

Sled Race Rules

- One person must stay on the “sled” at all times.
- Four runners, one on each “sled” corner, must push the “sled” and remain in contact with the “sled” throughout the race. “Sleds” must be raced foot first.
- The start line will be designated on Lewis Ave.
- At the sound of the starter, push the “sled” down Lewis Ave. to the finish line without coming close to or making contact with any other “sled”. Going into the other lane will be grounds for disqualification.
- Runners will be responsible for maintaining an overall safe operation of propelling the “sled” and stopping their “sled”.
- Because of the need to start a new race every five minutes, the judges reserve the right to stop a team’s movement when over three minutes have elapsed.
- Bed Race to Aid Children Inc. reserves the right to disqualify or remove, at their discretion, any team, costumes or “sled” decorations that are deemed inappropriate or defy the spirit of the “sled” race competition.
- All participants will conduct themselves according to the highest standards of sportsmanship, particularly with regards to other competitors. Abusive language or gestures will be grounds for disqualification.