

Section 31

Senior Centers and Older Americans Act Title III & Title VI Nutrition Services

SENIOR CENTERS
& Older Americans Act - Title III Nutrition Services

Grand Gateway Area Agency on Aging serves the 60+ population through Title III of the Older Americans Act. Services Include: Congregate meals, home delivered meals, housekeeping, chore services, transportation, health promotion and medication management.

Older Americans Act Title III Nutrition Offices

Community Action Resource & Development, Inc. (CARD)..... 918-341-5000
707 W. Lowry Road, Suite 103..... Fax: 918-343-2492
Claremore, OK 74017 Website: cardcaa.org
P.O. Box 947, Claremore, OK 74018 E mail: bcrawford@cardcaa.org

Mayes County Outreach.....Denise Tate: 918-825-6220
Nowata County Outreach..... Hope Price: 918-534-1270
Rogers County Outreach..... Larry Tate: 918-342-0622
Washington County Outreach Hope Price: 918-534-1270

DOCSenior Services..... 918-257-4825
57501 E. 230 Road..... Fax: 918-257-4881
Afton, OK 74331.....E-mail: oaa@docservices.org
Corporate Office, P.O. Box 848, Miami, OK 74355 918-542-6671

DOCSenior Services Nutrition Project

Older Americans Act Title III meals served congregate, frozen, home delivered, & pantry.

Craig, Delaware, and Ottawa Counties Nutrition and Outreach Program 918-257-4825

SENIOR CENTERS & OLDER AMERICANS ACT TITLE III & VI NUTRITION

Craig County

Big Cabin Senior Citizens..... 918-783-5175

264 E. Main Street

P.O. Box 71

Big Cabin, OK 74332

Open Mondays 9:00-10:00 a.m. for coffee. Open weekdays 7:30 a.m. - 3:00 p.m. Meals served and cards played on Thursdays, 7:00a.m. – 3:00p.m.. Games, recreation, health screenings, educational presentations, home-delivered meals. Music on the last Saturday night of the month. Painting and quilting classes, Wednesday afternoons 1:00 p.m.- 4:00 p.m.

Bluejacket Senior Citizens..... 918-784-2329

137 S. Main

P. O. Box 23

Bluejacket, OK 74333

Not open during the day. Meal served on the 1st Monday of every month at 5:30 p.m.

Ketchum Senior Citizens Center 918-782-3221

124 E. Broadway

P.O Box 991

Ketchum, OK 74349Monday, Tuesday, Wednesday • Meal donation \$4.00

Enhanced Fitness at the center: Monday, Wednesday and Friday, 10:30 a.m.

Vinita Senior Citizens Center Lahoma Elsey, Director: 918-256-7696

222 W. SequoyahEmail: vinitasenior@yahoo.com

Vinita, OK 74301Fax: 918-256-8270

Open Monday-Friday 8:00 a.m.–3:00 p.m. daily. Meals served 11:30 a.m. Monday-Friday. Homebound meals, arts, crafts, games, health education and screening, social & emotional support.

Delaware County

Bernice Senior Citizens Center 918-256-5140
111 S. Broadway
P. O. Box 3562
Bernice, OK 74331

Colcord Senior Citizens Group 918-326-4001
192 W. Senior St.
Colcord, OK 74338Meals provided on Tuesdays and Fridays. Meal \$3.50, \$4.00 to go.

Grove Senior Citizens Center, Inc. 918-786-6310
145 E. O'Daniel Parkway
Grove, OK 74344

Open weekdays, 8:00 a.m. - 2:00 p.m. Arts, crafts, celebrations, games, health education and screening, social and emotional support.

DOCSenior Services Nutrition Project Site Sheila, Site Manager: 918-786-6310
Older Americans Act Title III meals served 11:30 a.m., Monday - Friday. Homebound meals, outreach and transportation to site.

