343-6240
P. O. Box 336, Claremore, OK 74018
Loans medical equipment with priority given to Veterans.

American Legion Post #60
431 W. 7th Street
Chelsea, OK  74016
Rogers County - continued

Oklahoma Veterans Center.......................................................... 918-342-5432
Claremore Division.................................................................Fax: 918-342-0835
3001 West Blue Starr Drive
Claremore, OK  74017
P.O. Box 988, Claremore, OK  74018-0988.................................Website: www.odva.state.ok.us
Licensed as extended long-term care facility providing intermediate and skilled level nursing care with emphasis on rehabilitation. Business office hours Monday – Friday - 8:00 a.m. to 4:30 p.m.

Veterans of Foreign War, Post #2976..................................................918-342-5730
1717 W. Dupont
Claremore, OK  74017.................................................................Loans medical equipment to Veterans

Washington County

American Legion Post #105......................................................918-333-3304
501 NE Washington Blvd..................................................limited medical equipment loaned to Veterans only
Bartlesville, OK  74006.................................................................Open Monday – Friday, 9:00 a.m. – 5:00 p.m.

American Legion Post #334..........................................................918-536-1707
400 Veterans Blvd.
Ramona, OK  74061

Dewey VFW Post #10099.........................................................918-534-0413
300 E. Angus Ave.
Dewey, OK  74029
Loans medical equipment with priority given to Veterans.

Washington County Disabled American Veterans #65 (DAV)............................................................918-534-3988
300 E Angus
Dewey, OK  74029
Open Tuesday & Thursday   9:00-12:00

World War II Veterans Memorial
honorflight.org

Honor Flight Network is a non-profit organization created solely to honor America's veterans for all their sacrifices. We transport our heroes to Washington, D.C. to visit and reflect at their memorials. Top priority is given to the senior veterans – World War II survivors, along with those other veterans who may be terminally ill.

The flight and tours are absolutely free to the veteran.
Section 36
OMBUDSMAN PROGRAM

Craig, Delaware, Mayes, Nowata, Ottawa, Rogers and Washington Counties

The Ombudsman Program serves residents in Oklahoma Long-Term Care Facilities, including nursing homes, assisted living and residential care homes. An ombudsman helps improve the quality of life and the quality of care available to the residents. A long-term care ombudsman is a person who receives complaints from residents of long-term care facilities, their friends or relatives.

To be a volunteer in the ombudsman program the applicant must:

- Have a concern about older persons and their needs and the ability to see each as an individual.
- Be able to work with many types of people without being judgmental.
- Be responsible; willing and able to follow problems to their resolution.
- Be able to accept training and supervision.
- Be able to spend at least two hours a week in the program; and
- Be free from conflicts of interest.

If you would like to become an ombudsman volunteer, or if you have question about the program, please contact the ombudsman listed below for your county.

Grand Gateway Area Agency on Aging
333 S. Oak • P. O. Drawer B • Big Cabin, OK 74332
1-800-482-4594

Lahona Young, Ombudsman Supervisor .................................. E-mail: lyoung@grandgateway.org
Delaware, Mayes, Ottawa, & Washington Counties

Shelly Ferris, Ombudsman Supervisor .................................. E-mail: sferris@grandgateway.org
Craig, Nowata, Rogers Counties

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

Washington County

Retired Senior Volunteer Program (RSVP).................................................................918-336-0330
320 SE. Delaware, Suite 4
Bartlesville, OK 74003
Websites: www.rsvptulsa.org

The Retired Senior Volunteer Program is a one stop shopping for volunteers. Individuals 55+ are matched to volunteer needs in the community. RSVP volunteers are a part of a nation wide group of volunteers that can prove they are making a difference by reporting volunteer hours. Volunteers receive supplemental accident and liability insurance.
SENIOR COMPANION PROGRAM

The Senior Companion Program engages persons 60 and older, particularly those with limited incomes, in volunteer service to meet critical community needs and provide a high quality experience that will enrich the lives of the volunteers. Senior Companions serve primarily homebound seniors in frail health, most of who live alone. The program helps senior citizens retain their dignity and independence in spite of failing health or disabilities.

Janea Hogan, Senior Companion Program Director for Craig, Ottawa and Rogers Counties

Craig County

Janea Hogan, Program Director ................................................................. E mail: Janeah@health.ok.gov
Craig County Health Department
115 E. Delaware .............................................................................................................. 918-256-7531
Vinita, OK  74301 .......................................................................................................... Fax: 918-256-3823

Ottawa County

Ottawa County Health Department
1930 N. Elm .................................................................................................................... 918-540-2481
Miami, OK  74354 ......................................................................................................... Fax: 918-540-2486

Rogers County

Rogers County Health Department
2664 N. Highway 88 ...................................................................................................... 918-341-3166 Ext.263
Claremore, OK  74017 ................................................................................................... Fax: 918-341-3715