

Sonshine @Home



Children's Activities & Family Reflections
to support Faith Formation
during Social Distancing

A ministry of

First Presbyterian Church

Sterling, CO

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Growing!

One of the reasons that we love springtime so much is because everything is growing! And each day when we wake up, we have the opportunity to grow as well. After being "safer at home" for the past month it is especially important that we remember that just as God sends springtime to remind us of growth, he is giving us lots of opportunities to grow, not just physically, but emotionally and spiritually as well. Our Bible verse to think about today is:

"Your beauty should not come from outward adornment, such as elaborate hairstyles and the wearing of gold jewelry or fine clothes. Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight."

1 Peter 3:3

Remember, you are exactly who God made you to be and He loves you completely just as you are! But God is also pleased when we come close to Him and try to be more like Him.

What do you think is beautiful about a "gentle and quiet spirit"? Do you know someone that has a "gentle and quiet spirit"?

Name _____

All About Me.....

Favorite Color...

3 words to describe me...

Favorite Holiday...

Favorite Book...

Favorite Food...

My Family...

I hope you can get outside this week and enjoy this beautiful spring weather! Let's have another scavenger hunt!

1. *A multi-colored rock (that is a rock that is more than one color!) _____ Found it!*

2. *Something in nature that is each of the following colors:*

Something purple

Something dark green

Something blue

Something pinkish

3. *Something that has only two legs (not a person!) _____ Found it!*

4. *Something that is just coming back to life! _____ Found it!*

5. *Something that crawls rather than walks! _____ Found it!*

6. *A smooth stone _____ Found it!*

7. *Something with wings _____ Found it!*

8. *Somebody's pet _____ Found it!*

9. *A freshly cut lawn _____ Found it!*

10. *Blue sky and Sunshine! _____ Found it!*