Jay Senior Citizens Center 918-253-8405
816 Main St.
P.O. Box 382
Jay, OK 74346

Open Monday - Friday 7:00 a.m. - 1:30 p.m. Meals served five days a week. Homebound meals, celebrations, ceramics, play cards, health screening, crafts, and pool table.

Kansas Senior Citizens 918-868-2593
101 Cherokee Street
P.O. Box 226
Kansas, OK 74347

Open 8:00 a.m. - 2:00 p.m., Monday, Wednesday and Friday. Meals served at 12:00 Noon.
Health screenings and table games.

Kenwood Senior Citizens Center 918-434-4050
755 E. 487 Road
Salina, OK 74365Meals served 11:30 a.m., Monday – Friday

Blood Pressure and Health Education. Cards, dominos, puzzles, and occasionally bingo.

Delaware County – continued

Vammen (Oaks) Senior Citizens Center 918-868-3292
324 E. Cherokee Blvd.
P.O. Box 948
Oaks, OK 74359 Meals served 12:00 noon Monday, Tuesday & Thursday

Seneca-Cayuga Tribe Senior Center 918-787-4093
23781 S. 655 Rd.
Grove, OK 74344
Tribal Administrative Office 888-313-6609

Older Americans Act Title VI meals served 11:30 a.m., Monday - Friday. Open 8:00a.m. - 2:00p.m. Homebound meals, games, arts & crafts, information and assistance, blood pressure screening. Occasional trips and movies.

Mayes County

Adair Senior Center
533 E. Main Street
Adair, OK 74330
P.O. Box 57, Strang, OK 74330

Potluck lunch served on Mondays once a month, 8:30-2:00pm. Homebound meals available on Mondays. Health Screenings, crafts and educational presentations.

Chouteau Senior Citizens Center
111 S. McCracken 918-476-5228
Chouteau, OK 74337 Health Screenings, cards, and dominos.

Community Action Resource & Development, Inc. Nutrition Project Site – Older Americans Act Title III meals served Monday through Friday, 11:30 a.m. Open daily 8:00 a.m. – 1:00 p.m.

Senior Citizens of Pryor, Inc. Email: dtate@cardcaa.org
851 SE 9th
Pryor, OK 74362

Open 8:00a.m. - 1:00p.m. Exercise, health screenings, games, crafts, bingo, presentations, gospel singing.

Community Action Resource & Development, Inc. Nutrition Project
Email: dtate@cardcaaa.org Site Manager • Denise Tate: 918-825-6220
Older Americans Act Title III meals served Monday through Friday. Homebound meals, education, holiday and birthday celebrations.

Mayes County - continued

Salina Senior Citizens Center 918-434-6465
420 E. Ferry.....Contact Person • Colleen Montgomery: 918-434-5353
P.O. Box 1368
Salina, OK 74365

Meals served Tuesday, Wednesday & Thursday. Open 8:00 – 2:00. Celebrations, crafts, games, and consumer education. \$4.00 donation. 54 and under will be \$5.00.

Sertoma Senior Citizens Center..... 918-825-2572
225 South Rowe
Pryor, OK 74361 E mail: sertomaseniors@2527hotmail.com

Open Monday through Friday, 8:30 - 4:30. Meals served 11:30 a.m. Tuesdays, and Fridays.
\$3.00 donation for meals. Recreation, games, crafts and education presentations. Transportation available on demand response basis for Pryor appointments.

Spavinaw Senior Center 918-589-2736
P.O. Box 400 / 125 South Main
Spavinaw, OK 74366

Open Monday through Wednesday, 8:00 – 1:00. Lunch served at 11:30 a.m. \$5.00 donation. Monthly bingo, blood pressure checks, foot rubs and pedicures.

Strang Senior Citizens 918-593-2350
357 E. Broadway
P. O. Box 12
Strang, OK 74367

Free meals served on 3rd Friday of each month. Open Monday, 10:00 a.m. – 5:00 p.m., Tuesdays, 12:00 – 4:00 p.m. and Fridays 10:00 a.m. – 4:00 p.m.. Elections, games, crafts, GED educational presentations, library. Alcohol Anonymous meetings on Sunday mornings. Red Cross Shelter in case of disaster.

