

Sonshine @Home



Children's Activities & Family Reflections
to support Faith Formation
during Social Distancing

Aministry of

First Presbyterian Church

Sterling, CO

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Psalm 23

*The Lord is my shepherd,
I lack nothing.
He makes me lie down in green pastures,
He leads me beside quiet waters,
He refreshes my soul!*

What is the job of a shepherd? Unscramble the following words to find out!

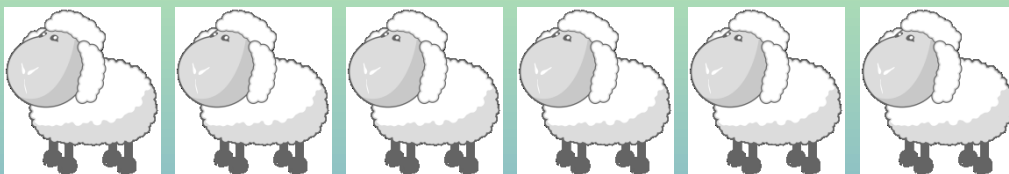
DEFE _____ the sheep

AEDL _____ the sheep to safety

SERUCE _____ them from GRENAD _____

TCETROP _____ them as they sleep

The sheep don't have to worry about anything, because they know that the shepherd is keeping watch and taking good care of them. David (the Psalmist) writes this to assure us that God is taking care of all of our needs, just as the shepherd takes care of his sheep. We can trust in God's care and in his plan for our lives!



PSALM 23 SCRIPTURE PHOTO HUNT!

Let's have some fun learning Psalm 23! (if you have a Bible handy, open it to Psalm 23 and read the whole Psalm!) Using either a camera or a cell phone, find and take the following photos (you could also draw pictures if you would rather!)! You can share them with me (571-0766) or share them to facebook!

vs 2 "He makes me lie down in green pastures." Do you sleep in a pasture? Probably not! Take a picture of a place that you like to sleep (this could be under a shade tree, in your own bed, on a comfy couch...)

vs 2 "He leads me beside quiet waters". Take a picture of a calm and soothing place in your house or your yard.

vs 4 "Even though I walk through the darkest valley, I will fear no evil"
Take a picture or draw a picture of what might feel like a "dark valley", a scary place.

vs 4 "...you are with me. Your rod and your staff they comfort me". Do you know what a "staff" is? It's also called a **shepherds crook** and it is shaped like a candy cane! Find something shaped like a shepherds crook and take a picture of it!

vs 5 "You prepare a table before me". Take a picture of the table where you and your family eat your meals!

vs 6 "Your goodness and your love will follow me" Take a picture (or draw a picture) that shows a really good blessing that you have received! It could be a gift, or a blessing in nature, or the best chocolate chip cookie you've ever eaten, or your friend...something or someone that made you feel loved.

vs 6 "I will dwell in the house of the Lord forever." Take a picture of the house that you live in! Now think about what God's house (heaven) must look like! We know that heaven is perfect - with no sadness or sickness or pain. Draw a picture of what you think God's house might look like!

A good shepherd will do anything to rescue and care for his sheep. The Bible tells us that if one little lamb wanders away, the shepherd will search and search to bring that lamb back to safety. He will never leave him behind. God is our good shepherd and takes care of each one of us as if we were his only lamb!