Locust Grove Senior Citizens Neighborhood Center 918-479-4644
115 West Harrison Street
P.O. Box 876
Locust Grove, OK 74352 Celebrations, games, consumer education and health screening.

Serves lunch, Monday – Friday, 11:30 a.m. for \$3.00 donation

Nowata County

Delaware Senior Citizens Center 918-467-3218

120 E. Cherokee Street
P.O. Box 197
Delaware, OK 74027

Community Action Resource & Development, Inc. Nutrition Project Site 918-534-1270

Older Americans Act Title III meals served 1st and 3rd Wednesday of each month.
Health screenings & recreation.

Lenapah Senior Citizens Center

705 Shawnee (The Old School)
P. O. Box 124
Lenapah, OK 74042

Meals served every Tuesday of each month

Nowata Senior Citizens Center 918-273-1151

238 North Maple
Nowata, OK 74048

Open Monday – Friday, 9:00 a.m. – 3:00 p.m. Celebrations, games health screenings, education,
and limited transportation.

Community Action Resource & Development, Inc. Nutrition Project Site

Sandy Bucheck, Site Manager 918-273-0552
Older Americans Act Title III meals served daily, homebound meals and outreach.

Wann Senior Citizens

P.O. Box 5 918-531-2635
1st and Cherokee
Wann, OK 74083

Open Wednesdays 10:00 a.m. - 4:00 p.m. Potluck lunch served at 12:00 Noon. Playing cards,
dominoes, exercise and piano music.

Ottawa County

Afton Community/Senior Citizens City Hall: 918-257-4304
201 SW 1st Street, P.O. Box 250
Afton, OK 74331

Music night 2nd Monday of each month, 7:00 p.m.

DOCSSenior Services Title III/ Contract meal

Meal served 11:30 a.m. Tuesdays and Thursday meals. \$3.00 Suggested Donation

Commerce Nutrition Site

610 D Street
Commerce, OK 74339

DOCSSenior Services Nutrition Project Site Ramona Middleton, Site Manager: 918-675-5207
Older Americans Act Title III meals served Monday – Friday, 11:45 a.m.
Games, homebound meals, outreach, health education, transportation.

Nine Tribes Housing 918-542-6691
205 "B" NE
Miami, OK 74354

DOCSSenior Services Nutrition Project Site Earlene Myers, Site Manager: 918-542-3713
Older Americans Act Title III meals served Monday – Friday, 11:30 a.m..
Ceramics, games, outreach, health education, blood pressure, transportation, exercise, movies

Eastern Shawnee Tribe Senior Citizens Nutrition Program 918-666-2435
127 W. Oneida Fax: 918-666-2703
P.O. Box 350
Seneca, MO 64865
Administrative Office 866-674-3786

Older Americans Act Title VI meals served Monday - Friday, 11:00 a.m.-12:30 p.m. Open
Monday-Friday, 9:00 a.m.–2:30 p.m. Games, health screenings, exercise & bingo 3rd Wednesday
of each month. Located on Oklahoma/Missouri border.

Conner Street Citizens Center 918-676-6525
485 North Main St., P.O. Box 172
Fairland, OK 74343

Open Monday, Wednesday and Friday 8:00 a.m. – 1:30 p.m. Arts/crafts, games, homebound
meals, health screenings, exercise and consumer education.

Miami Senior Citizens Center Administrator • Mary Ann Patterson: 918-540-0533
2104 Denver Harnar Dr. Fax: 918-542-2439
Miami, OK 74354 Email: mseniors@att.net

Contract meals with set price of \$3.50, served 11:30 a.m., Monday - Friday. Open Monday-Friday
8:00 a.m. - 4:00 p.m. Health screening, pool tournaments, trips, cards and other games,
educational presentations and exercise.

DOCSSenior Services Older Americans Act Programs Central Kitchen: 918-542-1575

Ottawa County - continued

Miami Tribal Senior Citizens Nutrition Center 918-541-1300
202 South Eight Tribe Trail
Miami, OK 74354 Fax: 918-542-7260
P.O. Box 1326, Miami, OK 74355

Older Americans Act Title VI meals served Monday - Friday. Open 11:00 a.m.-1:00 p.m. for lunch. Homebound meals, celebrations, arts/crafts, consumer education, telephone reassurance, health screening and education, library/video tapes, books and cassettes. Computers available for use and learning. Domestic Violence Program and Housing Improvements also available. Referral to other assistance, available.

Miami Tribal Long House (Satellite office) 918-541-1300
5990 S. 520 Rd.
Commerce, OK 74339 Fax: 918-542-7260
Miami Tribal Center, P. O. Box 1326, Miami, OK 74355 Administration: 918-542-1445

Older Americans Act Title VI meals served Monday – Friday, 11:30 a.m. - 1:00 p.m.

Peoria Tribe of Oklahoma 918-540-2535
118 South Eight Tribes Trail 800-259-9987
Miami, OK 74354
P.O. Box 1527, Miami, Ok 74355

Title VI Older Americans Act meals are served at Miami Tribal Center. Arts/crafts, library, information on meals.

Quapaw Tribal Senior Citizens Center 918-238-3155
Meals on Wheels Fax: 918-674-2251
903 Whitebird St, Quapaw, OK 74363

Older Americans Act Title VI meals served Monday – Friday, 11:30 a.m. to 1:00 p.m. Homebound meals, arts/crafts games, consumer education, friendly visiting, telephone reassurance, information & assistance, outreach, health screening and education, transportation.

Wyandotte Nation Senior Citizen Center Brenda House, Director: 800-256-2539
64700 E. Highway 60 918-678-2297
Wyandotte, OK 74370 Fax: 918-678-2944

Older Americans Act Title VI meals served Monday - Friday. Celebrations, arts/crafts, games, consumer education, friendly visiting, telephone reassurance, Information & Assistance, outreach, health screening and education. Seniors aged 55 + with Indian Card.
Caregiver Program and Support Group, 1st Thursday each month, 10:30 a.m.

Rogers County

Chelsea Senior Citizens Center 918-789-2326
618 Pine Street
P.O. Box 172
Chelsea, OK 74016

Open Monday, Wednesday and Friday, 9:00 a.m. - 2:00 p.m. Meals served 12:00 Noon.
Homebound meals on Mondays and Fridays. Birthday and anniversary celebrations last
Wednesday of each month. Crafts, games, consumer education, blood pressure screenings. Eye
clinic, blood sugar screenings and bingo.

Claremore Senior Citizens Center Director • Stacey Dowden: 918-341-4734
475 East Blue Starr Drive Email: sdowden@claremorecity.com
Claremore, OK 74017 Pelivan Transportation : 918-341-7300

Open Monday - Friday 8:00 a.m. - 6:00 p.m. Meals served daily at 12:00 noon. Games, health
education and exercise program. Transportation available in Claremore city limits & surrounding
area.

Inola Senior Citizens Center 918-543-2662
Second & South Broadway
P.O. Box 913
Inola, OK 74036

Lunch served Tuesdays and Thursdays, \$3.50. Open Monday, Wednesday, Friday 12:30 - 4:00
p.m. Open Tuesday and Thursday 9:00 a.m. - 4:00 p.m. Health screenings, cards, dominoes, pool.
Music with dancing 2nd Saturday of each month, 6:00-9:00 p.m. Donation at door. Door prizes and
snacks.

Meals on Wheels Contact Person • Shirley Matthews: 918-342-2006
715 McClellan Avenue
Claremore, OK 74017

Meals delivered Monday, Wednesday and Friday, 8:30 a.m.- noon. Donations accepted but not
required.

Oologah Senior Citizens Center
P.O. Box 213
Oologah, OK 74053 Potluck meals served Wednesday once a month.

J.B. Milam Apartments Nutrition Project Site Manager • Larry Tate: 918-342-0622
1302 North Willow Drive 918 or 800-341-5000
Claremore, OK 74017

Community Action Resource & Development, Inc. Nutrition Project Site
Older Americans Act Title III meals served Monday – Friday, 8:30- 1:30
Homebound meals, health screening, nutrition education, social, supportive & outreach
service available.

Washington County

Delaware Tribal Community Center 918-337-6590

5100 Tuxedo Blvd.

Bartlesville, OK 74006

Meals served at 12:00 p.m., Monday – Friday. Homebound meals for people enrolled in the nutrition program may be picked up.

Copan Senior Citizens Center Jay Anne Custer: 918-532-5492

310 E. Weldon, P.O. Box 4

Copan, OK 74022

Open Thursdays 9:00a.m - 3:00 p.m., meal served. Recreation, cards, dominoes and health screenings.

Meals on Wheels Contact Person • Karen Matson: 918-335-0703

First Presbyterian Church.....

505 SE. Dewey Ave.

Bartlesville, OK 74003..... Deliver meals Monday, Wednesday, Friday. \$2.00 per meal.

Caney Valley Senior Center 918-333-4829

329 N. Ochelata Street

Ochelata, OK 74051

CARD Rural Isolated Location – Older Americans Act Title III meals provided second & fourth Friday. Open 10:00 a.m. – 1:00 p.m., health screenings and recreation. If there are five (5) Fridays in a month, the meal will be provided on the 4th and 5th Fridays. For more information please call 918-534-1270.

Oglesby Senior Center

399821 W. 2500 Road

Oglesby, OK Health screenings provided.

CARD Rural Outreach Location • Older Americans Act Title III meal provided 1st and 3rd Friday of each month. For more information call 918-534-1270.

Southern Washington County Seniors

295 North Main Street

Vera, OK 74082

CARD Rural Outreach Location – Older Americans Act Title III meal provided the 2nd and 4th Tuesdays of each month. For more information please call 918-534-1270.

Washington County - continued

Bartlesville Senior Citizens Apartments 918-331-3675

1009 Leisure Lane

Bartlesville, Oklahoma 74006

CARD Eastside Nutrition Project Site-Building G 918-331-3675

Older Americans Act meals served Monday - Friday. Celebrations, games, homebound meals, health education and screening, nutrition education and transportation.

Washington County Adult Center, Inc.

300 East Angus Drive

Dewey, OK 74029..... 918-534-1140

Celebrations, dances, games, health education and screening, arts, crafts, woodworking, exercise, computer.

CARD Nutrition Project Site

301 E. Angus/Dewey, OK 74029

Office: 918-534-1270..... Dining Hall: 918-534-1760

Older Americans Act Title III meals served Monday – Friday. Homebound meals, outreach, nutrition education and transportation.

Ramona Senior Center

401 4th

P. O. Box 15

Ramona, OK 74061.....Meet each Tuesday for covered dish and socialization

CARD Rural Isolated Nutrition Location - Older Americans Act Title III

Meal served 1st and 3rd Tuesday of each month at 12:00 Noon.

Call 918-534-1270 for more information.

55 Plus Activity Center Office Director • LaVeta Fickel: 918-335-3400

1400 SE Washington Blvd Website: Bartlesville55plus.com.

Bartlesville, OK 74006

Monday – Friday, 9:00 a.m. - 5:00 p.m. Saturday 9:00 a.m. – 12:00 noon. Cards, bingo, pool, line dancing, blood pressures, exercise, crafts, potluck. Membership \$84.00 per person per year. Potluck meetings held 2nd & 4th Fridays. Dance on Wednesdays, 7:30 p.m. - 9:30 p.m.

Westside Senior Citizens Center

500 S. Cass

1529 S. Elm (Mailing address)

Bartlesville, OK 74003.....Transportation available to center